



# REACH NJ RESOURCES

## WHAT IS DRUG ADDICTION?

Addiction is a **chronic, often relapsing brain disease** that causes compulsive drug seeking and use, despite harmful consequences to the addicted individual and to those around him or her. Although the initial decision to take drugs is voluntary for most people, the brain changes that occur over time challenge an addicted person's self-control and hamper his or her ability to resist intense impulses to take drugs. (Source: National Council on Alcoholism and Drug Dependence)

## WHAT ARE OPIOIDS?

Opioid painkillers are medications prescribed by a doctor to treat moderate-to-severe pain following surgery, physical injury, or pain-inducing health conditions such as cancer. Common side effects of opioid painkillers are tolerance and physical dependence, which can lead to overdose, addiction, and drug abuse.

## TYPES OF OPIOIDS AND THEIR COMMON BRAND NAMES

GENERIC BRAND NAME	BRAND NAME
FENTANYL	DURAGESIC
HYDROCODONE	VICODIN
MEPERIDENE	DEMEROL
OXYCODONE	OXYCONTIN, PERCOCET
CODEINE	(NONE)
MORPHINE	(NONE)

## SIGNS OF ADDICTION

People with substance abuse issues may act differently than they are normally accustomed. There are several signs that indicate someone may be suffering from addiction. **The signs you spot today could save a loved one tomorrow.** Possible signs of addiction include:

- Irritability
- Social withdrawal
- Attendance or performance issues at work or school
- Doctor shopping
- Sudden financial troubles
- Dramatic mood shifts
- Changes in eating or sleeping habits
- Lack of hygiene
- Pill bottles around the house

## ADDITIONAL RESOURCES

### MEDICINE DISPOSAL

<http://reachnj.gov/medicine-disposal.shtml>

### RECOVERY CENTERS AND SUPPORT GROUPS

<http://reachnj.gov/information.shtml#support>

### SUPPORT FOR PARENTS AND FAMILIES

<http://reachnj.gov/information.shtml#family>

### SOCIAL SERVICES

<http://reachnj.gov/information.shtml#additional>

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