

Community Program Directory

DCF's

Family and Community Partnerships
and The Division on Women

Family Support Services

Division on Women Services

Early Childhood Services

School-Linked Services

County Welfare Agencies



This directory is frequently updated and available online at www.nj.gov/dcf

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Family and Community Partnership Services

The Family and Community Partnerships' Community Program Directory provides public access to statewide resources that are designed to support family success and keep children safe. The programs and services listed are funded by the New Jersey Department of Children and Families' Family and Community Partnerships (FCP). FCP is built on and comprised of best-practices and technical-assistance teams committed to building partnerships with the goal of developing a robust network of prevention support and services that are culturally responsive, strength-based and family-centered. This directory is updated regularly and available online at www.nj.gov/dcf

Family Support Services

Family Success Centers

Family Success Centers (FSC) are warm and welcoming, neighborhood-based gathering places that create home-like environments for community residents with the goal of strengthening families, providing family support, and the prevention of child abuse and neglect. There is at least one FSC in each of New Jersey's 21 counties. FSCs exist to assist families by providing free and voluntary prevention services that encourage family interaction, through workshops, activities, groups and linkages to services.

Kinship Navigator Program

The Kinship Navigator Program aids caregivers, such as grandparents, other blood relatives, and family friends who have taken on the responsibility of taking care of children until age 18 or (21 if the child is disabled), maneuver through various government networks to find formal and informal supports and services, including providing referrals for child care, support groups, medical coverage, legal services and housing assistance. Caregivers can call 2-1-1 to locate the agency providing assistance in their area.

Early Childhood Services

Home Visitation Programs

Family and Community Partnerships (FCP) oversees the implementation of an array of evidence-based Home Visitation (HV) services that provide early support to families with infants and young children across the state. Eligibility criteria for HV services vary by model, but typically programs begin working with families during pregnancy and continue until the child is age 2 or 3. Home Visiting services are voluntary and free for all families. Families are matched with trained and qualified professionals who provide information and support related to child development, healthy parent-child interaction, and the importance of early learning and school readiness. Home Visitors partner with families to provide connections to community resources to enhance family self-sufficiency and provide early screening for the detection of developmental delays.

FCP HV models include:

- ▶ Healthy Families (HF-TIP) – pregnancy/birth to age three
- ▶ Nurse-Family Partnership (NFP) – first-time pregnancy to age two
- ▶ Parents As Teachers (PAT) – pregnancy/infancy to preschool

In addition, this directory includes federally funded Early Head Start programs that provide home-based services to families from pregnancy to age 3. For a directory of New Jersey's Head Start programs go to the Head Start Locator at <http://eclkc.ohs.acf.hhs.gov/hslc/HeadStartOffices>.

Strengthening Families: A Protective Factors Framework

Strengthening Families is an evidence-based approach that provides training and guidance to child care providers, who in turn engage and support parents/families of infants and young children who are enrolled in the child-care/family-child care setting.

The Child Care Resource Referral agencies (CCR&R) in each county are the trainers who work with the child-care/family-child care providers to incorporate the five Protective Factors and seven program strategies in the program's daily activities. The child-care providers learn new approaches on how to partner with parents and families in protecting, educating and caring for young children while promoting their social and emotional development.

For more information on Strengthening Families in your county, contact the Strengthening Families trainer(s) under the Early Childhood Services section in the directory.

Early Childhood Services

County Councils for Young Children

All 21 counties have established a County Council for Young Children (CCYC). The Councils were created to strengthen cooperative collaboration between parents, families, and local community providers with health, early care and education, family support, and other service providers. CCYC is a community organization for social service planning. This body of community members which includes parents, community residents and community providers, come together and receive training and technical assistance in parent leadership and shared leadership models. These approaches embrace and encourage parents/community residents to be active partners with service providers and community leaders. Together they identify the needs, aspirations and success of collective efforts to positively impact the health, education and well-being of children from pregnancy/birth to age 8 and their families. CCYC participants work together using the Strengthening Families Protective Factors Framework to engage parents and develop mutual goals and recommend creative strategies/solutions that respect the views and priorities of diverse families in the community.

The CCYC does not provide direct services to families. Each CCYC has a local lead agency and designated project coordinator who guides and supports the planning process, committee and work-group structure, and implementation to address priorities and advocacy efforts. The CCYC works closely with the local Central Intake to provide input/feedback about the availability, responsiveness and effectiveness of the service array within the community; and makes recommendations to strengthen local program coordination and integration. All concerned parents, community residents and community service providers and leaders who want to make a difference to enhance the lives of young children and their families are welcomed to join and be a part of the local CCYC in their community.

For more information on CCYC in your county, contact the CCYC lead agency in the Family and Community Partnership directory Early Childhood Services.

Central Intake Resource Information and Referrals

New Jersey now has a statewide network of central intake hubs encompassing all 21 counties.

Central Intake is a main hub that provides pregnant women, families and providers with easy access to resource information and referrals to local community services that promote child and family wellness. The range of services include—prenatal care, infant/child health, family planning, nutrition/WIC, home visiting (Healthy Families, Parents As Teachers, Nurse-Family Partnership), Head Start/Early Head Start, child care services, preschool programs, Family Success Centers, early intervention, special child health services, behavioral health, domestic violence support, financial needs/public assistance services, substance use/addiction treatment and much more.

School–Linked Services

School Based Youth Services Program (SBYSP)

SBYSP is located within elementary, middle and high schools and collaborates with existing resources in the community. Students who attend schools that host the program are eligible to participate in its services. Services are provided before, during and after school. SBYSP services include: mental health and employment counseling; substance abuse education and prevention; preventive health awareness, including pregnancy prevention; primary medical linkages; learning support; information/referral and healthy youth development and recreation.

Prevention of Juvenile Delinquency (PJD)

PJD is located within schools to enhance services and collaborate with the School-Based Youth Service Program. PJD focuses specifically on helping young people avoid delinquency by supporting them with counseling services, goal setting and self-control and other skill-building activities that encourage them to complete their education and life goals.

New Jersey Child Assault Prevention (NJCAP)

NJCAP operates in all 21 counties and provides services to children in grades pre-kindergarten to grade 8, their parents, guardians and educators in awareness training and strategies to handle and/or prevent child assault and neglect.

Statewide 2NDFLOOR Youth Helpline (2NDFLOOR)

2NDFLOOR is a confidential, anonymous helpline that supports New Jersey's youth (ages 10-24). Youth are provided with solutions and resources for the problems they face at home, at school or at play. Youth who use this service receive quality service, support, and information from trained counselors, volunteers, and interns. Counselors are available to help youth make healthy decisions and find solutions to various issues they face such as: peer relationships, bullying, mental health issues, dating, sex/sexuality issues, etc. 2NDFLOOR services include: 24/7 helpline; interactive web-site with an on-line message board; text support, Youth Advisory Council (YAC) and information/referral.

Family Friendly Centers (FFCs)

FFCs are located within schools to enhance after-school programming in elementary and middle schools. FFCs provide academic, recreational, and social enrichment activities to students and their families. All FFC programs emphasize positive youth development, encourage parental participation, and seek to establish partnerships with school and community stakeholders to meet the unique needs of youth and their families.

School–Linked Services

Parent Linking Program (PLP)

PLPs are located within high schools to enhance services and collaborate with the School-Based Youth Services Program. PLPs work to minimize and/or eliminate barriers expectant and parenting teens (including young fathers) face that can prevent them from completing their education. This is accomplished through the development and implementation of programs that strengthen the pregnant and parenting teen's ability to complete their education (secondary and postsecondary); to improve child and maternal health; to improve pregnancy spacing and to reduce the likelihood of repeat teen pregnancies. Additionally, PLP increases parenting skills for mothers, fathers, and families; strengthens positive young father involvement and co-parenting relationships, as appropriate; decreases intimate partner violence; and raises awareness of available resources.

Traumatic Loss Coalitions for Youth (TLC)

TLC programs promote mental health awareness and healing by helping school communities create a positive, informed and competent environments equipped to address youth suicide with strategies in prevention, intervention, and guidance and support after a traumatic event in the community.

Newark School Based Health Center (SBHC)

SBHC are located within schools and provide primary medical, dental and behavioral health care services to students and families (up to age 21) and members of the schools' surrounding community.

Adolescent Pregnancy Prevention Initiative (APPI)

APPI is located within schools to enhance services and collaborate with the School-Based Youth Services Program. Students involved in the program learn pregnancy prevention skills and receive support toward achieving their education and life goals. The program includes counseling services; education and awareness groups; referrals to available services and resources; and collaboration with school personnel.

Division on Women (DOW)

The Division on Women develops, promotes, and expands women's rights in the areas of poverty and welfare, employment and wages, work and family, the economic and social aspects of healthcare, violence against women, and women's civic and political participation in their communities.

Prevention of Violence Against Women Services

DOW funds services in each of the 21 counties to meet the needs of victims of sexual assault and domestic violence. These services may include: emergency shelter, 24-hour hotline, crisis counseling; financial, housing and legal advocacy; accompaniments through the sexual assault/domestic violence response teams, and children's services.

Hotline Services

New Jersey Domestic Violence Hotline

1 (800) 572-SAFE (7233)

24 hours a day/7 days a week

The New Jersey Domestic Violence Hotline provides confidential access to domestic violence information and services, including crisis intervention, referral, and advocacy. The hotline is bilingual and accessible to the deaf and hearing impaired.

New Jersey Coalition Against Sexual Assault (NJCASA) Hotline

1 (800) 601-7200

24 hours a day/7 days a week

The New Jersey Coalition Against Sexual Assault (NJCASA) connects individuals affected by sexual violence with professionals that provide assistance and referrals. Calls are routed to the closest rape crisis care center.

Women's Referral Central Hotline

1 (800) 322-8092

24 hours a day/7 days a week

This toll-free Women's Referral Central Hotline provides comprehensive information, referrals, active listening, and crisis response for issues confronting New Jersey residents, including but not limited to:

- Child Care
- Discrimination
- Displaced Homemaker
- Divorce
- Employment
- Housing
- Job Training
- Legal Assistance
- Single Parenting
- Social Services

Division on Women (DOW)

Domestic Violence Services (DVS)

DVS funds 23 domestic violence programs including the New Jersey Coalition to End Domestic Violence (NJCEDV) (formerly known as the New Jersey Coalition for Battered Women (NJCBW)). There is at least one DCF-designated lead domestic violence program in each of the 21 counties that provides core services. Core services for survivors and victims experiencing domestic violence and their families include: emergency shelters, 24-hour hotlines, counseling, general, financial, housing and legal advocacy, and children's services. The agencies also provide community education and networking within their counties.

Address Confidentiality Program Services

The New Jersey Address Confidentiality Program (ACP) was designed to assist individuals who, as a result of domestic violence, have relocated for their safety. Abusers use many strategies to locate victims of domestic violence. In many cases they use public records to get the new address of the person they have abused. This program limits the ability of an abuser to access information that would reveal the new location of an ACP participant. ACP provides eligible victims of domestic violence with a substitute mailing address, which has no connection to their actual location. This substitute mailing address may be used when creating new records with state or local government agencies.

For non-emergency referrals and information call: 1 (877) 218-9133

Children's Services

Children and youth exposed to domestic violence are at an increased risk of experiencing abuse (physical, sexual, etc.), developing emotional and behavioral challenges, and experiencing subsequent exposure to trauma and adverse life experiences.

PALS Programs (PEACE: A Learned Solution)

PALS utilizes an intensive therapeutic program model with creative arts therapies such as art, dance movement and drama for children ages 4-12 who are exposed to domestic violence. The program aims to reduce trauma effects for children and provide supportive services for their non-offending parent, including addressing parenting issues unique to families who have experienced domestic violence. The PALS program is available in 11 counties throughout the state.

Trauma Focused-Cognitive Behavioral Therapy- (TF-CBT)

TF-CBT is an evidence-based treatment for children, adolescents, and their caregivers that is designed to support healing in the aftermath of a wide range of traumatic experiences. Therapy involves a combination of individual child and parent sessions and conjoint parent-child sessions. TF-CBT helps children overcome Post-Traumatic Stress Disorder (PTSD), depression, feelings of shame, and behavioral difficulties, while supporting children's coping and resiliency. TF-CBT helps caregivers overcome trauma-related distress and depression, while enhancing caregivers' skills in coping, communicating, and parenting. TF-CBT as a treatment intervention for children exposed to domestic violence is available in six counties: Cumberland, Gloucester, Hudson, Mercer, Morris and Somerset.

Division on Women (DOW)

Legal Services of New Jersey and Central Jersey Legal Services

These two programs are funded to provide services to victims who cannot afford the cost of legal advice and/or representation. The legal assistance includes referral, advice, brief assistance, preparation of a letter or routine legal document, extended representation, and technical assistance. The program also offer training to domestic violence legal advocates, programs, attorneys and others.

Legal Services of New Jersey-Domestic Violence Representation Project- (888) 576-5529

Central Jersey Legal Services- (908) 354-4340

Batterers Intervention Program (BIP)

BIP provides services to individuals who perpetrate domestic violence in households where children are present with the goals of reducing or eliminating the safety and risk concerns posed by batterers, increasing safety within households and setting clear boundaries to prevent future violence. BIP is currently operating in Sussex, Morris, Burlington, Monmouth and Atlantic counties.

Culturally Specific Services

Bolo Behen (Speak Sister)

South Asian women face distinct cultural challenges when confronting domestic and sexual violence. Most have little or no knowledge of English, since it is not their native language. This plays a pivotal role in creating socio-cultural barriers. South Asian women who become victims of domestic and sexual violence live within the confines of these barriers. They remain silent or unaware of the assistance they could have from the outside world. Bolo Behen works with different faith-based leaders throughout Hudson County. From Jersey City to Secaucus and Weehawken, they have collaborated with leaders of temples, mosques, Islamic centers, Gurudwaras and beyond.

Bolo Behen facilitates groups called Community Chai-where women can come and express their problems and concerns fearlessly, openly and comfortably. People listen to each other's story and offer support. Our services are based on a holistic approach that addresses the large range of clients' needs. Using culturally and linguistically appropriate methods, we build trust with clients and create an environment where South Asian women feel safe, respected and understood.

24/7 Bilingual Hotline: (201) 795-5757

Division on Women (DOW)

Culturally Specific Services

Project S.A.R.A.H (Stop Abusive Relationships at Home)

S.A.R.A.H. is a program that works to overcome cultural, legal and religious barriers confronting victims of domestic violence and sexual abuse. Project S.A.R.A.H. operates within an environment that is sensitive to victims' cultural and religious needs, serving as a bridge between victims of abuse in the Orthodox community and the support systems and resources available to them. They work closely with rabbis and rebbetzins, kallah teachers and mikvah attendants, camp directors and school administrators, parents and the general public to keep the community safe for everyone. They provide therapeutic interventions that enable victims to process the often unspeakable trauma they experienced and restore them toward fully functional and productive lives. We connect victims and survivors with a broad array of services including pro bono legal consultations, evaluations, individual and group therapy, psychiatric services, as well as emotional, financial and vocational support.

Confidential Hotline: (973) 777-7638

Employment and Training Services

Displaced Homemaker Program

The Displaced Homemaker programs help individuals obtain or upgrade skills for today's labor market so they may become economically self-sufficient. Services include:

- Job counseling, training, and placement assistance
- Job development services
- Educational information and services
- Short-term certificate trainings and associated costs
- Computer literacy training
- Financial management services
- Legal information and services
- Life skills development
- Referrals and community outreach
- Workshops

Effective July 1, 2017, Displaced Homemaker programs across the State, will provide short term educational/training programs that lead to some form of a certificate or credential to enhance the participant's ability to achieve economic self-sufficiency. In addition, incidental costs such as licensing fees, uniform costs and other costs associated with the certificate training will also be paid for by the Displaced Homemaker program.

Constituent Services

DOW provides information and referral services to those seeking information on a wide range of topics including: affordable housing, custody/visitation, domestic violence, address confidentiality, employment/training, financial assistance, landlord tenant issues, medical assistance, and sexual violence.

For non-emergency referrals and information, please call: (609) 888-7164

Cape May

Family Support Services

Family Success Center

Family Success Center of Cape May
1046B Route 47
Rio Grande, NJ 08242
(609) 778-6226

Kinship Navigator Program

Family Service Association
English Creek Avenue, Suite 3
Egg Harbor Township, NJ 08234
(877) 569-0350

Division on Women Services

Domestic and Sexual Violence Program

CARA, Inc. (Coalition Against Rape & Abuse, Inc.)
PO Box 774
Cape May Court House, NJ 08210-0774
(609) 522-6489 (office)
(877) 294-2272 (CARA toll free)
TTY: (609) 463-0818
Email: carasafe1@cara-inc.net
Web: www.cara-cmc.org

School Linked Services

School Based Youth Services Programs

Cape May County Technical School
188 Crest Haven Road
Cape May Court House, NJ 08210
(609) 465-2161 ext. 396

Lower Cape May Regional High School
687 Route 9
Cape May, NJ 08204
(609) 884-3475 ext. 357

Child Assault Prevention

NJ Child Assault Prevention Network
AtlantiCare Behavioral Health
2511 Fire Road, Suite B-10
Egg Harbor Twp., NJ 08234
(609) 748-9773

Early Childhood Services

Home Visitation

Healthy Families - TIP

Holy Redeemer Health System
1801 Route 9 North
Swainton, NJ 08210
(609) 465-2082

Nurse-Family Partnership

Robins Nest, Inc.
42 South Delsea Drive
Glassboro, NJ 08028
(856) 881-8689

Parents As Teachers

Caring for Kids
31 E. Mechanic Street
Cape May Court House, NJ 08210
(609) 675-5400

Strengthening Families

Rutgers Southern Regional CCR&R
1065 Route 47 South, Suite A
Rio Grande, NJ 08242
(609) 898-5500
(856) 401-2044

County Councils for Young Children

Quality Care Resource and Referral Services, Inc.
P.O. Box 47
100 E. Main Street
Whitesboro, NJ 08252
(609) 536-2021

Central Intake Resource Information and Referrals

Robins' Nest
Cape Connect
(609) 407-0040

County Welfare Agency

Cape May County Board of Social Services
Social Security Administrator
4005 Route 9 South
Rio Grande, NJ 08242
(609) 886-6200



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