Curriculum Resources for Educating Children about the Dangers of Substance Abuse

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Value of Curriculum Resources

• Free and/or evidence-based* resources for teachers:
  o Blending Funding Streams: Titles I, II-A, III, IV-A
  o County Resources (e.g. Department of Human Services)
  o Local Police (e.g. L.E.A.D.)

• Easily accessible in digital format for teachers and administrators

• Provides what teachers need:
  o Easy to understand and use in lesson plan design
  o Aligns to grade level bands
  o Easy to implement by health educators and classroom teachers
  o Supports learning standards
  o Some resources in languages other than English (e.g. Spanish)

*Some evidence-based resources have costs associated with them
Grades K-2 Resources

- Operation Prevention Elementary OTC and Prescription Medicine PPT Lesson*
- Footprints for Life*
- Too Good for Drugs Program* (L.E.A.D.)
- Good Behavior Game*
- I Can Problem Solve*
- Al's Pals*
- Smart Moves, Smart Choices Toolkit
- FDA Medicine Class PPT with Teacher’s Guide
- KidsHealth Medicine Lesson Plan and Worksheets
- Online BrainPop Curriculum
- Social Emotional Learning Competencies

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Grades 3-4 Resources

- Operation Prevention Elementary OTC and Prescription Medicine PPT Lesson*
- I Can Problem Solve*
- Second Step Elementary/Middle*
- Too Good for Drugs Program* (L.E.A.D.)
- Keep a Clear Mind*
- Keepin’ it R.E.A.L.*
- Smart Moves, Smart Choices Toolkit
- Scholastic Medicine Lesson Plan and Worksheets
- Kids Health Drugs Lesson Plan Grades
- Kids Health Alcohol Lesson Plan Grades
- Scholastic Drug Education Activities
- Scholastic Alcohol Lesson Plan

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Grades 5-6 Resources

- (Scholastic OTC Safety Program Lesson Plans and Worksheets)
- Operation Prevention Elementary OTC and Prescription Medicine PPT Lesson*
- Botvin’s Life Skills Training*
- Keep a Clear Mind*
- Keepin’ it R.E.A.L.*
- Too Good for Drugs Program* (L.E.A.D.)
- New Beginnings Addiction Prevention Lesson Plans
- Keep a Clear Mind Take Home Drug Education Program Grades
- Kids Health Peer Pressure Lesson Plan Grades

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Grades 7-8 Resources

- Operation Prevention Middle School Brain, Body, Opioid PPT Lesson*
- Too Good for Drugs Middle School Program* (L.E.A.D.)
- Rutgers Pharmacy Opioid Abuse Toolkit (See Section 6 on Page 30)
- Scholastic-Everything on Drugs Lesson Plans / Worksheets
- Overcoming Obstacles – Middle School
- Smart Moves, Smart Choices Tool Kit
- Project Alert Substance Abuse Prevention Curriculum
- Kids Health Peer Pressure Lesson Plan Grades

*Some evidence-based resources have costs associated with them
Grades 9-12 Resources

- **Operation Prevention**
- **Too Good for Drugs High School Program** (L.E.A.D.)
- **Keepin’ it R.E.A.L.**
- **Rutgers Pharmacy Opioid Abuse Toolkit** (See Section 6 on Page 30)
- **Overcoming Obstacles**
- **Smart Moves, Smart Choices Tool Kit**
- **Brain and Addiction**
- **Pain Killer Addiction**
- **My Generation RX**

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