

**Division of Developmental Disabilities
Resource Team: Nursing Support Unit
Bowel Movement Monitoring Chart**

Name: _____ DOB: _____ Month/Year: _____

Location: _____

BM Protocol: Yes No

Key code: Size: **L= Large** **M= Medium** **SM= Small**

Constipation Diagnosis: Yes No

Type: **H= Hard** **S= Soft** **D= Diarrhea/Loose Stool**

(For type, you can reference the Bristol Stool Chart on back of this page)

Please document "No" if No Bowel Movement.

Example: Large & Soft BM
Day Shift: L/S
Staff Initials: DK

Date	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
Day Shift																																
Staff Initials																																
Evening Shift																																
Staff Initials																																
Overnight shift																																
Staff Initials																																

Staff Signatures:








Name	Initials	Name	Initials	Name	Initials

Please Document any bowel changes on the back of this sheet and report to the Primary Care Physician as per agency policy.

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Notes:

BRISTOL STOOL CHART

TYPE 1		Separate hard lumps VERY CONSTIPATED
TYPE 2		Lumpy and sausage like SLIGHTLY CONSTIPATED
TYPE 3		A sausage shape with cracks in the surface NORMAL
TYPE 4		Like a smooth, soft sausage or snake NORMAL
TYPE 5		Soft blobs with clear-cut edges LACKING FIBER
TYPE 6		Mushy consistency with ragged edges INFLAMMATION
TYPE 7		Liquid consistency with no solid pieces INFLAMMATION AND DIARRHEA

MEDICALNEWS TODAY

Reference:

Louise Morales-Brown, Debra Sullivan, Ph.D., MSN,R.N.,CNS, COL 2021, *Medical News Today*, accessed 23 May 2023, <https://www.medicalnewstoday.com/articles/bristol-stool-scale>.

If a life-threatening emergency is present always call 911 as per Danielle's Law.