Building Better Schools
From the Inside Out

Using social-emotional learning strategies to support the improvement of academic standards.

Presenters: Paul O’Neill and Holly Niemiec
Share what you know!

• On a sticky note, please write one example of social-emotional learning in the classroom.
Who is Paul O’Neill?

Educational Gamechanger | @EduGladiators
Core Warrior | Speaker | Author | pln365 |
Facilitator Growth-minded reflective thinker | University of South Florida Alumni

Twitter: @PaulONGeill1972
E-mail: poneill@laceyschools.org
Who is Holly Niemiec?

Principal ~ Educator ~ Life Long Learner
Champion for All Students

Twitter: @MrsNiemiec
Email: hniemiec@laceyschools.org
Session Goals

- Develop strategies to increase empathy and coping skills which can be used to enhance the learning culture for all students

- Determine how the five core competencies of SEL can be used to enhance the mastery of academic standards
What are the SEL Core Competencies?
Highlights of Self-Awareness

Identifying emotions  Self-efficacy

Recognizing strengths  Self-confidence

Accurate self-perception
Highlights of Responsible Decision-Making

- Identifying problems
- Solving problems
- Reflecting
- Analyzing situations
- Evaluating
- Ethical responsibility
Highlights of Relationship Skills

Communication       Social engagement

Relationship-building  Teamwork
Highlights of Social Awareness

Perspective-taking

Empathy

Appreciating diversity

Respect for others
Merging Curriculum and Core Competencies

• The following slides will highlight the SEL Core Competencies and connections to academic curriculum.
Self-Awareness

• “Know your strengths and limitations, with a well-grounded sense of confidence, optimism, and a ‘growth mindset’” ~ www.casel.org

• Connections to the New Jersey State Learning Standards:
  • ELA, Math & Science
Self-Management

• “Effectively manage stress, control impulses, and motivate yourself to set and achieve goals.” ~ www.casel.org

• Connections to the New Jersey State Learning Standards:
  • ELA, Math & Physical Education
Social Awareness

• “Understand the perspectives of others and empathize with them, including those from diverse backgrounds and cultures.” ~www.casel.org

• Connections to the New Jersey State Learning Standards:
  • ELA
  • Social Studies
  • World Language
Relationship Skills

• “Communicate clearly, listen well, cooperate with others, resist inappropriate social pressure, negotiate conflict constructively, and seek and offer help when needed.” ~ www.casel.org

• Connections to the New Jersey State Learning Standards:
  • ELA & Social Studies
Responsible Decision-Making

• “Make constructive choices about personal behavior and social interactions based on ethical standards, safety, and social norms.” ~ www.casel.org

• Connections to the New Jersey State Learning Standards:
  • Physical Education
  • ELA
Connect and Reflect

• Collaborate with your colleagues
• Create a visual (Flipgrid, poster, digital graphic, or video) that highlights how SEL can be embedded in all areas of teaching and learning.
• Share your visual