What does it all mean?

Remaining in the community for treatment services

- Funding provided by both state and federal government. Services are funded for individuals not eligible to receive Medicaid

Ensures Accountability

- Responsibility of service provider is to ensure services should lead to desired goal, such as:
  - Staying out of hospital
  - Increased independence
  - Living in the community of person’s choice
  - Obtaining employment or volunteering

Medical Model vs. Wellness and Recovery Model

<table>
<thead>
<tr>
<th>Medical Model</th>
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</thead>
<tbody>
<tr>
<td>Services determined by treatment team</td>
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<tr>
<td>Individual goes to provider location for treatment</td>
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<tr>
<td>Services are provided for the individual</td>
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<table>
<thead>
<tr>
<th>Wellness and Recovery Model</th>
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</thead>
<tbody>
<tr>
<td>Services provided based on individual choice</td>
</tr>
<tr>
<td>Individual chooses where services are received</td>
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<tr>
<td>Services are done with individual</td>
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</tbody>
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Community Support Services (CSS)

CSS Information

Provided and Presented by

Division of Mental Health and Addiction Services (DMHAS)
Office of Treatment and Recovery Support

September 2015

Division of Mental Health and Addiction Services
PO Box 700
222 South Warren Street
Trenton, NJ 08625-0700
CSS is guided by the principles of Wellness and Recovery (Psychiatric Rehabilitation Model)

- Psychiatric Rehabilitation** Values**
- Psychiatric Rehabilitation** Principles**
- Psychiatric Rehabilitation** Methods**

Principles of Wellness and Recovery

Psychiatric Rehabilitation is based on the following **Values**:

- An individual helps guide their own treatment
- All people have value and can participate in their community
- People should live in a safe and healthy environment
- An individual should have an opportunity to be part of culturally diverse community

Psychiatric Rehabilitation uses the following **Methods**:

- An individual and service provider(s) join a supportive partnership
- Goals are made by the individual to create what they wish to make
  - Goal-related Assessments are based on what individual want to make
  - Goal-related Skills development, as needed, for the individual to achieve their goals
  - Goal-related Resources provide linkage to education and information needed to achieve those goals