

# New Jersey Stormwater Best Management Practices Manual

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## C H A P T E R 9 . 1

# Standard for Bioretention Systems

### Definition

A bioretention system consists of a soil bed planted with native vegetation located above an underdrained sand layer. It can be configured as either a bioretention basin or a bioretention swale. Stormwater runoff entering the bioretention system is filtered first through the vegetation and then the sand/soil mixture before being conveyed downstream by the underdrain system. Runoff storage depths above the planting bed surface are typically shallow. The adopted TSS removal rate for bioretention systems is 90 percent.

### Purpose

Bioretention systems are used to remove a wide range of pollutants, such as suspended solids, nutrients, metals, hydrocarbons, and bacteria from stormwater runoff. They can also be used to reduce peak runoff rates and increase stormwater infiltration when designed as a multi-stage, multi-function facility.

### Conditions Where Practice Applies

Bioretention systems can be used to filter runoff from both residential and nonresidential developments. Runoff inflow should preferably be overland flow to prevent disturbance to the vegetation and soil bed. Concentrated inflow from a drainage pipe or swale must include adequate erosion protection and energy dissipation measures.

Bioretention systems are most effective if they receive runoff as close to its source as possible. They can vary in size and can receive and treat runoff from a variety of drainage areas within a land development site. They can be installed in lawns, median strips, parking lot islands, unused lot areas, and certain easements. They are intended to receive and filter storm runoff from both impervious areas and lawns.

A bioretention system must not be placed into operation until the contributing drainage area is completely stabilized. Therefore, system construction must either be delayed or upstream runoff diverted around the system until such stabilization is achieved. Such diversions must continue until stabilization is achieved. Additional information is provided in the section on Recommendations, Construction Specifications.

The elevation of the Seasonal High Water Table (SHWT) is critical to ensure proper functioning of the bioretention basin, and must be evaluated to ensure that the SHWT is at least 1 foot below the bottom of the bioretention basin's underdrain system during non-drought conditions. Finally, both the SHWT and the permeability of the soil below the system are critical for bioretention systems that utilize infiltration rather than an underdrain system. See 9.5 *Infiltration Basins* for more information on the requirements and design of this type of bioretention system.

Finally, a bioretention system must have a maintenance plan and, if privately owned, should be protected by easement, deed restriction, ordinance, or other legal measures that prevent its neglect, adverse alteration, and removal.

## Design Criteria

The basic design parameters for a bioretention system are its storage volume, the thickness, character, and permeability rate of its planting soil bed, and the hydraulic capacity of its underdrain. The system must have sufficient storage volume above the surface of the bed to contain the design runoff volume without overflow. The thickness and character of the bed itself must provide adequate pollutant removal, while the bed's permeability rate must be sufficient to drain the stored runoff within 72 hours. The underdrain must also have sufficient hydraulic capacity. Details of these and other design parameters are presented below. The components of a typical bioretention system are shown in Figure 9.1-1.

### A. Storage Volume, Depth, and Duration

Bioretention systems shall be designed to treat the runoff volume generated by the stormwater quality design storm. Techniques to compute this volume are discussed in *Chapter 5: Computing Stormwater Runoff Rates and Volumes*. The maximum water depth during treatment of the stormwater quality design storm shall be 12 inches in a bioretention basin and 18 inches in a bioretention swale. The minimum diameter of any outlet or overflow orifice is 2.5 inches.

The bottom of a bioretention system, including any underdrain piping or gravel layer, must be a minimum of 1 foot above the seasonal high groundwater table. The planting soil bed and underdrain system shall be designed to fully drain the stormwater quality design storm runoff volume within 72 hours.

### B. Permeability Rates

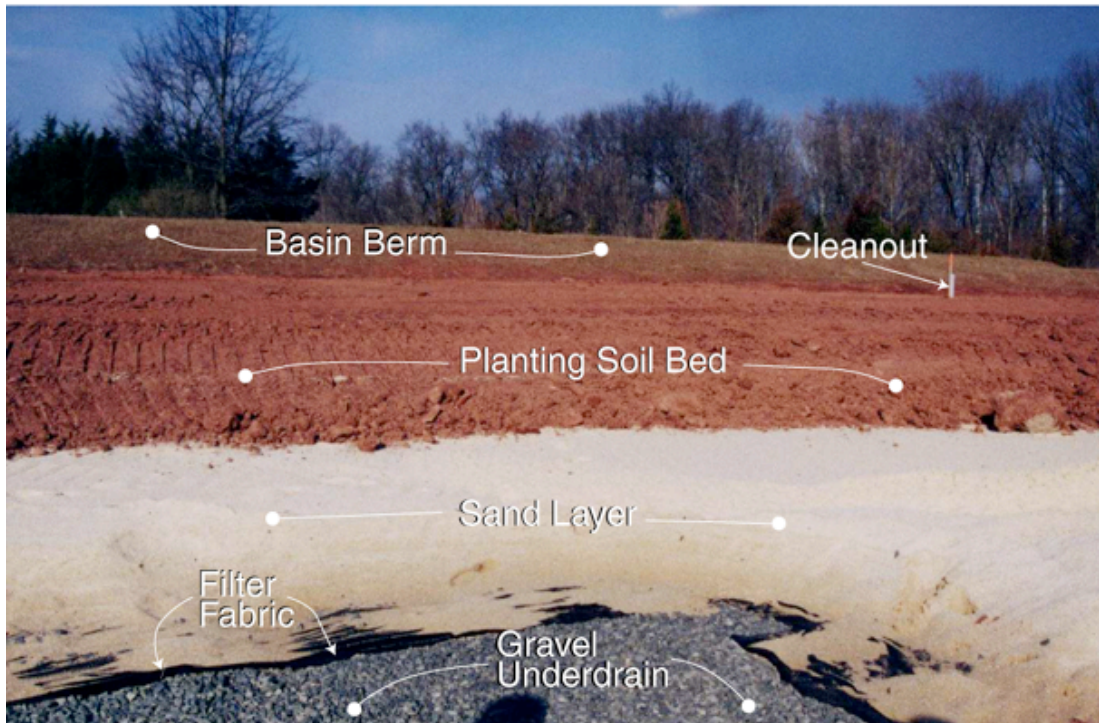
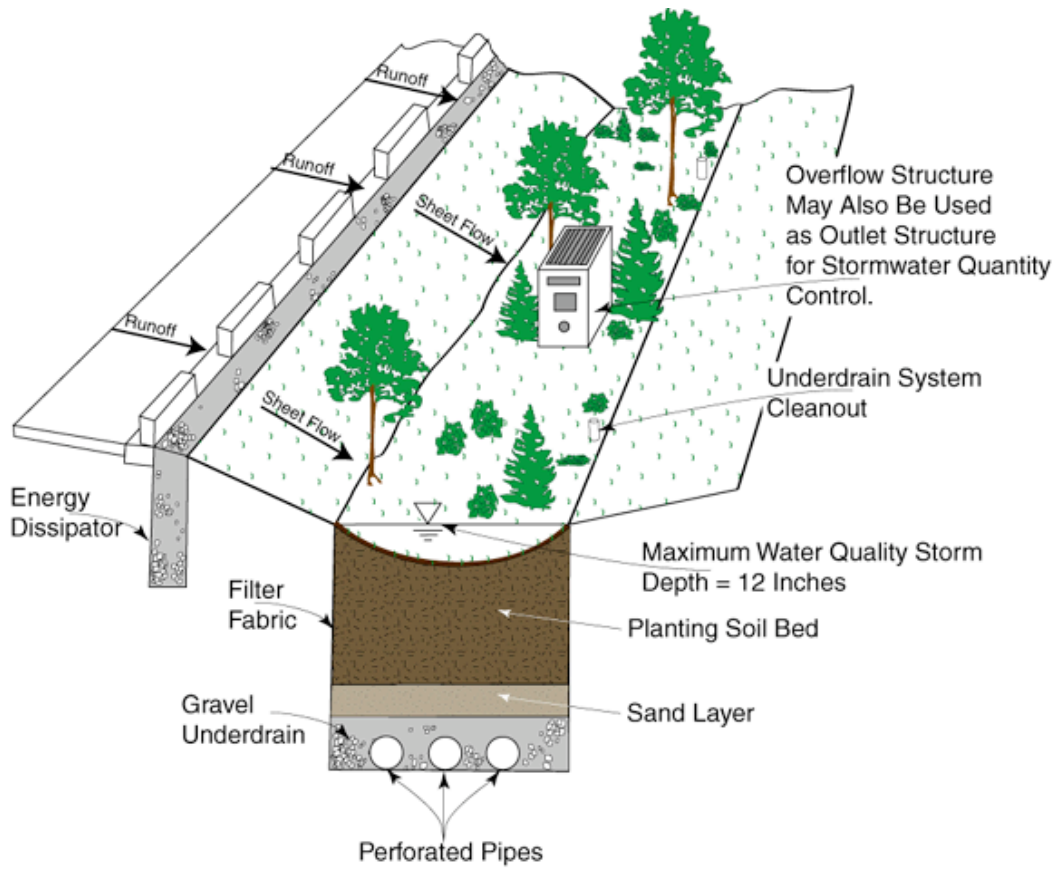
The design permeability rate through the planting soil bed must be sufficient to fully drain the stormwater quality design storm runoff volume within 72 hours. This permeability rate must be determined by field or laboratory testing. Since the actual permeability rate may vary from test results and may also decrease over time due to soil bed consolidation or the accumulation of sediments removed from the treated stormwater, a factor of safety of two shall be applied to the tested permeability rate to determine the design permeability rate. Therefore, if the tested permeability rate of the soil bed material is 4 inches/hour, the design rate would be 2 inches/hour (i.e., 4 inches per hour/2). This design rate would then be used to compute the system's stormwater quality design storm drain time.

### C. Planting Soil Bed

The planting soil bed provides the environment for water and nutrients to be made available to the vegetation. The soil particles can adsorb some additional pollutants through cation exchange, and voids within the soil particles can store a portion of the stormwater quality design storm runoff volume. The planting soil bed material should consist of 10 to 15 percent clays, a minimum 65 percent sands, with the balance as silts. The material's pH should range from 5.5 to 6.5. The material shall be placed in 12 to 18 inch lifts. The total depth or thickness of the planting soil bed should be a minimum of 3 feet.

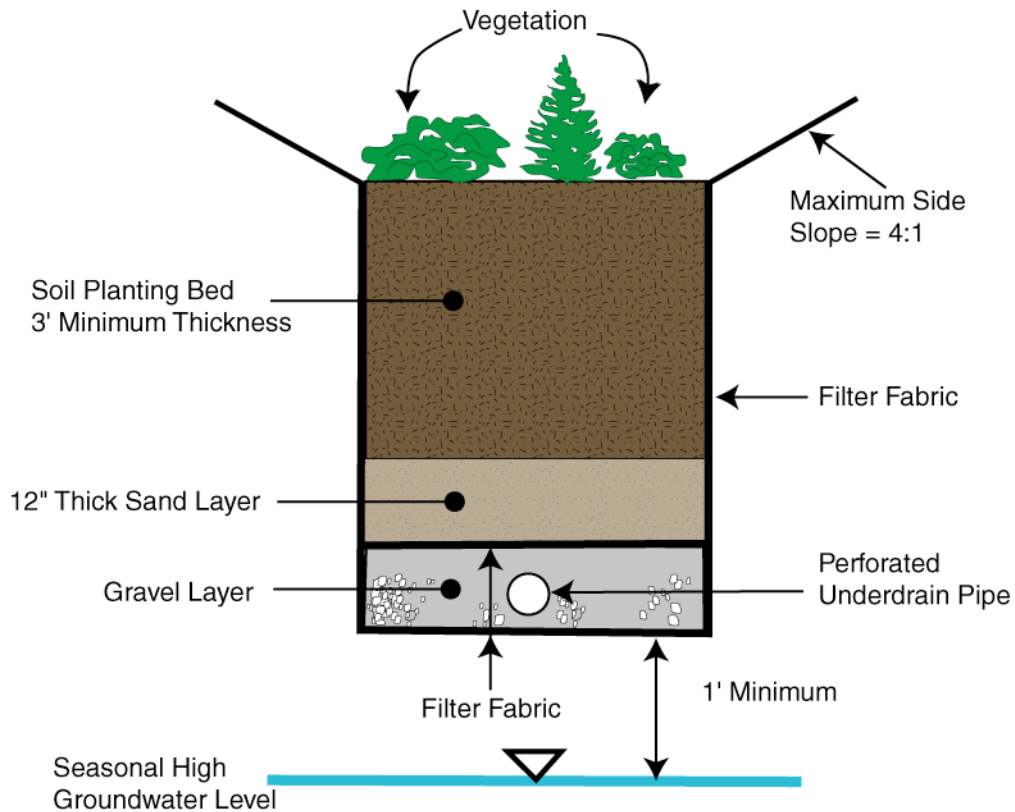
As noted above, the design permeability rate of the soil bed material must be sufficient to drain the stormwater quality design storm runoff volume within 72 hours. Filter fabric should be placed along the sides of the planting soil bed to prevent the migration of soil particles from the adjacent soil into the planting soil bed.

**Figure 9.1-1: Bioretention System Components**



Source: Adapted from Claytor and Schueler, 1996.

**Figure 9.1-2 Bioretention Systems Details**



#### **D. Vegetation**

The vegetation in a bioretention system removes some of the nutrients and other pollutants in the stormwater inflow. The environment around the root systems breaks down some pollutants and converts others to less harmful compounds. The use of native plant material is recommended for bioretention systems wherever possible. The goal of the planting plan should be to simulate a forest-shrub community of primarily upland type. As there will be various wetness zones within a well-designed and constructed bioretention system, plants must be selected and placed appropriately. In general, trees should dominate the perimeter zone that is subject to less frequent inundation. Shrubs and herbaceous species that are adapted to moister conditions and expected pollutant loads should be selected for the wetter zones. The number of stems per acre should average 1,000, with tree spacing of 12 feet and shrub spacing of 8 feet.

#### **E. Sand Layer**

The sand layer serves as a transition between the planting soil bed and the gravel layer and underdrain pipes. It must have a minimum thickness of 12 inches and consist of clean medium aggregate concrete sand (AASHTO M-6/ASTM C-33). To ensure proper system operation, the sand layer must have a permeability rate at least twice as fast as the design permeability rate of the planting soil bed.

## **F. Gravel Layer and Underdrain**

The gravel layer serves as bedding material and conveyance medium for the underdrain pipes. It must have sufficient thickness to provide a minimum of 3 inches of gravel above and below the pipes. It should consist of 0.5 to 1.5 inch clean broken stone or pea gravel (AASHTO M-43).

The underdrain piping must be rigid Schedule 40 PVC pipe (AASHTO M-278) laid at a minimum slope of 0.50 percent. The portion of drain piping beneath the planting soil bed and sand layer must be perforated. All remaining underdrain piping, including cleanouts, must be nonperforated. All joints must be secure and watertight. Cleanouts must be located at the upstream and downstream ends of the perforated section of the underdrain and extend to or above the surface of the planting soil bed. Additional cleanouts should be installed as needed, particularly at underdrain pipe bends and connections. Cleanouts can also serve to drain standing water stored above clogged or malfunctioning planting soil beds.

The underdrain piping must connect to a downstream storm sewer manhole, catch basin, channel, swale, or ground surface at a location that is not subject to blockage by debris or sediment and is readily accessible for inspection and maintenance. Blind connections to downstream storm sewers are prohibited. To ensure proper system operation, the gravel layer and perforated underdrain piping must have a conveyance rate at least twice as fast as the design permeability rate of the sand layer.

## **G. Inflows**

To reduce the potential for erosion, scour, and disturbance to vegetation, stormwater inflows to a bioretention system should occur as sheet flow where practical. Stone strips or aprons may be used at the downstream edge of upstream impervious surfaces to further dissipate sheet flow velocities and flow patterns. All points of concentrated inflow to a bioretention system must have adequate erosion protection measures designed in accordance with the Standards for Soil Erosion and Sediment Control in New Jersey.

## **H. Overflows**

All bioretention systems must be able to safely convey system overflows to downstream drainage systems. The capacity of the overflow must be consistent with the remainder of the site's drainage system and sufficient to provide safe, stable discharge of stormwater in the event of an overflow. Bioretention systems classified as dams under the NJDEP Dam Safety Standards at N.J.A.C. 7:20 must also meet the overflow requirements of these Standards. Overflow capacity can be provided by a hydraulic structure such as a drain inlet, weir, or catch basin, or a surface feature such as a swale or open channel as site conditions allow. See *Chapter 9.4: Standard for Extended Detention Basins* for details of outflow and overflow structures in multi-purpose bioretention systems that also provide stormwater quantity control.

## **I. Tailwater**

The hydraulic design of the underdrain and overflow systems, as well as any stormwater quantity control outlets, must consider any significant tailwater effects of downstream waterways or facilities. This includes instances where the lowest invert in the outlet or overflow structure is below the flood hazard area design flood elevation of a receiving stream.

## **H. On-line and Off-line Systems**

Bioretention systems may be constructed on-line or off-line. On-line systems receive upstream runoff from all storms, providing runoff treatment for the stormwater quality design storm and conveying the runoff from larger storms through an overflow. Multi-purpose on-line systems also store and attenuate these larger

storms to provide runoff quantity control. In such systems, the invert of the lowest stormwater quantity control outlet is set at or above the maximum stormwater quality design storm water surface. In off-line bioretention systems, most or all of the runoff from storms larger than the stormwater quality design storm bypasses the system through an upstream diversion. This not only reduces the size of the required system storage volume, but also reduces the system's long-term pollutant loading and associated maintenance.

## **Maintenance**

Effective bioretention system performance requires regular and effective maintenance. *Chapter 8: Maintenance and Retrofit of Stormwater Management Measures* provides information and requirements for preparing a maintenance plan for stormwater management facilities, including bioretention systems. Specific maintenance requirements for bioretention systems are presented below. These requirements must be included in the system's maintenance plan.

### **A. General Maintenance**

All bioretention system components expected to receive and/or trap debris and sediment must be inspected for clogging and excessive debris and sediment accumulation at least four times annually as well as after every storm exceeding 1 inch of rainfall. Such components may include bottoms, trash racks, low flow channels, outlet structures, riprap or gabion aprons, and cleanouts.

Sediment removal should take place when the basin is thoroughly dry. Disposal of debris, trash, sediment, and other waste material should be done at suitable disposal/recycling sites and in compliance with all applicable local, state, and federal waste regulations.

### **B. Vegetated Areas**

Mowing and/or trimming of vegetation must be performed on a regular schedule based on specific site conditions. Grass should be mowed at least once a month during the growing season. Vegetated areas must be inspected at least annually for erosion and scour. Vegetated areas should also be inspected at least annually for unwanted growth, which should be removed with minimum disruption to the planting soil bed and remaining vegetation.

When establishing or restoring vegetation, biweekly inspections of vegetation health should be performed during the first growing season or until the vegetation is established. Once established, inspections of vegetation health, density, and diversity should be performed at least twice annually during both the growing and non-growing seasons. The vegetative cover should be maintained at 85 percent. If vegetation has greater than 50 percent damage, the area should be reestablished in accordance with the original specifications and the inspection requirements presented above.

All use of fertilizers, mechanical treatments, pesticides and other means to assure optimum vegetation health should not compromise the intended purpose of the bioretention system. All vegetation deficiencies should be addressed without the use of fertilizers and pesticides whenever possible.

### **C. Structural Components**

All structural components must be inspected for cracking, subsidence, spalling, erosion, and deterioration at least annually.

## **D. Other Maintenance Criteria**

The maintenance plan must indicate the approximate time it would normally take to drain the maximum design storm runoff volume below the ground surface in the bioretention system. This normal drain time should then be used to evaluate the system's actual performance. If significant increases or decreases in the normal drain time are observed or if the 72 hour maximum is exceeded, the system's planting soil bed, underdrain system, and both groundwater and tailwater levels must be evaluated and appropriate measures taken to comply with the maximum drain time requirements and maintain the proper functioning of the system.

The planting soil bed at the bottom of the system should be inspected at least twice annually. The permeability rate of the soil bed material may also be retested. If the water fails to infiltrate 72 hours after the end of the storm, corrective measures must be taken.

## **Considerations**

### **A. Optional Surface Mulch Layer**

The mulch layer on the surface of the planting soil bed provides an environment for plant growth by maintaining moisture, providing microorganisms, and decomposing incoming organic matter. The mulch layer may also act as a filter for finer particles still in suspension and maintain an environment for the microbial community to help break down urban runoff pollutants. The mulch layer should consist of standard 1 to 2 inch shredded hardwood or chips. It should be applied to a depth of 2 to 4 inches and replenished as necessary. However, prior to utilizing a mulch layer, consideration should be given to problems caused by scour and floatation during storm events and the potential for mosquito breeding.

## **Recommendations**

### **A. Site Considerations**

The planning of a bioretention system should consider the topography and geologic and ecological characteristics of both the proposed system site and contiguous areas. Bioretention systems should not be planned in areas where mature trees would have to be removed or where Karst topography is present.

### **B. Construction**

During basin construction, precautions must be taken to prevent planting soil bed compaction by construction equipment and sediment contamination by runoff. Basin excavation and planting soil placement should be performed with equipment placed outside the basin bottom whenever possible. Light earth moving equipment with oversized tires or tracks should be utilized when the basin must be entered.

Bioretention basins are susceptible to clogging and subsequent failure if significant sediment loads are allowed to enter the structure. Therefore, using a bioretention basin site for construction sediment control is discouraged. When unavoidable, excavation for the sediment basin should be a minimum of 2 feet above the final design elevation of the basin bottom. Sediment can then accumulate and be removed during site construction without disturbing the final basin bottom, which should be established only after all other construction within its drainage area is completed and the drainage area stabilized. If basin construction cannot be delayed until then and the basin will not be used for sediment control, diversion berms should be placed around the basin's perimeter during all phases of construction to divert all sediment and runoff

completely away from the basin. These berms should not be removed until all construction within the basin's drainage area is completed and the area stabilized.

To prevent compaction of the soil below the basin that will reduce its infiltration capacity, bioretention basins designed for infiltration (instead of an underdrain system) should be excavated with light earth moving equipment, preferably with tracks or over-sized tires located outside the basin bottom. Once the basin's final construction phase is reached, the floor of the basin must be deeply tilled with a rotary tiller or disc harrow and smoothed over with a leveling drag or equivalent grading equipment.

Upon stabilization of the bioretention basin and its drainage area, the infiltration rate of the planting soil bed must be retested to ensure that the rate assumed in the computations is provided at the basin. The permeability rate of the subsoil below the basin must also be retested after construction at bioretention basins that utilize infiltration rather than an underdrain system.

### **C. Pretreatment**

As with all other best management practices, pretreatment can extend the functional life and increase the pollutant removal capability of a bioretention system. Pretreatment can reduce incoming velocities and capture coarser sediments, which will extend the life of the system. This is usually accomplished through such means as a vegetative filter, a forebay, or a manufactured treatment device. Information on vegetative filters and manufactured treatment devices is presented in Chapters 9.10 and 9.6, respectively.

Forebays can be included at the inflow points to a bioretention system to capture coarse sediments, trash, and debris, which can simplify and reduce the frequency of system maintenance. A forebay should be sized to hold the sediment volume expected between clean-outs.

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