WELLNESS AND RECOVERY TRANSFORMATION ACTION PLAN
UPDATE OCTOBER 2008

Systems Enhancement

Objective: New and/or expanded roles for consumers and families
- Peer Specialist positions are being created in each of the state psychiatric hospitals.
- On-grounds consumer operated Self-Help center opening in October 2008 at Ancora with others to follow.
- Training was provided to Self-Help Center management and membership in advocacy and leadership.
- The Univ. of Penn’s Center for Community Integration provided training to Self-Help Centers on Olmstead.

Objective: Emphasize and Integrate Tools to Promote Consumer Empowerment
- Regulations on Psychiatric Advanced Directive (PAD) have been published.
- Training on supporting consumers in completing PAD is available on the DMHS website.

Objective: Improve Integration between Primary Care and Mental Health Treatment
- DMHS awarded Proposals to provide enhanced supportive housing for consumers ready for discharge on CEPP status in state psychiatric hospitals who also have co-existing medical conditions.

Objective: Improve Integration of Services for Consumers That Cross Systems
- Recommendations by DD/MI Task Force were presented on October 10, 2008.
- DMHS and DAS will be co-chairing a task force to examine issues to creating a Co-occurring Competent System. Application for membership is available at the link below on the DHS website and application is due by 10/30/08. [Link](http://www.state.nj.us/humanservices/dmhs/Co_occurring_task_force_applic.pdf)
- Protocols to facilitate transition for youths Aging Out of the children’s behavioral health system are being piloted in Middlesex, Monmouth, Ocean and Burlington Counties this fall.

Objective: Create a culture of wellness and recovery and an emphasis on active treatment facilitating life in the community within the state psychiatric hospitals
- A progress report on improvements at Ancora Psychiatric Hospital can be viewed on DMHS’s website.

Data Driven Decision Making

Objective: Establish system wide outcomes and measures; Implement performance based contracting
- Unique to NJ, DMHS posted Data Dashboard Reports on the website about each of the State hospitals.
- DMHS has identified domains in which systems outcomes will be identified and measured. These domains are: Improved Access to Services; Promotion of Recovery Oriented Outcomes; Appropriateness of Service; Effectiveness of Services; Efficiencies; Integrated Systems; Decreased Stigma and Discrimination; and Environment of Care.
- Contract reform continues to take place with stakeholders and constituent participation. Activities related to contract reform to date include: refining units of services and service commitments; updating the QCMR; defining units of services and service commitments; and defining performance measures for PACT.

Workforce Development

Objective: Develop and implement a competency based Workforce Development Plan
- DMHS has consulted with the National Research Institute to assist us going forward to ensure a competent workforce in NJ.