The 5 Love Languages of Children

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The 5 Love Languages
What is a “Love Language”?

love
languages

words

Gifts

touch

time

acts
Session Objectives

• Provide knowledge and understanding of the 5 Love Languages of Children
• Provide information on how to discover a child’s love language
• Provide authentic ideas inside and outside of the classroom to meet the needs of students
The 5 Love Languages

Words of Affirmation
- Expressing verbal appreciation
- Encouraging words
- Compliments/Kind words/Confidence booster
- Be straightforward and explain “why”
- Examples: Great job on knowing math facts, I love how you are improving in writing, post-it notes of encouragement, etc.

Acts of Service
- Expressing out of love not obligation
- Kindness of your heart
- Effort, energy, and time
- Actions speak louder than words
- Random acts of kindness
- Examples: Doing things without being asked, picking up papers, organizing agenda, etc.
The 5 Love Languages continued

**Physical Touch**
- Transferring love to the heart of a child
- “Safe touch” in schools
- Most children whose primary love language is physical touch are very touchy
- Keep in mind barriers that may exist (insecurities, past experiences, trauma, etc.)
- Examples: fist bump, high fives, pat on the back, etc.

**Quality Time**
- Undivided attention; being “present” in the moment
- More than just proximity
- Meaningful conversations
- Quality activities that interests both you and child
- No distractions, no cancellations
- Active listening and participation
- Examples: lunch with teacher/principal, quality conversations, one-one time
The last of the 5 Love Languages

Receiving Gifts
• Gifts and/or gestures to show love, care, and concern
• Thoughtfulness
• Visual expression
• Examples: pencils, erasers, theme parties, birthday hat, awards
How does the love tank get filled?

FILLING THE LOVE TANK

- When we receive love in our primary love language, our tanks are filled & we feel loved. We are secure energized to develop our full potential.
- Our tanks deplete when we don’t receive such love. Non-loving expressions in our primary love language hurt us most deeply.
- When the love tank is empty, issues arise and relationships fall apart.
Let’s find your love language

- The Quiz….Electronic device needed
  5 Love Languages Quiz

- Breakout Discussion By Love Language

- Activity
  - We must consider our students love language every single day
  - You never want to miss an opportunity for your students to feel loved

- Discussion
  - Does a child’s love language change over time
So What! Now What?

► Important to find out your students’ love language
  ► Give your students the quiz
  ► Use the handout provided as a guide when assessing your students’ love language
► Share with your students your love language
► Helps build a stronger relationship between all students in classroom/school
Thank You!

Any Questions or Comments?

Please take a moment to complete the

NJDOE *Equity for All*

session evaluation