

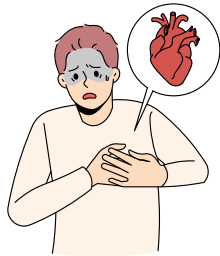


## Why Vaccination is Important for Adults with Chronic Health Conditions



- Vaccines are recommended for all adults but are especially important for those with chronic health conditions (i.e., heart disease, diabetes, lung disease, etc.).
- These conditions can increase your risk of serious complications from certain vaccine-preventable diseases, such as COVID-19.
- Getting vaccinated is an important step in staying healthy.

All adults are recommended to receive COVID-19, flu, and Tdap (tetanus, diphtheria, pertussis)/Td (tetanus, diphtheria) vaccines. You may need other vaccines depending on your health condition and other factors.\*



Flu can increase the risk of another heart attack or stroke.



Certain vaccine-preventable diseases can increase blood sugar to dangerously high levels.



Pertussis (whooping cough) can cause difficulty breathing.

Most insurance plans cover recommended vaccines. You can also check with your local health department and Federally Qualified Health Centers ([njpca.org/locate-center](http://njpca.org/locate-center)) regarding vaccine affordability. Find your local health department at [localhealth.nj.gov](http://localhealth.nj.gov).

\*Scan the code or visit [www2.cdc.gov/nip/adultimmsched](http://www2.cdc.gov/nip/adultimmsched) and talk to your health care provider to see what other vaccines you may need.

