

NEW JERSEY
CHILDREN'S TRUST
FUND

2007 – 2008
Grant Year

GRANT RECIPIENTS

A PERSON WHO CARES CAN PREVENT CHILD ABUSE

Sponsored by:

New Jersey Task Force on Child Abuse and Neglect
NJ Children's Trust Fund
Division of Prevention and Community Partnerships
Department of Children and Families

NEW JERSEY CHILDREN'S TRUST FUND
2007-2008 Grant Recipients

First Year

Audrey Hepburn Children's House

Loving Arms Shaken Baby Prevention Program
12 Second St.
Hackensack, NJ 07601
(201) 336-8694

Julia Dibellis, M.D.

Director
Grant: \$85,000
Service Area: Bergen County

The Audrey Hepburn Children's House (AHCH) – Northern Regional Diagnostic and Treatment Center for Child Abuse and Neglect, Joseph Sanzari Children's Hospital at Hackensack University Medical Center provides diagnostic and treatment services for child abuse and neglect victims residing in 6 Northern NJ counties. The mission of the AHCH is to ensure the safety, health and well being of children through prevention and intervention of child abuse.

Shaken baby Syndrome (SBS) is a frequent cause of fatal child abuse in Northern NJ. Recognizing that parents are the most common perpetrators of SBS, the purpose of the proposed *Loving Arms* Shaken Baby Prevention Program is to provide 100 new parents with education at birth about the dangers of shaking and use of effective coping skills when infants cry. Follow up support will be provided at pediatric visits. The program is an adaptation of an effective, model program successfully implemented in Pennsylvania.

The Children's Home Society of New Jersey

*Ocean County Respite & Counseling
for Special Needs Children*
1433 Hooper Ave., Suite 340
Toms River, NJ 08753
609-695-6274

Donna Pressma

CEO
Grant: \$85,000
Service Area: Ocean County

Ocean County Respite and Counseling for Special Needs Children will be offered to Ocean County parents that have special needs, or medically fragile children. Services may include: respite child care, referrals, crisis intervention, and parenting support groups. Parents may choose one or more or all of the offered services. The program goal is to reduce and prevent child abuse and neglect among families with very young (ages 0 to 12) special needs children. Program objectives give caretakers and parents a rest, to improve parenting and stress management skills, to enrich the parents' capacity to nurture, and to promote and protect the health and well-being of children and parents. 85 families will be served throughout the year. A network of 51 trained family child care providers exists to care for special needs children. Referrals for concrete services and supportive family counseling will be provided by a trained professional.

Family and Children's Services*Confident Parenting Program*

40 N. Avenue
Elizabeth, NJ 07208
(908) 352-7474

William Webb

Executive Director
Grant: \$84,282
Service Area: Union County

The confident Parenting Program (CPP) consists of ten two-hour sessions for groups of 10-15 parents. CPP was adopted by the Center for Improvement of Child Caring to represent a social learning theory approach to parenting skill-building. CPP emphasizes social consequences to children's behavior and incorporates five basic methods to manage the consequences of children's behaviors. These are Behavior-Specific Praise, Mild Social Disapproval, Time Out, Ignoring, and Special Incentive Systems. Parents first identify the behaviors they would like to see their children engage in more or less frequently, using specific behavioral descriptions. Depending upon the type of behavior and desired outcome, parents learn to employ the various aforementioned methods. Learning is multi-faceted, using didactic, experiential and reinforcement techniques. Individual consultation, weekly homework and regular contact by instructors between sessions are incorporated into the program. Agency case management and therapeutic services will also be available.

Family Intervention Services*Nurturing Parenting Program*

106 Valley Street
South Orange, NJ 07079
(973) 275-1570

Jeanne Warnock

CEO
Grant: \$85,000
Service Area: Essex County

Family Intervention Services (FIS), through its Center for Family Success, proposes the implementation of six Nurturing Parenting Program groups for parents of children ages 0-11. In collaboration with the Ironbound Community Corporation and other local community based agencies, FIS will conduct six parenting groups in the Ironbound section of Newark, using the Nurturing Parenting Program curriculum. The goals of the program are to:

- Increase parents' knowledge of child development,
- Expand their knowledge and use of alternatives to physical punishment,
- Display more age appropriate and nurturing behaviors in their interactions with their children, and
- Discuss more nurturing and empathic attitudes towards their children.

Collectively, these goals will reduce the occurrence of child abuse and neglect in families served by the Nurturing Parenting Program. FIS will serve a minimum of 72 parents and their children annually, as measured by the number of participants who attend at least 80% of all sessions and complete the parenting series.

Second Year

Center for Family Resources, Inc.

Father & Child Together

12 Morris Road

Ringwood, NJ 07456

973-962-0055

Elaine V. Ruhl

Executive Director

Grant: \$85,000

Service Area: Passaic County

Father and Child Together will target fathers with children enrolled in Head Start classes. Implementation of three (3) cycles of a 14-week father education series: *24/7Dad* from the National Fatherhood Initiative will be supported with incentives, home visits, newsletters and educational materials. The father-child bond will be further enhanced with special monthly Head Start classrooms “Special Guy Days” and nine (9) “Me And My Special Guy Saturdays” which utilizes excerpts from the *Dare to be You* model program.

Exchange Club Center for the Prevention of Child Abuse

Caring for Kids Partners in Parenting

854 Asbury Avenue

Ocean City, NJ 08226

609-399-9110

Sandra Conrad McGarvey

Executive Director

Grant: \$85,000

Service Area: Upper Cape
May

The *Caring for Kids Partners in Parenting* project is designed to empower parents to assume an active role in the lives of their children. The model program, Parents As Teachers program will help parents stimulate their children’s physical, intellectual and emotional development, promote strong parent-child relationships, and be their children’s first and most important teachers. The curriculum will encompass home visitation, group meetings, child development/health screenings, and ongoing community resource linkage for 35 identified at-risk families. A new supplemental PACE program (Parenting Advocacy through Case-management and Education) is designed especially for that subgroup of parents struggling with mental health issues as a result of their own childhood abuse and neglect. In order to break the cycle of abuse, PACE will add intensive case-management services and consumer driven support groups to enhance the life skills of 25 identified parents participating in the PAT home-visitation program.

International Institute of New Jersey

Project An Campe (Rising Together)

One Journal Square Plaza, 4th Floor

Jersey City, NJ 07306

201-653-3888 ext. 112

Sara Kahn

Director

Grant: \$83,357

Service Area: Trenton

Project An Campé (Rising Together) is a unique, multifaceted child abuse prevention project created *by* and *for* the Haitian community. Utilizing ethnic radio as a tool for

public education and outreach, *Project An Campé* broadcasts short radio-plays highlighting real-life parenting concerns of Haitian families on Creole language radio with a listenership of over 30,000. A kick-off workshop attracts a minimum of 50 persons from the Haitian community in Trenton, New Jersey. Attendees are then invited to join a 5-week parenting skills group led by a Haitian social worker at the Haitian Center at St. Anthony's Parish in Trenton. A minimum of 15 persons will participate. In addition, a group of 6 parents will be trained in the model to become peer-educators, co-leading groups in the second year, and leading their own groups in the third year of the grant. Intervention occurs at multiple levels: the media, direct services, and capacity-building.

Northern NJ Maternal/Child Health Consortium
Assuring Better Children-ABC's of Parenting Program
17 Arcadian Avenue, Suite 204
Paramus, NJ 07652
201-843-7400

Ilise Zimmerman
CEO
Grant: \$85,000
Service Area: Irvington

The ABC's of Parenting Program targets 4-5 year olds who are about to enter kindergarten and their parents/caregivers. A total of 100 families will be recruited from Abbott Pre-School Centers in Irvington, and weekly sessions will take place at pre-schools and the Irvington Family Development Center. Parents and children will meet concurrently in separate groups with trained facilitators. Sessions will be 2-hours in duration and take place in the early evening when the parents come to pick up their children from day-care.

In seven sessions, families will learn how to: establish discipline through family rules, rewards, negotiation and alternatives to spanking and yelling; praise their children and themselves; express anger and stress in a healthy manner that does not harm their children and themselves; establish personal empowerment to make healthy choices and develop problem solving skills; and promote school success through relationships with teachers.

Project Self-Sufficiency
The Parenting Center
8 Hampton House Road
Newton, NJ 07860
973-383-5129

Deborah Berry-Toon
Executive Director
Grant: \$85,000
Service Area: Sussex and
Warren Counties

The Parenting Center is a community-wide child abuse prevention program situated within the context of Project Self-Sufficiency's comprehensive case management program. The Parenting Center offers parenting skills education and support classes to all interested Sussex and pilot Warren County town residents. The Parenting Center provides intensive services to at-risk, hard to serve, low-income teen and single parent families using nationally recognized *Nurturing Parenting Programs®*. The Parenting Center addresses the complex and interrelated needs of our client families, and incorporates case management, counseling, home visits, parenting education, group support, early childhood development education, and family activities into a service

delivery model which also concurrently addresses this low-income population's need for economic self-sufficiency services. The Parenting Center addresses the specific needs of both teen parents and chemically dependent mothers by administering programs especially designed for them, and reaches out to the entire community offering parenting classes for the public.

Third Year

Association for Special Children and Families

Safe Care
P.O. Box 494
Hewitt, NJ 07421
973-728-8744

Angela Abdul

Executive Director
Grant: \$56,288
Type: Parenting Education
Service Area: Passaic County

Safe Care offers the support that foster and adoptive families need in order to give children with behavioral challenges who are in their care a safe, consistent, nurturing environment. The services are offered to 10 families in Northern Passaic County. The program provides:

- ◆ 15 Hours of Respite Care Monthly
- ◆ Educational advocacy information and support
- ◆ Strengthen Families Program (SFP), a family-focused behavior oriented prevention program
- ◆ Case management with a licensed social worker
- ◆ Linkages to community programs and agencies

Family and Children's Services of Central New Jersey

Family Child Home Program
120 John St., Suite 6
Princeton, NJ 08542
609-924-2098

Mary L. Ballard

Executive Director
Grant: \$80,000
Type: Home Visitor
Service Area: Middlesex
County

Family Child Home Program is an intensive, two-year, home-based preventive early intervention program for 35 Latino families with children ages 18-36 months, challenged by poverty, limited education, and/or isolation due to cultural or linguistic barriers. FCHP prevents child abuse/neglect by enhancing parent-child interactions, parenting skills, and children's social-emotional growth. Improved relationships promote caregivers' patience, self-confidence, knowledge of child's developmental needs, reduce stress; and strengthen family functioning. Trained bilingual/bicultural Home Visitors model caregiver/child interactions using books and toys and help families develop community connections and access resources.

Vision: stable, nurturing families build stronger communities.

HomeFront

Caring for Kids by Strengthening Families
1880 Princeton Avenue
Lawrenceville, NJ 08648
609-883-7500

Thora Faigle

FPC Director
Grant: \$80,000
Type: Parenting Education
Service Area: Mercer County

The critically acclaimed Strengthening Families Program will be provided to 12-15 families, in five cycles per year. The moms and children will attend 2 hour sessions, twice a week for eight weeks. Since all HomeFront staff will be trained in SF, we will be reinforcing the lessons in all daily shelter interactions. The Family Educator will develop and implement comprehensive wraparound service plans for the children in the shelter, ensuring that necessary connections to service providers are in place.

Parents Anonymous of New Jersey, Inc.

Father Time: Keansburg Dad
127 Route 206 South, Suite 10
Trenton, NJ 08610
609-585-7666

Kathleen Roe

Executive Director
Grant: \$62,425
Type: Parenting Education
Service Area: Mercer County

Father Time: The Keansburg Dads Project was designed by participants and professionals to tap into a strong community of fathers expanding their fathering skills and deepening connections with their children. Peer support, linkages to community resources, three components (A,B,C) combine to powerfully assist fathers to realize their potential as fathers and nurturers.

Montclair State University

Essex County Incredible Years Parenting Program
183 S. Orange Ave., P.O. Box 1709
Newark, NJ 07101-1709
973-972-6939

Susan C. Esquelin

Director
Grant: \$ 80,000
Type: Parenting Education
Service Area: Essex County

The Essex County Incredible Years Parenting Program, based on a nationally recognized empirically supported model, seeks to decrease child abuse and neglect by promoting strong parent-child relationships, increased coping and self-care skills in caregivers. The program targets: 1) Spanish-speaking parents/caregivers; 2) DYFS resource families; and 3) Caregivers in areas in which local child welfare collaboratives are developing. Caregivers will attend weekly 2-hour group sessions at community-based agencies. An estimate of 225 caregivers will be served annually. Transportation, meals, and child care services will be provided.

Union County Educational Services Commission

Project Success

45 Cardinal Drive

Westfield, NJ 07090

908-233-9317 ext. 61

Garry Grimsley

Director

Grant: \$84,000

Type: Parenting Education

Service Area: Union County

The Union County Educational Services Commission will implement Project Success in collaboration with Prevention Links. Project Success will provide training for two hundred teachers to strengthen their ability in identifying, reporting and referring individuals for assistance. Sixty parents will be engaged in a positive, skill building program utilizing the Keys to Innervations curriculum. The creation of the Resource Team will provide participants with community resources and support. In year one, this program will service the Union county Educational Services Commission's staff, students and families. In year 2 and 3, these services will extend to the 21 Union County school districts.