

New Jersey Behavioral Health Planning Council (BHPC)
Meeting Minutes

May 14, 2014 10:00 A.M.

Attendees:

Winifred Chain	Joe Delany (p)	Helen Williams
John Calabria	Irina Stuchinsky	Angel Gambone (p)
Connie Greene	Joe Gutstein (p)	Renee Ingram (p)
Michael Ippoliti	Mike Jones (p)	Phil Lubitz
Chris Lucca	Pat Matthews (p)	Linda Meyer (p)
Joanne Oppelt	Robert Paige	John Pellicane
Ellen Taner	Robin Weiss	Mary Abrams

DMHAS, CSOC & DDD Staff:

Suzanne Borys	Geri Dietrich	Mark Kruszczyński
Elizabeth Manley	Donna Migliorino	Domenica Nicosia
Patrick Roff	Dona Sinton	

Guests

Harry Coe (p)	Anne Lopez	Louan Lukens
Stephanie Mulfinger	Patricia Trout	

- I. Administrative Issues/ Correspondence/ Minutes
 - A. Minutes from the April Meeting were reviewed and approved as written
 - B. Partnership for a Drug Free NJ is holding forums across the state for physicians; distributed a flyer for June 11, 2014

- II. Children's System of Care update – Elizabeth Manley
 - A. Distributed updated Strategic Plan for 2014-2016
 1. Provide data dashboard to Commissioner and Children's Inter Agency Coordinating Council (CIACC)
 2. Continue work with youth with developmental disabilities and youth with substance use disorders
 3. Partnering with agencies (schools) regarding CSOC
 - B. Rolling out Comprehensive Medicaid Waiver Components for CSOC
 1. Dually Diagnosis and youth with autism
 2. Provide services that weren't previously available
 3. Provide Applied Behavioral "Analysis (ABA), an EBP, for youth with autism
 4. Providers are still being notified that they are in the new provider pool
 5. Youth are in care management organizations
 - C. Rolling out with DMHAS the behavioral health home in Bergen and Mercer
 - D. Busiest month in March we've ever had with a lot of calls for families who are newly enrolling
 - E. Rolled out six detoxification beds at Lighthouse at Mays Landing for Super Storm Sandy beds
 1. Currently underutilized so may expand eligibility to age 21

- F. IOP programs aren't as busy as expected
- G. Residential beds have large uptick and are being used
- H. Comments/Questions
 1. Q. Ellen – In Bergen County there is no uptick in residential. A. We have approximately 238 beds and around 200 are full so we are interested in how they are being filled
 2. Q. Marie – In your Strategic Plan what are your plans for emerging adults with Mental Health and SUD? A. Our biggest challenge is engagement. We do have an Office of Adolescent Services (16 – 21) and they have a different spectrum of services. We work with them on these services.
 3. Q. Harry– Are ABA services in home? A. – They're intensive home based services. We are looking for tight planning with schools on this
 4. Q. Joanne – What about adolescent suicide? A. Teen Suicide Prevention is in Family and Community Partnerships Division. It is a big issue for the Commissioner. We can get more information to you.
 5. Q. Joe – How many “age out” from your system to the adult system? A. – We don't collect data that way so I can't drill down on that. In our 2015 goals we're trying to figure out how to get that.
 6. Q. Joe – Do kids who age out remain on SSI/Disability? A. – Its information we don't have but want to get.
 7. Q. Suzanne – Are the pre-authorizations you're doing now new in your system or already existing for Mental Health? A. – Most come in before they are 18 to our system.

III. Mental Health Block Grant 5% set aside – Donna Migliorino

- A. In the application last year we scrambled to develop responses to newly mandated 5% and 3% set asides which delayed us in reporting out
- B. Once final federal budget was approved it excluded those set asides and changed it to 5% for first episode psychosis
- C. Our modification to the plan is due May 29, 2014
- D. The federal government is recommending an evidence based program (EBP) and we don't have to go with that one, however we've decided to move forward with it because of the deadline
- E. We're working with CSOC.
- F. \$648,121 is the 5% set-aside
- G. Recovery After An Initial Schizophrenic Episode is the EBP
 1. We're looking for technical assistance and SAMHSA will be doing a webinar at some point
 2. In 2011 the National Institute of Health funded St. Clare's to do this program
 3. We can't throw this together in two weeks with a lot of specificity so we want to submit something more globally
- H. Questions/Answers
 1. C. Marie – Involve consumers in this process to obtain what they thought helped.
 2. Q. Chris – Is there any flexibility in the May 29, 2014 deadline? A. I don't know. A lot of this may be reactionary to natural events we don't know how long this 5% will even last.
 3. Q. Mike – What about under age 10? First episode does happen under age 10.

Will they be able to get services? A. – We could raise that issue when we meet. St. Clare's is treating ages 15 – 40.

4. C- Winfred – NIH does studies with data you may be able to use

IV. Mental Health Association of New Jersey Overview of Recovery and Rebuilding Services – Anne Lopez and Stephanie Mulfinger

A. Presented a power point and distributed materials

1. A statewide call center (NJ Mental Health Cares) 866-202-4357
2. Open 8:00 a.m. to midnight
3. Offers a follow up call to all callers
4. Not a crisis service but do have an on-call person to address urgent crisis after hour calls if necessary
5. also has a peer recovery warm line
6. In SSBG - we are the gateway to services
7. Also have ability to text for help too (started this in February and is about 30 – 40% of volume.)
8. If someone is from another state we are able to connect them to resources like us in their State
9. Peer Outreach Support Team in Atlantic and Ocean
10. Mental Health First Aid in Bergen, Hudson, Ocean and Middlesex

B. Comments/Questions

1. Q. Patrick – Who is giving the emotional support? A. We're trying to create more structure. It's been falling on Disaster Coordinators.
2. C. Connie – We can present on this next month because we just got a DCF Grant to go in the schools in the five southern counties and hired fifteen staff. Rutgers got the grant for the North.
3. Q. Chris – Define trained Mental Health Professional. A. 80% are Masters level and others are Bachelor's. We have a total staff of thirty-five people and all are supervised by either LPC or LCSW.
4. C. Suzanne – 211 is the Addiction Hotline of New Jersey and has trained counselors. It does screening for eligibility and warm handoff to a treatment agency.

V. Subcommittees

1. Bylaws subcommittee met this morning and was well attended. Will meet again on June 11, 2014.

1. Hope to have new bylaws for the group before the end of the summer that is complete.

B. Olmstead Subcommittee – Domenica Nicosia

1. Post 7/08 CEPP's
 - a. As of December 2013 we're at 52% of non-legal being discharged within four months of designation
 - b. As of December 2013 we're at 15% of legal being discharged within designation
2. Pre 7/08 CEPP
 - a. Most are legally involved or are refusing
 - b. Six at Ancora and two at Greystone Park Psychiatric Hospital, and none at

Trenton Psychiatric Hospital

3. Placements (All discharges)
 - a. Private residence still most popular (213)
 - b. SH (79)
 - c. Group Home (69)
 - d. Correctional facility (40)
 - e. RHCF (26)
 - f. CEPP Placements/discharges
 - g. Private residence (111)
 - h. SH (65)
 - i. Group Home (53)
 - j. RHCF (21)
 - k. Nursing facility (19)
4. Refusals
 - a. Pre 7/1/08 (8 total), 4 still refusing, and 3 are justice involved
 - b. Remaining refusals – 47 total 478 on CEPP
5. Comments/Questions
 - a. Q. John – What is “refusing to be discharged”? A. Some consumers have fears about leaving or will only agree to impossible places (like to their deceased relatives house)
 - b. C. Patrick – In addictions once funding runs out they have to leave
 - c. Q. Chris – Are those refusing all psychotic? A. No, some want to resolve legal issues or other items first.
 - d. Q. Robin – The lawsuit is about to end. What’s going to happen? Sounds like your numbers aren’t good. A. The legal population is a lot different than non-legal population. Only about a third is left in the state hospital now.

VI. Announcements/Planning Activities

- A. The packet includes a newsletter announcement in regard to the expansion population
- B. Vivitrol is now in several FFS networks as a medication assisted treatment for alcohol and opiate addiction
- C. SBIRT – is now in Helene Fuld and two dental clinics as well
- D. Expanding our addictions Recovery and Rebuilding Initiative to include halfway house
- E. UBHC Quality Improvement Fair on June 26, 2014 in Somerset 2 – 5 pm
- F. Camden is hosting public forum on opiates on May 19, 2014
- G. NAMI NJ Walk was a success. NAMI Mercer is holding theirs this Saturday
- H. CSOC has an RFQ for agencies to provide summer camp for kids in Sandy affected Counties
- I. Stomp Stigma at Rowan University tonight

General Meeting on 6/11/14 - 10:00-12:00, Room 3000

The Bylaws Subcommittee will meet at 9:00 am on 6/11/14 in room 3097

The Advocacy Subcommittee will meet at noon on 6/11/14 in room 3097

The Olmstead Advisory Committee will meet at noon on 7/9/2014 in room 3097