

## **TRAILS OF PARVIN STATE PARK**

Situated on the edge of the New Jersey Pinelands, Parvin State Park has pine barrens forests typical to the area but also a hardwood forest swamp. The park also features over 200 flowering plant species, including blossoming dogwood, laurel, holly, magnolia, and wild azalea. Thundergust Lake, Parvin Lake and Muddy Run are popular destinations for fishing and boating. Within the park, nine different trails totaling more than 15 miles allow visitors to explore Parvin.

### **Black Oak Trail**

*Brown • 2.5 miles • Multiuse*

*Easy • Trail along southern boundary of park*

**Trailhead** End of Cabin Colony Road. **Black Oak Trail** runs along the southern boundary of Parvin State Park. Starting at the end of the access road to the cabin area, the trail heads southwest along Thundergust Brook until it nears Morton Road. The trail turns northwest and continues parallel to Morton Road until ending near the park boundary and Centerton Road. Black Oak Trail varies in width from single to double-track as it travels through flat pine and oak forest.

### **Flat Trail**

*Pink • 0.35 miles • Multiuse*

*Easy • Connector to other trails*

**Trailhead** Either side of Forest Road Trail. **Flat Trail** is a short trail that connects either side of Forest Road Trail. It also extends beyond Forest Road Trail to the north and south to connect with Parvin Lake Trail and Long Trail. Flat Trail is single-track and winds through pine and oak flats and across several short boardwalks.

### **Forest Road Trail**

*Blue • 3.2 miles • Multiuse*

*Easy • Loop trail on paved road*

**Trailhead** Parvin Mill Road. **Forest Trail** is a long lollipop loop trail in the center of Parvin State Park. The trail follows a driving road for the first half mile until reaching a gate adjacent to the entrance to Jagers Point Camping Area. Beyond the gate, the trail remains on paved surface. After another half mile, the trail splits to the right and left. Continue in either direction to complete the loop. Forest Trail is an easy trail on flat terrain.

### **Knoll Trail**

*Orange • 0.5 miles • Multiuse*

*Easy • Short connector trail*

**Trailhead** Either side of Forest Road Trail. **Knoll Trail** is a short trail that runs through the middle of the Forest Road Trail loop. Continuing beyond the intersection with Forest Road Trail, Knoll Trail also connects to Parvin Lake Trail to the north and Long Trail to the south. Knoll Trail is mostly single-track on pine needle-covered sand.

### **Long Trail**

*Red • 2.9 miles • Multiuse*

*Easy • Trail follows Muddy Run*

**Trailhead** Thundergust Lake Trail or Parvin Lake Trail. **Long Trail** makes a semi-loop through Parvin State Park. Beginning from Thundergust Trail, Long Trail travels parallel to Forest Road Trail through pine and oak forest. Following mostly single-track, the trail turns north, passing over Muddy Run on a curved bridge, then turns East. Continuing east on the north side of Muddy Run, Long Trail joins with Nature Trail, ending as it reaches Parvin Lake Trail at a small pavilion.

### **Lost Trail**

*Gold • 0.7 miles • Multiuse*

*Easy • Short side trail from Forest Road Trail*

**Trailhead** Across from Jagers Point Camping Area. **Lost Trail** heads south on a four-foot-wide trail through flat pine and oak forest. After a short distance, it crosses Long Trail then turns west until intersecting again with Long Trail. Lost Trail turns east and shares paths with Long Trail before turning north to return to Forest Road Trail.

### **Nature Trail**

*White • 0.67 miles • Multiuse*

*Easy • Short loop trail along Muddy Run*

**Trailhead** Parvin Lake Trail. **Nature Trail** begins at the intersection of Parvin Lake Trail and Long Trail at a covered pavilion. Nature Trail is shared with Long Trail for a short distance before turning to complete a loop and return to the pavilion.

### **Parvin Lake Trail**

*Green • 3 miles • Multiuse*

*Easy • Loop trail around Parvin Lake*

**Trailhead** Parvin Grove day use area. **Parvin Lake Trail** is a mostly flat trail around the perimeter of Parvin Lake. Beginning at the day use area, the trail heads east or west. Heading east, the trail is flat gravel as it curves along the eastern side of the lake. After crossing a small bridge, the trail turns west and follows the southern lake shore, passing the group campsites. Parvin Lake Trail follows Jagers Point Campground road for a short distance before returning to the lake's edge. The trail continues beyond the lake and into Muddy Run creek basin. Parvin Lake Trail intersects with Flat Trail, then turns north at the intersection of Knoll Trail to cross a bridge over Muddy Run. At a small pavilion on the north side of Muddy Run, the trail meets with Nature and Long Trail where it turns east again. About  $\frac{3}{4}$  mile west of Parvin Grove day use area the trail passes the site of the Civilian Conservation Corps camp. Companies 1225 and 2227V were housed at Parvin State Park from 1933 to 1941.

### **Thundergust Trail**

*Yellow • 1 mile • Multiuse*

*Easy • Loop trail around Thundergust Lake*

**Trailhead** Thundergust Lake day use area. **Thundergust Trail** is a flat, packed gravel and sand path that follows around the lake's edge. Visitors can begin in either direction to travel around the lake. At the southwest end of the lake, the trail crosses a small bridge over Thundergust Brook and connects with Long Trail. On the north side, the trail remains close to the water's edge and passes near the cabins. Continue around the lake to return to day use area.

## **TRAIL SENSE AND SAFETY**

**Trail Markings:** Official trails are marked by colored blazes on posts and trees. On the map, "connector trails" are tan-colored lines. For habitat protection and your safety, please stay on the trails and don't alter trail markings or create new trails.

**Preparations:** Consider bringing water, snacks, sunscreen, insect repellent, and a hat. Dress for the weather. Tell someone where you plan to go and when you'll return. Carry a well-charged mobile phone.

**Hunting:** Sections are open to hunting. Bright orange clothing is recommended during hunting season.

**Pets:** All pets must be on a leash (maximum 6') and under the physical control of the owner at all times. Please clean up after your pets.

**Carry-in/Carry-out:** Help keep the park clean and beautiful by carrying out your trash.

**Tick and Chigger Protection:** Bring insect repellent, wear light-colored clothing, tuck pants into socks, stay on trails, check yourself thoroughly, shower, and launder clothes immediately.

**Bear Aware:** Black bears have not been active in this park recently, please be aware this area is considered a park and a habitat that is favorable to wildlife. Bear sightings should be reported to the State Park Police (1-877-927-6337) or to the park office.

**Park Office Phone:** (856) 358-8616

**Emergency Numbers:** 1-877-WARN-DEP (1-877-927-6337) or 911

**Parvin State Park**

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