Comprehensive Health and Physical Education Exemplary Programs
DISTRICT APPLICATION FORM/Self-Assessment
2016 - 2017

SECTION I

Name of District____________________________ County:_____________________________

Address_______________________________________________________________________

Telephone: __________________________ FAX:_____________________________________

District Contact/ Person responsible for completing application:_______________________

E-mail: _______________________________________________________________________

District Configuration (i.e., K-4; 5-8; K-8; K-12):____________________________________

Schools to be considered: _______________________________________________________

Grade Levels to be considered: Circle all that apply:
K    1    2    3    4    5    6    7    8    9    10    11    12

Chief School Administrator: _____________________________________________________

Signature: ______________________________________________________________

SECTION II

PLEASE PROVIDE THE FOLLOWING INFORMATION:

A. Time and Frequency of Health and Physical Education Instruction
   150 minutes of Health, Safety and Physical Education to meet NJSA 18A:35-7,8. Please attach sample schedule.

   1. Contact minutes per class period
   2. Number of class periods per week

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<th>1. Contact minutes per class period</th>
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3. Middle and/or High School utilize a non-traditional scheduling model (i.e., Block, A/B Day Schedule, etc.). Please describe.

___________________________________________________________________________
___________________________________________________________________________
___________________________________________________________________________
B. Staffing Model

4. Percentage of Health and Physical Education teachers holding standard New Jersey certification: __________

5. Percentage of elementary classroom teachers instructing Health and Physical Education 50% or less of their instructional time: __________

6. Teacher/student ratio: Elementary_________ Middle___________ High School__________

SECTION III

PLEASE COMPLETE ALL ITEMS AND PROVIDE COMMENTS WHERE SPECIFIED. A SEPARATE SHEET MAY BE USED. USE THE FOLLOWING SCALE:
3- Meets Criteria 2- Partially Meets Criteria 1-Does Not Yet Meet Criteria

C. Curriculum

7. Contains a mission statement and specific goals for the Health and Physical Education program.
   3 2 1

8. Is a document that was written using the NJSLS in Comprehensive Health and Physical Education and focuses on the PIs with appropriate assessment and benchmarks. (Please attach.)
   3 2 1

   3 2 1

10. Contains units of study, and corresponding lessons, aligned with comprehensive formative and summative assessments.
    3 2 1

11. Design is consistent with other core curriculum content areas.
    3 2 1

12. Is periodically reviewed for effectiveness.
    3 2 1

13. Allows for a variety of units and practices that engage students in moderate to vigorous physical activity for 50% of instructional time.
    3 2 1

    3 2 1

15. Reflects both current research and best practice.
    3 2 1
D. Instructional Practices

16. Instruction is based on curricular goals aligned with the NJSLS for Comprehensive Health and Physical Education.
   3  2  1

17. Teachers foster a physically active lifestyle through instruction.
   3  2  1

18. Learning expectations/objectives/instructional goals are clearly communicated to all students. They are also current, appropriate, and accurate. (Specify)
   3  2  1

19. Instruction is designed to maximize the amount of time students are participating in vigorous physical activity. (50% of time or more)
   3  2  1

20. Inclusionary practices are evident for all students through multiple modalities. (Specify)
   3  2  1

21. Instructional adaptations are made to meet the diverse needs of all students. (Specify)
   3  2  1

22. Specific, meaningful, and timely assessment and feedback are provided to all students.
   3  2  1

23. Students’ knowledge and performance are continually assessed to inform instruction.
   3  2  1

24. Instruction of lessons is modified in response to student performance and results of formative assessments.
   3  2  1

25. Technology is integrated into instruction in a manner which enhances the instructional learning objectives. (Specify)
   3  2  1

26. Independent student driven learning activities are encouraged and promoted.
   3  2  1

27. Students are given the opportunity to use higher level thinking skills.
   3  2  1

28. Innovative instructional practices are evident in the Health and Physical Education program. (Specify)
   3  2  1

29. Instruction leads students to increase their knowledge of Health and Physical Education skills and concepts as well as connect these skills and concepts for lifelong wellness.
   3  2  1
30. Instruction engages students in 21st Century Learning and communication skills. (i.e. problem solving, conflict resolution etc.)

31. Instruction provides an enjoyable and enriching educational experience for all students.

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**E. Assessment Practices**

32. Assessment practices mirror instructional practices and are an ongoing part of the learning process.

33. Performance and cognitive-based assessment occupy a major place in the assessment plan and involves tasks that are real-life, meaningful and worthwhile.

34. Grading is based on the results of multiple standards based formative and summative assessments.

35. Rubrics are used to measure student performance on both performance and cognitive – based assessments.

36. Students are involved in the assessment of their own progress and that of their peers.

37. Assessment criteria are properly communicated to all students.

38. A district program evaluation has been developed to assist with the articulation process, and to identify strengths as well as areas for program improvement. (Please Attach.)

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**F. Parent/community Involvement**

39. There is ongoing communication with parents. (Specify)

40. Parent/community publications are sent out on a regular basis. (Please Attach.)

41. Parents/members of the community are involved in the Comprehensive Health, Physical, Education and Wellness programs. (Specify)

42. Consistent efforts are made to “showcase” the Health and Physical Education program. (Specify)
G. Resources/Support

43. The district board of education has made a financial commitment to the establishment and maintenance of a quality Health and Physical Education program.
   3  2  1

44. School administrators demonstrate consistent support for the program in the areas of advocacy, planning, staffing, and staff development.
   3  2  1

H. Professional Development

45. Opportunities are provided for in-district and out-of-district professional growth specific to Comprehensive Health and Physical Education.
   3  2  1

46. Teachers and supervisors/administrators are involved in a Professional Learning Community (PLC) that focuses on growing students’ achievement.
   Yes or No

47. Opportunities are provided for in-district peer observations and for out-of-district visitations.
   3  2  1

48. All teachers are members of Health and Physical Education professional organizations.
   3  2  1

49. Some teachers are involved in Health and Physical Education leadership positions on the local, state or national level.
   3  2  1

50. There is evidence of a district-wide plan for professional development of Health and Physical Education teachers. (Specify)
   3  2  1

SECTION IV

D. Describe the vision for your district’s Health and Physical Education program. Identify current features of the program that need improvement and strengths of the program that might be built upon. What could your district program look like in the next decade? Include how your district has developed curriculum aligned to the 2014 NJSLS for Comprehensive Health and Physical Education. (Please Attach.)