Cut out this checklist and place on your desk as a reminder to embed UDL principles in your curricular units or lessons.

### Universal Design for Learning

A Quick Lesson Checklist

#### Provide Multiple Means of Student Engagement\*

Have you optimized student choice and autonomy?

Have you provided opportunities for self-assessment and reflection?

Have you provided appropriate language and background scaffolds?

Have you considered grouping configurations based on language proficiency and education background?

# Provide Multiple Means of Representation\*

Have you presented lesson content, including new vocabulary and language, expressions, and symbols in math, in multiple formats (e.g., audio, visual, tactile, native language)?

Have you highlighted the critical features and big ideas for your students?

# Provide Multiple Means of Action and Expression\*

Have you provided multiple means for student response and communication, including the use of technology?

Have you embedded multiple means of monitoring student progress?

\*Based on UDL Guidelines defined by CAST, Inc. (2011) at www.cast.org

#### For more information:

www.UDLcenter.org

www.CAST.org

www.njdoe.org/UDL

For a more detailed guidelines checklist:

http://www.udlcenter.org/sites/udlcenter.org/file s/Guidelines\_2.0\_Educator \_Checklist%20(1)\_0.pdf

New Jersey Department of Education 2016