

# Health & Safety Tips for Faith-Based Communities

*Help prevent the spread of COVID-19\**



Get **vaccinated and boosted!**  
Make an appointment at [covid19.nj.gov/vaccine](https://covid19.nj.gov/vaccine) or call 1-855-568-0545.



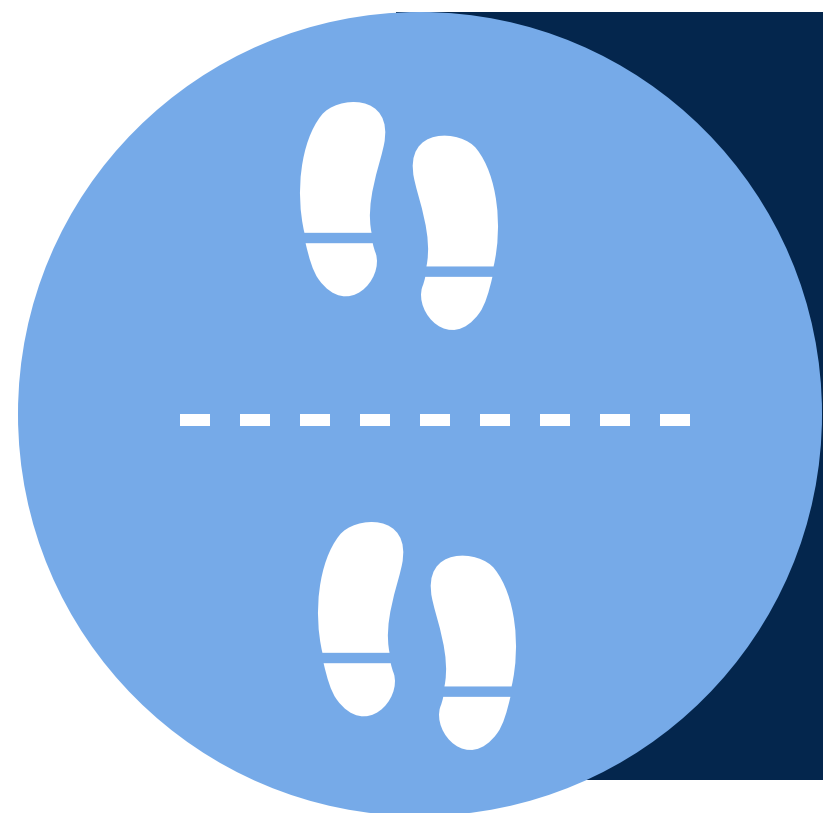
Get **tested** if concerned about health or risk of COVID-19.



Recommend masking in public indoor settings.



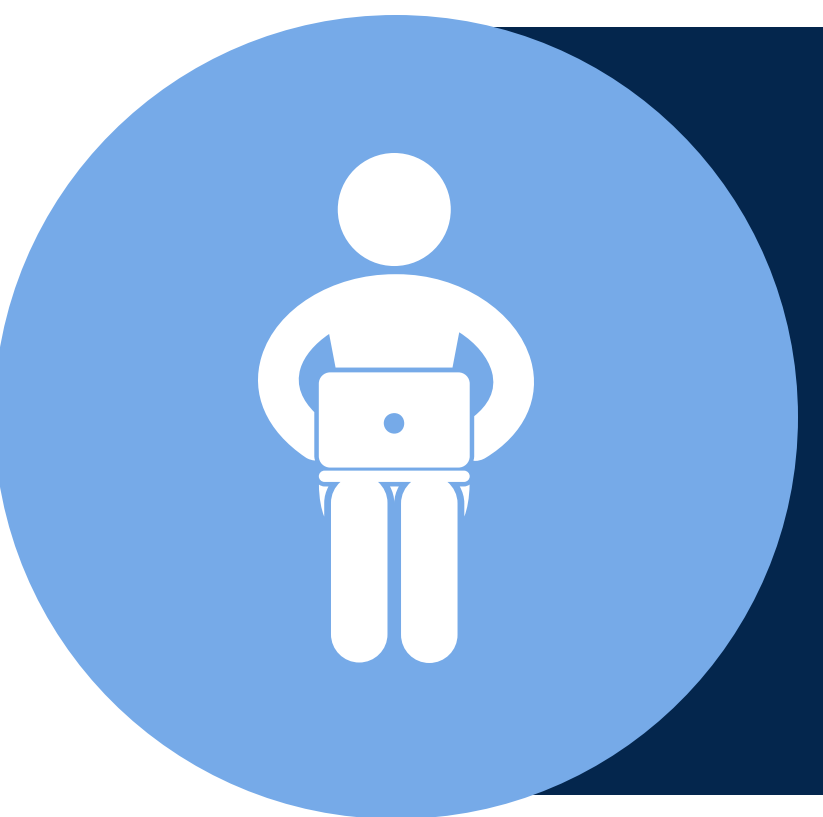
**Stay home** if sick or a close contact for COVID-19.



Maintain **physical distancing** whenever possible, especially when services are indoors.



**Wash hands** with soap and water and use hand sanitizer with at least 60% alcohol.



Take part in a **virtual session** if sick or cannot attend in-person.



**Clean and disinfect** frequently touched surfaces at least daily.



**Limit physical contact** by bumping elbows instead of shaking hands.



**Avoid touching** eyes, nose and mouth with unwashed hands.

\*These tips are recommendations--not official guidelines or rules.



For more information, visit <https://covid19.nj.gov>.

Masks should not be worn by children younger than 2 years, anyone who has trouble breathing and anyone who is unable to remove the mask without assistance.