

**Unit VII:** Building Better Futures: Narrative, Recovery and Responsibility

**Grade Levels:** 9-12

**Time:** 120 minutes or more

## **Lesson HVII-20: Cycle of Liberation – A Model to Work Out World Problems?**

### **Objective:**

The student will learn to read, analyze and discuss the Cycle of Liberation model.

### **Key Terms:**

<b>Model</b>	<b>Intrapersonal</b>	<b>Interpersonal</b>	<b>Systemic</b>
<b>Privilege</b>	<b>Ally</b>	<b>Inspiration</b>	<b>Authenticity</b>
<b>Introspection</b>	<b>Internalized oppression</b>	<b>Coalescing</b>	<b>Assumptions</b>

### **Cognitive Dissonance**

### **Materials:**

Cycle of Liberation from Adams, M., Bell, L.A., & Griffin, P. (eds.), Teaching for Diversity and Social Justice: A Sourcebook, New York, Routledge, 1997.

Graphic of Cycle of Liberation by Bobbie Harro

<http://www.library.wisc.edu/edvrc/docs/public/pdfs/SEEDReadings/CycleLiberation.pdf>

### **Activities/Procedures:**

1. Hand out copies of the Cycle of Liberation and project the model onto the board.
2. Show students how to follow the flow of the diagram beginning with the darkened stages: waking up, getting ready, reaching out, building community, coalescing, creating change, maintaining.
3. Do not forget to discuss the core results.
4. Questions: Why is the model divided into the three areas?
5. Why are the three areas placed in the order that they are?
  - Either teacher or students choose an incident that created cognitive dissonance. (This incident could be a local event or situation at school.)
  - Have students break up into three groups: intrapersonal-reaching out; interpersonal-building community; systematic-creating change.
  - Students will analyze the event based on the parameters of their grouping, according to the flow chart.
  - Lesson will end with each group reporting back and the class constructing a master plan of how to deal with a local event
6. Questions to ask the class: How might we be able to translate your plan to the global world?

### **Evidence of Understanding:**

In your group, construct a model that would affect a situation/event in the global world.