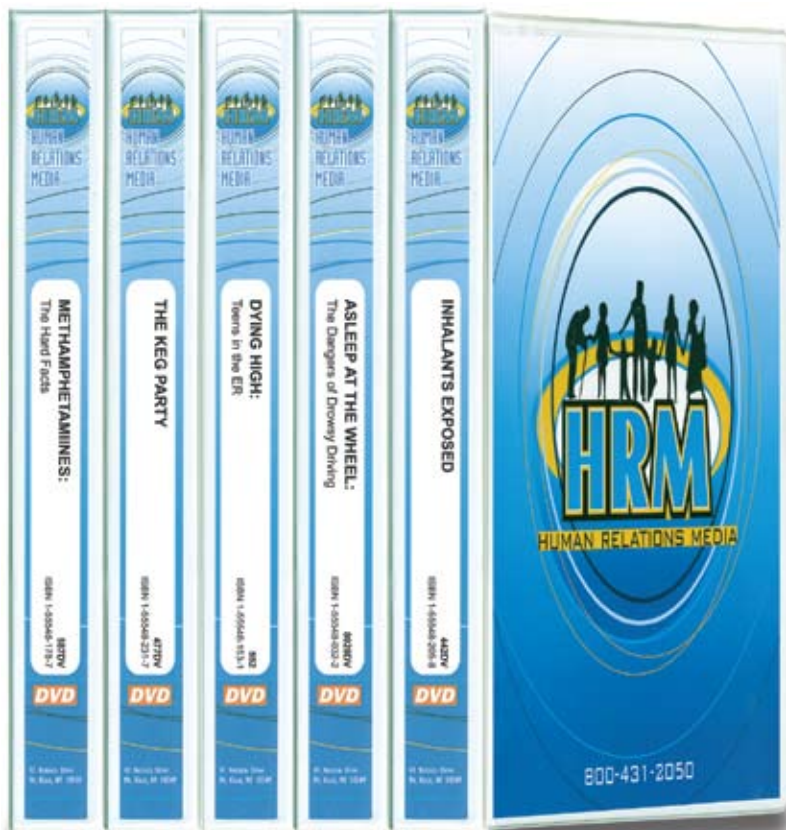




NEW JERSEY DIVISION OF HIGHWAY TRAFFIC SAFETY VIDEO LIBRARY

2007



NJ Office of the Attorney General
New Jersey Division of Highway Traffic Safety



INTRODUCTION

Alcohol and drugs, underage drinking, and impaired & drowsy driving continue to plague our youth. The New Jersey Division of Highway Traffic Safety is proud to make available to our law enforcement and educational community this video library that covers a multitude of educational videos for various age groups, many with a detailed resource book, as well as informative transparencies and full-color brochures.

It is our hope that offering this lending library will help enhance your educational endeavors when speaking to our grammar school and high school students as well as the parents and adults who impact our children's lives. Our Division currently maintains (3) three copies of each video and we ask that you complete and submit the lending request included in this handout and attempt to limit your borrowing time to no more than 2 weeks at a time. Of course additional time will be granted on a request by request basis. In addition, please limit your brochure request to accommodate only the estimated number of attendees. Your cooperation with this request will help us to maintain adequate supplies for all of our users.

If there is a video that is not included here that you would like us to include or you have any questions regarding our video library please contact Paul Groffie at (609) 633-9255 or via email at:

Paul.Groffie@lps.state.nj.us.

I wish you success with your programs!

Sincerely,



Pamela S. Fischer

Governors Representative

Director - New Jersey Division of Highway Traffic Safety



NJ Office of the Attorney General
New Jersey Division of Highway Traffic Safety



TABLE OF CONTENTS

PARENTS & PROFESSIONALS (PG 1)

ALCOHOL AND THE TEENAGE BRAIN: A VIDEO GUIDE FOR PARENTS & PROFESSIONALS (15 MINUTES/VHS)

UNDERAGE DRINKING: A VIDEO GUIDE FOR PARENTS & PROFESSIONALS (30 MINUTES/VHS)

CLUB DRUGS: A VIDEO GUIDE FOR PARENTS & PROFESSIONALS (28 MINUTES/VHS)

GRADES 5 - 9 (PGS 1-2)

ALCOHOL EXPOSED (16 MINUTES/DVD)

THIS IS YOUR BRAIN ON ALCOHOL (17 MINUTES/DVD)

CLUB DRUGS: NOTHING TO RAVE ABOUT (24 MINUTES/DVD)

INHALANTS EXPOSED (15 MINUTES/DVD)

GRADES 7 - COLLEGE (PGS 2-7)

ALCOHOL (PGS 2-5)

ALCOHOL AND SEX: PRESCRIPTION FOR POOR DECISION-MAKING (21 MINUTE DVD/TEACHERS RESOURCE BOOK)

ALCOHOL AND YOUR BODY: ASSESSING THE DAMAGE (26 MINUTE DVD/TEACHERS RESOURCE BOOK)

BINGE DRINKING: THE FACTS (24 MINUTE DVD/TEACHERS RESOURCE BOOK/STUDENT HANDOUTS)

BOMBED (28 MINUTE DVD/TEACHERS RESOURCE BOOK)

BRAIN SCANS: ALCOHOL AND THE TEENAGE BRAIN (23 MINUTE DVD/TEACHERS RESOURCE BOOK/STUDENT HANDOUTS)

CONFRONTING DRUNK DRIVING (27 MINUTE DVD/TEACHERS RESOURCE BOOK/STUDENT HANDOUTS)

DUI: THE HARD TRUTH (29 MINUTE DVD/TEACHERS RESOURCE BOOK/STUDENT HANDOUTS)

SUDDEN IMPACT: AFTER THE CRASH (45 MINUTE DVD/TEACHERS RESOURCE BOOK)

TEEN TRUTH: AN INSIDE LOOK AT DRUG AND ALCOHOL ABUSE (20 MINUTE DVD/TEACHERS RESOURCE BOOK/STUDENT HANDOUTS)

THE KEG PARTY (25 MINUTE DVD/TEACHERS RESOURCE BOOK/STUDENT HANDOUTS)

THE TOP TEN MYTHS ABOUT ALCOHOL AND DRUGS (21 MINUTE VHS/TEACHERS RESOURCE BOOK)

UNDERAGE DRINKING: KNOW THE FACTS, KNOW THE RISKS (27 MINUTE DVD/TEACHERS RESOURCE BOOK/STUDENT HANDOUTS)

WHAT IS ALCOHOLISM? (22 MINUTE DVD/TEACHERS RESOURCE BOOK/STUDENT HANDOUTS)

WHAT'S WRONG WITH BEER? (25 MINUTE DVD/TEACHERS RESOURCE BOOK)

WITHOUT WARNING: THE DANGERS OF ALCOHOL POISONING AND BINGE DRINKING (16 MINUTE DVD/TEACHERS RESOURCE BOOK)

DRUGS (PGS 5-6)

ABUSING OVER-THE-COUNTER DRUGS (20 MINUTE DVD/TEACHERS RESOURCE BOOK)

ADDICTION AND THE HUMAN BRAIN (28 MINUTE DVD/TEACHERS RESOURCE BOOK/STUDENT HANDOUTS)

CLUB DRUGS: THE REAL DEAL (27 MINUTE DVD/TEACHERS RESOURCE BOOK AND STUDENT HANDOUTS)

COCAINE AND HEROIN: STILL HERE, STILL DEADLY (21 MINUTE DVD/TEACHERS RESOURCE BOOK/STUDENT HANDOUTS)

DYING HIGH: TEENS IN THE ER (26 MINUTE DVD/TEACHERS RESOURCE BOOK)

METHAMPHETAMINES: THE HARD FACTS (20 MINUTE DVD/TEACHERS RESOURCE BOOK)

THE MYTHS OF MARIJUANA DEBUNKED (21 MINUTE DVD/TEACHERS RESOURCE BOOK/STUDENT HANDOUTS)

RUSHING, CRASHING, DYING: THE METH EPIDEMIC (25 MINUTE DVD/TEACHERS RESOURCE BOOK)

WHAT'S WRONG WITH INHALANTS? (25 MINUTE DVD/TEACHERS RESOURCE BOOK)

GRADES 7 - COLLEGE (PGS 2-6) (CONTINUED)

DROWSY DRIVING (PG 7)

ASLEEP AT THE WHEEL: THE DANGERS OF DROWSY DRIVING (15 MINUTE DVD/TEACHERS RESOURCE)

OTHER RESOURCES (PGS 7-8)

THE DANGERS OF ALCOHOL (Overhead Transparencies)

THE DANGERS OF CLUB DRUGS (Overhead Transparencies)

THE DANGERS OF INHALANTS (Overhead Transparencies)

THE DANGERS OF MARIJUANA (Overhead Transparencies)

THE DANGERS OF STIMULANTS (Overhead Transparencies)

FOCUS ON ALCOHOL (Pamphlet)

FOCUS ON CLUB DRUGS (Pamphlet)

CLUB DRUGS (Parent Pamphlet)

FOCUS ON ECSTASY (Pamphlet)

FOCUS ON GHB (Pamphlet)

FOCUS ON HALLUCINOGENS (Pamphlet)

FOCUS ON INHALENTS (Pamphlet)

FOCUS ON MARIJUANA (Pamphlet)

FOCUS ON METHAMPHETAMINE (Pamphlet)

FOCUS ON STIMULANTS (Pamphlet)

FOCUS ON UNDERAGE DRINKING (Pamphlet)

UNDERAGE DRINKING (Parent Pamphlet)

VIDEO LIBRARY LENDING REQUEST FORM (PGS 9-10)

PARENTS & PROFESSIONALS

Alcohol and the Teenage Brain:

A Video Guide for Parents and Professionals (15 minute VHS Video)

This no-nonsense, straightforward video presents the latest research about how alcohol impairs the growing adolescent brain. The context is delivered by neuroscientist and researcher Scott Swartzwelder Ph.D. of Duke University whose groundbreaking research will be a wake up call for parents, school administrators and substance abuse professionals who want to learn more about the damaging effects of alcohol on teens. Swartzwelder explains that ten years ago researchers used to believe that the brain was finished developing at birth. Now scientists know that the brain is growing and developing through adolescence and into one's early twenties.

Underage Drinking:

A Video Guide for Parents and Professionals (30 Minute VHS Video)

This video clearly straightforwardly engages parents and arms them with crucially important information about setting firm guidelines to their teenage children. Program reveals the latest research on adolescent brain damage due to alcohol, the increased risk of accidents and driving fatalities and most importantly let's parents know that they are the best deterrent to stopping underage teen drinking. Program also informs parents of their legal liabilities if teens are drinking in their homes or at unsupervised parties.

Club Drugs:

A Video Guide for Parents and Professionals (28 Minute VHS Video)

This video provides the latest up-to-date information on the dangers of club drugs such as Ecstasy, GHB, Ketamine, Rohypnol, LSD, OxyContin, and methamphetamines. Dr. Chris Michos an emergency room physician as well as various other professionals and law enforcement experts explain in clear language how the different drugs work, their hazards and the danger signs to look for in teen users. With the increase in use of Club Drugs across the country, this is one resource not to go without.

GRADES 5 - 9

Alcohol Exposed

(16 minute DVD/Teachers Resource Book/Student Handouts)

Alcohol is the most widely available and most abused drug in the world today. This point is driven home in this video and print package in a way that middle schoolers and junior high students will understand and remember. Students see the short-term and long-term harmful effects alcohol causes on the body as well as the intoxicating effects on the mind. Using interviews and narration by peers, the video exposes ways that alcohol use interferes with health, education and personal lives. The ravages of alcoholism and the struggles of families living with alcoholics are presented. Binge drinking is singled out as a very dangerous and potentially lethal activity that young people must avoid at all costs.

This is Your Brain on Alcohol

(17 minute DVD/Teachers Resource Book/Student Handouts)

Charismatic high school students present to middle school students groundbreaking information about the effects of alcohol on developing brains. New studies show that the complex brain builds its basic capacities and potential for the future during the adolescent years. Alcohol use during this time has a major impact as it disrupts the growing brain's plasticity (encoding and programming progress), which in turn impairs its response to stimuli essential to learning and memory. New evidence shows that the brain continues to develop until the age of 24, three years past the legal drinking age. The message to middle school students in this peer education program is clear: alcohol use is not healthy or cool, most kids do not use alcohol, and those who drink risk irreversible damage to their developing brains.

Club Drugs: Nothing to Rave About

(24 minute DVD/Teachers Resource Book)

Program provides young teens with latest information on drugs like GHB, Ecstasy, Rohypnol, Ketamine, LSD, Methamphetamine. The risk associated with each drug are highlighted, including death from overdose.

Inhalants Exposed

(15 minute DVD/Teachers Resource Book/Student Handouts)

This program addresses a dangerous and often tragic practice among young people - sniffing fumes of household products to get high.

GRADES 7 - COLLEGE**ALCOHOL****Alcohol and Sex:**

Prescription for Poor Decision-Making (21 minute DVD/Teachers Resource Book)

Many teenagers report that their first sexual experiences were associated with alcohol consumption. In addition, many rapes and unwanted pregnancies are the result of poor decisions made under the haze of alcohol and even binge drinking. This program explores how the use of alcohol clouds thinking, hinders decision-making skills, and creates an unfavorable atmosphere for making healthy decisions. The video and accompanying Teacher's Resource Book offer young people insights into how the avoidance of alcohol and other drugs will enhance their health as well as their ability to make smart, drug-free decisions.

Alcohol and Your Body:

Assessing the Damage (26 minute DVD/Teachers Resource Book)

This video and print package reveals the latest information on the many ways that drinking alcohol can damage bodily systems and cause disease. Leading doctors and researchers demonstrate new facts about alcohol absorption and the effects of alcohol on the brain, the liver, the digestive system, and the immune system. Viewers of Alcohol and Your Body will come away with plenty of new reasons to seriously consider abstinence.

Binge Drinking:

The Facts (24 minute DVD/Teachers Resource Book/Student Handouts)

The trend of binge drinking--the intentional consumption of excessive amounts of alcohol--shows no decline in schools and colleges across the country. The program examines the dangers of alcohol poisoning and describes the correct life-saving procedures to follow in order to save someone. Through interviews with physicians and emergency medical technicians as well as binge abusers the video and print material send a clear no use message to viewers.

Bombed

(28 minute DVD/Teachers Resource Book)

A hard-hitting, COPS-style look at the dark side of alcohol abuse. In three separate segments, Bombed! exposes the truth about alcohol consumption. First, the video follows a typical spring-break crowd in Florida, where those who "party 'til they drop" are shown suffering the consequences of their binge drinking. In another segment, the video documents the emergency room treatment of a teen with alcohol poisoning whose stomach is pumped. The Teacher's Resource Book of student worksheets and assignments will expand students' understanding of the effects of alcohol on their bodies and on their lives.

ALCOHOL (CONTINUED)**Brain Scans:**

Alcohol and the Teenage Brain (23 minute DVD/Teachers Resource Book/Student Handouts)

This program takes teenagers on a tour of several labs across the country including one at the University of California at San Diego where doctors are researching the effects of alcohol use in teenage brains. The young host of the show actually has a scan done on her own brain, and then has the chance to see how it compares with the brains of other teens who drink alcohol regularly.

Confronting Drunk Driving

(27 minute DVD/Teachers Resource Book/Student Handouts)

This memorable video features the true story of Mike Poveromo, a young man who killed his two best friends in a drunk driving car crash when he was a teenager. Today, Mike tours the nation's high schools to share his story, and to warn students never to drink and drive. In addition to interview segments that recount Mike's dramatic story, viewers will also hear from law enforcement officers who explain the legal risks involved in drinking and driving, including harsh jail sentences for those convicted of driving under the influence (DUI). Viewers will also hear from emergency room physicians who describe the traumas and deaths they have seen as a result of drunk driving. Teens will also hear from parents and family members who have been left devastated by the loss of a child as a result of drunk driving. In addition, Confronting Drunk Driving offers important tips for how to avoid being a passenger in a car driven by an intoxicated driver. Teacher's Resource Book offers many useful and thought-provoking worksheets for classroom use.

DUI: The Hard Truth

(29 minute DVD/Teachers Resource Book/Student Handouts)

Hosted by a career EMT, this video reveals the hard truth and horrifying ordeals resulting from driving under the influence of alcohol—a young girl recounts how she was critically burned after her car was hit by a drunken teenager; a young woman tells of having to identify her little sister's body at a morgue after she was killed by an intoxicated teen driver; an ER doctor talks about “breaking the news” to parents whose son was killed in a drunk driving crash; and a young woman shares the details of her living nightmare when she killed her best friend while she was DUI. Each incident is told “live” in front of an audience of students, parents, teachers and medical professionals who add their expertise. Dramatic video re-enactments hammer home the indisputable truth that driving while drunk or impaired results in unforgettable pain, suffering and death.

Sudden Impact:

After the Crash (45 minute DVD/Teachers Resource Book)

Drunk driving crashes: they happen every day, and when they do, the reporting on the nightly news goes something like this...“One dead, five injured in a car crash. Drunk driving suspected.” This program, narrated by Tom Brokaw, goes behind the scenes of one such “accident” and describes what happens over the course of a year after the crash. How do the victims and their families fare? What is the emotional toll? What are the financial costs? Program reveals that the accident itself is just the beginning of an ever expanding series of events that affects far more than the original car crash.

Produced by: NBC News Productions

ALCOHOL (CONTINUED)**Teen Truth:**

An Inside Look at Drug and Alcohol Abuse (20 minute DVD/Teachers Resource Book/Student Handouts)

This compelling video, much of it shot by teens themselves, weaves together footage of real drug addicts in recovery, with teens who have casually experimented with drugs and alcohol. The program incorporates driving music, memorable graphics and raw imagery to contrast the addicts' life threatening addiction with the dangerous path that casual young drug users are unwittingly pursuing. The addicts' emotional stories provide sobering proof of how drug and alcohol experimentation can lead to drug dependence and broken futures. The result is an explosive, thought-provoking journey that will inspire viewers to seriously consider the consequences of their decisions. Throughout the video, a repeating graphic challenges students with this question: "What are you willing to lose?"

The Keg Party

(25 minute DVD/Teachers Resource Book/Student Handouts)

Gary's parents are away for the weekend and he has invited half of the school over for an all-you-can-drink party. David is not sure about bringing Lauren, his younger sister, especially after what happened last year, but he figures she is old enough to take care of herself. Langston also comes to the party in hopes of finally getting up the courage to ask Christine out. The beer, at first, seems to help everyone let loose and have a good time, but before long it is clear that things are spiraling out of control. Before the evening is out, one of the young women finds herself in a dangerous sexual situation, one couple gets into a serious car accident and another student dies needlessly of alcohol poisoning.

Realistic, gritty and honest, this video drama will leave your classroom with the strong message that keg parties are not just dangerous and illegal, they are not even fun. An equally powerful teacher's resource book augments and extends the video's lessons with fact sheets, student activities, role plays and a wealth of information.

The Top Ten Myths About Alcohol and Drugs

(21 minute VHS/Teachers Resource Book)

Too many teens are either ignorant about the dangers of drugs or are in denial about the hazards they pose. This program, with its clever use of satire, graphics and mock pop quizzes, captivates student attention as well as educates. The following myths are exposed and exploded: Everybody's doing it; I can stop when I feel like it; Beer isn't as bad as hard liquor; I can get high and still be in control; I can drive a car high on marijuana; Marijuana isn't harmful or addictive; Prescription drugs can't hurt me because they're legal; Drugs help relieve stress; Drugs and alcohol do not damage the brain; and Steroids do not damage the body. Each of these dangerous and destructive myths is rebutted with cold, hard facts, challenging students to recognize harmful behaviors in themselves and others and to take full responsibility for their personal health and safety.

Underage Drinkings

Know the Facts, Know the Risks (27 minute DVD/Teachers Resource Book/Student Handouts)

This no-nonsense program lays out the straight facts about underage drinking. Alcohol abuse is responsible for 100,000 deaths in the U.S. each year—deaths resulting from drunk driving, alcohol poisoning, fetal alcohol syndrome, cirrhosis and even from alcohol-related cancers (esophageal, liver, colon). The program clearly spells out the dangers and the risks of underage drinking while also providing new information on how the adolescent brain can be permanently damaged by alcohol. Underage Drinking also explores the risky trend of binge drinking, which results in thousands of teens being treated in the emergency room each year for alcohol poisoning. There is also a segment on the legal and social dangers of throwing unsupervised parties in which alcohol is served to minors. The video makes it clear that teens should adopt a no-use policy towards this dangerous and addictive drug. Teacher's Resource Book provides compelling lessons and activities on alcohol-related topics such as binge drinking, addiction, alcohol overdose and more.

ALCOHOL (CONTINUED)**What is Alcoholism?**

(22 minute DVD/Teachers Resource Book/Student Handouts)

This video offers a glimpse into the struggles of teen alcoholics. Viewers will meet Lacey, Alberto, Christina, and Justin, four real teens from different ethnic backgrounds who share their personal stories of alcohol abuse and recovery. The program defines alcoholism as an addictive disease that affects people of all ages, races and social classes. Psychologist Susan Tapert, Ph.D., who specializes in issues surrounding adolescent alcoholism, offers important information on how easily teens can become addicted to alcohol, and explains some of the unique problems faced by youth who become addicted. The signs and symptoms of alcoholism are also identified. The program emphasizes the pervasive negative impact that alcoholism can have on an individual, a family and on society at large. Advice is offered for how to seek help in overcoming alcohol addiction. This video provides an excellent starting point for any discussion on alcohol and its dangers.

What's Wrong With Beer?

(25 minute DVD/Teachers Resource Book)

This hard-hitting documentary takes a critical look at beer-drinking and attempts to open eyes about its down-side—which can lead teens to closing the door to alcohol and drugs in general.

Without Warning:**The Dangers of Alcohol Poisoning and Binge Drinking** (16 minute DVD/Teachers Resource Book)

Stories told by surviving family members reveal the devastating and lethal effects of alcohol overdosing in young people. Death by alcohol poisoning in young people (under 21) are conservatively 4,000/annually.

DRUGS**Abusing Over-The-Counter Drugs**

(20 minute DVD/Teachers Resource Book)

Teen drug abuse isn't limited to illicit drugs. Many OTC (over-the-counter) drugs are misused by kids—from cold remedies to pain killers to diet pills. This program explores the most common abuses of OTC drugs and shows the chemical, biological and psychological damage that can result from abusing these ordinary drugs. Particular attention is paid to DXM, the powerful medication linked to recent deaths of young people across the country. DXM is a legal drug found in many OTCs, but it has the same qualities as drugs considered much more dangerous like heroin. The cold tablet form of this drug is the basis of a new and dangerous form of OTC drug abuse called skittling, which can also result in coma or even death. The dangers of this kind of abuse are brought home through the tragic story of Jennifer Darling, a high school student whose apparent experimentation with the drug was a cause in her own death. Students will also hear a no-nonsense message from a district attorney describing the severe legal consequences teens can receive if found driving or committing a crime while under the influence of these substances. The program also teaches viewers how to carefully read and understand OTC drug labels for active ingredients and potential overdose.

Addiction and the Human Brain

(28 minute DVD/Teachers Resource Book/Student Handouts)

Drug addiction is a disease of the brain, and teens are at highest risk for acquiring this disease. That is the startling conclusion recently arrived at by brain experts, based on the latest research findings. This program illustrates the amazingly complicated structure and function of the brain using colorful and compelling visuals and computer animations. It explains the changes to the brain caused by prolonged use of drugs such as cocaine, heroin, nicotine, alcohol and methamphetamine, and shows why voluntary drug use eventually becomes involuntary and compulsive. Studies indicate that drugs affect the developing brain more than the brain of someone more mature, thus putting teens at a higher risk of addiction. Interviews with recovering teen addicts, an addiction counselor, and brain experts and researchers give the program realism and intensity, and provide sobering thoughts to viewers.

DRUGS (CONTINUED)

Club Drugs:

The Real Deal (27 minute DVD/Teachers Resource Book and Student handouts)

The program provides teens with the latest up-to-date information on the dangers of Ecstasy, GHB, Methamphetamine, Rohypmol, Oxycotin and many others as well as information on evaluating their choices at parties where adult supervision may be lacking.

Cocaine and Heroin:

Still Here, Still Deadly (21 minute DVD/Teachers Resource Book/Student Handouts)

“I was 15 the first time I tried it. I was at my girlfriend’s house.” These words, spoken by a real teen in recovery, set the tone for this powerful video which recounts the stories of two teens who became ensnared in the dangerous and all-too-common worlds of cocaine and heroin abuse. Both teens describe step-by-step how they were sucked into trying the drugs for the first time, how they became addicted, and how incredibly difficult it is to recover from their addictions. Their harrowing testimonies will resonate with viewers and impel them to steer clear of cocaine and heroin. Program includes strategies for recognizing the dangers and avoiding these destructive drugs. A special section detailing the dangers of “starter heroin” is presented with a strong no-use message.

Dying High:

Teens in the ER (26 Minute DVD/Teachers Resource Book)

This video gives viewers the opportunity to see what goes on inside the nation’s emergency rooms as doctors treat teens for common ER injuries: drug overdoses, alcohol poisoning, car wreck traumas and more.

Methamphetamines:

The Hard Facts (20 Minute DVD/Teachers Resource Book)

Students learn what methamphetamines are, how they are illegally produced by drug dealers, and how addictive and deadly they are to those who experiment with them.

The Myths of Marijuana Debunked

(21 minute DVD/Teachers Resource Book/Student Handouts)

“Marijuana is not addictive.”

“It doesn’t harm the body, It doesn’t harm the brain.”

“Marijuana doesn’t impair driving or negatively impact teens’ futures.”

“There’s no connection between marijuana use and unhealthy risk taking.”

These statements are just plain wrong—yet many kids believe they are true. The program forcefully debunks these misconceptions with the latest facts, science and statistics to prove the deadly danger of marijuana use. This high impact video will turn kids’ heads and lead them to seriously question marijuana use as something “fun, harmless and natural.” Juxtaposing commentary from real kids with real ex-users intercut with fast-paced narration, this video drives home the message that marijuana is a dangerous drug. Along with the follow-up print materials, this program delivers a strong no-use message.

DRUGS (CONTINUED)

Rushing, Crashing, Dying:**The Meth Epidemic** (25 Minute DVD/Teachers Resource Book)

Program Takes Viewers on a tour of the disastrous consequences of methamphetamine abuse. This documentary-style video begins with a police raid on a meth lab and follows with interviews of law enforcement authorities, hospital ER doctors, social workers, and recovered addicts and their families.

What's Wrong With Inhalants?

(25 minute DVD/Teachers Resource Book)

The video reveals some startling facts about why kids would risk their lives by sniffing these poisons, and emphasizes the catastrophic results that can ensue: brain damage; paralysis; damage to the kidneys, liver, and bone marrow; and even death.

DRUGS

Asleep at the Wheel:**The dangers of Drowsy Driving** (15 minute DVD/Teachers Resource Book)

Real-life accident victims reiterate chilling stories of the repercussions of drowsy driving.

OTHER RESOURCES

The Dangers of Alcohol

(Overhead Transparencies)

This extensive kit provides 24 full-color, high quality overhead transparencies for classroom use. Topics include Blood Alcohol Concentration (BAC), binge drinking, alcohol poisoning, Fetal Alcohol Syndrome (FAS), long-term damage caused by alcohol abuse and more. Crucial health information about the dangers of alcohol is supplied in an easy-to-understand, easy-to-view full-color format that is sure to capture students' attention and interest.

The Dangers of Club Drugs

(Overhead Transparencies)

This extensive kit provides 20 full-color, high quality overhead transparencies for classroom use. Crucial health information about the dangers of club drugs such as Ecstasy, GHB, Ketamine, Rohypnol, LSD and methamphetamine is supplied in an easy-to-understand, easy-to-view full-color format that is sure to capture students' attention and interest.

The Dangers of Inhalants

(Overhead Transparencies)

This extensive kit provides 15 full-color, high quality overhead transparencies for classroom use. Explores important topics such as the typical signs of an inhalant abuser, the long-term damage to body systems caused by huffing or bagging, and Sudden Sniffing Death Syndrome. Crucial health information about the dangers of inhalants is supplied in an easy-to-understand, easy-to-view full-color format that is sure to capture students' attention and interest.

OTHER RESOURCES (CONTINUED)

The Dangers of Marijuana

(Overhead Transparencies)

This extensive kit provides 12 full-color, high quality overhead transparencies for classroom use. Topics covered include an overview of the various forms of marijuana, the social and legal ramifications of marijuana use and an analysis of the long and short-term effects of marijuana. Crucial health information about the dangers of marijuana is supplied in an easy-to-understand, easy-to-view full-color format that is sure to capture students' attention and interest.

The Dangers of Stimulants

(Overhead Transparencies)

This extensive kit provides 15 full-color, high quality overhead transparencies for classroom use. Transparencies provide details about cocaine, freebase cocaine, crack, amphetamines and methamphetamine. Also examines how these powerful drugs alter the user's brain chemistry, leading to addiction. Crucial health information about the dangers of stimulants is supplied in an easy-to-understand, easy-to-view full-color format that is sure to capture students' attention and interest.

Pamphlets Available



NJ Office of the Attorney General
New Jersey Division of Highway Traffic Safety



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