

# Community Program Directory

DCF's

Family and Community Partnerships  
and The Division on Women

---

**Family Support Services**

---

**Division on Women Services**

---

**Early Childhood Services**

---

**School-Linked Services**

---

**County Welfare Agencies**



This directory is frequently updated and available online at [www.nj.gov/dcf](http://www.nj.gov/dcf)

July 2018

# Family and Community Partnership Services

The Family and Community Partnerships' Community Program Directory provides public access to statewide resources that are designed to support family success and keep children safe. The programs and services listed are funded by the New Jersey Department of Children and Families' Family and Community Partnerships (FCP). FCP is built on and comprised of best-practices and technical-assistance teams committed to building partnerships with the goal of developing a robust network of prevention support and services that are culturally responsive, strength-based and family-centered. This directory is updated regularly and available online at [www.nj.gov/dcf](http://www.nj.gov/dcf)

## Family Support Services

### Family Success Centers

Family Success Centers (FSC) are warm and welcoming, neighborhood-based gathering places that create home-like environments for community residents with the goal of strengthening families, providing family support, and the prevention of child abuse and neglect. There is at least one FSC in each of New Jersey's 21 counties. FSCs exist to assist families by providing free and voluntary prevention services that encourage family interaction, through workshops, activities, groups and linkages to services.

### Kinship Navigator Program

The Kinship Navigator Program aids caregivers, such as grandparents, other blood relatives, and family friends who have taken on the responsibility of taking care of children until age 18 or (21 if the child is disabled), maneuver through various government networks to find formal and informal supports and services, including providing referrals for child care, support groups, medical coverage, legal services and housing assistance. Caregivers can call 2-1-1 to locate the agency providing assistance in their area.

# Early Childhood Services

## Home Visitation Programs

Family and Community Partnerships (FCP) oversees the implementation of an array of evidence-based Home Visitation (HV) services that provide early support to families with infants and young children across the state. Eligibility criteria for HV services vary by model, but typically programs begin working with families during pregnancy and continue until the child is age 2 or 3. Home Visiting services are voluntary and free for all families. Families are matched with trained and qualified professionals who provide information and support related to child development, healthy parent-child interaction, and the importance of early learning and school readiness. Home Visitors partner with families to provide connections to community resources to enhance family self-sufficiency and provide early screening for the detection of developmental delays.

FCP HV models include:

- ▶ Healthy Families (HF-TIP) – pregnancy/birth to age three
- ▶ Nurse-Family Partnership (NFP) – first-time pregnancy to age two
- ▶ Parents As Teachers (PAT) – pregnancy/infancy to preschool

In addition, this directory includes federally funded Early Head Start programs that provide home-based services to families from pregnancy to age 3. For a directory of New Jersey's Head Start programs go to the Head Start Locator at <http://eclkc.ohs.acf.hhs.gov/hslc/HeadStartOffices>.

## Strengthening Families: A Protective Factors Framework

Strengthening Families is an evidence-based approach that provides training and guidance to child care providers, who in turn engage and support parents/families of infants and young children who are enrolled in the child-care/family-child care setting.

The Child Care Resource Referral agencies (CCR&R) in each county are the trainers who work with the child-care/family-child care providers to incorporate the five Protective Factors and seven program strategies in the program's daily activities. The child-care providers learn new approaches on how to partner with parents and families in protecting, educating and caring for young children while promoting their social and emotional development.

For more information on Strengthening Families in your county, contact the Strengthening Families trainer(s) under the Early Childhood Services section in the directory.

# Early Childhood Services

## County Councils for Young Children

All 21 counties have established a County Council for Young Children (CCYC). The Councils were created to strengthen cooperative collaboration between parents, families, and local community providers with health, early care and education, family support, and other service providers. CCYC is a community organization for social service planning. This body of community members which includes parents, community residents and community providers, come together and receive training and technical assistance in parent leadership and shared leadership models. These approaches embrace and encourage parents/community residents to be active partners with service providers and community leaders. Together they identify the needs, aspirations and success of collective efforts to positively impact the health, education and well-being of children from pregnancy/birth to age 8 and their families. CCYC participants work together using the Strengthening Families Protective Factors Framework to engage parents and develop mutual goals and recommend creative strategies/solutions that respect the views and priorities of diverse families in the community.

The CCYC does not provide direct services to families. Each CCYC has a local lead agency and designated project coordinator who guides and supports the planning process, committee and work-group structure, and implementation to address priorities and advocacy efforts. The CCYC works closely with the local Central Intake to provide input/feedback about the availability, responsiveness and effectiveness of the service array within the community; and makes recommendations to strengthen local program coordination and integration. All concerned parents, community residents and community service providers and leaders who want to make a difference to enhance the lives of young children and their families are welcomed to join and be a part of the local CCYC in their community.

For more information on CCYC in your county, contact the CCYC lead agency in the Family and Community Partnership directory Early Childhood Services.

## Central Intake Resource Information and Referrals

New Jersey now has a statewide network of central intake hubs encompassing all 21 counties.

Central Intake is a main hub that provides pregnant women, families and providers with easy access to resource information and referrals to local community services that promote child and family wellness. The range of services include—prenatal care, infant/child health, family planning, nutrition/WIC, home visiting (Healthy Families, Parents As Teachers, Nurse-Family Partnership), Head Start/Early Head Start, child care services, preschool programs, Family Success Centers, early intervention, special child health services, behavioral health, domestic violence support, financial needs/public assistance services, substance use/addiction treatment and much more.

# School–Linked Services

## School Based Youth Services Program (SBYSP)

The SBYSPs are located in host schools and coordinates with existing resources in the community. All youth are eligible to participate, and services are provided before, during and after school. SBYSP services include: Mental Health Counseling; Employment Counseling; Substance Abuse Education/Prevention; Preventive Health Awareness including Pregnancy Prevention; Primary Medical Linkages; Learning Support; Healthy Youth Development; Recreation; and Information/Referral.

## Prevention of Juvenile Delinquency (PJD)

PJD services are located in host schools to enhance the services and to collaborate with the FCP-funded School Based Youth Services Program (SBYSP). All youth enrolled in the host school where they display behaviors that can or have caused them to become involved in the juvenile justice system are eligible to participate.

PJD services complement the SBYSP and focus specifically juvenile delinquency prevention strategies and self-regulation skills to prevent juvenile delinquent behaviors that can impede the student's achievement of their education and life goals. PJD services include: case management, counseling services, collaboration with local law enforcement, state, school and community-based agencies, drop-out prevention, and life and coping skills.

## New Jersey Child Assault Prevention (NJCAP)

NJ CAP operates in all 21 counties to provide educational awareness training and effective strategies to handle and/or prevent child assault/neglect to children in grades pre-school through 12, their parents/guardians as well as educators. For more information, call (856) 374-5001 or visit [www.njcap.org](http://www.njcap.org).

## Statewide 2NDFLOOR Youth Helpline (2NDFLOOR)

2NDFLOOR is a confidential, anonymous helpline that supports to New Jersey's youth (ages 10-24). Youth are provided with solutions and resources to the problems they face at home, at school or at play. Youth that access services receive quality service, support, and information from trained counselors, volunteers and interns. Trained Counselors are available to help youth make healthy decisions and find solutions to various worries they face such as, peer relationships, bullying, mental health issues, dating, sex/sexuality issues, etc. 2NDFLOOR services include: 24/7 Helpline; Interactive web-site with an on-line Message Board; Text Support, Youth Advisory Council (YAC) and information/referral. Youth can call or text (888) 222-2228 anytime for assistance. For more information, visit [www.2ndfloor.org](http://www.2ndfloor.org).

## Family Friendly Centers (FFCs)

FFC is located in host schools to enhance afterschool programming in elementary and middle schools. FFCs provide constructive academic, recreational, and social enrichment activities to students and their families. All FFC programs emphasize positive youth development, encourage parental participation, and seek to establish partnerships with school and community stakeholders to meet the unique needs of youth and their families.

# School–Linked Services

## Parent Linking Program (PLP)

PLPs are located in host high schools to enhance the services and to collaborate with FCP-funded School Based Youth Services Program (SBYSP). PLP work to minimize/eliminate barriers expectant and parenting teens (including young fathers) face that can prevent them from completing their education. This is accomplished through the development and implementation of programs that strengthen pregnant and parenting teen's ability and access to complete their education (secondary and postsecondary); improve child and maternal health outcomes; improve pregnancy spacing and reduce the likelihood of repeat teen pregnancies; increase parenting skills for mothers, fathers, and families; strengthen positive young father involvement and co-parenting relationships, as appropriate, decrease intimate partner violence; and raise awareness of available resources.

## Traumatic Loss Coalitions for Youth (TLC)

The overarching goal of the TLC program is to promote mental health awareness and healing through the building of an informed and competent school community equipped to prevent suicide and recover after a traumatic incident. Basic components of all TLC curricula include: suicide prevention, intervention and postvention and trauma response to build local capacity in schools and communities to promote mental health awareness and technical assistance to schools and communities for the benefit of school age youth. For more information, call (732) 235-2810 or visit [www.ubhc.rutgers.edu/tlc/](http://www.ubhc.rutgers.edu/tlc/).

## Newark School Based Health Center (SBHC)

SBHC provides primary medical, dental and behavioral health care services to students and families (up to age 21) in the school where the health center is located and members of its surrounding community.

## Adolescent Pregnancy Prevention Initiative (APPI)

APPI is located in host schools to enhance the services and to collaborate with FCP-funded School Based Youth Services Program (SBYSP) where available. All youth enrolled in the host school, where they display behaviors that could lead to an unplanned pregnancy, are eligible to participate. Youth involved in the program will gain increased pregnancy prevention skills to support the achievement of their education and life goals. APPI services complement SBYSP, where available, and focus specifically on pregnancy prevention skills and knowledge to support the student's ability to achieve their education and life goals. APPI services include: case management and counseling services; education and awareness groups; linkages to available services and resources; and collaboration with school personnel.

# Division on Women (DOW)

The Division on Women develops, promotes, and expands women's rights in the areas of poverty and welfare, employment and wages, work and family, the economic and social aspects of healthcare, violence against women, and women's civic and political participation in their communities.

## Prevention of Violence Against Women Services

DOW funds services in each of the 21 counties to meet the needs of victims of sexual assault and domestic violence. These services may include: emergency shelter, 24-hour hotline, crisis counseling; financial, housing and legal advocacy; accompaniments through the sexual assault/domestic violence response teams, and children's services.

## Hotline Services

### **New Jersey Domestic Violence Hotline**

1 (800) 572-SAFE (7233)

24 hours a day/7 days a week

The New Jersey Domestic Violence Hotline provides confidential access to domestic violence information and services, including crisis intervention, referral, and advocacy. The hotline is bilingual and accessible to the deaf and hearing impaired.

### **New Jersey Coalition Against Sexual Assault (NJCASA) Hotline**

1 (800) 601-7200

24 hours a day/7 days a week

The New Jersey Coalition Against Sexual Assault (NJCASA) connects individuals affected by sexual violence with professionals that provide assistance and referrals. Calls are routed to the closest rape crisis care center.

### **Women's Referral Central Hotline**

1 (800) 322-8092

24 hours a day/7 days a week

This toll-free Women's Referral Central Hotline provides comprehensive information, referrals, active listening, and crisis response for issues confronting New Jersey residents, including but not limited to:

- Child Care
- Discrimination
- Displaced Homemaker
- Divorce
- Employment
- Housing
- Job Training
- Legal Assistance
- Single Parenting
- Social Services

# Division on Women (DOW)

## Domestic Violence Services (DVS)

DVS funds 23 domestic violence programs including the New Jersey Coalition to End Domestic Violence (NJCEDV) (formerly known as the New Jersey Coalition for Battered Women (NJCBW)). There is at least one DCF-designated lead domestic violence program in each of the 21 counties that provides core services. Core services for survivors and victims experiencing domestic violence and their families include: emergency shelters, 24-hour hotlines, counseling, general, financial, housing and legal advocacy, and children's services. The agencies also provide community education and networking within their counties.

## Address Confidentiality Program Services

The New Jersey Address Confidentiality Program (ACP) was designed to assist individuals who, as a result of domestic violence, have relocated for their safety. Abusers use many strategies to locate victims of domestic violence. In many cases they use public records to get the new address of the person they have abused. This program limits the ability of an abuser to access information that would reveal the new location of an ACP participant. ACP provides eligible victims of domestic violence with a substitute mailing address, which has no connection to their actual location. This substitute mailing address may be used when creating new records with state or local government agencies.

*For non-emergency referrals and information call: 1 (877) 218-9133*

## Children's Services

Children and youth exposed to domestic violence are at an increased risk of experiencing abuse (physical, sexual, etc.), developing emotional and behavioral challenges, and experiencing subsequent exposure to trauma and adverse life experiences.

## PALS Programs (PEACE: A Learned Solution)

PALS utilizes an intensive therapeutic program model with creative arts therapies such as art, dance movement and drama for children ages 4-12 who are exposed to domestic violence. The program aims to reduce trauma effects for children and provide supportive services for their non-offending parent, including addressing parenting issues unique to families who have experienced domestic violence. The PALS program is available in 11 counties throughout the state.

## Trauma Focused-Cognitive Behavioral Therapy- (TF-CBT)

TF-CBT is an evidence-based treatment for children, adolescents, and their caregivers that is designed to support healing in the aftermath of a wide range of traumatic experiences. Therapy involves a combination of individual child and parent sessions and conjoint parent-child sessions. TF-CBT helps children overcome Post-Traumatic Stress Disorder (PTSD), depression, feelings of shame, and behavioral difficulties, while supporting children's coping and resiliency. TF-CBT helps caregivers overcome trauma-related distress and depression, while enhancing caregivers' skills in coping, communicating, and parenting. TF-CBT as a treatment intervention for children exposed to domestic violence is available in six counties: Cumberland, Gloucester, Hudson, Mercer, Morris and Somerset.



# Division on Women (DOW)

## Legal Services of New Jersey and Central Jersey Legal Services

These two programs are funded to provide services to victims who cannot afford the cost of legal advice and/or representation. The legal assistance includes referral, advice, brief assistance, preparation of a letter or routine legal document, extended representation, and technical assistance. The program also offer training to domestic violence legal advocates, programs, attorneys and others.

*Legal Services of New Jersey-Domestic Violence Representation Project- (888) 576-5529*

*Central Jersey Legal Services- (908) 354-4340*

## Batterers Intervention Program (BIP)

BIP provides services to individuals who perpetrate domestic violence in households where children are present with the goals of reducing or eliminating the safety and risk concerns posed by batterers, increasing safety within households and setting clear boundaries to prevent future violence. BIP is currently operating in Sussex, Morris, Burlington, Monmouth and Atlantic counties.

## Culturally Specific Services

### **Bolo Behen (Speak Sister)**

South Asian women face distinct cultural challenges when confronting domestic and sexual violence. Most have little or no knowledge of English, since it is not their native language. This plays a pivotal role in creating socio-cultural barriers. South Asian women who become victims of domestic and sexual violence live within the confines of these barriers. They remain silent or unaware of the assistance they could have from the outside world. Bolo Behen works with different faith-based leaders throughout Hudson County. From Jersey City to Secaucus and Weehawken, they have collaborated with leaders of temples, mosques, Islamic centers, Gurudwaras and beyond.

Bolo Behen facilitates groups called Community Chai-where women can come and express their problems and concerns fearlessly, openly and comfortably. People listen to each other's story and offer support. Our services are based on a holistic approach that addresses the large range of clients' needs. Using culturally and linguistically appropriate methods, we build trust with clients and create an environment where South Asian women feel safe, respected and understood.

*24/7 Bilingual Hotline: (201) 795-5757*

# Division on Women (DOW)

## Culturally Specific Services

### **Project S.A.R.A.H (Stop Abusive Relationships at Home)**

S.A.R.A.H. is a program that works to overcome cultural, legal and religious barriers confronting victims of domestic violence and sexual abuse. Project S.A.R.A.H. operates within an environment that is sensitive to victims' cultural and religious needs, serving as a bridge between victims of abuse in the Orthodox community and the support systems and resources available to them. They work closely with rabbis and rebbetzins, kallah teachers and mikvah attendants, camp directors and school administrators, parents and the general public to keep the community safe for everyone. They provide therapeutic interventions that enable victims to process the often unspeakable trauma they experienced and restore them toward fully functional and productive lives. We connect victims and survivors with a broad array of services including pro bono legal consultations, evaluations, individual and group therapy, psychiatric services, as well as emotional, financial and vocational support.

*Confidential Hotline: (973) 777-7638*

## Employment and Training Services

### **Displaced Homemaker Program**

The Displaced Homemaker programs help individuals obtain or upgrade skills for today's labor market so they may become economically self-sufficient. Services include:

- Job counseling, training, and placement assistance
- Job development services
- Educational information and services
- Short-term certificate trainings and associated costs
- Computer literacy training
- Financial management services
- Legal information and services
- Life skills development
- Referrals and community outreach
- Workshops

Effective July 1, 2017, Displaced Homemaker programs across the State, will provide short term educational/training programs that lead to some form of a certificate or credential to enhance the participant's ability to achieve economic self-sufficiency. In addition, incidental costs such as licensing fees, uniform costs and other costs associated with the certificate training will also be paid for by the Displaced Homemaker program.

## Constituent Services

DOW provides information and referral services to those seeking information on a wide range of topics including: affordable housing, custody/visitation, domestic violence, address confidentiality, employment/training, financial assistance, landlord tenant issues, medical assistance, and sexual violence.

*For non-emergency referrals and information, please call: (609) 888-7164*

# Bergen

## Family Support Services

### **Family Success Center**

Bridges Family Success Center  
44 Armory Street  
Englewood, NJ 07631  
(201) 694-1891

Meadowlands Family Success Center  
100 Washington Avenue  
Little Ferry, NJ 07643  
(201) 464-4714

### **Kinship Navigator Program**

Care Plus, NJ  
17-07 Romaine Street  
Fair Lawn, NJ 07410  
(201) 797-2660 or (201) 398-9110

## County Welfare Agency

Bergen County Board of Social Services  
216 Route 17 North  
Building A  
Rochele Park, NJ 07662  
(201) 368-4200

## Early Childhood Services

### **Home Visitation**

#### ***Healthy Families - TIP***

Care Plus NJ, Inc.  
611 Route 46 West, Suite 100  
Hasbrouck Heights, NJ 07604  
(201) 478-4174

#### ***Nurse-Family Partnership***

#### ***Parents As Teachers***

Partnership for Maternal and Child Health  
of Northern NJ  
176 Broadway – 2nd Floor  
Paterson, NJ 07502  
(973) 904-0856

#### ***Home Instruction for Parents of Preschool Youth***

Bergen Family Center  
44 Armory Street  
Englewood, NJ 07631  
(201) 568-0817

### **Strengthening Families**

Bergen County Office for Children  
One Bergen County Plaza, 2nd Floor  
Hackensack, NJ 07601  
(201) 336-7150

### **County Councils for Young Children**

Care Plus NJ, Inc.  
610 Valley Health Plaza  
Paramus, NJ 07652  
(201) 265-8200

# Bergen

## Division on Women Services

### **Sexual Violence Program**

YWCA of Bergen County  
214 State Street, Suite 207  
Hackensack NJ 07601  
Office: (201) 345-1911  
24-Hour Hotline: (201) 487-2227  
TTY (201) 487-0916  
[www.ywcabergencounty.org](http://www.ywcabergencounty.org)

### **Domestic Violence Programs**

Center for Hope and Safety  
12 Overlook Avenue, Suite C  
Rochelle Park, NJ 07662  
(201) 498-9247  
(201) 944-9600 (24 HR Hotline)  
E-mail: [info@centerforhopeandsafetynj.org](mailto:info@centerforhopeandsafetynj.org)  
Web: [www.centerforhopeandsafetynj.org](http://www.centerforhopeandsafetynj.org)  
[www.hopeandsafetynj.org](http://www.hopeandsafetynj.org)

Alternatives to Domestic Violence  
1 Bergen County Plaza  
2nd Floor  
Hackensack, NJ 07601  
(201) 336-6000  
(201) 336-7575 (24-Hour Hotline)  
[www.co.bergen.nj.us/alternativestodomesticviolence](http://www.co.bergen.nj.us/alternativestodomesticviolence)

### **Children's Services**

Center for Hope and Safety  
Project Child  
12 Overlook Avenue  
Rochelle Park, NJ 07662  
(201) 300-6666, ext. 21  
[www.hopeandsafetynj.org](http://www.hopeandsafetynj.org)

### **Displaced Homemaker Programs**

The Bergen County Displaced Homemakers Center at  
The Bergen One-Stop  
60 State Street, Second Flr.  
Hackensack, NJ 07601  
(201) 329-9600, ext. 5533  
<https://onestop.bergen.org/displaced-homemaker-one-stop>

Women's Rights Information Center  
108 W. Palisade Avenue  
Englewood, NJ 07631  
(201) 568-1166  
Website: [www.womensrights.org](http://www.womensrights.org)

## School Linked Services

### **School Based Youth Services Programs**

Dwight Morrow/Academies @ Englewood  
274 Knickerbocker Road  
Englewood, NJ 07631  
(201) 862-6283

Hackensack High School  
Hackensack Drop in Center, Rm. 161  
First and Beech Streets  
Hackensack, NJ 07601  
(201) 646-0722

Teaneck High School  
100 Elizabeth Street  
Teaneck, NJ 07666  
(201) 833-5136

### **Family Friendly Centers**

Jackson Avenue Elementary School  
421 Jackson Avenue  
Hackensack, NJ 07601  
(201) 646-7985



[www.nj.gov/dcf](http://www.nj.gov/dcf)