

## **DMHAS Recovery Centers and Self-help Centers of New Jersey**

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### **DMHAS New Jersey Recovery Centers**

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#### **Passaic County**

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##### **Eva's Village**

393 Main Street  
Paterson, NJ 07501  
(973)754-6784  
<http://evasvillage.org/>

**Hours of operation for the RECOVERY CENTER is: Monday-Saturday 8am-10pm. Sunday's 10am-6pm. Eva's Village as a whole has various hours do to the many different programs. It is all on the website.**

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#### **Camden County**

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##### **Living Proof Recovery Center**

108 Somerdale Road  
Voorhees, NJ 08043  
(856)216-7134  
<http://www.centerffs.org/recovery-center/welcome>

**Hours of operation are follows: Mon-10 am – 5pm; Tues-10 am- 8:30 pm; Wed. 10 am -5 pm; Thurs-10am- 8:30 pm; Friday 10 am- 4 pm; Sat- open for scheduled meetings; Sun 12pm- 5pm**

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### **DMHAS New Jersey Self-help Centers**

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#### **Atlantic County**

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##### **I.C.E.**

4 East Jimmie Leeds Road Suite #8  
Galloway, NJ 08205  
Contact: Carolyn Quinn  
609-652-3800 ext. 303  
[www.mhaac.info](http://www.mhaac.info)

#### **Call for Hours**

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## **Burlington County**

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### **R.I.T.E (Realizing Independence Through Empowerment) Self-Help Center**

693 Main St  
Amherst Commons Building "C"  
Lumberton 08048  
Center: 609-518-7283  
Manager's Office: 609-518-7292

**Hours: Tuesday -Saturday 12p-6p**

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## **Burlington County**

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### **The Riverbank Self-help Center**

114 Delaware Ave.,  
Burlington, NJ 08016.  
Some GPS devices prefer 114 Riverbank St. over the 114 Delaware Ave. address (physical vs. mailing address of Delaware Ave.)  
Phone No. is 609-239-1786

**W,Th,F 4:30-8:30 pm**

**Sun. 12-4 pm**

[www.riverbankshc.org](http://www.riverbankshc.org)

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## **Camden County**

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### **Wellness Self-Help Center of Camden City**

415 Federal Street  
Camden, New Jersey 08103  
Phone- (856)757-0385  
Fax- (856)757-4241  
Contact Person- Patricia Mincey  
[www.mhaswnj.org](http://www.mhaswnj.org)

**W-F 3-7, Sat Sun 1130-330**

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## Ocean County

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### **Journey to Wellness**

226 Route 37 West  
Toms River NJ 08575,  
Phone number is 732-914-1546  
[www.mhanj.org](http://www.mhanj.org)

**Hours: M, W, F 9 to 4, Tues, Thurs 9 to 8**

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## Union County

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### **Esperanza**

361-363 Monroe Ave.  
1<sup>st</sup> Floor  
Kenilworth, NJ 07033  
908-272-5296  
FAX 908-272-5285  
Manager: Jose Santos  
[www.mhanj.org](http://www.mhanj.org)

**M,W, F 9 AM-2 PM Tues 9 AM-1 PM**

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## Warren County

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### **Better Future Self Help Center**

21 West Washington Ave.  
Washington, NJ 07882  
(908)835-1180

**Monday - Friday: 3:00 pm to 7:30 pm**

**Saturday: 12:00 pm to 4:00 pm**

Transportation available to pick-up and take home Mondays, Tuesdays, Thursdays, Fridays & Saturdays

We are also located near somewhat limited public shuttle transportation.

Contact person: Fonda Fonte or Kathy Deats at (908)835-1180.

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## **DMHAS NJ Self-help Centers (through Collaborative Support Programs of NJ)**

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### **Bergen**

#### **For Us, By Us**

40 N. Van Brunt St. Englewood, NJ 07631

Manager: Andy Rola

Phone Number: (201) 541-1221

Fax: (201) 541-0566

**Mon-Fri 1-5, Sun 12-5**

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### **Bergen**

#### **On Our Own**

179 Main St., Hackensack, NJ 07601

2nd Floor, Suite 3

Manager: Christie Moss

Phone Number: (201) 489-8402

Fax: (201) 489-9796

**Mon-Fri 2-7 Sat-Sun 1-5**

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### **Camden**

#### **Fresh Start Self-help Center at Ancora Psychiatric Hospital**

301 Spring Garden Rd. Hammonton, NJ 08037

Manager: Toni Muehter

Phone Number: (609) 561-1700 x 7542

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### **Camden**

#### **The Donald Mays Jr. Self-help Center**

204 White Horse Pike Barrington, NJ 08007

Manager: Robin Weiss

Phone Number: (856) 429-9940

Fax: (856) 429-9941

**M, W, F 12-8 Sat 11-6 Sun 12-8**

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## **Cape May**

### **Learning Recovery Center at Wildwood**

4404 Pacific Ave. Wildwood, NJ 08260

Manager: Betty Redman

Phone Number: (609) 523-7100

Fax: (609) 523-7155

**M 11-3, Tues-W 4-8 F 4-9 Sun 3-7**

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## **Cumberland**

### **New Horizons**

63 South Myrtle St. Vineland, NJ 08360

Manager: Chris Olausen

Phone Number: (856) 696-8921

Fax: (856) 696-8859

**M, W, F 11-4 Tues 11-8 Thurs 11-930 Sat 10-2**

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## **Essex**

### **Pleasant Moments**

465 Broadway Newark, NJ 07104

Manager: Elonda Simpson

Phone Number: (973) 991-2773

Fax: Same - Call Ahead

**M, W, F 2-7 Sun 12-4**

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## **Essex**

### **Where Peaceful Waters Flow**

47 Cleveland St. Orange, NJ 07050

Manager: Jeanette Craig

Phone Number: (973) 677-7700

Fax: Same – Call Ahead

**M-Thurs 1-6 Sat 930-330**

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## **Gloucester**

### **Up Your Alley**

8 Liberty St. Glassboro, NJ 08028

Manager: Pat Leary

Phone Number: (856) 881-2204

Fax: (856) 881-2599

**Tues-F 2-7 Sat 10-2**

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## **Hudson**

Hudson County Self-Help Center

880 Bergen Avenue, Jersey City, NJ 07306

(Mailing address: 924 Bergen Ave., PMB #323, Jersey City, NJ 07306)

Suite 605

Manager: Pamela Baker

Phone Number: (201) 420-8013

Fax: (201) 420-7944

**M, W, F 10-8 Thurs 10-9 Sat 12-7**

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## **Mercer**

### **Reach Out/Speak Out**

2100 E. State Street Extension Hamilton, NJ 08619

Manager: Helen Williams

Phone Number: (609) 838-0051

Fax: (609) 838-7080

**Tues & Thurs 2-8 F 5-8 Sat 10-4**

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## **Mercer**

### **Transition Mission at Trenton Psychiatric Hospital**

Address: 101 Sullivan Way West Trenton, New Jersey 08628

POB 7500, Trenton Psychiatric Hospital (Stratton Hall)

Manager: Lynne Blecher

Phone Number: (609) 503-5762

Fax: (609) 503-5759

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## **Middlesex**

### **Moving Forward Self-help Center**

Address: 25 Elizabeth St. New Brunswick, NJ 08901

2nd Floor, Suite 2B

Manager: Lucy Buckner

Phone Number: (732) 317-2920

Fax: (732) 317-2921

**M, W, F 3-7 Tues 11-7 Thurs 11-915 Sat 11-6 Sun 1-6**

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## **Monmouth**

### **Freehold Self-help Center**

17 Bannard St., Freehold, NJ 07728

Suite 22

Manager: Lisa Negron

Phone Number: (732) 625-9485

**M 11-5, W- Sun 12-6**

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## **Monmouth**

### **The C.A.R.E. Center**

80 Steiner Ave. Neptune City, NJ 07753

Manager: Debra Crowell

Phone Number: (732) 455-5358

Fax: (732) 455-5359

**M, W-Thurs 11-5 Tues & Fri 10-4 Sat 10-430**

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## **Morris**

### **Morris Self-help Center**

1259 Rt. 46 E. Parsippany, NJ 07054

Long Description:

Bldg #4 Entrance 4D

Manager: John Robbins

Phone Number: (973) 334-2470

Fax: (973) 334-3647

**M-F 3-7 Sat-Sun 1-5**

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## **Morris**

### **Woody Guthrie Self-help Center at Greystone Park Psychiatric Hospital**

59 Koch Ave., Morris Plains, NJ 07950

Cottage 11

Manager: Atoya Anderson

Phone Number: (973) 644-5121

Fax: (973) 644-5126

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## **Ocean**

### **Brighter Days**

268 Bennetts Mills Road Jackson, NJ 08527

Manager: Michele Lockhart

Phone Number: (732) 534-9960

Fax: Same – Call Ahead

**Tues-F 2-730, Sat 11-330**

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## **Passaic**

### **Our House**

750 Broadway Paterson, NJ 07514

Manager: Miriam Diaz

Phone Number: (973) 553-1101

Fax: (973) 553-1102

**M, W 3-7 Tues, Thurs Fri 1-7 Sat 12-6**

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## **Passaic**

### **Social Connections**

1 Westervelt Place Clifton, NJ 07011

Vanderhoef House

Manager: Annette Wright

Phone Number: (973) 778-8810

Fax: Same – Call Ahead

**Tues-Thurs 2-6, W-F 4-930 Sun 11-5**

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## **Salem**

### **New Dimensions**

77 West Broadway Salem, NJ 08079

Manager: Nerissa Jones

Phone Number: (856) 279-2753

Fax: Same – call ahead

**Tues, Thurs 2-8 F-Sat 9-1**

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## **Somerset**

### **Freedom Trail**

166 West Main Street Somerville, NJ 08876

Manager: Lisa Stone

Phone Number: (908) 722-5778

Fax: (908) 722-2664

**M, W, F 10-3 Tues, Thurs, Sat 4-9**

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## **Sussex**

### **A Way to Freedom**

29 Trinity Street Newton, NJ 07860

Manager: Betty McTeague

Phone Number: (973) 300-0830

Fax: (973) 300-0840

**M, W-F 2-630 Sat 10-3**

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## **Union**

### **New Beginnings**

516 Morris Ave, Elizabeth, NJ 07208

1st Floor

Manager: Joyce Haberer

Phone Number: (908) 352-7830

Fax: (908) 351-9704

**M-Thurs 3-8 Sun 2-7**

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## **Union**

### **Park Avenue Self Help Center**

333 Park Ave. Plainfield, NJ 07060

Manager: Andre Lawson

Phone Number: (908) 757-1350

Fax: Same – Call Ahead

**M 1-5, W-F 3-7, Sat 1230-430**

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