Almost 800 children drown in the U.S. every year.

Drowning Risk Varies by Age

- <1 year olds are more likely to drown at home
- 1-4 year olds are more likely to drown in a pool
- 5-17 year olds are more likely to drown in natural water

5 Survival Skills That Could Save Your Life in the Water

1. Step or jump into water over your head and return to the surface.
2. Float or tread water for one minute.
3. Swim 25 yards to the exit.
4. Exit from the water. If in a pool, be able to exit without using the ladder.
5. Turn around in a full circle and find an exit from the water.

WATER SAFETY TIPS

- Watch your kids when they are in and around water, without distraction.
- Teach children to swim and the 5 Water Survival Skills.
- Learn CPR and basic rescue skills.
- Make sure pools have four-sided fencing at least 4 feet high.

Learn more at safekids.org.

© 2016   Safe Kids Worldwide