



GET HELP BUYING GROCERIES

*See what SNAP
can do for you!*

*NJ SNAP is New Jersey's food assistance program
that can help families buy groceries.*

YOU CAN APPLY FOR SNAP AT ANY TIME!

WHO CAN APPLY?

A SNAP household is anyone who lives and eats together.

- Any household member 18+ years old
- An authorized representative who can go food shopping and use SNAP benefits on your behalf (a friend, relative, neighbor)

HOW YOU CAN APPLY:

- Online at www.njsnap.gov
- In-person at the local board of social services
- Call **1-800-687-9512** for more information

HOW SOON ARE BENEFITS AVAILABLE?

- Within 30 days
- If you need help sooner, you may qualify to receive your benefits within 7 days



State of New Jersey
Phil Murphy, Governor | Sheila Oliver, Lt. Governor



Department of Human Services
Carole Johnson, Commissioner