



# **Curriculum Resources for Educating Children about the Dangers of Substance Abuse**

Kimberley Harrington  
New Jersey Education Commissioner  
December 2017



# Value of Curriculum Resources

- Free and/or evidence-based\* resources for teachers:
  - Blending Funding Streams: Titles I, II-A, III, IV-A
  - County Resources (e.g. Department of Human Services)
  - Local Police (e.g. L.E.A.D.)
- Easily accessible in digital format for teachers and administrators
- Provides what teachers need:
  - Easy to understand and use in lesson plan design
  - Aligns to grade level bands
  - Easy to implement by health educators and classroom teachers
  - Supports learning standards
  - Some resources in languages other than English (e.g. Spanish)



# Grades K-2 Resources

- [Operation Prevention Elementary OTC and Prescription Medicine PPT Lesson\\*](#)
- [Footprints for Life\\*](#)
- [Too Good for Drugs Program\\*](#) (L.E.A.D.)
- [Good Behavior Game\\*](#)
- [I Can Problem Solve\\*](#)
- [Al's Pals\\*](#)
- [Smart Moves, Smart Choices Toolkit](#)
- [FDA Medicine Class PPT with Teacher's Guide](#)
- [KidsHealth Medicine Lesson Plan and Worksheets](#)
- [Online BrainPop Curriculum](#)
- [Social Emotional Learning Competencies](#)



# Grades 3-4 Resources

- [Operation Prevention Elementary OTC and Prescription Medicine PPT Lesson\\*](#)
- [I Can Problem Solve\\*](#)
- [Second Step Elementary/Middle\\*](#)
- [Too Good for Drugs Program\\*](#) (L.E.A.D.)
- [Keep a Clear Mind\\*](#)
- [Keepin' it R.E.A.L.\\*](#)
- [Smart Moves, Smart Choices Toolkit](#)
- [Scholastic Medicine Lesson Plan and Worksheets](#)
- [Kids Health Drugs Lesson Plan Grades](#)
- [Kids Health Alcohol Lesson Plan Grades](#)
- [Scholastic Drug Education Activities](#)
- [Scholastic Alcohol Lesson Plan](#)



# Grades 5-6 Resources

- [\(Scholastic OTC Safety Program Lesson Plans and Worksheets\)](#)
- [Operation Prevention Elementary OTC and Prescription Medicine PPT Lesson\\*](#)
- [Botvin's Life Skills Training\\*](#)
- [Keep a Clear Mind\\*](#)
- [Keepin' it R.E.A.L.\\*](#)
- [Too Good for Drugs Program\\*](#) (L.E.A.D.)
- [New Beginnings Addiction Prevention Lesson Plans](#)
- [Keep a Clear Mind Take Home Drug Education Program Grades](#)
- [Kids Health Peer Pressure Lesson Plan Grades](#)



# Grades 7-8 Resources

- [Operation Prevention Middle School Brain, Body, Opioid PPT Lesson\\*](#)
- [Too Good for Drugs Middle School Program\\*](#) (L.E.A.D.)
- [Rutgers Pharmacy Opioid Abuse Toolkit](#) (See Section 6 on Page 30)
- [Scholastic-Everything on Drugs Lesson Plans / Worksheets](#)
- [Overcoming Obstacles – Middle School](#)
- [Smart Moves, Smart Choices Tool Kit](#)
- [Project Alert Substance Abuse Prevention Curriculum](#)
- [Kids Health Peer Pressure Lesson Plan Grades](#)



# Grades 9-12 Resources

- [Operation Prevention](#)\*
- [Too Good for Drugs High School Program](#)\* (L.E.A.D.)
- [Keepin' it R.E.A.L.](#)\*
- [Rutgers Pharmacy Opioid Abuse Toolkit](#) (See Section 6 on Page 30)
- [Overcoming Obstacles](#)
- [Smart Moves, Smart Choices Tool Kit](#)
- [Brain and Addiction](#)
- [Pain Killer Addiction](#)
- [My Generation RX](#)