The Essex County Smart Book



A Resource Guide for Returning Home

by
New Jersey Department of C

The New Jersey Department of Correction
Office of Transitional Services

Quick Reference: Useful Numbers and Hotlines

American Friends Service Committee Prisoner's Resource Center	1-973-643-2205
CDC National STD and AIDS Hotlines Spanish: English:	1-800-344-7432 1-800-227-8922
Addictions Hotline of NJ	1-800-238-2333
Alcoholics Anonymous	1-800-245-1377
Division of Disability Services (DDS)	1-888-285-3036
Division of Youth & Family Services	1-800-792-8610
Hyacinth AIDS Foundation	1-800-433-0254
Legal Services of New Jersey	1-888-576-5529
NJ Motor Vehicle Commission Driver's License Suspension Hotline Main Information	1-609-292-7500 1-888-486-3339
Narcotics Anonymous of NJ	1-800-992-0401
National Suicide Crisis Hotline	1-800-784-2433
New Jersey AIDS STD Hotline (Beth Israel)	1-800-624-2377
2-1-1 First Call For Help Se habla español or toll free	2-1-1/ 1-800-331-7272
Essex County One Stop Union City Jersey City	(201) 271-4529 (201) 795-8800
Social Security Office	1-800-772-1213
Statewide Domestic Violence Hotline (Woman's Space, Inc.) Bilingual and TTY accessible	1-800-572-7233

The Essex County Smart Book

Tal	ble of Contents	Page #		
The Start of a New Beginning:				
	How to Use this Book	5		
	tting Started:	-		
	I.D. and Other Documents	6		
A.	Social Security Card	6		
B.		7		
C.	County I.D.	11		
D.		11		
E.	Non-driver's State I.D.	14		
F.	Certificates of Naturalization or Citizenship	14		
G.	Alien Registration Card ("Green Card")	14		
H.		14		
I.	Passport	15		
J.	NJDOC Release Papers and Temporary	16		
	ID Card			
First Steps After Release:				
	nere Do I Go to Find	16		
A.		17		
	Shelter	17		
	Food/Clothing	19		
		20		
F.	Transportation Money: FS/GA	22		
	Veterans Benefits	23		
1.	Veterans Benefits	23		
Taking Care of Yourself:				
Ge	tting Support	24		
Taking Care of Yourself:				
	alth Care Resources	24		
A.	Health Care Benefits: Am I Eligible?	25		
В.	_	26		
C.		29		
D.		31		
	or Hepatitis C			
E.	•	32		
F.	Mental Health/Substance Abuse Resources	33		
G.	Emergency Mental Health Services	38		
H.	Free/Low Cost Eyeglasses	39		

Fin	ding a Job: Employment	
Ass	sistance and Training Programs	39
A.	Things to Know Before You Start Your	
	Job Search	40
B.	Help with Job Search	
	and Job Training Resources	41
C.	Legal Restrictions on Employment and	
	Protection Against Discrimination	41
D.	Benefits for Employers Who	
		42
E.	Opening a Checking or Savings Account	42
F.	Public Libraries	43
Red	connecting With Family	48
A.	Family Counseling Resources	49
B.	Child Custody and Visitation	52
C.	Getting and Paying Child Support	53
D.		54
Get	tting More Education	55
A.	High School/GED Certificate/High School	55
	Equivalency Degree (HSED)/Vocational	
	School Certificates	
B.		55
	Higher Education	56
٠.	Ingher Zuvennon	-
Oth	her Things You Need to Know	57
A.	Getting Legal Assistance	57
B.	Checking and Correcting	
	Your Criminal Record ("rap sheet")	58
C.	` * /	
	Criminal Record	58
D.	Checking and Correcting Your Credit Record	59
E.	Voting Rights	60
F.	Registration of Sexual Offenders (Megan's Law)	
	2	
The	e Game Plan:	61

The Start of a New Beginning:

How to use this book

This book is intended to prepare you for your arrival home and reintegration back into society. In order to make the transition smoother for you a list of resources have been compiled along with a list of necessary items you will find that are essential to your success. This book focuses on the first few weeks and months of your arrival home and assisting you on managing the transition. Although not every resource available to you will be found in here, there are many that will help to guide your journey.

Unless a fee or charge is listed, all of the services and resources listed here are free.

Each section of this book is categorized by items that you will need in order to find employment, return to school, and to obtain identification. It will also provide addresses, websites, phone numbers, and general tips on how to acquire that particular service. You can use the table of contents to easily identify what service you require, and follow instructions as to how to contact providers.

FYI: **Please feel free to utilize your social services department for assistance in contacting an agency or inquiring information about a service found in this book. There are some services that may be free to you that you can contact through your social services department before making an out-of-pocket expense.

There are things that can be completed prior to release from prison. Two things specifically are requesting a duplicate social security card for **FREE** and applying for a birth certificate for a **fee**. Please contact your social worker six months prior to release to apply for these items. By doing this while still in custody, you are taking a large step towards making your transition back into the community easier for you. Providing both documents are processed successfully, you will have two necessary forms of identification made available to you the day you are released. This will speed up the process of finding employment.

You will not find every service or organization in **Essex County** in this book, however there will be many to help you begin. Also, the organizations that are listed may be able to offer additional resources to you. For current information as services change procedure and or cost please visit www.njsuccess.org. Please visit www.essex.countynj.org for further county information. The local libraries located on page 43 can assist you with obtaining internet access.

Getting Started:

Identification (I.D.) and Other Documents

In order to apply for employment, rent an apartment, apply for general assistance, food stamps, or Medicaid, proper identification will be required. The more identification you have in your possession, the easier it will be for you to obtain these services. Certain items can be obtained while you are still incarcerated ask your social worker for assistance, and, for the remainder, this book will point you in the right direction.

FYI: In order to obtain identification, various agencies will require proof of address. It is smart to keep bills in your name or official documents that have your name and address for further verification of your address.



A. Social Security Card

If at all possible, apply for a duplicate social security card with your social worker six months prior to release. If for some reason this is not possible or your application has been denied, you will need to visit your closest Social Security Office to apply. The following offices are the local branches in Essex County. Please find which office is closest to your residence.

Social Security Administration local branch offices

East Orange Office

7 Glenwood Ave. Ste. 100 East Orange, NJ 07018

Newark Offices

247 Springfield Avenue Newark, NJ 07103

970 Broad Street Newark, NJ 07102

Office hours Mon, Tues, Thur & Fri 9:00am-4:00pm Wed 9:00am-12:00pm

Phone numbers: Toll Free 1-800-772-1213 TTY- 1-800-325-0778

If you choose to visit your local office to apply you will need to fill out the application at the office. To save time you can download the application online:

(www.ssa.gov/replace_sscard.html). You will need to show proof of identification. Prison release papers count as proof of identification. Also, use your NJDOC Temporary ID card.



The office of Vital Statistics in the New Jersey Department of Health and Senior Services has all the New Jersey birth, marriage, and death records. The fee is \$25.00. However, depending upon where you were born in Essex County, you may be able to apply for a birth certificate for a lesser fee.

New Jersey Department of Health and Senior Services
Bureau of Vital Statistics and Registration
P.O. Box 370 Trenton, NJ 08625-0370

Contact information for the NJ Bureau of Vital Statistics and Registration:

1-609-292-4087 1-866-649-8726 (toll-free nationwide)

FYI: You are able to apply for a birth certificate while you are still in custody and have six months left prior to release. Please see your social worker to do so.

If you were born in the following towns you may go to your registrar's office and apply for a birth certificate at the cost listed below.

Belleville Township

Eileen Risoli Municipal Building 152 Washington Avenue Belleville, NJ 07109

Phone: (973) 450-3400 Ext 3401

Fax: (973) 450-5975

Bloomfield Township

F. Michael Fitzpatrick Room #111 1 Municipal Plaza #2 Bloomfield, NJ 07003 Phone: 973-680-4078

Caldwell Borough

Maria E. Burak 1 Provost Square Caldwell, NJ 07006 Phone: (973) 403-4623

Fax: (973) 403-4625

Cedar Grove Township

Debra Ann Riou Municipal Building 525 Pompton Avenue Cedar Grove, NJ 07009 Phone: (973) 239-1410 x224

Fax: (973) 239-4187

East Orange City

Cynthia Sorey-Moore 44 City Hall Plz East Orange, NJ 07017 Phone: (973) 266-5100 Fax: (973) 672-5063

Essex Fells Borough

Francine T. Paserchia Borough Hall P.O. Box 38 255 Roseland Ave Essex Fells, NJ 07021 Phone: (973) 226-3400 Fax: (973) 228-4439

Fairfield Township

Denise Cafone 230 Fairfield Road Fairfield, NJ 07004 Phone: (973) 882-2701 Fax: (973) 882-0365

Glen Ridge Borough

Kathleen Sweeney Municipal Building 825 Bloomfield Avenue Glen Ridge, NJ 07028 Phone: 973-748-8400

Irvington Township

Beatriz Caban Municipal Building Civic Square Irvington, NJ 07111 Phone: (973) 399-6644 Fax: (973) 371-1489

Livingston Township

Rose S. Virgadamo Township Hall 357 Livingston Ave. Livingston, NJ 07039

Phone: (973) 535-7961 x222/ 973-992-5000

Fax: (973) 535-3234

Maplewood Township

Sonya Harrison Municipal Building 574 Valley Street Maplewood, NJ 07040 Phone: 973-762-8120

Fax: 973-762-2805

Millburn Township

Mary Flizack Township Hall 375 Millburn Avenue Millburn, NJ 07041 Phone: (973) 564-7000

Fax: (973) 564-7569

Montclair Township

Arlene Karp 647 Bloomfield Ave. Ste. 2 Montclair, NJ 07042 Phone: 973-509-4774

Newark City

LaGuanda Frazier 31 Gren St. Rm 312 Newark, NJ 07102 Phone: 973-733-6520 Fax: (973) 424-4207

North Caldwell Borough

Nancy A. Bretzger Borough Hall 136 Gould Avenue North Caldwell, NJ 07006 Phone: 973-228-6410

Fax: 973-228-2914

Nutley Township

Jennifer Garner Town Hall 228 Chestnut St. 2nd floor Nutley, NJ 07110 Phone: 973-284-4940 Ext. 2158

Orange City

Stephanie Cosey City Hall 29 North Day Street Orange, NJ 07050

Phone: (973) 266-4068 or 4072

Fax: (973) 676-7244

Roseland Borough

Kathy Nguyen Borough Hall 19 Harrison Ave Roseland, NJ 07068 Phone: (973) 226-8080

Fax: (973) 403-7683

South Orange Village Towns

Susan Caljean 76 South Orange Avenue Suite 302 South Orange, NJ 07079

Phone: (973) 378-7715 X7722

Fax: 973-761-4357

Verona Township

James Cunningham 880 Bloomfield Avenue Verona, NJ 07044

Phone: (973) 857-4800/ 1-973-857-4772

Fax: (973) 857-4828

West Caldwell Township

Sandra L. Barrows Municipal Building 30 Clinton Road West Caldwell, NJ 07006 Phone: (973) 226-2300

Phone: (9/3) 226-230 Fax: (973) 226-2396

West Orange Township

Denise M. Urso Department of Health 66 Main Street West Orange, NJ 07052 Phone: (973) 325-4121

Fax: (973) 325-4005

C. County I.D.

The Essex's County Clerk's Office no longer provide county issued photo identification cards since 2012, however you may obtain a state issued photo identification card from your local motor vehicle agency. Motor Vehicle Commission locations are listed below.

D. Driver's License



Once you are released from prison, you can go to the Motor Vehicle Commission (MVC) to get a new driver's license, replace a lost one, or renew a card that has expired. If you believe that your license has been suspended, you should confirm this and figure out what you need to do to get it back. If you were convicted of any kind of drug offense, your license has been suspended.

Prior to your release, you can get a copy of your driver's license record, which is called an "abstract." Please contact your social worker if you are interested in obtaining an abstract. **The fee for an abstract is \$15.00**

Upon your release, you can go to the MVC offices in Essex County (listed below) or a Regional Service Center to request a driver's abstract. If you have internet access, you can also request an abstract online at www.state.nj.us/mvc. You will still have to pay \$15.00. If your license was suspended for six months or more because of a drug conviction, the period of the suspension will begin from the time of your release. Other kinds of suspension, such as failure to pay parking tickets, insurance surcharges, or child support, will last until you have paid the fine or worked out a payment plan. For questions about suspension, call the suspension hotline: 609-292-7500.

Restoration Fees, Tickets, and Surcharges: If you found out that your license has been suspended, you will have to pay a restoration fee of \$100.00 in order to have your license reinstated. This does not include any additional fines or surcharges you are required to pay. This fee can be paid at your local MVC Offices in Essex County or a Regional Service Center (see below). If you have internet access, this fee can be paid online at www.state.nj.us/mvc. You can pay your surcharges and parking tickets on this website as well.

MVC LOCATIONS IN ESSEX COUNTY

For questions, please call 1 (888) 486-3339

East Orange

183 South 18th Street Suite B (Corner Central Ave & S. 18th St.) East Orange, NJ 07018 Agency Hours: M,W,Th,F 8:00-5:30pm

Tu 8:00-7:30pm Sat 8:00-1:00pm

Newark

228 Frelinghuysen Avenue Newark, NJ 07114

Agency, Driver Testing Hours: M, W, Th, F 8:00-5:30pm

Tu 8:00-7:30pm Sat 8:00-1:00pm

Suspension/Restoration Hours: Mon-Fri 8:00-4:30pm

Inspection Hours: Mon-Fri 8:00-4:30pm

Sat 7:00-12:00pm

FYI: There are 3 regional offices in New Jersey. The closest to Essex County is the Trenton Office

Regional Office: Trenton Agency

120 S. Stockton & Front St. Trenton, NJ 08611

Services: Driver conferences, driver records, (issuances and inquiries), points and surcharge (inquiries), suspensions and restorations.

Hours: Mon-Fri 8:00am-4:30pm; Sat 8am-12pm

To replace a lost or stolen license, you will have to bring identification to the MVC and pay an \$11.00 fee. The MVC now has very specific kinds of I.D. that are required under the new "Six Point" system:

Please use this guide to prepare yourself for your trip to MVC. Make sure you have the six points of identification necessary to obtain your drivers license or non drivers I.D.

SIX POINT SYSTEM OF IDENTIFICATION

Primary Documents:

(4 Points)

- Birth Certificate or Certified Copy from one of the 50 states.
- U.S. Dept. of State Birth Certificate
- US Passport-Current or Expired less than 3 years
- Current US Passport card
- Current NJ Digital Drivers License
- Valid Active Duty US Military Photo ID Card
- US Adoption papers
- Certificate of Naturalization

Certificate of Citizenship

Secondary Documents:

(3 Points)

- Civil Marriage/Domestic partnership/ Civil Union Certificate: Issued by the Municipality or State
- Order of Decree of Divorce
- Court Order for Legal Name Change: Signed by a judge or county clerk
- US Military Photo/Retiree Card

(2 Points)

U.S. Military Discharge Papers (DD214)

(1 Point)

- Current/ Expired (Less than 1 year) Non-Digital NJ Photo Drivers License
- Social Security Card
- Bank statement or record
- ATM Card w/ pre-printed name and applicant signature
- NJ Public Assistance Card w/ Photo
- High School Diploma/GED/ College Diploma
- Veterans Affairs-Universal Access Photo ID Card

You can get a brochure on this new "Six Point" system from the MVC offices listed above or from the Motor Vehicle Commission website, www.state.nj.us/mvc. If your license has expired, you will have to go with your six points of I.D. to the MVC to fill out a renewal application. You may have to take the written test again. License renewal costs \$24.00.

E. Non-driver's State I.D.

New Jersey provides state photo identification for non-drivers. You can get this official state I.D. even if your driver's license is currently suspended. This may be a good option for you if it is going to be some time before you get your license back. You will still need to bring the same type of identification documents described previously, under the new "Six Point" system.

F. Certificates of Naturalization or Citizenship

This certificate is necessary for employment upon your release. In general, if you need to replace lost forms, you can contact the US Citizenship & Immigration Service or Application Support Centers to find out about identification and fingerprint verifications. There is a fee to process an application for replacement documents. The National Customer Service Hotline is 1 (800) 375-5283.

Citizenship Locations

US Citizenship & Immigration Service

Peter Rodino Federal Building 970 Broad Street Newark NJ 07101

G. Alien Registration Card "Green Card"

To replace a missing Green Card, you must go to the US Citizenship & Immigration Service Office (see above) to fill out an I-90 form. Please make sure that you bring I. D. with you.

You can also visit the website and download the forms at www.uscis.gov. It costs \$290.00 for processing. If you have any questions or concerns about your status as a result of your criminal conviction, call Legal Services of New Jersey at 1-888-576-5529 before going to immigration.

H. Military Discharge Papers

FYI: You may have the opportunity to meet with the Veterans Administration (VA) liaison from the Veteran's Administration during your incarceration. The VA liaison can assist you in requesting a copy of your DD214 (discharge papers) by completing the SF-180 form. Please notify your institution's social worker for assistance with your requests and to obtain information on your veteran status. You can also obtain the SF-180 by writing the Veteran Benefit Administration in NJ or the NPRC, which is the main record depository.

Main records depository

NPRC, 9700 Page Ave St. Louis, MO 63132-5100

Veterans Bureau

50 South Clinton Street Suite 3200 East Orange NJ 07018 973-395-8394

Veterans Benefit Administration in New Jersey

20 Washington Pl., 3rd Floor Newark, NJ 07102

Essex County Veterans Service Office

20 Washington Place Room 431 Newark NJ 07102 973-297-3336 Upon your release, you can also visit the following website to request military records; www.vetrecs.archives.gov

Once on the <u>www.vetrecs.archives.gov</u> website, follow the on screen instructions for requesting personnel records. You will be asked to print out a signature page which can either be mailed or faxed. Upon receiving the form, the records will be mailed directly to you.



I. Passport

Although a passport may not seem like an important item to have at this point, it can serve as a major form of identification because it is widely accepted. There are **fees** involved in obtaining your passport. To obtain your passport you may visit the Essex County Clerks Office at:

Essex County Clerk

Essex County Hall of Records 465 Martin Luther King Blvd Room 247 Newark, NJ 07102 973-621-4921

Email: info@essexclerk.com

You will need to bring:

- ✓ An original or certified copy of a birth certificate with a raised seal and file date issued by Vital Statistics
- ✓ A naturalization certificate
- ✓ Official military I.D.
- ✓ A previous US passport; photocopies are not accepted.
- ✓ Your social security card
- ✓ I.D., such as a valid driver's license, government identification or previous passport issued after your 16th birthday. The expired passport should not be more than 15 years old.
- ✓ 2 identical copies of a 2x2 face front regulation passport photo. **Photos can be taken at the Clerk's Office for an additional \$10.00 charge.

\$110 for regular service/passport total payable by personal check or US Postal money order

\$35 processing fee payable by cash or US Postal money order only.

FYI: A passport will be valid for 10 years.

J. NJDOC Release Papers/Temporary I.D. Card

Make sure you keep your prison release papers and temporary I.D. card. Your release papers can serve as identification in some circumstances and your I.D. card is valid for 30 days. These items along with several others will all be included in your *Fair Release and Re-entry Act* (FRARA) folder given to you on the day of release.

First Steps After Release: Where Do I Go to Find...

This section provides resources for food, shelter, clothing, money, and other emergency needs. We have provided some resource options in Essex County that you can utilize upon release.

FYI: Important paperwork will be needed repeatedly throughout your life. Make sure to invest in a folder or safe to keep important documents. <u>Never</u> carry your birth certificate or social security card with you. You will only need to produce these items upon request. It is smarter to keep them in a safe place. Leaving them with someone could also result in your documents getting lost so be very careful.

Also, make sure to keep a notebook and a pen with you to write down the names and phone numbers of the people you come in contact with at various agencies. Remember, nobody is going to care about your success as much as you do.

Provided for you are agencies and services that can assist you in finding your basic needs.

FYI: It is a good idea to call first to check that the hours of operation haven't changed. Please try to be patient with those that are attempting to assist you.

See the following pages for list of resources.

A. First Stops

The agencies below provide a range of services and/or, depending on what you need, can refer you to other places.

FIRST-STOP AGENCIES

2-1-1/First Call for Help – is a resource for Essex County residents, which offers comprehensive information and

referrals for human services, health care, government and community resource assistance. Dial 211, which can be accessed from the internet, cell phone or landline, 24 hours a day, 7 days a week. Dial 800-331-7272 for the Homeless Hotline, which addresses emergencies and homeless calls.

FYI: 211is multi-lingual and accepts TTY callers.

B. Shelter

Here are some shelters in Essex County. Access to most of these shelters can be obtained through the Essex County Board of Social Services or through a general walk in. Although each agency has been verified, please call to check for most current hours of operation. Please call the agency listed below for further information.

Newark homeless services - Dial 211 or (800) 696-7063 / (973)733-5300 10 Williams St. Newark, NJ 07102

Urban Renewal Corp.

53 South Hackensack Ave. Kearny, NJ 07032 973-522-0544 Open 7 days a week

Provides emergency, transitional and permanent housing for men and women over the age of 18 without children. Must present identification.

United Community Corporation

31 Fulton Street Newark NJ Phone: 973-642-0181 Fax: 973-621-5453

Provides shelter for men and women for up to 30 days. Also provides counseling services and employment and healthcare referral services.

Lighthouse Community Services

487 Washington St. Newark, NJ 07102 973-802-1802 Provides shelter for men, women and children.

Salvation Army Cornerstone House

13 Trinity Pl.. Montclair, NJ 07042 973-744-3312 Provides shelter for men, women and children.

Goodwill Rescue Mission

79 University Ave. Newark, NJ 07102 973-621-9560 Email: info@grmnewark.org

Provides shelter for men only.

Isaiah House

238 North Munn Ave. East Orange, NJ 07108 973-678-5882 Services are provided for women with children

Apostles House

24 Grant St.
Newark NJ 07104
973-482-6609/ 973-482-0625
Services are provided for women and children

American Rescue Workers Mission

77 Bruen St Newark, NJ 07103 973-344-3450 Services include shelter and drop-in day center.



C. Food/Clothing

Here are the food pantries and soup kitchens in Essex County. Although each agency has been verified, please call to check for most current hours of operation.

Food Pantries/Soup Kitchens

Bethany Baptist Church

Food Pantry & Clothes Closet 275 West Market St. Newark NJ 07103 973-623-8161 Mondays and Thursdays 11:00am-1:00pm

Referrals only for the food pantry. Clients may draw food from the Pantry only **once** a month. No referral is necessary for the Clothes Closet. All clients must have a picture ID each time they come.

First Hopewell Baptist Church

525 Orange St. Newark NJ 973-485-8100

Food Pantry: Wednesday 9-11:30

Feeding Program: Saturday 12:00pm-1:00pm

Isaiah House

238 North Munn Avenue East Orange NJ 973-678-5882

Monday- Friday 10:00am- 3:00pm, except holidays

Please note: Must have a referral each visit; referrals may be obtained from a social service agency, hospital, clinic, income source, church, etc. Individuals may receive a good package once per month. With Essex county ID.

Salvation Army

699 Springfield Ave. Newark, NJ 07103 973-375-5933

Food Pantry: Friday 10:00am-2:00pm

Salvation Army

430 Main Street East Orange, NJ 07018 973-672-0262

Food Pantry: Tu-Th 10:00am-3:00pm

Emergency Food Program: Tu-Fri 9:30-10:30pm

Soup Kitchen: 15^{th} of the month through the end of the month

11:30-1:00pm

Saint James Social Services Corp.

604 Martin Luther King Blvd. Newark NJ 07102 973-624-4007

Soup kitchen is open Monday-Friday 10:00-6:00pm. Food Pantry is open Monday-Friday 4:00-6:00pm. Clothing distribution occurs on the third and fifth Saturdays of each month

Irvington Neighborhood Improvement Corp

346 16th Ave. Irvington, NJ 07111 973-416-0909 Soup Kitchen: M-F 1:00-2:00pm *Provides referrals for emergency food assistance.

Saint John's RC

22 Mulberry St. Newark NJ 973-623-0822 Meals served Tues-Sat Breakfast- Women: 745-815am, Males: 830-900am

Lunch- 11:30-12:30pm

East Orange/Orange Community Development Corp.

490 Main Street East Orange, NJ 07107 973-266-5315

Opened Monday-Friday 8:30am- 4:30pm

Provides free clothing and Thrift store. Must have a referral, proof of income, or release papers.



D: Transportation

There is no general program that will provide assistance paying for transportation. NJ Transit will no longer accept release papers in substitution for bus tickets. However, you may purchase transit tickets from NJDOC for \$2.50 prior to release, which will assist you with reaching your destination.

Some of the programs listed in this book will provide bus passes to help you participate in a particular program. If you are assigned to a community/social service or reporting program, you may want to ask if the program offers transportation assistance.

For specific bus, rail or train schedules and fares, you may call NJ Transit: (973) 275-5555, NJ Text Telephone: 800-772-2287 or visit the NJ Transit Website: http://www.njtransit.com For specific route information on the website, click on the "trip planner". For your Essex County travel convenience, may want to purchase weekly, monthly or discounted transit passes (when applicable).

Medicaid recipients may obtain a list of approved Medicaid transportation providers from the Essex County Board of Social Services.

*Welfare/General Assistance recipients in Essex County may be eligible for transportation services through EZ Ride. Services include:

Essex County WAVE Shuttle-free shuttle service to agencies in the Greater Newark Area that provide work training and work assistance. Shuttles operate Mon-Fri 7:40am-4:35pm. EZride.org/wave Shuttle

Essex Night Owl-free shuttle service between Newark Penn Station and resident's homes in Newark, Orange, East Orange and Irvington. Service operates between 1:00am-5:00am,

seven days a week. To make a reservation call 1-866-208-1307 at least 24 hours in advance. Ezride.org/ 827 Wayne/Fairfiled/west Caldwell

Fairfield-West Caldwell Shuttle-free shuttle service for people who work along Route 46 in the townships of Fairfield and West Caldwell. The shuttle runs on weekdays from 6:00am-9:00am and again from 3:00pm-7:00pm. To make a reservation call 1-866-208-1307 at least 24 hours in advance.

Route 10 Shuttle-free shuttle service for individuals to access employment along the Route 10 corridor in East Hanover. To make a reservation call 1-866-208-1307 at least 24 hours in advance Call 2-1-1

*For more information, please call 973-961-6941

Transportation for Senior Citizens & the Disabled

New Jersey Transits Access Link 1-800-955-2321

Please call between 8:30-5:00 Monday-Friday

This service is made available to those citizens that are specifically prevented from using the bus system due to their disability.

Essex County Paratransit

Office On Aging 973-618-1280

Office of Amtrak Access 800-872-7245

Greyhound Customers with Disabilities Travel Line 800-752-4841



E. Money/Public Assistance

Once you are released from custody, you will need a source of income until you can find a job. (see section on "Finding a Job" for job seeking information). The DOC does not provide any "gate money," except for the money you may have in your inmate account. If it is possible to save any money before you are released, you should try to do so.

Based on need, Parole can give up to \$300.00 in emergency funds, but it is at their discretion. Ask your parole officer about this.

You may be eligible to get some sort of public assistance (welfare), not everyone qualifies for this. Listed below are some basics on seeking and applying for benefits.

Work First New Jersey Program (WFNJ) provide cash benefits (General Assistance) for single people and Temporary

Aid for Needy Families for people who have custody of their children. Both programs will require you to work or actively look for work and both have a five-year lifetime limit. Work First New Jersey also has an Emergency Assistance program that you may qualify for if you are homeless or at risk of becoming homeless: it can pay for things like food, clothing and transportation costs to look for housing, but also utility payments and temporary rental or mortgage payment assistance. You can contact your social worker for more information.

FYI: Please call your local office to verify what the eligibility requirements are for obtaining General Assistance

SN Snap (formerly Food Stamps)

You may apply for NJ SNAP while applying for GA/TANF. If you were convicted after August 22, 1996 of a drug distribution or sales offense, you may still be able to get Food Stamps if you have completed or are enrolled in a licensed drug treatment program, or completed a program in prison and are drug free (**you will be tested**). Same goes for possession offenses. Please contact the welfare office in Essex County to inquire.

Application sites in Essex County:

Essex County Dept. of Citizen Services Division of Welfare

Newark Office 18 Rector Street - 9th Floor, Suite 3100 Newark, NJ 07102 (973) 733-3325 Fax: (973) 504-9316

East Orange Office 50 South Clinton Ave. East Orange, NJ 07018 Suite 5400 (973) 395-8400

Fax: (973) 395-8493

F: Veterans Benefits: If you were receiving veteran's benefits, either for disability or a pension, and you were incarcerated for more than 60 days, you will have to get reinstated after you are released. If you were not receiving benefits and you are a veteran, you may be eligible for benefits or for other programs and services, including health care. You can contact the P.R.E.P.A.R.E social worker in your institution located in the social services department for assistance. You can also contact the Veteran's Administration for questions about benefits at 800-827-1000; the health

benefit number is 877-222-VETS. The 24 hour veteran's mental health hotline is **1-866-VETS-NJ4U**.

The VA Benefit Administration is located at 20 Washington Pl., 3rd Floor Newark 973-645-1441 (regional office).



Visit this local VA office to reinstate benefits or apply for new programs and services.

The following are some websites that can assist you in looking for information about veteran services:

Federal Veterans Information:

www.va.gov

Info for NJ Veterans: www.vetsinfo.com

New Jersey Dept of Veterans Affairs: www.state.nj.us/military

New Jersey Veterans Guide: www.state.nj.us/military/veterans/njguide

VA Home Loans: www.homeloans.va.gov

Veterans Counseling Service Center: www.va.gov/rcs/newjersey/html

Be aware that the VA takes considerable time to make decisions. On average, it can take 273 days to process a new application for benefits.

OTHER BENEFIT PROGRAMS: You may be eligible for other cash benefits, including Supplemental Security Income (SSI) disability benefits (if you are seriously disabled and cannot work) call 1-800-772-1213 and the Women's, Infants, Children (WIC) program, which gives food vouchers to low-income parents. You can inquire about WIC at the city and county welfare offices.

Taking Care of Yourself: Getting Support

The transition from prison back to society may take some time to get adjusted and we want to provide you with options to lessen the burden. Taking care of your mind and body will be important for your success. Below are a few places that may be of assistance.

Health Care Resources

It is very important that you pay close attention to your health after you are released from custody. Change in your daily routine can cause a certain level of stress. Stress along with any medical condition may worsen if routine monitoring and treatment are not available. Therefore the resources listed below provide information on paying for health care, clinic visits and other resources in Essex County.

Prior to your release, you will be given the opportunity to apply for Medicaid through the Affordable Health Care Act (ACA). ACA allows those with little or no income to be eligible for Medicaid under the new law. New Jersey residents completed an application for New Jersey Family Care and out of state residents complete an application for the Healthcare Marketplace. Applying for healthcare while at NJDOC allows enough time for processing to be completed and a health insurance card to be mailed to your residence with coverage beginning the day of your release. For more information regarding the Affordable Care Act and Medicaid, please contact your social worker or visit www.njfamilycare.org or <a href="w

A. Health Care Benefits: Am I eligible?

In New Jersey, the **Medicaid** program provides health care benefits for some low-income people. If you gain custody of children under 18 when you are released, you may qualify if you are; *single*, *head of house and unemployed*, *or existing earnings are not enough to support the household* Other eligibility requirements include low-income status, over age 65, blindness, or inability to work due to a disability.

If you are disabled and are applying for SSI, you will also be screened for Medicaid at that time. If you qualify for General Assistance benefits, you will get some very basic health care benefits through Medicaid (Plan G). Medicaid is a separate program from GA or TANF, so you don't have to be eligible for those benefits to qualify for Medicaid.

For questions about Medicaid eligibility, or to apply for Medicaid in Essex County, contact Essex Division of Welfare:

18 Rector Street - 9th Floor, Suite 3100 Newark, NJ 07102 (973) 733-3325 Fax: (973) 504-9316

If you are a veteran, you may be eligible for health care benefits through the **Veteran's Administration**, which provides a "Medical Benefits Package" for enrolled veterans. You may call 877-222-VETS for more information about eligibility and applying for benefits.

If you are HIV+ or have AIDS, you may also be eligible for the **AIDS Drug Distribution Program** (ADDP), which provides help paying for HIV/AIDS medication for people who do not have other ways of paying. **You can apply for the program before you are released**. Contact the **Aids Drug Distribution Program** at 609-588-7038 or toll free 977-613-4533, Mon-Fri 8:00am-5:00pm to apply.

Easter Seals New Jersey provides information, referrals and loans of medical equipment (including wheelchairs) to people in need. For information call 732-257-6662.

B. General HealthCare Providers

Even if you do not have Medicaid or other health insurance and benefits, Essex County has clinics that provide Primary health care at low cost, sliding scale or free service. They are listed



below. Most hospitals have charity care, for which you can inquire about during a hospital emergency room visit.

Essex County Community Health Centers

Newark Community Health Centers

Corporate Office 741 Broadway Newark, NJ 07104 Phone: 973-483-1300

Fax: 973-483-3787

Services: Adult medicine, pediatrics, dental, OB/GYN, and

podiatry.

101 Ludlow Street Newark, NJ 07114 Phone: 973-565-0355 Fax: 973-565-0461

Monday-Friday 9-7

Services: Adult medicine, pediatrics, dental, OB/GYN,

podiatry and HIV testing.

St. James Hospital 155 Jefferson Street Newark, NJ 07105 Phone: 973-465-2828

Fax: 973-589-1272 Services: OBGYN only

East Orange Primary Care Center

444 William Street East Orange, NJ 07017 Phone: 973-675-1900 Fax: 973-675-4021

Services: Adult medicine, pediatrics, dental, OB/GYN, Optometry, Podiatry, Ear, Nose & Throat and HIV testing.

Irvington Community Health Center

1148-1150 Springfield Ave.

Irvington, NJ 07111 Phone: 973-399-6292 Fax: 973-372-4534

Services: Adult medicine, pediatrics, dental, OB/GYN,

podiatry, and HIV testing.

Orange Community Health Center

37 North Day Street, 3rd Floor

Orange, NJ 07050 Phone: 973-395-2611 Fax: 973-395-2807

Services: Adult medicine, pediatrics, nutrition and podiatry.

FYI: All of these centers accept Medicaid and some insurance plans, but also provide services on a sliding scale basis, additional fees for x-rays and lab work. Primary and preventive care. Staff there may help you apply for Medicaid, charity care or other benefits if you may be eligible.

The Essex County Wellness Discount Program provides you with a free prescription drug discount card program. This program provides savings up to 10% - 75% off your prescription drug costs. This Program was launched to help the uninsured residents of Essex County. However, the card can also be used by the insured with no prescription coverage

or to discount medications which are not covered by an insurance provider.

For more information about coverage, network pharmacy and medication pricing: Call the **Subscriber Help Line** at 1-877-321-6755.

Family Planning Centers in Essex County Area:

Essex County Planned Parenthood Locations

Chubb Center

151 Washington Street Newark, NJ 07102 Phone: 973.622.3900 Fax: 973.596.6307

Ironbound Center

70 Adams St, Suite 13 Newark, NJ 07105 Phone: 973-465-7707 Fax: 973-465-5779

Gale Center

560 Dr. MLK Blvd., Suite 100 East Orange, NJ 07018 Phone: 973-674-4343

Fax: 973-674-5581

Montclair Center

29 N Fullerton Ave. Montclair, NJ 07042 Phone: 973-746-7116 Fax: 973-746-8899

Services Offered

- - ✓ Birth Control Services ✓ Emergency Contraception
 ✓ General Health Care
 ✓ HIV Testing

 - ✓ HPV & Hepatitis Vaccines
 - ✓ LGBT Services
 - ✓ Men's Health Services
 - ✓ Patient Education
 - ✓ Pregnancy Testing, Options & Services
 - ✓ STD Testing & Treatment
 - ✓ Women's Health Services

Some sites offer various services as they relate to medical, community education and special services;

- ✓ Comprehensive physical exams, health screening & referrals
- ✓ HIV & other Sexually transmitted diseases (STDs), diagnosis, treatment for both you and your partner
- ✓ Birth control instruction & counseling

- ✓ Birth control instruction & counself
 ✓ Emergency contraception
 ✓ Prenatal care & delivery program
 ✓ Mid-life services
 ✓ Prenatal substance abuse programs
- ✓ Parent education programs

Sliding scale fees based on income and family size, Medicaid and most insurance are accepted.

Hospitals in Essex County

Clara Maass Medical Center

1 Clara Maass Dr. Belleville, NJ 07109 973-450-2000

Newark Beth Israel Medical Center

201 Lyons Ave. at Osborne Terrace Newark, NJ 07112 800-843-2384

Essex County Hospital Center

125 Fairview Ave. Cedar Grove, NJ 07009 973-228-8200

East Orange General Hospital

300 Central Ave. East Orange, NJ 07019 973-672-8400

St. Barnabas Medical Center

94 Old Short Hills Rd. Livingston, NJ 07039 973-533-5000

Montclair Community Hospital

120 Harrison Ave. Montclair, NJ 07042 973-744-7300

Mountainside Hospital

Bay and Highland Ave. Montclair, NJ 07042 973-429-6000

St. Michael's Medical Center

268 Dr. Martin Luther King Jr. Blvd Newark, NJ 07102 973-877-5000

University of Medicine and Dentistry of NJ

150 Bergen St. Newark, NJ 07107 973-982-4300

Hospital Center at Orange

188 South Essex Ave. Orange, NJ 07051 973-266-2200

C. Services for People with HIV/AIDS

In addition to the clinics listed above, a number of places in Essex County offer care and support services specifically for those living with HIV and AIDS.

North Jersey Community Research Initiative (NJCRI)

393 Central Avenue, Newark, NJ 07103-2842 973-483-3444 www.njcri.org

Hyacinth Aids Foundation (Regional Office)

408 Bloomfield Avenue 2nd Floor Newark NJ 07107 973-565-0300 info@hyacinth.org
Hotline 1-800-433-0254

Newark EMA HIV Health Services Planning Council

315 North 6th Street 2nd Floor Newark NJ07107 973-485-5220

NJ AIDS/STD Hotline

UMDMJ/65 Bergen St., Newark 1-800-624-2377-24 hours/day The hotline gives referrals, general information, counseling, testing locations and treatment information.

National AIDS Hotline

1-800-342-AIDS Spanish Services 1-800-344-7432

TTY Deaf services 1-800-281-AIDS

Offers anonymous, confidential HIV/AIDS information by trained specialists who are knowledgeable and available to assist with questions regarding the disease.

Rapid Testing Centers in Essex County

Planned Parenthood of Metropolitan NJ-Monclair 29 North Fullerton Ave., Montclair, NJ 07042 973-746-7116

East Orange Health Dept. & East Orange STD Clinic 143 New St., East Orange, NJ 07017 973-266-5454

Newark Comm. Health Center-Orange Primary Care Center 444 William St., East Orange, NJ 07017 973-675-1900

Planned Parenthood of Metropolitan NJ-East Orange 560 Martin Luther King Plaza, Suite 100 East Orange, NJ 07018 973-674-4343 Newark Comm. Health Center-Irvington Health Center 148-50 Springfield Ave., Irvington, NJ 07111 973-399-6292

Newark Comm. Health Center-Broadway Clinic 741 Broadway, Newark NJ 07104 973-483-1300

Lennard Clinic 461 Frelinghuysen Ave., Newark, NJ 07105 973-596-2850

Newark Beth Israel Medical Center-Family Treatment Center 166 Lyons Ave. 2nd Floor, Newark, NJ 07112 973-926-5197

Newark Beth Israel Medical Center-Emergency Dept. 201 Lyons Ave. 2nd Floor, Newark, NJ 07112 973-926-5197

Newark Dept. of Health and Human Services-STD Clinic 110 William St., Newark, NJ 07102 973-648-2444

North Jersey Community Research Initiative (NJCRI) 393 Central Avenue, Newark, NJ 07103-2842

973-483-3444 www.njcri.org

Planned Parenthood of Metropolitan NJ-CHUB Center 151 Washington St., Newark, NJ 07102 973-622-3900 ext. 201

Planned Parenthood of Metropolitan NJ-Newark 70 Adams St., Newark, NJ 07105 973-465-7707

St. Michael's Medical Center 111 Central Ave. 5th Floor, Building D, Newark, NJ 07102 973-877-5525

UMDNJ-HIV Testing Center 150 Bergen St., Newark, NJ 07102 973-972-9827

UMDNJ-STOP Program (Spend Time on Prevention) 30 Bergen St., Newark, NJ 07101 973-972-8216 or 973-972-8217

Township of West Orange 10 Gaston St., West Orange, NJ 07052 973-266-5454

D. Services for People With Tuberculosis and Hepatitis C

In addition to the general medical care facilities listed above, there are a few services especially for people with tuberculosis and hepatitis C. Screening and treatment are available at no cost. Certain eligibility requirements apply.

Waymon C. Lattimore Clinic is part of the Ambulatory 225 Warren St., Newark, NJ 07103 973-972-5658

Care Services at University Hospital - University of Medicine & Dentistry of New Jersey.

Designated by the New Jersey Department of Health and Senior Services as a Regional TB Clinic Serving Essex County. 225 Warren Street, Newark, NJ 07103 973-972-3270

To contact the Global TB Institute, call 973-972-6232 or Or the toll free hotline: 1-800-482-3627

Hepatitis C Support Group

HCV Anonymous- Alanon Association 973-483-7071 *Call for times and location*

E. Dental Care



The locations listed

below don't provide free care, but do have a sliding scale for those without insurance. Waiting lists can be long.

ESSEX COUNTY WELLNESS DISCOUNT PROGRAM

The Essex County Wellness Discount Program was formed to reduce the medical costs for you and your family. This FREE program is open to ALL residents of Essex County and the State of New Jersey. There are no age or income requirements.

The Choice Plus Dental Plan provides a 30% discount on the annual cost of purchasing a dental discount plan and 3 additional months FREE for you and your family, and you have more than 15 plans to choose from! Visit choiceplusdentalplans.com to search the variety of plans offered or call the Customer Care Line at 1-888-632-5353.

East Orange Health and Human Services Department

143 New Street
East Orange, New Jersey 07017
973-266-5477
*Limited to East Orange residents
Mon-Fri 9:00 am-12:00pm
Ages served: 5-17 years
Payment menthod(s): No charge

Services: preventative, restorative, periodontics, oral surgery

and endodontics.

Mountainside Hospital Dental Clinic

1 Bay Avenue Montclair, New Jersey 07042 973-429-6887 Monday-Friday 8:00-4:00pm Ages served: All ages

Payment method(s): Charity Care, Medicaid, NJ Family Care,

private insurance, sliding scale and self-pay.

Services: preventative, restorative, prosthodontics,

pedodontics, oral surgery, endodontics.

Jewish Renaissance Medical Center

Central High School 246 18th Avenue Newark, NJ 07108 973-521-5256

Mon-Weds 9:00-5:00pm Ages served: All ages

 $Payment\ method(s):\ Charity\ Care,\ Medicaid,\ NJ\ Family\ Care,$

private insurance, sliding scale and self-pay.

Services: Preventative, restorative, simple oral surgery and

endodontics.

Newark Community Health Centers

741 Broadway, Newark NJ 07104, 973-483-1300

101 Ludlow St. Newark, NJ 07104, 973-565-0355

444 William St., Newark, NJ 07107, 973-483-1300

1150 Springfield Ave., Irvington, NJ 07111, 973-399-6292

Monday-Friday 9:00-7:00pm. Sat 9:00-5:00pm

Ages served: All ages

 $Payment\ method(s)\hbox{:}\ Charity\ Care,\ Medicaid,\ NJ\ Family\ Care,$

private insurance, self-pay, sliding scale.

Services: preventative, restorative, prosthodontics,

pedodontics, and simple oral surgery.

Newark Dept of Health & Human Services

110 Williams Street, Room 111 Newark, NJ 07102 973-733-7613 Mon-Fri 8:30-4:30pm

Ages served: All ages

Payment method(s): Medicaid, NJ Family Care, private

insurance, self-pay and sliding scale.

F. MENTAL HEALTH /SUBSTANCE ABUSE RESOURCES

FYI: Drug addiction can be fatal to your health, not to mention illegal and can result in jail time. In order to be successful in society seeking services for a drug or alcohol addiction will be necessary. Many of the health clinics, support centers and other resources listed in this guide can help refer you to treatment that most fit your needs. Listed below are some of Essex County's treatment resources and each of these will also help with referrals if they can not help you. If you want treatment, you should also ask your parole officer for help — beds in treatment facilities are hard to come by, and they can help get you in. There are Narcotics Anonymous (NA) and Alcoholics Anonymous (AA) support group meetings all over Essex County. To find a meeting near you, call 866-920-1212 (for AA) or 800-992-0401 (for NA).

For other self-help group resources, call the New Jersey Self Help Clearinghouse at 800-367-6274. Also, you can call the Addictions Hotline of NJ at 800-238-2333.

*Each county has a mental health administrator. When you call this person they will provide you with the names and phone numbers closest to your area to provide services that fit your needs.

The Mental Health Administrator Office for Essex County:

Joseph Scarpelli, D.C. 204 Grove Avenue Cedar Grove, NJ 07009 (973) 571-2821/2822

Alcoholism & Drug Abuse Direction for Essex County:

Roberto Nelson Alvarez 50 South Clinton Street, Suite 4301 East Orange, NJ 07018 (973) 395-8417

Detoxification Centers in NJ

Aldie Counseling Center

2291 Cabot Boulevard West Langhorne, PA 19047 215-642-3230

Behavioral Crossroads Recovery, LLC

509 South Blackhorse Pike (Rt 168) Blackwood, NJ 08012 856-302-1811

Burlington Comp Counseling Inc.

75 Washington Street Mount Holly, NJ 08060 609-267-3610

Carrier Clinic

252 County Route 601 Belle Mead, NJ 08502 800-933-3579

Hunterdon Med Center/Addictions Treatment Services

2100 Wescott Drive Flemington, NJ 08822 908-788-6100

Jersey City Medical Center

355 Grand Street Jersey City, NJ 07302 201-915-2000

Kaleidoscope Health Care, INC

75 Harrison Avenue Jersey City, NJ 07304 201-451-5425

Livengrin Foundation Inc

4833 Hulmeville Road Bensalem, PA 19020 215-638-5200

New Horizon Treatment Services Inc

132 Perry Street Trenton, NJ 08618 609-394-8988

New Pathway Counseling Services

995 Broadway Bayone, NJ 07002 201-436-1022

Princeton House Behavioral Health

905 Herrontown Road Princeton, NJ 08540 609-497-3300

Somerset Treatment Services

118 West End Avenue Somerville, NJ 08876 908-722-1232

Spectrum Health Care, INC

74-80 Pacific Avenue Jersey City, NJ 07304 201-860-6100

Summit Behavior Health

2780 Morris Ave Union, NJ 07083 908-688-2502

Today Inc

1990 North Woodbourne Road Newtown, PA 18940 215-968-4713

Turning Point, INC.

595 County Avenue Secaucus, NJ 07096 201-863-20

Outpatient and Residential Treatment

Mt. Carmel Guild Behavioral Healthcare

56 Freeman Street, Newark, NJ 07105 973-596-4190 or 973-596-3975 Provides outpatient and partial care services.

Program of Assertive Community Treatment (PACT)

Mt. Carmel Guild Behavioral Healthcare 269 Oliver Street Newark, NJ 07105 973-466-1300

University Behavioral Healthcare

183 South Orange Avenue, Newark, NJ 07103-2770 (973) 972-1431

Provides outpatient, partial care and residential services.

Project Live, Inc.

465-475 Broadway, Newark, NJ 07104 973-481-0195 Provides residential services

Newark Renaissance House

50-80 Norfolk St. Newark NJ 973-623-3386 ext. 325 or 326 Provides residential and outpatient addictions services for women only*.

Easter Seals Society of NJ

414 Eagle Rock Ave., Suite 206, West Orange, NJ 07502 973-324-2712 *Provides residential services*

Irvington Counseling Center

21-29 Wagner Place Irvington, NJ 07111 (973) 399-3132 Provides outpatient services

Newark Beth Israel Medical Center CMHC

201 Lyons Avenue Newark, NJ 07112 (800) 843-2384

Provides partial care services

Northwest Essex Community Network

570 Belleville Avenue Belleville, NJ 07109 (973) 450-3100 or (973) 450-3119 *Provides partial care and outpatient services.*

Family Connections

395 South Center St., Orange, NJ 07050 973-675-3817 Provides outpatient services

New Hope Behavioral Health Care

277-285 Coit Street Irvington, NJ 07111 973-373-5100 Offers partial care and intensive outpatient mental health services.

Volunteers of America

158 Washington Street Newark, NJ 07102 732-396-1631 Residential Services

Integrity House

Newark Campus 103 Lincoln Park Newark, NJ 07102 973-623-0600 Provides residential, partial care and outpatient addictions services

Pleasant Moments

465 Broadway Newark, NJ 07104 (973) 991-2773 Self-Help Center

Mental Health Association of Essex

(Prospect House)

424 Main St., East Orange, NJ 07018 973-674-8067 Provides partial care services

Assisted Outpatient Treatment Services

60 South Fullerton Ave., Suite 206 Montclair, NJ 07042 973-842-4141

FYI: While the medical care and drug treatment and or detoxification facilities listed above may be able to assist you with medication for mental health issues, and some counseling as well, there are also places to go to get counseling and therapy and other mental health services. Some of these

services require Medicaid or other insurance, but some will also have sliding scale payments.

Although the services below provide mental health services, some may also offer substance abuse services, as well.

G. Emergency Mental Health Services

FYI: If at any time you may want to hurt yourself or someone else or you feel like you may be a danger to your self or others, please call 911. It is very important that you call someone for help. Here are a few numbers of places that would be more than willing to come to your aid.

New Jersey Mental Health Cares Helpline

866-202-4357

TTY: 877-294-4356

Essex County Department of Health and Rehabilitation

50 South Clinton St., Suite 4301 East Orange, NJ 07018 973-395-8417

Essex County Mental Health Board

204 Grove Ave. Cedar Grove, NJ 07009 973-571-2821/2822

Primary Screening Center for Essex County

Newark Beth Israel Medical Center

201 Lyons Avenue Newark, NJ 07112

HOTLINE: (973) 926-7444

University Behavioral Healthcare

150 Bergen Street Newark, NJ 07101

HOTLINE: (973) 623-2323

East Orange General Hospital

300 Central Avenue East Orange, NJ 07019

HOTLINE: (973) 266-4478

H. Free/Low Cost Eyeglasses and Eye care

New Eyes for the Needy

549 Millburn Avenue Short Hills NJ 07078 973-376-4903

Monday-Thursday 9:00-12:30pm; 1:30-4:00pm

Friday (Closed during July/August): 9:00-12:00pm

American Council of the Blind of New Jersey 153 Franklin Corner Rd. Lawrenceville, NJ 08648

609-882-2446

National Federation of the Blind of New Jersey

254 Spruce Street Bloomfield, NJ 07003 (973) 743-0075

USEYEPLAN.COM is a Discount Preferred Provider Network (DPPN). Unlike vision insurance our plan has no waiting periods, no limitations or exclusions, no annual/lifetime maximums, and no claim forms. Simply visit a USVISIONPLAN.COM Provider, show your member card, and pay the adjusted bill.

Finding a Job: Employment Assistance and Training Programs



Getting a job is usually one of the most important necessities when released from prison. Not everyone can obtain employment immediately, sometimes things like getting drug treatment, dealing with your housing, health or family situation may come first. For most people, though, finding work is the first step to getting back on your feet. It will be very challenging to get a job once you have been in prison, but it is not impossible, and you need to be persistent and patient. Below are some pointers on job searching, and information about resources that can help you find a job or get training for the job you want.

A. Things to Know Before You Start Your Job Search



Be Prepared: It is essential that you are organized, and have all records of previous employment available when beginning a job search. A resume is the smartest thing you can create. If you are unsure of how to do so, you may go to your local onestop career center and seek assistance. Not only will employers want to know your work history, they will inquire of accurate dates that you were employed with the company.

Knowing this information is vital to ensuring employment. Employers will not be interested in hearing that you do not remember dates or addresses for your work history. If an employer decides to hire you he will also need your identification so make sure that is readily available.

Presentation: Look as neat, clean and organized as possible, no matter what the job is. Be polite and respectful, even when people are not polite and respectful to you, and many won't be. Making the person you want to help you or hire you mad won't get you the job you want.

Talking About Your Criminal Record:

Never omit or falsify a document that asks you specifically if you have a criminal record. The application may ask you to give details to the nature of your crime and it may not. Chances are a criminal background check will be administered prior to employment and lying will cost you the job.

IT'S A JOB FOR RIGHT NOW, IT'S NOT THE REST OF YOUR LIFE

When you are first starting out, especially if you've been out of the job market for a while, or have never had a job, you need to build a work history, and, of course, you need to make some money. Take whatever job you can get for now — it doesn't have to be the exact job you want, or what you eventually want to be doing. Do this job well —even if it's not a great job — and it can help you get a better one in the future. One year of good job performance will make your criminal record matter less.

B. Help with Job Search and Job Training: Resources

The following are good places to start in looking for a job

Essex County One Stops

50 S. Clinton Street – 2nd Floor, East Orange, NJ 07018 973-395-5839 Mon-Fri 8:30am-4:30pm

990 Broad Street Newark, NJ 07102 973-648-3370 Mon-Fri 8:30am-4:30pm

VOCATIONAL REHABILITATION SERVICES

990 Broad Street 2nd Floor Newark, NJ 07102 Phone: 973-648-3494

C. Legal Restrictions on Employment and Protections Against Discrimination

If you are interested in getting a job and building a career in a particular area, you should make sure that it isn't one that is forbidden to someone with the kind of criminal conviction that you have on your record. There are about 22 categories of jobs in New Jersey that exclude people with convictions (which conviction it is varies by job). These include: aircraft/airport employees; paid public school employees, school bus drivers and school crossing guards; bank employees; bartenders and waiters in establishments where liquor is served; housing authority and municipal police and parking enforcement officers; New Jersey Turnpike Authority employees; liquor retail, wholesale, manufacturing or distributing employees; paid firefighters; child care center employees; community residences for individuals with developmental disabilities. A much larger number of jobs require that you disclose your criminal record, and that employers perform background checks; some of these, however, also require that employers consider evidence of rehabilitation. These include most jobs in the health are and counseling fields (including drug and alcohol counseling) and social workers.

FYI: If you are going to begin training in a particular field, make sure you find out from the training course whether there are any restrictions that will keep you from getting a job.

Protections for Licensed Occupations: If you are not absolutely barred from a position because of your conviction, New Jersey law says that you cannot be denied a professional license simply because of your conviction unless the crime for which you were convicted relates to the occupation you want to enter. If the licensing board or agency wants to deny you a license because the crime is related to the occupation, they have to explain, in writing, that they have considered certain factors like the seriousness of the crime, the circumstances of the crime, the date and your age when convicted, whether the crime was an isolated or repeated event, social conditions, and evidence of rehabilitation. You can ask your parole officer about applying for a "certificate of rehabilitation," which can be used in your license application.

D. Benefits for Employers Who Hire People With Criminal Records

As you look for a job you can tell employers that the federal government has programs to support employers who hire people coming out of prison.

FYI: Work Opportunity Tax Credit (WOTC): With the Work Opportunity Tax Credit, your employer may be able to save up to \$4800 the first year you are hired. Make sure to inform your potential employer of this benefit.

Federal Bonding Program: Provides bonding "or insurance coverage" for employers who hire individuals with criminal histories who are otherwise qualified but cannot gain employment due to their criminal backgrounds. Please contact your local one stop for more information: 50 S. Clinton Street – 2nd Floor,East Orange, NJ 07018 (973-395-5839) or 990 Broad Street, Newark, NJ 07102 (973-648-3370)



E. Opening a Checking or Savings Account

After you've gotten a source of income, you may want to open a checking or savings account. A checking account is a great idea because many jobs provide direct deposit, and your check is automatically deposited into your account on payday. Using checks to pay for your bills is also cheaper than using money orders. To open a checking account you usually need a picture I.D. (driver's license or non-driver state I.D.), proof of address, birth certificate, and a social security card. You can also request a debit card with your account, which you can use just like a credit card (as long as you have the money in your account already). You can get a debit card for either a checking account, or a savings account, but with a savings account you can earn interest on the money you've saved. Fees for these accounts will vary depending on the type of account and bank. Many banks now offer free checking.



F. Public Libraries

Your local public library can be a good resource for your job search. Public computers provide internet access (and help using the computer), job and course listings, and other local directories. Libraries also often carry the government forms mentioned in this guide, and librarians can help you find other information that you need.

LIBRARIES

Belleville Public Library & Information Center

221 Washington Ave Belleville, NJ 07109-3152 **973-450-3434**

Mrs Richard Shafter Branch Library

221 Washington Ave 221 Belleville, NJ 07109-3152 **973-450-3438**

Bloomfield Free Public Library

90 Broad St Bloomfield, NJ 07003-2585 **973-566-6200**

Caldwell West Public Library

30 Clinton Rd Caldwell, NJ 07006-6704 **973-226-5441**

Caldwell Public Library Inc

268 Bloomfield Ave Caldwell, NJ 07006-5198 **973-226-2837**

Cedar Grove Free Public Library

1 Municipal Plz Cedar Grove, NJ 07009-1740 **973-239-1447**

Ampere Branch Library Inc

39 Ampere Plz East Orange, NJ 07017-5317 **973-266-5610**

East Orange Public Library

21 S Arlington Ave East Orange, NJ 07018-3804 **973-266-5600**

Franklin Branch Library

192 Dodd St East Orange, NJ 07017-2107 973-266-5630

Garry Branch

110 Hollywood Ave East Orange, NJ 07018-4104 973-673-0329

Learning Resource Center

New Jersey Department of Education 240 S Harrison St FL 6 East Orange, NJ 07018-1411 973-414-4493

Anthony Pio Costa Memorial Library

Township of Fairfield 261 Hollywood Ave. Fairfield, NJ 07004-1360 973-227-3575

Glen Ridge Free Public Library

240 Ridgewood Ave. Glen Ridge, NJ 07028-1306 973-748-5482

Irvington Public Library

67 Civic Square Irvington, NJ 07111-2412 973-372-6400

Ruth L Rockwood Memorial Library

10 Robert H Harp Dr. Livingston, NJ 07039-3930 973-992-4600

Hilton Branch Library

1688 Springfield Ave Maplewood, NJ 07040-2923 973-762-1688

Maplewood Memorial Library

51 Baker St Maplewood, NJ 07040-2618 973-762-1622

Millburn Free Public Library

200 Glen Ave Millburn, NJ 07041-1620 973-376-1006

Bellevue Avenue Branch Library

185 Bellevue Ave Montclair, NJ 07043-1820

Montclair Free Public Library

50 S Fullerton Ave Montclair, NJ 07042-2629 973-744-0500

Branch Brook Library

235 Clifton Ave Newark, NJ 07104-1908 973-733-7760

Clinton Branch Library

739 Bergen St Newark, NJ 07108-1801 973-733-7757

Criminal Justice NCCD Library

123 Washington St FL 3 Newark, NJ 07102-3026 973-353-5522

Inter Lbry Loan

185 University Ave Newark, NJ 07102-1814 973-353-5902

Madison Area Branch Library

790 Clinton Ave Newark, NJ 07108-1047 973-733-8090

Main Library

5 Washington St Newark, NJ 07102-3105 973-733-7800

Mount Vernon Branch Library

142 Mount Vernon Pl Newark, NJ 07106-3143 **973-374-2088**

New Jersey Dept Public Advct Library

NJ Department of Treasury 31 Clinton St. Suite 10 Newark, NJ 07102-3729 973-877-1264

Newark Library

282 1st Ave Newark, NJ 07107-1823 **973-733-8091**

Newark Public Library Weguahic Branch

335 Osborne Terrace Newark, NJ 07112-2084

973-733-7751

New Jersey Institute of Technology Library

200 Central Ave Newark, NJ 07103-3918 **973-596-3206**

North End Branch Library

722 Summer Ave Newark, NJ 07104-3425 **973-733-7766**

Roseville Branch Library

99 N 5th St Newark, NJ 07107-2999 **973-733-7770**

Springfield Branch Library

50 Hayes St Newark, NJ 07103-3026 **973-733-7736**

Trustees of Free Public Library

P O Box 630 Newark, NJ 07101-0630 **973-733-7780**

Vailsburg Branch Library

75 Alexander St Newark, NJ 07106-1904 **973-733-7755**

Van Buren Branch Library

140 Van Buren St Newark, NJ 07105-2721 **973-733-7750**

Nutley Free Public Library

Nutley Town 93 Booth Dr. Nutley, NJ 07110-2706

973-667-0405

Trustees of The Free Public Library

348 Main St Orange, NJ 07050-2708 **973-673-0153**

Roseland Free Public Library

20 Roseland Ave Roseland, NJ 07068-1235 **973-226-8636**

South Orange Public Library

65 Scotland Rd South Orange, NJ 07079-2069 **973-762-0230**

Free Public Library of Verona

17 Gould St Verona, NJ 07044-1924 **973-857-4848**

Edison National Site Friends Library

342 Main St West Orange, NJ 07052-5726 **973-736-2916**

Orange Free Library

13 Dogwood Rd West Orange, NJ 07052-1003 **973-731-4570**

Tory Corner Branch Library

242 Main St West Orange, NJ 07052-5616 973-736-0452

West Orange Public Library

46 Mount Pleasant Ave West Orange, NJ 07052-4903 973-736-0198



Reconnecting with Family

As you prepare to come home, you may be thinking about reuniting with family members, including those you may not have seen for a long time. You may be excited to see your kids, your spouse, your parents, and others who are part of your family, and while most will be glad to see you home, others may be reluctant. All kinds of issues can come up, and you may need some help solving some of the problems that arise. This section provides some information and resources to help solve these issues.

Hotlines For Family Services Resources:

NJ Child Abuse/ Neglect Hotline:

1(877)NJABUSE (652-2873)

Child Care Hotline:

1(800) 332-9227

NJ Child Support Hotline:

1 (877) NJKIDS- 1 (655-4371)

Division of Family Development:

1(800) 792-9773

NJ Department of Children and Families:

1 (800) INFO-DCF 1-855-463-6323

Family Health Line:

1 (800) 328-3838

Family Help Line (for stressed parents):

1 (800) THE KIDS (843-2537)

National Domestic Violence Hotline:

1(800) 799-7233

NJ Domestic Violence Hotline:

1(800) 572-7223

Parents Anonymous:

1(800) 843-5437

A. Family Counseling Resources

The following places can provide support, marital and family counseling and parenting classes to help you reunite with your family.

Newark Family Success Centers

The purpose of each Family Success Center is to strengthen families by providing family services that assist in preventing child abuse and neglect.

Against All Odds Foundation

Seth Boyden Family Success Center Address: 755 Frelinghuysen Avenue

Newark, NJ 07114

Phone Number: 973-424-0300

Website Address: theagainstallodds.org

Provides social services to at-risk children and

underserved families

Babyland Family Services

Address: 200 South Orange Avenue

Newark, NJ 07106

Phone Number: 973-399-3400

Provides child, family and community development services.

FOCUS

Hispanic Center for Community Development

Address: 441-443 Broad Street Phone Number: 973-624-2528 Website Address: www.focus411.org

Provides youth and family development programs.

Ironbound Community Corporation (Two Locations)

(1) Family Success Center East Address: 2931 Cortland Street

Newark, NJ 07105

Phone Number: 973-344-5949

(2) Family Success Center West

Address: 317 Elm Street Newark, NJ 07105

Phone Number: 973-465-0555

Website Address: www.ironboundcc.org

Assists in affordable housing and economic development, and

educational opportunities for adults and children.

La Casa de Don Pedro (Two Locations)

Family Success Center I Address: 23 Broadway Newark, NJ 07104

Phone Number: 973-483-2703

Family Success Center II Address: 282 First Avenue Phone Number: 973-482-9002

Website Address: www.lacasanwk.org

Newark Emergency Services for Families

Address: 982 Broad Street Newark, NJ 07102

Phone Number: 973-639-2100 Website Address: www.nesfnj.org

Newark Now

Bradley Court Family Success Center Address: 48 North Munn Avenue, Suite 12

Newark, NJ 07106

Phone Number: 973-991-1290

New Community Corporation

Address: 131-185 Bergen St.

Newark, NJ 07103

Phone Number: 973-565-9500 Email: elee@newcommunity.org

Website Address: www.newcommunity.org

North Ward Center

Address: 286 Mt. Prospect Avenue

Newark, NJ 07104

Phone Number: 973-485-5723

Hours: Monday - Friday 9:00am-5:00pm

Late nights are Monday and Thursday from 6:00-8:00pm by

appointment only.

Website Address: www.northwardcenter.org

Family Service Bureau of Newark

274 South Orange Avenue Newark

973-412-2056

Provides mental health, substance abuse, crisis intervention and family services.

Youth Consultation Services

284 Broadway Newark, NJ 07104 973-482-8411

Provides short term family crisis intervention and counseling.

Family Connections

395 South Center Street Orange, NJ 07050 973-675-3817 Provides therapeutic services for youth and their families.

The Bridge

589 Grove Street Irvington, NJ 07111 973-372-8079 Provides family preservation services.

Family Service League has strengthened and supported families in need in Essex County through counseling, education and social services.

Family Service League Main Office

60 South Fullerton Ave., Suite 109, Montclair, NJ 07042 973-746-0800

Family Service League Bloomfield Office 29 Park Street, Bloomfield, NJ 07003

29 Park Street, Bloomfield, NJ 0700 973-743-3737

Family Day Nursery School

224 Broad Street, Bloomfield, NJ 07003 973-743-6688

Statewide Parent Advocacy Network, Inc

35 Halsey Street, 4th Floor, Newark, NJ 07102 1-800-654-SPAN (7726)

Parents Anonymous of New Jersey, Inc.

1-800-843-5437 (24 hour hotline)

Hours: Call to confirm group times at different locations Selfhelp for parents who are under stress and who want to improve their relationship with their children. Groups meet weekly and are facilitated by a volunteer professional; many groups provide child care. Groups meet in most counties throughout the state with some bilingual groups available. Parents Anonymous also offers an on-line support group as well.

B. Child Custody and Visitation

Establishing visitation and gaining custody of your children once you are released is not an overnight procedure. If you had custody of your kids at the time you were incarcerated, and no family was able to take care of them, they may have been placed in foster care. If this is the case, and you do not know your child's case manager's name or number, contact the Division of Child Protection and Permanency (formerly DYFS) at 800-531-1091. You will have to make an appointment with the case manager for an interview. They may not be willing to give you information over the phone. You'll be asked a series of questions in order to assess when and if you will be given visitation rights, so that you may reestablish your relationship with the child and hopefully gain custody again. This is just a quick overview of what to do and what you can expect.

FYI: If you were convicted of any violent or sexual offenses against children, you may be unable to live with or regain custody of your children.

Listed below are the different offices for DCP&P (formerly DYFS) in your area. Please contact the office that applies to your location.

Newark Center City LO - #560

153 Halsey Street, 3rd Floor Newark, NJ 07101 973-648-4200 800-392-9532

Fax: 973-648-7326

Manager - Belinda Craighead-Coleman

Newark Northeast LO-#564

153 Halsey Street, 4th Floor Newark, NJ 07101 973-648-2960 800-392-9531

Fax: 973-648-7229 Fax: 973-877-1078

Manager - Monica Chavez

Newark South LO - #562

153 Halsey Street, 4th Floor Newark, NJ 07101 973-648-2400

800-847-1751 Fax: 973-648-8473

Manager- Teddy Ojibe

Essex Central LO - #565

50-58 Burnett Avenue Maplewood, NJ 07040 973-763-3427 800-392-9535

Fax: 973-763-6247

Covering Manager - Carl Rollins

Essex North LO - #569

650 Bloomfield Ave., 3rd floor Bloomfield, NJ 07003 973-680-3587 800-392-9536

Fax: 973-680-3552

Manager - Patricia Bruce El

Essex South LO - #567

21 Bleeker Street Millburn, NJ 07041 973-218-7400 888-670-6407

Fax: 973-467-2810 Manager - Dorsey Ash

C. Getting and Paying Child Support

Whether you have custody of your children on your own when you get out, and need help from an absent "non-custodial" parent, or you do not have custody of kids who need your support, child support payments will be an important part of your life after you are released. Some basic information is included below, as far as enforcing a child support order.

Child support, custody and visitation issues are very complicated, and if you can get a lawyer, you should. Contact the Legal Services of New Jersey hotline, from 9:00 am - 4:30 pm, at 888-576-5529, or you can also contact Essex County Legal Services, at 5 Commerce Street, 2nd Floor Newark, NJ 07102 (973) 624-4500. From prison, you can also contact the Prisoner's Self Help Legal Clinic, P.O. Box 768 Newark, NJ 07101.

Getting and Enforcing a Child Support Order

If you have custody of your children, and want financial support from the non-custodial parent, you can apply for child support at 212 Washington Street 11th Floor Newark NJ 07102 (973) 693-5660. There is a possible fee. You can also call 1-877 NJKIDS1 (1-877-655-4371) for more information about this.

Paying Child Support

If you have kids that you did not have custody of before you went to prison, there may be a child support order requiring you to pay a certain amount every month for their support. Even if you did not go to court — if, for example, the parent with custody filed for the order while you were incarcerated — the court can still order you to pay child support. The amount you pay in child support is tied to your income, and if the court does not know your income, they will assume you are working 40 hours a week at minimum wage. Child support payments are usually taken out of your paycheck. If you have not paid at all or missed payments, you will owe "arrears." Unless you got a modification of your child support order when you went into prison (see below), the amount of arrears that you owe will have continued to grow while you were inside. When you come out, and get a job, they can begin to take out not just the monthly amount you owe for child support, but more money to pay back the arrears (up to 65% of your pay in total). They may also suspend your driver's license.

D. Domestic Violence/Sexual Assault Resources

The following places provide counseling, support and shelter or referrals to shelter in domestic violence situations. You can also call these 24 hour hotlines:

SAVE of Essex County 24/7 Hotline 1-877-733-2273

New Jersey Coalition for Battered Women: (800)-572-SAFE.

Domestic Abuse Hotline for Men and Women: (888) 7HELPLINE (1-888-743-5754)

National Domestic Violence Hotline 1-800-799-SAFE

Center for Family Services-Services Empowering the Rights of Victims (SERV)
24 Hr. Hotline: 856-881-3335

Getting More Education

Although getting more education may not be part of your short term plans, it certainly should be something to think about for the future, especially if you do not have a high school diploma or a GED.

A. High School Diploma/GED Certificate/High School Equivalency Degree (HSED)/Vocational School Certificates

It is very important to keep records of any degrees and certificates of completion and work-related licenses that have earned. Before you are released, you can write to the school or agency where you earned your degree or certificate to obtain a copy. Once you have a copy in your possession, this should be kept in your strong box.

FYI: If you earned your GED while incarcerated please call the Education Department of the institution you were in to obtain a copy.

You can also request your GED transcript or diploma verification from the New Jersey Department of Education providing you completed your diploma in a traditional setting. You will have to fill out a GED Information Request Form. Please call 609-777-1050 for further assistance.

You may ask that it be sent to you; or you may pick up the form at a local testing center (which you can do after you are released); by downloading the form from the website http://www.state.nj.us/njded/students/ged/ged7.htm; or by writing to: GED Testing Program, Bureau of Adult Education and Family Literacy, New Jersey Department of Education, PO Box 500, Trenton, NJ 08625.

Your chances of getting a job that pays a living wage, and of moving forward in a career will improve with more education, and not having the high school diploma or GED will simply lock you out from a lot of opportunities.

B. GED Classes



The places in Essex County below offer classes to help you prepare for the GED exam. Call for exact times and procedures. Many locations offer classes at low cost or no cost. For more information, contact the New Jersey

Department of Labor and Workforce Development, Division of Workforce Readiness & Literacy at (609) 943-5921. <u>Call individual programs for information on classes offered, fees and/or time schedules.</u>

GED Testing Center

Essex County Community College 303 University Avenue Newark NJ 07102 973-877-3481

Essex County One Stop 50 South Clinton Ave., 4th Fl. East Orange NJ 07018 973-395-8422

East Orange School District-Fresh Start H.S. Academy 74 Halstead St. East Orange NJ 07018 973-266-5640 ext, 49100

Eastwick College-HoHoKus Schools 103 Park Ave., Nutley, NJ 07110 973-661-0600

Essex Regional Educational Services Commission 369 Passaic Ave., Fairfield, NJ 07004 973-405-6262 ext, 236

Spanish Speaking Testing Center Only

La Casa De Don Pedro 33 Broadway 2nd Fl., Newark NJ 07104 973-481-4568

C. Higher Education



If you already have a high school diploma or a GED certificate, you may want to move forward and get your associate's degree, bachelor's degree or graduate degree. Below are phone numbers for Essex County.

Local Area Colleges

Bloomfield College

467 Franklin Street Bloomfield NJ 07003 973-748-9000

Caldwell College

120 Bloomfield Avenue Caldwell NJ 07006 973-619-3000

Essex County College

303 University Avenue Newark NJ 07102 973-877-3000

New Jersey Institute of Technology

150 Bleeker St. Newark NJ 07102 973-596-3000

Montclair State University

1 Normal Ave. Montclair NJ 07043 973-655-4000

Rutgers University-Newark

190 University Ave. Newark, NJ 07102 973-353-5205

Seton Hall University

400 South Orange Ave. South Orange, NJ 07079 973-761-9000

Can I Get Financial Aid?

To pay for this, you will probably try to get some financial aid. If you are applying for any federal financial aid programs after release (such as Pell Grants, Perkins Loans, Federal Family Education Loans, etc.), you are not restricted unless you have a drug-related offense. For possession offenses, a first offense means one year of ineligibility (after your conviction), a second offense, two years, and third offense means you are "indefinitely" ineligible, which to the government means permanently ineligible. For a sales or distribution crime, a first offense has two years of ineligibility, a second offense makes it permanent. Private financial aid or loan programs may not have any restrictions.

Other Things You Need to Know

A. Getting Legal Assistance

To get assistance with civil (not criminal) cases, you can contact the toll free hotline for **Legal Services of New Jersey (LSNJ)**, which provides information and referrals, **888-576-5529**. For local Essex County legal services please contact the office located nearest to you.

Essex County Legal Aid Association

465 Dr, Martin Luther King Jr. Blvd, Room 118 Newark, NJ 07102 973-622-0063

Essex County Legal Services

5 Commerce St. 2nd Floor Newark, NJ 07102 973-624-4500

B. Checking and Correcting Your Criminal Record ("rap sheet")

Since employers, landlords and others will be performing criminal background checks and getting copies of your criminal record, it is important that you know what is on it, and that it is accurate. You should also be prepared to answer any questions about your background.

FYI: Background checks are now only done electronically. You may contact State Police Headquarters to inquire how to correct your criminal record. The address is listed below.

State Section of Identification Records and Identification Bureau New Jersey State Police P.O. Box 7068 West Trenton, NJ 08628 1-609-882-2000 ext 6425 1-609-530-4856 fax

C. Expungement: Cleaning Up Your Criminal Record

You may have heard about expungement as one way to clean up your criminal record as you get some distance from your old arrests and convictions. Unfortunately, expungement is fairly limited in New Jersey. You can expunge any arrest that did not lead to a conviction at any point. You can expunge "disorderly persons offenses," which are low level offenses in New Jersey, after 5 years, and most municipal ordinance offenses after 2 years. Convictions for "indictable offenses" (felonies), can be expunged 10 years from the date of conviction, payment of any fine, satisfactory completion of probation or parole or release from incarceration, but whichever is latest. The most serious of these offenses, such as murder, kidnapping, aggravated sexual assault, robbery, arson, perjury and distribution, sale or possession with intent to distribute of controlled dangerous substances (drugs), can never be expunged. Expungement is a broader remedy for offenses committed as a juvenile. Legal Services of New

Jersey has published a guide to cleaning up your record through expungement.

To obtain a copy of the book, call 888-576-5529, or go to the LSNJ website, where you can download it for free: http://www.lsnj.org/english/crime/municipalcourt/clearingyourrecord.cfm.

D. Checking and Correcting Your Credit Record



While New Jersey allows employers to look at your criminal record, many employers - and others like landlords and mortgage companies — will use a credit report instead of or in addition to the state's records. Credit records are maintained by private companies and generally have information about your debts, your history of paying bills and other financial matters, but may also have information about your criminal record. The information may not be correct, and the law does offer you some protections. For example, if an employer uses a credit record to deny you a job, they have to tell you this, and give you the name, address and phone number of the agency that provided the report, and the agency must give you a copy of that information on your request. They cannot charge you money for that request if the employer used the report to deny you a job. If the records of the credit agency contain incorrect information, they must investigate and correct inaccurate information.

You can get ahead of the curve by getting a copy of your credit record and making sure there isn't any incorrect information on it. New Jersey residents are allowed one free credit report each year. Three companies that provide this service are:

Equifax Information Systems, LLC.:

P.O. Box 740241, Atlanta, GA, 30374, or call 800-685-1111.

Transunion Personal Credit Report:

PO Box 1000, Chester PA 19022 Call 800-888-4213.

Experian:

PO Box 2002, Allen, TX 75013 Call 800-397-3742. **FYI:** By mail, be sure to include your full name, current address, Social Security number, and most recent former address for file-matching purposes.

E. Voting Rights

and compulsive offender.

New Jersey law does not allow you to vote while you are in prison, or while you are on probation or parole for an indictable offense (disorderly persons offenses don't disqualify you). Once you have completed your parole or probation term, you may register to vote. Make sure that you are registered in the county in which you reside. Applications for registration can be obtained from Social Services prior to release. Also you may apply with the Division of Elections, the Commissioners of Registration office in the County where you live or from your Municipal Clerk once you are released. Registration forms are also available in various State agencies and at Division of Motor Vehicle offices and can be obtained while transacting agency business. If you are not sure, you can visit http://www.state.nj.us/lps/elections/vote_doe.html. You will be able to download a voter's registration form and mail it in. This site also explains who can register to vote and where you can register.

F. Registration of Sexual Offenders (Megan's Law)

Sex offenders are required to register with the police under Megan's Law. Offenses include: aggravated sexual assault; sexual assault; aggravated criminal sexual contact; endangering the welfare of a child by engaging in sexual conduct which would impair or debauch the morals of the child; luring or enticing and, if the victim were a minor and the offender not a parent, kidnapping; criminal restraint and false imprisonment and promoting prostitution of a child under 18. You will be registered prior to release, but must re-register your home address at least 10 days prior to any move with the law enforcement agency with which you were registered when released. You will also need to verify your address annually or every 90 days if you are a repetitive

The Game Plan

Your first weeks out after leaving prison can be overwhelming. This section is set up to help you get organized and keep yourself on track towards your goals. First, think about what those goals are —what do you want or need to get done in your first week out? In your first month out? Where do you want to be in six months? There are lots of things that other people need you to do — your parole officer, for example, and your family — but you also need to think about what you expect from yourself.

Here are a few pages to use to plan your first days out of prison. There are some questions to ask yourself about what you Oplan to do. It's best to write things down and plan ahead. ***You should also refer to your discharge plan created by your social worker that outlines your needs. Have a wonderful and successful reentry!

DO I have my B	asic Needs?
----------------	-------------

Shelter:	
Food:	
Health Care:	
Clothing:	_
Fransportation:	
OO I have support?	
Family:	
riends:	

DO I have Identification?

I.D. Checklist		
Documents	Have?	Need?
Strong Box		
Social Security Card		
Birth Certificate		
County I.D.		
Driver's License		
Non-driver's I.D.		
Certificate of Naturalization		
Green Card		
Military Discharge Papers		
Passport		
High School Diploma		
Or GED Certificate		
Prison Release Papers		
Notes:		

Important Names and Phone Numbers (Parole, Mentor, Emergency Contact)

Name:	
Phone Number:	
NI	
Name:	
Phone Number:	
Name:	
Phone Number:	
. ,	
Name:	
Phone Number:	
Name:	
Phone Number:	
Name:	
Di N. I	
Phone Number:	
Name:	
Phone Number:	

Smart Book Topics

