



# DMAVA Highlights

September 4, 2008

Volume 8, Number 36

*NJ Dept of Military  
and Veterans  
Affairs*

**Maj. Gen. Glenn K. Rieth**  
The Adjutant General

**Brig. Gen. Maria Falca-  
Dodson**  
Deputy Adjutant General

**Col. (Ret) Stephen G. Abel**  
Deputy Commissioner for  
Veterans Affairs

**Contacting us  
is easy!**

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Or

609-530-6951

## **News For Your Views**

### **Gen. McKinley finds New Jersey Guard above the curve**

On Thursday, Aug. 28, Lt. Gen. Craig R. McKinley, director of the Air National Guard, visited New Jersey, catching an overview of the workings of the Army and Air Guards and flew off to the next stop on his itinerary with a very favorable view of how well the two components work together.

More than one time, Gen. McKinley, who has been tapped as the next chief of the National Guard Bureau and slated for promotion to a four star general, remarked that New Jersey's Air and Army Guards "are better integrated than any state he has ever visited."

McKinley and his staff were briefed by the commanders of the 108th Air Refueling Wing, 177th Fighter Wing and the N.J. Army National Guard. He took a windshield tour of McGuire Air Force Base and a helicopter tour of the new superbase that encompasses the Dix-McGuire-Lakehurst area.

Airmen and Soldiers gathered in the Joint Training and Training Development Center, Fort Dix in the afternoon and had a Town Meeting with Gen. McKinley. Prior to giving his coin to Airmen of the 108th and 177th, he told the audience that every Airman is coin-worthy. "We have the best of the best in today's Guard," he stated.

McKinley wrapped up the Town Hall meeting telling his listeners about a recent meeting he has with retired Lt. Gen. Russ Honoré, who talked about what where the two most important days of his life. For Honoré it was the day he was born and the day he figured out why he was born and that was when he was handed the job of overseeing the relief effort in Mississippi.

"We all want to be leaders," said McKinley. He told the Airmen and Soldiers that they would spend their best moments of leadership at home with their families.

"As strong as we are as a nation, that is how strong we will be as the Guard," he said.

### **Teaneck FAC holding Passport Fair**

*From the desk of retired Sgt. 1st Class Janis M. Shaw, FAC Coordinator*

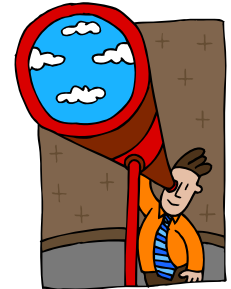
The U.S. Postal Service is holding a Passport Fair at the Teaneck Family Assistant Center, on Sept. 18 at 7 p.m.

Applications will be available at the center for both adults and children under the age of 16. Photos will be taken there also.

Those applying for passports must have the following documents at the time of application: proof of U.S. citizenship, proof of identity and \$100 in cash or a postal money order. This link lists the documents that will be accepted as proof of citizenship and identity: [http://travel.state.gov/passport/get/first/first\\_830.html](http://travel.state.gov/passport/get/first/first_830.html). If you have any questions, please call the Teaneck FAC at 201-833-8356 or 201-833-0632.

### **Motorcycle run will benefit new home for disabled vet**

Do you ever wonder how groups start raising funds for a specific idea?



**We're on the Web!**  
[www.nj.gov/military](http://www.nj.gov/military)



## **Veterans' Organizations**

### **Contact Information**

State Veterans Service  
Council  
Mr. Richard Clark  
[RJClark21@msn.com](mailto:RJClark21@msn.com)

BG William C. Doyle  
Cemetery Advisory  
Council  
Mr. William Rakestraw  
[warjrnl@msn.com](mailto:warjrnl@msn.com)

### **Veterans Hotlines**



Benefits &  
Entitlements  
1-888-8NJ-VETS  
(1-888-865-8387)

Mental Health  
1-866-VETS-NJ4U  
(1-866-838-7654)

Is there someone who sits around brainstorming all day? Here is the story behind how a group is raising funds to build a home for a disabled veteran.

A New Jerseyan who is a member of the Patriot Guard Riders went on a mission last fall to escort home a young wounded Marine from Walter Reed Hospital to his home in New Jersey. The Marine had lost both legs and four fingers on one hand. The escorts had the opportunity to briefly meet the young man and thank him before the trip home where many of the local residents of the town were there to welcome him home.

On his way home, this Patriot Guard Rider, who is also a member of the Western Monmouth Habitat for Humanity committee, wondered what the community could do for disabled veterans. Within a week he contacted the committee leader suggesting a goal to raise the money to build a house for a disabled veteran. The request went through channels, was approved and this is the request for support for the cause.

On Oct. 5, WMHFH will hold the 9th Annual Motorcycle Ride for Affordable Housing. This year's beneficiary will be "Habitat for a Disabled Veteran." Registration and check in for the ride will be from 9-10:45 a.m. at Lowes Freehold Metroplex Theater, 101 Trotters Way, Freehold, N.J. The ride starts at 11 a.m.

The 1½ hour ride will go through Monmouth and Ocean counties and end in Colts Neck and have food provided by the Cabin and Catering by Alex. Pre-register by Oct. 3 and the cost is \$20 for driver and \$10 for passenger; after Oct. 3, cost is \$25 for driver and \$15 for passenger. Of the money raised, 100 percent of the net proceeds will go towards building a Habitat home for a disabled veteran.

A commemorative ride pin will be given to the first 500 pre-registered participants. Gifts will be given to those who raise money in sponsorships. For \$50 or more – a special event T-shirt; for \$100 or more – HFH sweat shirt and T-shirt; \$500 or more – custom event denim jacket, sweatshirt and T-shirt; and, \$1,000 or more – custom event leather jacket, sweatshirt and T-shirt.

Rain date for the event is Oct. 12. For more information, call Tom at 732-528-7590 or James at 609-259-6459 or go to [www.westmonhabitt.org](http://www.westmonhabitt.org) and click on motorcycle ride page. The registration form is online.

### **Grants available for families with special needs children, adults**

Applications are being accepted through the Quality of Life grant program for families that care for children and adults with autism and other special needs. These grants provide families with stipends that may be used for a wide variety of support related to their family member. To be considered for a Quality of Life grant, an applicant must:

- Have an individual with a diagnosed developmental disorder or disability living at home;
- Live in the mid-Atlantic region of the U.S.: Va., D.C., Md., De., Pa., N.J. and N.Y., and
- Submit a legible and complete application via the Neighbor Heart website or by U.S. Postal Service postmarked by Nov. 1, 2008.

Quality of Life grants are \$500 per approved individual and apply to anything that improves a family's quality of life, to include: remediation; occupational, physical, speech, equine and behavior therapy; security improvements; medical travel; respite care; membership and registration fees; educational and training seminars; educational advocacy; vision services; and other medical services.

To apply for a grant, visit <http://www.neighborheart.org/grants.asp>.

### **Hero Packs to children of deployed military**

*From the desk of Amanda Balas, State Youth Coordinator*

Hero Packs are Operation Military Kids backpacks filled with a variety of items from the OMK partner agencies, which are given to military youth as a "Thank You" for the sacrifices that they make while their loved ones are deployed.

Across the nation, OMK has presented Hero Packs to more than 45,000 military youth since 2004. Hero Packs contain a variety of items intended to provide children with fun activities and ways to stay connected to their deployed parents. In addition,

## NJ World War II Memorial



For information or to  
make a donation, call  
609-530-7049



Please  
submit any  
articles and  
all  
information  
for **DMAVA**  
*Highlights*

to:

PAO Office  
DMAVA Highlights  
ATTN:  
Staff Sgt. Barbara  
Harbison

DEADLINE IS  
NOON  
WEDNESDAY

Tech. Sgt. Barbara  
Harbison  
[Barbara.harbison@njdmava.state.nj.us](mailto:Barbara.harbison@njdmava.state.nj.us)

information is provided to parents regarding local support programs for children and families.

Here in New Jersey we will be having Hero Pack Ceremonies for children and youth who have a deployed loved one starting this month at various armories across the state. Youth will be presented with a certificate and Hero Pack and then will be able to enjoy a snack and juice after the ceremony with their friends and family. There are four events scheduled, with more to be added.

Sept. 27, 1 p.m. – Freehold armory  
Oct. 11, 10 a.m. – Mt. Holly armory  
Oct. 14, 6:30 p.m. – Woodbury armory  
Oct. 18, 10 a.m. – Jersey City armory

If you would like your child to participate and receive a Hero Pack, contact Amanda Balas at 609-562-0742, 1-888-859-0352, [Amanda.balas@us.army.mil](mailto:Amanda.balas@us.army.mil) or [amandabalas@hotmail.com](mailto:amandabalas@hotmail.com). Permission slips for the event must be completed and sent to the office no later than two weeks prior to the event.

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### 2008 Veterans, "Support Our Troops" Picnic

The Rotary Club of Mullica Hill is proud to sponsor the 7th Annual Veteran Picnic to be held on Sept. 6, from 1-5 p.m. at the 4H Fairgrounds in Mullica Hill on Route 77.

The purpose of the event is to honor all who have ever served in the military or are currently on active duty. A special invitation is extended by the club to the families of deployed military to come and share this afternoon with us as our thank you for your sacrifice.

It is an afternoon of free food, entertainment – featuring "Sensations" – military ceremonies, artifacts and re-enactors, informational booths and fellowship.

The picnic is open to all who have served and are currently serving in the military and their families; the public is also welcome. Come this year and meet some old friends and make some new. It will serve as the official kick-off for the Gloucester County Toys for Tots Campaign. For more information, contact Paul Blackstock at 856-694-1355.

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### 44th Infantry Division holding reunion

*From the desk of retired Sgt. Maj. Richard Burke*

In September 1940, at Fort Dix, N.J., the 44th Infantry Division formed from the 71st Infantry Regiment, New York National Guard and the 113th Infantry Regiment and the 114th Infantry Regiment, New Jersey National Guard. After World War II, elements of the 44th Infantry Division – 113th Inf. and 114th Inf. – formed the charter units of the 50th Armored Division, New Jersey Army National Guard. The 444th Mobile Public Affairs Detachment is also a descendent of the 44th Infantry Division.

The 44th Infantry Division Association, in conjunction with the 156th Field Artillery Association, will be holding their 2008 Reunion, Sept. 9-13 at Bests Western Atrium Gardens, Elizabethtown, Ky. For more information, call 1-800-780-7234 or 270-769-3030.

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### *For Your Calendar*

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#### **Celebrate DMAVA's 10th annual Unity Day Sept. 18**

Come celebrate Unity Day: Decade of Diversity with the Soldiers, Airmen and employees of the New Jersey National Guard on **Sept. 18** at the Joint Training and Training Development Center (JT2DC), from 11:30 a.m. to 3:30 p.m.

This will be the 10<sup>th</sup> annual celebration of Unity Day for the department. This day was created to celebrate the various ethnic observances, enhance cross-cultural awareness and promote harmony among all members of the New Jersey National Guard. Celebrating the contributions of minorities and women has proven to be very successful through this multicultural event.

Wounded  
Soldier and  
Family  
Hotline  
1-800-984-  
8523

Phone  
numbers and  
Web sites to  
remember

Directory  
Assistance:

1-602-293-4907

Verizon Super Pages:  
<http://www.superpages.com/>

AT&T:  
<http://www.anywho.com/>

SBC Yellow Pages:  
<http://www.yellowpages.com/>

Telephone and  
contact information  
on state employees  
can be found at  
<http://njdirect.state.nj.us/>

DMAVA  
Emergency  
Hotline:

1-866-232-5798

Activities for the day will include food, displays, music and more. This year booths will represent African American, Italian, Irish, Native American, Hispanic, Pacific Islanders, Tuskegee Airmen, Buffalo Soldiers and the Federal Women's Program.

For more information, contact Capt. Barbara Brown-Wilson, 609-562-0856, or [Barbara.g.brown@us.army.mil](mailto:Barbara.g.brown@us.army.mil).

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### FRG training for leaders, volunteers in September

There will be Family Readiness Group Training for leadership and volunteers on **Sept. 6-7**. Save the date. More information on location will be put out at a later date. Activities for children ages 8-16 will be available at the hotel during the training sessions. We are not able to accommodate children under the age of eight. We will also be having a speaker for parents of deployed Soldiers/Airmen on Sept. 6.

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### Freedom Walks on Sept. 7 in D.C., Paramus

The America Supports You Freedom Walk honors the victims of Sept. 11 and pays tribute to veterans, past and present. It will be held on **Sept. 7**, 9 a.m.-noon, in Washington, D.C. The starting point is the Women in Military Service Memorial and the finish point is the Pentagon South parking lot. A musical tribute will begin immediately following the Walk. Register online at [www.AmericaSupportsYou.mil](http://www.AmericaSupportsYou.mil). Registration closes at 6 p.m. on Sept. 5. Text 8-9-2-7-9 for more information.

There will also be a Paramus Freedom Walk will be on Sept.7 at the Bergen Community College, Paramus Road, Paramus. The walk will begin at noon. There will be free food, music and games for children. Radio station Z100 will also be there. For more information, contact Joey Rizzolo, at [freedomrocks1378@aol.com](mailto:freedomrocks1378@aol.com).

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### Job fair for veterans, Guard members, spouses

*From the desk of Mary Beth Miller, RecruitMilitary*

RecruitMilitary will be hosting two Career Fairs in the New York/New Jersey area in September. The fairs are hosted in cooperation with HireVets First and the American Legion to benefit all military veterans, transitioning personnel, members of the Guard and Reserve, and military spouses in the New York City and Newark, N.J. areas.

The New York City Career Fair will be held on **Sept. 24** from 11 a.m.-3 p.m. at Madison Square Garden. A flyer that you can print, post, and forward to anyone that may benefit from this free event can be found at: [www.recruitmilitary.com/brochures/9-24-08\\_new%20york\\_candidate\\_pr.pdf](http://www.recruitmilitary.com/brochures/9-24-08_new%20york_candidate_pr.pdf)

The Newark Career Fair will be held on **Sept. 25** from 11 a.m.-3 p.m. at the Prudential Center (Home of the New Jersey Devils). The flyer for this event can be found at: [www.recruitmilitary.com/brochures/09-25-08\\_northern%20new%20jersey\\_candidate\\_pr.pdf](http://www.recruitmilitary.com/brochures/09-25-08_northern%20new%20jersey_candidate_pr.pdf).

Job seekers who would like to pre-register for either (or both) events can go to - NYC: [www.recruitmilitary.com/careerfairs/careerfairs3.asp?CFID=132](http://www.recruitmilitary.com/careerfairs/careerfairs3.asp?CFID=132), or Newark: [www.recruitmilitary.com/careerfairs/careerfairs3.asp?CFID=134](http://www.recruitmilitary.com/careerfairs/careerfairs3.asp?CFID=134).

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## Retirements, Reunions

### 117th Cav holding Biennial reunion Oct. 18

The 117th Cavalry Association will be holding their 2008 Biennial Reunion on **Oct. 18** at Gibbs Hall, Fort Monmouth, where they will honor those who have served and those who continue to serve.

The cocktail hour will be from 6-7 p.m. and dinner will be served at 7 p.m. Cost will be \$50 per person if the reservation is received before Aug. 15; \$55 per person thereafter. Meal choices will be chicken francaise, prime rib or stuffed flounder.

There will also be a member appreciation get-together on Oct. 17 at 7 p.m. in the Westfield Armory Heritage Room; spouses and guests are welcome.

Send money and reservations to Col. (ret.) Dennis J. Dougherty, 615 Raymond St.,

## ESGR office

JFHQ  
3650 Saylor's Pond  
Road  
Fort Dix, NJ 08641  
Hank Pierre, 609-  
562-0156,  
hank.pierre@njdma  
va.state.nj.us  
Tammy Cartagena,  
609-562-0157,  
tammy.l.cartagena  
@us.army.mil  
Fax  
609-562-0158

Westfield NJ 07090 by Sept. 15.



## Say Again?

### NJARNG looking to fill their soccer team

*From the desk of Master Sgt. Alex Estrada*

The New Jersey Army National Guard is looking for soccer players to play during the (FY) 2008-2009 indoor season at the International Sports Center at Cherry Hill, N.J. For anyone interested in joining the team, contact Sgt. Jose Castro at 609-562-0234 or [jose.castro4@us.army.mil](mailto:jose.castro4@us.army.mil) or Master Sgt. Alex Estrada at 609-562-0568 or [alexandro.estrada@us.army.mil](mailto:alexandro.estrada@us.army.mil) for further information.

### Sign up for G-RAP and make \$\$\$\$

Sign up today and earn up to \$2,000 for each new recruit who enlists into the National Guard and reports to basic training.

The Guard Recruiting Assistance Program (G-RAP) is a contracted program designed for individuals who voluntarily apply to become eligible to serve as a part-time Recruiting Assistant (RA).

G-RAP is available to Traditional Guard members and National Guard retirees. This opportunity is open to both Army and Air Guard members. For more information, go to <http://www.guardrecruitingassistant.com/>.

### Your money may be hiding and waiting for you!

The State of New Jersey may be looking for you – and it may be good news. They have money sitting around waiting to be given to its rightful owners and that owner may be you!

There are more than 1.3 million names listed in the Unclaimed Property database – people who could file to claim money that was long forgotten. The list contains the names and last known address of the owners of the abandoned property that was turned over to the state for safekeeping.

Go to <http://www.state.nj.us/treasury/taxation>; click on the Unclaimed Property button on the left side of the page. Enter your name and click on GO. If your name comes up, you can complete the form found on the Web site, return the form along with required documentation of identification. The Unclaimed Property Office will then send the claimant a packet that identifies the property being held.

You never know what you will find. The site also has other state's unclaimed property. When I plugged in my maiden name in my home state, I found that my parents have an interest check being held by that state. Sure, it is under \$100, but I bet they will be glad to get it.

### Honor Guard program wants YOU!

Looking for a way to serve and get some satisfaction at the same time? The Honor Guard program is looking for members of the Army and Air Guard to join the team to perform honor guard duties at the funerals of veterans. There is an initial eight hours of training for all new enrollees, with on-going sustainment training. As an honor guard member, you will receive a day of pay for each day's mission, minimum of \$50, and traditional drilling Guard members receive a retirement point for each day's duties.

If you are interested in applying for the Honor Guard program, call retired Sgt. Maj. Ed Goetschius at 609-530-7090.

### Reduced rates on NJ Transit for military, dependents

Here is another benefit offered to military members, retirees and their dependents by the state of New Jersey.

Eligible passengers may ride at reduced fare rates on any NJ Transit bus, rail or light

## QUOTES

*We are all imperfect. We cannot expect perfect government.*

-William Howard Taft

*Experience is a dear teacher but fools will learn at no other.*

- Benjamin Franklin

*Success is a journey not a destination.*

- Ben Sweetland

*The difference between the impossible and the possible lies in a man's determination.*

- Tommy Lasorda

*Gratitude is the heart's memory.*

- French proverb

rail service at all times, without restriction, upon presentation of authorized identification.

All military personnel and their dependents will be permitted to purchase transportation at the senior citizen/passengers with disabilities reduced fare rate upon showing their military or military dependent ID card. The following military personnel are entitled to this fare: Active Duty, Reserve, National Guard or Retired for Army, Navy, Air Force, Marines or Coast Guard.

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### ***Information for N.J. state employees***

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#### **Looking for volunteers to assist in emergencies at DMAVA offices**

*From the desk of Paul Serdiuk, Training Coordinator*

We are looking for volunteers within the DMAVA Central Office complex who would be willing to be trained in Adult CPR and Automatic External Defibrillator (AED) application should an emergency arise within offices. You would receive this free training and, in turn, agree to apply the skills learned if an emergency situation should arise at the central office. Training would be held sometime in the latter part of September. We would like to train at least two individuals from each section in CPR/AED. Contact me at 609-530-6878 if you are willing to volunteer for this life-saving training.

If you have not yet noticed, the AED units are up and ACTIVE on the first and second floors in the fire hose cabinets. Please do not touch the units as an alarm will sound when they have been disturbed.

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#### **Employees required to register for MBOS**

*From the desk of Lisa J. Dandrea, Human Resources, Personnel Assistant*

MBOS is the Member Benefits Online System. Through MBOS, employees may review their pension contributions, loan status, health benefits information, update their beneficiary information, apply for retirement, as well as many other applications. It has been encouraged that all employees register for this helpful tool. However Pensions is now working on MBOS being a requirement in order for employees to make certain updates to their personal information.

Effective immediately, in all cases where an employee is eligible to become a member of the Public Employees' Retirement System (PERS), the employer will be required to submit all enrollment information to Pensions via online. Important to note is that the online PERS Enrollment Application does not include the Designation of Beneficiary page. Instead, once the member is enrolled and issued a pension number, they must register for a MBOS account at: [www.state.nj.us/treasury/pensions/mbosregister.htm](http://www.state.nj.us/treasury/pensions/mbosregister.htm) and complete the online Beneficiary Designation form. Until the member completes his or her Designation of Beneficiary, the member's "Estate" will be the beneficiary of record.

Current employees –note, even if you are already enrolled into PERS, if you wish to make any changes to your beneficiary information, you too will need to be registered for MBOS. Members will not be able to submit the Change in Beneficiary Designation paper form since this will no longer be acceptable through the Division of Pensions and Benefits.

Visit the link above for complete instructions to register for MBOS. If you encounter any problems with registration, you may e-mail Pensions and Benefits with your questions/concerns and they can assist you through the process. You may also obtain a tri-fold brochure with MBOS instructions from your Human Resources Office.

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#### **No handbooks available for NJDIRECT**

Inquiries about NEW handbooks and directories for NJDIRECT has prompted this reply from Pensions and Benefits:

"Unfortunately, we do not have NJ Direct Handbooks to give to members and will not be receiving a supply. Members may visit the NJ Direct website [www.horizonblue.com/shbp](http://www.horizonblue.com/shbp). Members without computers are encouraged to use their local library or a

relative's computer or call the plan directly".

You may also look up benefit information and visit the Unified Provider Directory on the Pensions and Benefits website under State Health Benefits Program.

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## State employees who move, marry must contact HR department

*From the desk of Lisa Dandrea, Human Resources Office*

Please remember if you have an address change and/or a name change, it is *extremely* important that you contact Lisa Dandrea in the Human Resources Office. There have been a lot of issues with tax W2s, pension statements and pay checks being returned to our office, as well as some employees not receiving their new health cards, all due to incorrect addresses. Your address change is not automatic and it is not limited to completing a new W4. There are specific forms for employees to complete that updates their new information statewide. Your change of address or name affects your paycheck, your pension statements, W2s, loans, any information sent out by your health care provider, promotional announcements from Dept. of Personnel, etc. If you have had an address/name change and have not updated your information, please make sure you contact Lisa Dandrea in HRD-ESB at 609-530-6888 or e-mail [Lisa.Dandrea@njdmava.state.nj.us](mailto:Lisa.Dandrea@njdmava.state.nj.us).

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## HRD presents seminars for training

*From the desk of Paul Serdiuk, DMAVA Human Resources Division*

The Human Resources Division is offering a number of free seminars presented by the Human Resource Training Section. Reservations are needed for each seminar; contact Paul Serdiuk at 609-530-6878 or at [paul.serdiuk@njdmava.state.nj.us](mailto:paul.serdiuk@njdmava.state.nj.us). All seminars will be held in Conference Room A at DMAVA Central Office. All are welcomed.

**Sep. 17:** State Deferred Compensation – Mike McConnell from Prudential Financial will meet with State employees to discuss their participation and contributions to their deferred compensation account. A 30 minute consultation will be scheduled per each employee.

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## Discounts offered for State employees

Are you a state employee looking to save a few \$\$\$?

Visit [www.state.nj.us/personnel/discounts/index.htm](http://www.state.nj.us/personnel/discounts/index.htm) and you can find a number of businesses who offer discounts to New Jersey state employees. From amusement parks to fitness to computer to phones and lots of other discounts between, you will find many ways to save money. For more information, please contact Cindy Leese at [cindy.leese@njdmava.state.nj.us](mailto:cindy.leese@njdmava.state.nj.us) or call 609-530-7056.

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## For the Families

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### Click and find out which FAC supports your armory

If you are not sure which Family Assistance Center supports your armory, here is the way to find out. By going to the new and growing New Jersey FAC Web site you will be able to locate the FAC nearest you. It also gives you a place to e-mail your questions and concerns. Just go to <http://www.nj-fac.org>.



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### Education program available for families of mentally ill veterans

The Veterans Health Administration and the National Alliance on Mental Illness have teamed to provide the Family-to-Family Education Program for families of veterans with mental illness. In June 2008 the VA and NAMI entered into a nation-wide partnership to bring the course to all VA Healthcare systems.

The NAMI Family to Family Education Program (FFEP), a free 12-week course for family caregivers of individuals with severe mental illness, will now be offered at VA New Jersey Health Care System locations starting in September 2008.

The course includes: Current information about schizophrenia, major depression,

bipolar disorder, panic disorder, obsessive-compulsive disorder, borderline personality disorder, posttraumatic stress disorder, and co-occurring brain disorders and addictive disorders; current research and treatments to promote recovery; up-to-date information about medications, side effects, and strategies for medication adherence; gaining empathy for a person with mental illness; learning skills for handling crises and relapse; coping with care giver worry, stress, and emotional overload; and guidance on locating and advocating for appropriate supports and services for your family.

NAMI New Jersey and VA New Jersey Health Care System invite families to join us for the class starting Sept. 23 at the Lyons campus. Classes will be on twelve Tuesdays from 7–9:30 p.m. For information/registration contact Marilyn at 908-806-3475.

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### **Additional dental cleaning allowed during pregnancy by Tricare**

The TRICARE Management Activity announced an enhancement to maternity dental benefit through United Concordia. An additional cleaning in a 12-month period will now be allowed at no additional cost for all pregnant TRICARE Dental Program enrollees. The additional cleaning is in response to research indicating there is an increase risk of dental disease during pregnancy. For more information about dental health during pregnancy, go to: [http://www.ada.org/public/topics/pregnancy\\_faq.asp](http://www.ada.org/public/topics/pregnancy_faq.asp).

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### **Support for military children of deployed and injured Guard members**

*From the desk of retired Command Sgt. Maj. Mike Hughes, Family Assistance specialist*

Our Military Kids (OMK) provides tangible support to the children of deployed and severely injured National Guard and Military Reserve personnel through grants for enrichment activities and tutoring that nurture and sustain the children during the time a parent is away in service to our country. OMK grants are made to honor the sacrifices military parents make and to ensure that the children have access to activities and support that help the children better cope with challenges arising during a parent's deployment or injury recovery. For additional information go to [www.ourmilitarykids.org](http://www.ourmilitarykids.org)

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### **No-cost prescription savings plan available**

*From the desk of Marie Durling, Family Programs Specialist*

Here is a no cost to you prescription savings program. This program offers discounts on all generic prescription medications at your local pharmacy. You do not have to do anything special to qualify. There is no income, residence, employment, age, citizenship or any other qualifications to meet. Not even an application to fill out. The Family State Programs Office at Joint Force Headquarters, Fort Dix has the group ID cards. Call Marie Durling at 609-562-0739 and one will be mailed to you. For more information check out [www.mediservrx.com](http://www.mediservrx.com).

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## **During the Deployment Information**

### **Federal grant for spouses of deployed military**

Grants from a funding from the Department of Community Affairs are available for spouses of deployed or recently deployed military (all branches across the state). Typical awards are \$2,500 each and are available for financial difficulties (such as past due rent and childcare) as well as for recreational and stress relieving activities for kids. For more information contact Rene Mainor, Military Grant Liaison, Women's Opportunity Center, YMCA of Burlington County by calling 609-543-6200 Ext. 235 or by email at [fawnm@ymca-bc.org](mailto:fawnm@ymca-bc.org).

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### **N.J. Family Readiness Council increases grants to families, businesses**

The New Jersey National Guard State Family Readiness Council has increased the amounts of family and business grants up to \$5,000 and \$10,000, respectively. Both are what are known as TIER I grants. TIER II family grants are also available to New Jersey Army and Air National Guard non-deployed service members who were on State Active Duty or State Missions (e.g., hurricanes, floods, border missions) for more than 20 consecutive days. Service members meeting these criteria are eligible to apply for



a financial hardship grant up to \$1,500. Applications are available at all New Jersey Army and Air National Guard Family Assistance Centers.

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### **New laws for state, local elections and absentee ballots**

Governor Jon S. Corzine signed legislation on Tuesday, August 12, at the West Orange armory that expanded voting rights for military personnel and New Jersey citizens overseas to include state and local elections. Previously, this group of voters could only vote by overseas absentee ballot in federal elections. The new legislation corrects a flaw in the law and permits greater participation in the electoral process.

"The right to vote is the most fundamental element of any democracy," Governor Corzine said. "I could not be more proud to sign this legislation to ensure that those who have sacrificed so much to protect our rights have the opportunity to participate fully in the electoral process."

In addition to expanding voting rights, the bill also expands the methods of transmitting ballots used by overseas voters who wish to vote. Current law only allows votes to be transmitted by fax, but this legislation expands the ability to submit votes by any form of electronic communication, including e-mail. In order to ensure the integrity of the voting process, a paper copy of the ballot must also be submitted for verification purposes after the transmittal of the electronic ballot.

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### **Picatinny "Waiting Family Support Group" open to new members**

*From the desk of Doris Clark, Picatinny Arsenal*

The Hearts Apart Support Group known as Waiting Family Support Group is sponsored by Picatinny Arsenal Army Community Service to help families cope with geographical separation due to deployment, accompanied tour or extended temporary duty. The group meets monthly and provides emotional and moral support to its members in a friendly relaxed atmosphere. This group is open to all branches of service. Come join us for great information, laughs, tears and be a part of the Waiting Family. The group meets monthly at 7 p.m. in the Community Center (building 3225) Picatinny Arsenal, N.J.

Point of contact for this group is Doris Clark, Relocation/Deployment Readiness, 973-724-5219. RSVP in case non-identification holders need permission to access Picatinny Arsenal. Mark your calendars. Please join us for great evening each month. Call with any questions regarding the group.

The remaining schedule for 2008 is: **Sept. 25, Oct. 23, Nov. 20 and Dec. 18.**

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### **Give parents a break**

Child Youth Services at Fort Dix and many other active duty posts provide 16 hours per child per month of free hourly/respite child care to relieve family stress during deployment. Respite care begins 30 days prior to deployment and ends 60 days after return. Drop off the kids while shopping at the commissary or PX or just to get some quiet time to yourself. For additional information, contact Cathy Spiegel at Fort Dix Outreach Services 609-562-2242.

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### **Dog Tags for Kids program**

Dog Tags for Kids is a grassroots project which enables service members to send engraved dog tags to their children. The dog tags are provided free and are sent directly to the service members who personally send them to their children at home. The dog tags are engraved with "With Love From Dad/Mom" and include the branch of service, deployment location, and the year. To donate to the project or to request a dog tag for your children, please go to <http://www.dogtagsforkids.com/>.

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### **Child care \$\$\$\$ available for spouses of deployed military**

*From the desk of Amanda Balas, State Youth Coordinator*

Child care money is available for spouses of Title 10 Army National Guard activated Soldiers only. If the spouses are employed, seeking employment (for 60 days) or going to school, they can qualify for a \$100 per month per child stipend for fulltime

care (licensed child care provider required). Call the National Guard Child Care Program today to apply 1-888-642-2799 or [ngccp@guardfamily.org](mailto:ngccp@guardfamily.org).

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### **FRG volunteers needed**

Family Readiness Groups (FRG) play an important role during deployments.

Yet, in order to be successful, these groups rely on the support of volunteers.

FRGs are comprised of volunteers who donate their time to make sure our Soldier's "Homefront Heroes" are supported through networking with other family members and mutually offering support to one another.

If you would like to be a volunteer or a participant please contact your local Family Assistance Center. You can reach them by calling our toll free number 888-859-0352 and selecting the prompt of the Family Assistance Center near you.

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### **Reserve Aid gives support to families of deployed service members**

*From the desk of retired Command Sgt. Maj. Mike Hughes, Family Assistance Specialist*

Reserve Aid is a 501(c)(3) nonprofit organization committed to providing financial support to the families of Reserve Service Members called to active duty in all five branches of the Armed Forces. Reserve Aid makes unrestricted, need based grants to military families who have a Reserve service member on full-time deployment to a combat zone or homeland security position. Their goal is to alleviate the emotional and financial burdens placed on the men and women called to serve our country by supporting their families at home. For additional information and application procedures go to: [www.reserveaid.org](http://www.reserveaid.org)

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### **Federal absentee voting open to military, family**

The Uniformed And Overseas Citizens Absentee Voting Act (UOCAVA) allows the following U.S. citizens to vote absentee:

- Members of the U.S. Uniformed Services (on active duty) and merchant marine,
- Their family members, and
- U.S. citizens residing outside the U.S.

Members of the U.S. Uniformed Services or merchant marine and their family members may vote absentee while away from their place of voting residence, wherever stationed, inside or outside the United States.

U.S. citizens residing outside the United States and its territories may vote in the state or territory where they last resided immediately prior to departing the United States, even if many years have elapsed and the citizen maintains no residence in the state or territory and the intent to return to that state or territory may not be certain.

1. <http://www.fvap.gov/pubs/onlinefpca.pdf>

2. <http://www.fvap.gov/pubs/vag.html#ch3>

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### **N.J. licenses, registration extended for deployed troops**

New Jerseyans who are on active duty military, in the National Guard or the military reserves, serving in the war on terrorism, are eligible for automatic extensions of a valid driver license, registration or inspection expiration dates. Go to [www.nj.gov/mvc/](http://www.nj.gov/mvc/) for more information.

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### **Battlemind supports Soldiers, families through deployment cycle**

Battlemind is a term used to describe combat readiness. The first Battlemind product was a mental health post-deployment briefing. It quickly became a training system supporting Soldiers and families across the seven phases of the deployment cycle. The Battlemind system includes separate pre-deployment training modules for Soldiers, unit leaders, health-care providers and spouses. Psychological debriefings are given in theater and upon redeployment. There is also a post-deployment module for spouses and several post-deployment modules for Soldiers. Pre-deployment Battlemind tells Soldiers what they are likely to see, to hear, to think and to feel while deployed - by

describing the worst-case scenario. Post-deployment Battlemind addresses safety concerns, relationship issues, normalized combat-related mental health reactions and symptoms -- along with teaching Soldiers when they should seek mental health support for themselves or for their buddies. All of the Battlemind products (training modules, brochures, debriefings and videos) are available on the Web site, [www.battlemind.org](http://www.battlemind.org).

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### **Financial counseling available for deployed service members**

*From the desk of retired Command Sgt. Maj. Mike Hughes, Family Assistance Specialist*

The Military Housing Assistance Fund (MHAF) helps military families to become homeowners by providing them with grants to assist them with purchasing a home. The Fund also provides financial counseling to members of the National Guard and Reserves, deployed and serving in combat zones overseas, which are having problems meeting their monthly obligations due to their deployment and activation. Learn more at <http://www.militaryhousingassistancefund.org>. The Fund is a project of the Financial Counselors of America (FCA), a 501(c) 3 nonprofit organization founded in 1991 to help Americans manage their finances and get out of debt. Visit the FCA website at <http://www.financialcounselors.org>.

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### **Order a complimentary Blue Star Flag to show your family's service**

*From the desk of retired Command Sgt. Maj. Mike Hughes, Family Assistance Specialist*

The Blue Star Flag first appeared in 1917, when Capt. Robert L. Queissner, who had two sons serving on the front line, designed it as a tribute to their dedication and service. He proudly displayed this flag in the front window of his home and the flag quickly became the unofficial symbol of a child in the service. Also known as a Service Flag, the blue star stands for hope and pride. Order a complimentary Blue Star Flag to honor your loved ones in the service by visiting: [www.grantham.edu/promo/freebluestar.php](http://www.grantham.edu/promo/freebluestar.php).

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### **Morris County offers program for military families**

*From the desk of Amanda Balas, State Youth Coordinator*

Family Service of Morris County in partnership with the Family Programs Office, New Jersey, would like to announce its Military Families Outreach Program. Based on a community effort, the Military Families Outreach Program strives to support Morris County military personnel and their families, including extended families, pre-deployment, during deployment and post-deployment.

We realize the pressures and problems that may occur when a family member is called to duty, and we want to assist with any services that you may need to ensure quality of life. Social services, support services and mental health services are some of the resources that will be available to Morris County residents. All services offered in this program are free of charge to you and your family and are bound by the highest consideration for complete confidentiality.

For more information about the Military Services Outreach Program, contact Wendy Parrinello, Military Families Outreach Case Manager at [wparrinello@fsmc.org](mailto:wparrinello@fsmc.org) or call 973-538-5260, extension 326. You can also contact Tammy Rosenthal, Director of child and Adolescent Services at [trosenthal@fsmc.org](mailto:trosenthal@fsmc.org) or 973-538-5260. We are privileged to work with you who have given so much for your country!

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### **Post Office offers boxes, discount rate to FPO/APO addresses**

*From the desk of retired Command Sgt. Maj. Mike Hughes, Family Assistance Specialist*

Now the U.S. Postal Service is making it easier for families to send care packages with a larger flat rate box and a special discount to FPO/ APO addresses. They are 50 percent larger than the current flat rate box and can be sent to any domestic address for \$12.95. A special military version of the box will carry the "America Supports You" logo and can be shipped to any FPO/ APO address for \$10.95. The new Priority Mail Large Flat-Rate Box is "12 x 12" x 5½". For complete guidelines on mail services to military members overseas visit the USPS website at: [www.usps.com/supporting](http://www.usps.com/supporting)

[ourtroops/welcome.htm?from=household\\_&page=troopssupport](http://ourtroops/welcome.htm?from=household_&page=troopssupport).

## ***Sports***

### **Friends of ESGR announce golf outing at McGuire**

The N.J. Friends of the Guard and Reserve is proud to present the 2008 State Chairman's Annual Golf Outing. The golf outing will be held on Saturday, **Sept. 6**, at the Falcon Creek Golf Course, McGuire Air Force Base. The rain date is October 11. The \$95 per golfer registration fee includes greens fees, cart, registration, continental breakfast, food and beverages on the course, door prizes and a buffet luncheon at the McGuire Club. Corporate, hole and cart sponsors are being sought also. All proceeds to benefit the activities of the N.J. Committee for Employer Support of the Guard and Reserve. For additional information, contact Hank Pierre at 609-562-0156, Tammy Cartagena at 609-562-0157 or Tyler Sandford at 609-562-0155.



## ***Travel Help, Ideas***

### **Guard history lessons for family at Sea Girt museum**



Looking for a local place to take the family for a history lesson? Try the National Guard Museum of New Jersey in Sea Girt.

The museum had a recent face-lift and upgraded its exhibits which tell the story of the New Jersey Army and Air National Guards and the Naval Militia of New Jersey from the Revolutionary war to the Global War on

Terrorism.

The four gallery rooms feature diaries, uniforms, vehicles, weapons and even a Civil War submarine built in 1865.

Open from 10 a.m. to 3 p.m., Monday through Friday and the same hours on the first and second weekends of the month, admission to the museum is free of charge, but a donation is requested. Groups who would like to make arrangements for tours should call 732-974-5966.

### **Free tickets to Busch Adventure Parks for military, families**

Any active duty, activated or drilling reservist, or National Guardsman is entitled to free admission to a Anheuser-Busch Adventure Park under the Here's to the Heroes program. He or she need only register, either by going to this Web site <http://www.herosalute.com/> and submitting his or her information or in the entrance plaza of participating parks, and show a Department of Defense photo ID. As many as three direct dependents of military personnel also are entitled to free admission. Dependents may take advantage of the offer without their service member, though an adult must accompany minor dependents, and dependent ages 10 and over must present valid dependent I.D. Busch Gardens Williamsburg and SeaWorld San Antonio are seasonal operations that will remain closed until spring 2008. Military personnel interested in visiting those parks should check operating schedules. The remaining parks, SeaWorld Orlando, Busch Gardens Tampa Bay and SeaWorld San Diego are open year round.

Valid for one complimentary single-day admission per person, per year, to one of the following Anheuser-Busch Adventure Parks: SeaWorld Orlando, San Diego, or San Antonio, Busch Gardens Tampa Bay or Williamsburg, Sesame Place, Water Country USA, Adventure Island. Not valid at Discovery Cove and Aquatica.

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## Armed Forces Vacation Club offers affordable lodging

The Armed Forces Vacation Club is a "space available" program offering Department of Defense affiliated personnel affordable condominium vacations at over 3,500 resorts around the world. Visit [www.afvclub.com/](http://www.afvclub.com/) for more information.

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## Scholarship, Education News



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### Help available to students studying for SAT/ACT

In cooperation with the Department of Defense, eKnowledge Corporation, a leading supplier of interactive test preparation products for college entrance exams, along with a group of NFL players, have donated more than \$16 million worth of multimedia SAT/ACT Test Preparation products to service members and their families worldwide.

Now in its fourth year, the eKnowledge/NFL player sponsorship effort has shipped more than 90,000 free SAT/ACT test preparation programs, valued at \$200, to military servicemembers and their families.

The eKnowledge SAT and ACT test prep programs come in either a single DVD or two CD-ROM set that include more than 11 hours of high quality video training/instruction with up to 40 hours of student interactive learning participation. The SAT and ACT test prep programs can be used as a stand-alone instruction tool to prepare thoroughly for the SAT and ACT, or as a supplement to other SAT and ACT preparation materials. Each student can select the areas where they need additional or special training/instruction, and can then study at their own pace using the 120 video lessons which comprise the SAT and Act test prep programs. The program also provides the student with feedback on their learning progress, test readiness and more.

Those military families interested in receiving free eKnowledge products under this sponsorship can complete an online request form at <http://eknowledge.com/military> or visit the Department of Defense <http://militaryhomefront.dod.mil> Web site for more details. Copies can also be requested by calling 951-256-4076 or via e-mail at [support@eknowledge.com](mailto:support@eknowledge.com).

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## Education news for NJARNG

### Education Services Brochure Booklet (ESB2)

Access the New Jersey Army National Guard's ESB2 at [www.nj.gov/military/education](http://www.nj.gov/military/education). The ESB2 is a comprehensive guide with links and shortcuts to civilian education benefits available to New Jersey Army National Guard Soldiers.

### G.I. Bill Notice of Basic Eligibility

New Jersey Army National Guard Soldiers can print their Eligibility of Mobilized Soldier notification letter for CH 1607 as well as Notice Of Basic Eligibility for CH 1606 at <https://www.nationalguardbenefits.com>; click on G.I. Bill Home Page.

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## American Legion offers scholarships, booklet on their Web site

The American Legion has scholarship information on their Web site – [www.legion.org](http://www.legion.org) – including the 152-page booklet, *Need a Lift*, which is a complete financial aid reference guide for veterans, family members and the American Legion family. When you get on the site, click on "Scholarship Information" in the "Useful Links" block.

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## Association News



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### Enlisted Association holding conference Sept. 26-28

It's time for the 2008 Enlisted Association of the National Guard of New Jersey Conference, being held in Atlantic City at the Sheraton Hotel on **Sept. 26-28**. Come see your friends and have fun. The options are

unlimited. Come Friday and do your own thing or join the Junior Enlisted sponsoring a hospitality room featuring a "Taste of Atlantic City," with food to match. Saturday, our business meeting is from 10 a.m. until 1 p.m. The Military Ball cocktail hour is 6-7 p.m. and then it's dinner and awards. Have your picture taken by our photographer or visit our Chinese auction. Following the Military Ball, the Junior Enlisted will entertain everyone with "Boogie Nights" in the hospitality room.

To see all that Atlantic City has to offer, visit [www.starwoodmeeting.com/book/EANGNJ](http://www.starwoodmeeting.com/book/EANGNJ).

Visit our Web site [EANG-NJ.org](http://EANG-NJ.org) for the application and to discover more about the conference. For more information, contact Jerome Zebrowski, 609-214-6959, [jcptfalc@aol.com](mailto:jcptfalc@aol.com), or Edward Goetschius, 609-965-1972, [esgtmaj@comcast.net](mailto:esgtmaj@comcast.net).

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### 117th Cav Association announces meeting schedule

The 117th Cavalry Association, whose mission is to promote and enhance the friendships and camaraderie of our members, who are mutually bound by service and devotion to our country, announces its upcoming meetings. They will be held at 7:30 p.m., at the Westfield Armory's Heritage Room. Meetings will be on **Oct. 17**, **Nov. 7** and the reunion on **Oct. 18** at Fort Monmouth, N.J.

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### NGANJ group life insurance available to members

Are you covered by the NGANJ Group Life Insurance Program? As a member of either the Officers or the Enlisted Association, you are entitled to enroll in your Association Life Insurance Program. This special program provides from \$5,000 to \$50,000 of Life Insurance for you, "round the clock". Premiums range from as little as \$2 per month and may be payroll-deducted from your drill check. Family coverage is also available at low rates designed for you as a member of the New Jersey Army and Air National Guard. Think of it!! No aviation exclusions...No hazardous duty restrictions...No war clauses...No checks to write. Family coverage includes spouses and all children. Information can be obtained by contacting retired CWO Jack Petrosilli at 609-530-6843, or retired Brig. Gen. Robert S. Dutko Sr. at 609-273-1004. Enrollment forms can be obtained by calling retired Col. Frank L. Carlone, Program Coordinator at 732-249-8335.

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## *Veterans Information*

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### VSO starting outreach on Monmouth University campus

Starting Sept. 16, DMAVA Veterans Service Officer Donald McNamara will be doing outreach work at Monmouth University on the third Tuesday of each month from 9 a.m. to 4 p.m. He will be there to provide assistance to veterans and their families, helping them to apply for the benefits for which they are eligible to receive.

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### Vet Career Connect helps military members find jobs

Vet Career Connect is a program designed to connect military service members with New Jersey employers. Vet Career Connect matches veteran's specific abilities, drives and interests with jobs requiring those specific abilities.

Participants complete a Caliper Profile, which is an on-line self assessment. They will receive an Individual Developmental Guide outlining personal motivators and areas of developmental opportunity. Participants will then have the opportunity to place the results of the Caliper Profile, their resume and military achievements onto a database which will be viewed by New Jersey-based companies who have indicated a strong interest in employing veterans.

Vet Career Connect program is available at no cost to service members. In order to



participate in this program, or if you have additional questions please email or call Barbara Foos, Project Administrator, at 609-524-1228 or [bfoos@calipercorp.com](mailto:bfoos@calipercorp.com).

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### Help for small business owners

If you are ready to start your own business, grow or expand, the U.S. Small Business Administration (SBA) can help. The SBA offers many programs and services to help Veteran entrepreneurs succeed. For more information on how SBA can help you start, grow and build your business, contact: Frank Burke at 973-645-6049 or e-mail [frank.burke@sba.gov](mailto:frank.burke@sba.gov). Visit the SBA New Jersey website at [www.sba.gov/nj](http://www.sba.gov/nj).

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### VA Suicide Hotline

To ensure veterans with emotional crises have round-the-clock access to trained professionals, the Department of Veterans Affairs (VA) has a national suicide prevention hot line for veterans. VA's hot line will be staffed by mental health professionals in Canandaigua, N.Y. They will take toll-free calls from across the country and work closely with local VA mental health providers to help callers. The toll-free hot line number is 1 (800) 273-TALK (8255).

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### When retiring, check for military service earnings

Here is some information from the Social Security Administration pertaining to military service earnings that may come in handy to those planning on retiring soon. You can find more about this credit at <http://www.ssa.gov/retire2/military.htm>.

Since 1957, if you had military service earnings for active duty, including active duty for training, you paid Social Security taxes on those earnings. Since 1988, inactive duty service in the Armed Forces reserves (such as weekend drills) has also been covered by Social Security.

Under certain circumstances, special extra earnings for your military service from 1957 through 2001 can be credited to your record for Social Security purposes. Special extra earnings credits are NOT given for inactive duty training. These extra earnings credits may help you qualify for Social Security or increase the amount of your Social Security benefit.

If your active military service occurred from 1957-1967, the extra credits will be added to your record when you apply for Social Security benefits. If the time was from 1968-2001, there is no need to do anything for the extra credits; they were automatically added to your record. Time after 2001 receives no special extra earnings.

How much is the credit? For service from 1957-1977, you will be credited with \$300 in additional earnings for each calendar quarter in which you received active duty basic pay. For service from 1978-2001, for every \$300 in active duty basic pay, you are credited with \$100 in earnings up to a maximum in of \$1,200 a year. If you enlisted after Sept. 7, 1980, and did not complete at least 24 months of active duty or your full tour, you may not be able to receive the additional earnings.

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### Web site provides support to separating military members

TurboTAP (Transition Assistance Program) is an easy to use, interactive Web portal that provides life-long support to separating military service members (Active Duty, Guard and Reserve) and their families. It is a single source starting point for accessing key resources available for servicemembers transitioning out of the military at any point in their military career. Resources include Department of Defense, Department of Labor, Department of Veterans Affairs, Department of Education, Small Business Administration, the National Veterans Corporation and the National Guard Bureau. For more information go to [www.TurboTAP.org](http://www.TurboTAP.org) or email [TAPHelp@military-inc.com](mailto:TAPHelp@military-inc.com).

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### DMVA Veterans Outreach Campaign continues

The DMVA Veterans Outreach Campaign continues with kiosk displays at selected malls throughout New Jersey. The schedule is as follows:

October 14*, 15, 16	Menlo Park Mall
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November 5*, 6, 7	Deptford Mall
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\*Medal ceremonies begin at 10:30 a.m. on these dates. The kiosk will be open from 10 a.m. to 8 p.m.



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## ***N.J. Vietnam Veterans Memorial***

N.J. Vietnam Veterans' Memorial and Vietnam Era Educational Center's upcoming events:

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Free guided tours of the Memorial are offered on the first Saturday of each month at 11 a.m. and 1 p.m.

**Sept. 19,** 11 a.m. – National POW/MIA Recognition Day and National Gold Star Mothers Day Ceremony at the N.J. Vietnam Veterans' Memorial.

**Sept. 21,** 12:30 p.m. – Arrival at the N.J. Vietnam Veterans' Memorial by Rolling Thunder-N.J., annual motorcycle run for POW/MIA awareness.

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For further information call 1-800-648-VETS or visit [www.njvvmf.org](http://www.njvvmf.org).