NJ Youth Camp Safety Standards
Subchapter 5: HEALTH

Loel Muetter, MA, HO
Program Supervisor, NJDHSS
Public Health Sanitation and Safety Program
loel.muetter@doh.state.nj.us
(609) 826-4941
www.nj.gov/health/phss
5.1 Program

- Establish a medical program
- Under the direction of a physician or a dedicated health director
- Arrangements made with the local EMS
- Documented in writing (for medical transport)
5.1 Program

- The health director will maintain on-site:
  - Written parental consent for emergency medical treatment
  - Provide a copy of the consent to accompany each camper on all off-site trips
  - Bound medical log:
    - listing the date, name of patient, ailment, treatment and
    - the name of the person who administered treatment
5.1 Program

- Serious injury or illness the health director shall notify parent or guardian ASAP

- Written outline of daily procedures for health surveillance of campers and staff

- Isolate any camper or staff member suspected having a communicable disease

- Document all obvious and unusual observations

- Report all serious injuries to the NJDHSS’ Public Health Sanitation & Safety Program within 24 hrs
5.2 Health Director

- Resident and Day camps health director, must be:
  - On duty at all times,
  - An adult,
  - **And** either:
    - A physician
    - RN or LPN
    - Paramedic
    - EMT or first responder
    - BOC-certified athletic trainer
    - Resident camps individual who is certified in AFA
    - Day camps certified by ARC in SFA, or equivalent-approved certification
5.2 Health Director

• Camp director cannot be the health director, if camp has over 50 children

• All camp health directors should have professional-level CPR training

• Health director cannot have responsibilities in a high-risk activity such as horseback riding, archery, and so on
5.3 Medication Administration and Storage

- Prescription medications administered with written authorization
- Written medical policy and procedures for illness, injury and administration of non-prescription drugs
- All medications:
  - Labeled and stored properly
  - Stored in a secure area
  - Refrigeration provided and locked
  - Refrigerator has thermometer
5.3 Medication Administration and Storage

- Keep external and internal drugs separate
- Dispense drug only to prescribed camper
- Inform staff of medication needs of campers
- Maintain a MAR
5.3 Medication Administration and Storage

- Camper's name and parental authorization
- Name of the medication
- Reason for medication and precautions
- Instructions
- Date, time, and name of giver
- Any medication errors
- Any adverse drug reaction
5.3 Medication Administration and Storage

- Informed the parent if the youth camp does not administer medications
- Return unused medications within 3 days
- Destroy any medications unable to return
- First aid supplies (maintain minimum)
5.3 Medication Administration and Storage

- Fully restocked within 48 hours of use
- Health director ensures a first aid kit is:
  - Available for out-of-camp trips
  - Stocked with appropriate items
5.5 Health Records

- Written health histories (Staff and Campers)
- Physical conditions
- Mental conditions
- Allergies
- Health histories secured at the camp for entire season

- Campers must be immunized, or
  - Provide a statement from a physician that it is in progress
  - Medical exemptions and religious exemptions allowed