SANDY Disaster

Resiliency Response Support
for New Jersey First Responders

First Responders serving New Jersey in the Sandy Disaster may experience emotional distress. Emotional distress is often part of the resiliency process. For First Responders, resiliency is the most common reaction.

Ensure psychological first aid by calling us for professional help.

New Jersey Disaster Critical Incident Stress Response

It takes courage to help others. It takes more to help yourself.

866-4U-NJ-1ST www.njdcisr.org

Project supported by: Office for Victims of Crime and Justice Programs

Disaster & Terrorism Branch NJ Division of Mental Health and Addiction Services

Please visit www.njdcisr.org/index.html for additional information.

866-486-5178