

Statewide Listings

Atlantic

Division of Intergenerational Services (609) 645-7700

Bergen

County Division on Disability Services (201) 336-6511

Burlington

Visiting Nurse & Homemaker Services (609) 267-7417

Camden

Senior Citizens United Community Services
..... (856) 456-1121

Cape May

County Board of Social Services (609) 886-6200

Cumberland

South Jersey Healthcare Community Services
..... (856) 878-6022

Essex

County Division of Senior Services (973) 395-8375

Gloucester

Visiting Nurse & Homemaker Services (856) 853-0010

Hudson

Visiting Homemaker Service (201) 656-6001

Hunterdon

Visiting Health & Supportive Services (908) 788-2568

Mercer

St. Francis Medical Center (609) 599-5246

Middlesex

County Department on Aging (732) 745-3295

Monmouth

Family & Children's Service, Inc. (732) 222-9111

Morris

VNA of Northern New Jersey (973) 539-1216

Ocean

County Board of Social Services (732) 349-1500

Passaic

HomeCare Options (973) 523-1224

Salem

South Jersey Healthcare Community Services
..... (856) 878-6022

Somerset

Visiting Nurse Association of Somerset Hills
..... (908) 766-0180

Sussex

Visiting Nurse Association of St. Clare's (973) 729-7078

Union

County Division on Aging (908) 527-4873

Warren

Visiting Homemaker Service (908) 689-4140

CONTACT:

**New Jersey Department of
Health and Senior Services
Division of Aging and
Community Services**

P.O. Box 807

Trenton, New Jersey 08625-0807

OR CALL YOUR

**LOCAL AREA AGENCY ON AGING:
1-877-222-3737**

OR VISIT:

nj.gov/health/senior/respite.shtml
or our website for caregivers
www.caregovernj.nj.gov



Time Out for Caregivers

STATEWIDE Respite Care PROGRAM



Chris Christie
GOVERNOR
Kim Guadagno
L. GOVERNOR



Poonam Alaigh, MD, MSHCPM, FACP
COMMISSIONER

What is the Statewide Respite Care Program?

The Statewide Respite Care Program is designed to provide assistance to families by giving unpaid caregivers a break from the daily responsibility of caring for an elderly or disabled relative or friend.

Respite services may be used so that unpaid caregivers can shop, get medical care, attend to personal matters, rest, vacation or cope with an emergency.

Respite may be used occasionally or at regularly scheduled times.

Program Requirements

- ii Resident of New Jersey with a chronic physical or mental disability requiring supervision or assistance with basic daily needs from a caregiver
 - Age 18 or older
 - Meet income criteria
 - Liquid resources of less than \$40,000 (\$60,000 for couples)
 - Based on income, pay required cost share.

Respite Care Services Available

Companion—adult “sitter” or basic supervision provided in-home, on an hourly basis

Homemaker/Home Health Aide—in-home, hourly or overnight service by a trained individual, including personal care and housekeeping

Caregiver Directed Option—Permits qualified participants to be reimbursed for a broad array of purchased respite services

Social or Adult Day Health Services—out-of-home care in a structured, social and health related day program



Private Duty Nursing—in-home, hourly R.N. or L.P.N. service



Adult Family Care—short-term placement in the home of a trained, approved individual or family



In-patient Care—short-term placement in a licensed medical facility



Campership—short-term day or overnight placement in an accredited camp facility