Ask patients you are treating for asthma the following two questions:

1. Do your asthma symptoms usually start or get worse when you are at work and get better when you are away from work?

2. Are there any materials or activities at your job that you try to avoid because they make your asthma symptoms worse?

If he or she answered “Yes” to either of these questions, your patient may have work-related asthma.

Guidelines* to report cases of work-related asthma (new-onset or work-aggravated) to the NJDOH:

<table>
<thead>
<tr>
<th>POSSIBLE</th>
<th>PROBABLE</th>
<th>CONFIRMED</th>
</tr>
</thead>
<tbody>
<tr>
<td>Symptoms of asthma and patient-reported work-related temporal pattern of symptoms of asthma</td>
<td>Diagnosis of asthma and patient-reported work-related temporal pattern of symptoms of asthma</td>
<td>Diagnosis of asthma and objective evidence of work-relatedness</td>
</tr>
</tbody>
</table>

REPORTING INSTRUCTIONS: A Word or PDF version of the reporting form can be downloaded from our Web site at http://nj.gov/health/eoh/surwweb/wra/index.shtml. Please send completed forms via fax at (609) 292-5677 or mail to:

New Jersey Department of Health
Environmental and Occupational Health Surveillance Unit
135 E State St, 4th floor
PO Box 369
Trenton NJ 08625-0369

Questions? Contact the Work-Related Asthma Surveillance Coordinator at (609) 826-4984 or send an e-mail message to surveillanced@doh.state.nj.us.