

## **Division of Mental Health and Addiction Services Community Wellness Centers**

**Virtual Services vary by center/Please use contact numbers listed to determine service availability.  
Currently: On-site Hours may vary due to current COVID related restrictions**

### **Mental Health Association of NJ (MHANJ) /United by Wellness (UBW) /Statewide ALL Virtual VIRTUAL Wellness Center**

United by Wellness (UBW) operates 7 days a week, offering over 50+ groups a week, on zoom & phone.  
[unitedbywellness@mhanj.org](mailto:unitedbywellness@mhanj.org)

#### **MHANJ/I.C.E. Wellness Center/Atlantic County**

All services are currently virtual: Please contact MHANJ Atlantic to receive calendar of services.  
4 East Jimmie Leeds Road Suite 8  
Galloway NJ 08205  
Phone: 609-652-3800  
Manager: Bernadette Trendler

#### **Collaborative Support Programs of NJ (CSPNJ) /Bergen County Community Wellness Center (CWC) /Bergen County**

117 Hudson Street  
Hackensack, NJ 07601  
Hours: Tue-Sat 1PM-5PM  
Phone: 201-489-8402  
Manager: Lily Huang

#### **Catholic Charities/Riverbank Wellness Center/Burlington County**

114 Delaware Avenue  
Burlington, NJ 08016  
Phone: 609-239-1786  
Cell: 609-480-6845  
Manager: Cindy Gambrill

#### **Oaks Integrated Care/The R.I.T.E. Center/Burlington County Realizing Independence Through Empowerment**

Amherst Commons Building C  
Lumberton, NJ  
Hours: Tues.-Sat. 12-6  
Phone: 609-518-7293  
Cell: 609-790-5953  
Manager: Carlyn Barnes

#### **CSPNJ/Donald Mays Jr. Community Wellness Center/Camden County**

204 White Horse Pike  
Barrington, NJ 08007  
Hours: Mon 12PM-5PM/ Tue-Thurs 2PM-7PM  
Phone: 856-429-9940  
Manager: Johnny Rice

**CSPNJ/ Learning Recovery Center/Cape May County**

4404 Pacific Avenue  
Wildwood, NJ 08260  
Hours: Mon, Tue, Thurs-Sat 11AM-3PM  
Phone: 609-523-7100  
Manager: Betty Redman

**CSPNJ/New Horizons Community Wellness Center/Cumberland County**

63 South Myrtle Street  
Vineland, NJ 08360  
Hours: Mon-Fri 11AM-4PM/ Thurs 630PM-830PM/ Sat 10AM-2PM  
Phone: 856-696-8921  
Manager: Chris Olausen

**CSPNJ/Better Life Community Wellness Center/Essex County**

101 14<sup>th</sup> Avenue  
Newark, NJ 07103  
Hours: Mon-Fri: 8:30AM-4:30PM/Sat: 9AM-1PM  
Phone: 862-229-1400- Ex. 2806  
Manager: Shareatha Webster

**CSPNJ/Up Your Alley Community Wellness Center/Gloucester County**

8 Liberty Street  
Glassboro, NJ 08028  
Hours: Tue, Thurs, Sun: 1PM-6PM/ Mon, Wed 12PM-5 PM  
Phone: 856-881-2204  
Manager: Pat Leary

**CSPNJ/Hudson County Integrated Services CWC /Hudson County**

124 Claremont Avenue  
Jersey City, NJ 07305  
Hours: Mon-Fri: 7AM-5PM/Sat: 10AM-2PM  
Phone: 201-420-8013  
Manager: Pam Baker

**Hunterdon Healthcare Services NJ/Getting Together Wellness Center/ Hunterdon County**

52 East Main Street  
Flemington, NJ 08822  
Phone: 908-806-8202  
Manager: Kerry McGinnity

**CSPNJ/Community Wellness Center/Mercer County**

Relocating in Trenton TBA  
Manager: Lynne Blecher

**CSPNJ/Moving Forward Community Wellness Center/ Middlesex County**

25 Elizabeth Street 2<sup>nd</sup> Floor  
New Brunswick, NJ 08901  
Hours: Mon, Thurs 3PM-7PM/ Wed, Fri, Sat 10AM-2PM  
Phone: 732-317-2920  
Manager: Danijela Santos

**CSPNJ/Freehold Community Wellness Center/Monmouth County**

17 Bannard Street / Suite 22  
Freehold, NJ 07728  
Mon, Wed-Sat: 12PM-5PM  
Phone:732-625-9485  
Manager: Lisa Negron

**CSPNJ/CARE Center Community Wellness Center/Monmouth County**

80 Steiner Avenue  
Neptune City, NJ 07753  
Hours: Tue-Sat 10AM-3PM  
Phone: 732-455-5358  
Manager: Michelle Durant

**CSPNJ/ Morris County Community Wellness Center/Morris County**

1259 Route 46 East  
Parsippany, NJ 07054  
Hours: Tue-Sat 12PM-5PM  
Phone: 973-334-2470  
Manager: Ken Kohn

**CSPNJ/Brighter Days Community Wellness Center/Ocean County**

268 Bennetts Mill Road  
Jackson, NJ 08527  
Hours: Tue, Thurs 12PM-5PM/ Wed, Fri 2PM-7PM/ Sat 11AM-4PM  
Phone: 732-534-9960  
Manager: Michele Lockhart

**MHANJ/Journey to Wellness/Ocean County**

All services are currently virtual: Please contact MHANJ Ocean to receive calendar of services.  
25 South Shore Drive  
Toms River, NJ 08753  
Phone: 732-914-1546  
Manager: Michael Leotis

**CSPNJ/Passaic County Community Wellness Center(CWC)/Passaic County**

60 Hamilton Street  
Paterson, NJ 07505  
Hours: Mon-Fri: 9AM-4PM/Sat: 9AM-2PM  
Phone: 973-553-1101  
Manager: Anne Wright

**CSPNJ/New Dimensions Community Wellness Center/Salem County**

77 West Broadway  
Salem, NJ 08001  
Hours: Tue, Wed, Thurs 4PM-8PM/ Fri, Sat 9AM-1PM  
Phone: 856-279-2753  
Manager: Nerissa Jones

**CSPNJ/Freedom Trail Community Wellness Center/ Somerset County**

166 West Main Street

Somerville, NJ 08876

Hours: Tue, Thurs, Sat: 4PM-9PM/ Wed, Fri: 10AM-3PM

Phone: 908-722-5778

Manager: Jeffrey Philipps

**CSPNJ/ A Way to Freedom Community Wellness Center/ Sussex County**

29 Trinity Street

Newton, NJ 07860

Hours: Mon, Wed, Thu & Fri: 1PM-5:30PM/Sat:10AM-2PM

Phone: 973-300-0830

Manager: Betty McTeague

**CSPNJ/Park Avenue Community Wellness Center/Union County**

333 Park Avenue

Plainfield, NJ 07060

Hours: Tue-Fri: 1PM-6PM/Sat: 11AM-5PM

Phone: 908-757-1350

Manager: Andre Lawson

**MHANJ/Esperanza Wellness Center/Union County**

All services are currently virtual: Please contact MHANJ Main Office to receive calendar of services.

Please contact:

Jill Schlossberg LPC, LCADC, CCS

673 Morris Avenue, Suite 100

Springfield, New Jersey 07081

Cell: 201-835-6663

Manager: Currently Vacant

**Center for Family Guidance/Better Future Wellness Center/Warren County**

21 West Washington Ave

Washington, NJ 07882

Virtual Hours: Tues.-Fri. 9AM-6PM

Phone: 908-835-1180

Manager: Beverly Parello

