

## COVID-19 Member Preparedness Training

1. These job site protocols are based on;
  - a) New OSHA standards and regulation
  - b) Occupational Safety and Health Administration Guidance
  - c) Employer policy
  - d) Legal advice
  
2. Coronavirus Disease 2019 (COVID-19) is a;
  - a) Type of influenza
  - b) A disease of the digestive system caused by bacteria
  - c) Respiratory disease caused by the SARS-CoV-2 virus
  - d) Disease present only in congested areas
  
3. Which of the below is not a symptom of COVID-19;
  - a) Fever
  - b) Cough
  - c) Skin Rashes
  - d) Shortness of Breath
  
4. COVID-19 is spread mainly from;
  - a) Person to person contact between people within about 6 feet
  - b) Respiratory droplets from cough or sneeze landing in the mouth or nose of others
  - c) Respiratory droplets inhaled into the lungs
  - d) All of the above
  
5. People are thought to be most contagious when;
  - a) They are most symptomatic
  - b) They are sleeping
  - c) They are initially exposed
  - d) They fail to report exposure
  
6. The latest information about COVID-19 is available on
  - a) MSNBC
  - b) The internet
  - c) Government websites and Health Organization websites
  - d) Social media

7. Which is not an important step for every employer to take;
  - a) Require workers to be present regardless of circumstances
  - b) Implement basic infection prevention measures
  - c) Develop policies and procedures for infection control
  - d) Follow existing OSHA Standards
  
8. Classifying Worker Exposure to SARS-COV-2 is important to;
  - a) Help manage project costs
  - b) Enable workers to pick their jobs
  - c) Identify industry advantages
  - d) Help employers determine appropriate precautions
  
9. Workers should not return to work until;
  - a) You feel better
  - b) The day after all symptoms have passed
  - c) At least 3 days after all symptoms have passed
  - d) At least 3 days after symptoms have first appeared
  
10. Workers should not return to work until;
  - a) You feel better
  - b) The day after all symptoms have passed
  - c) At least 1 day after all symptoms have passed
  - d) At least 10 days after symptoms have first appeared
  
11. If you feel sick, uncomfortable or unsafe, you should:
  - a) Fight through it
  - b) Talk to your friends about it
  - c) Stay home
  - d) Go to work regardless
  
12. To limit physical contact with others;
  - a) Increase personal space to 6 feet where possible
  - b) Limit in-person meetings and use on-line or phone meetings
  - c) Take breaks in shifts with smaller groups
  - d) All of the above

13. Enhance Social Distancing by;
  - a) Avoid hoists and elevators for less than 5 flights of stairs
  - b) Shaking hands
  - c) Meeting in large groups
  - d) Sharing food
  
14. When entering a new job site;
  - a) Speak with everyone you see
  - b) Shake hands with your new foreman
  - c) Inquire who the employer has designated as COVID-19 representative
  - d) Just get straight to work
  
15. If someone in your household is confirmed with COVID-19;
  - a) Notify your supervisor
  - b) Keep it to yourself
  - c) Take Tylenol
  - d) Try to stay at work longer
  
16. If you are confirmed with COVID-19;
  - a) Notify your fellow employees
  - b) Keep it to yourself
  - c) Take Tylenol
  - d) Try to stay at work longer
  
17. If you have worked within 6 feet of a co-worker who is confirmed with COVID-19;
  - a) Monitor your temperature
  - b) Don't shake hands with them
  - c) Wash your hands
  - d) Go home immediately
  
18. When attending Safety meetings;
  - a) Signal attendance verbally to an individual recording attendance
  - b) Do NOT pass around sign in sheets
  - c) Do NOT share an iPad or tablet to record attendance
  - d) All of the above

19. If employers are conducting pre-entry screening;
- Protect your personal information
  - Hide any symptoms you may have
  - Answer all questions openly and honestly
  - Try to avoid any sensitive information
20. If your temperature exceeds 100.4 degrees
- Take Tylenol
  - Leave and don't return to work for at least 3 days after your temperature returns to normal
  - Wait 15 minutes and have your temperature retaken
  - Stop around and visit your co-workers
21. Wash your hands;
- Frequently
  - Before eating, smoking or drinking
  - With soap and running water at least 20 seconds
  - All of the above
22. How should you disinfect and clean touched surfaces.
- With any rag that is handy
  - Use disinfectant wipes frequently on surfaces (doorknobs, keyboards, desktops, etc)
  - Only in bathrooms
  - When they appear dirty or smeared
23. Cover your nose and mouth when;
- When you sneeze or cough
  - If you hear someone cough
  - When you are near a window
  - If you don't feel well
24. Before returning home from work you should;
- Stop for groceries
  - Change your clothes
  - Call home to tell someone you are coming
  - Get gas in your truck

25. To avoid infection, PPE should be shared with co-workers;
- a) Never
  - b) When they forgot their own
  - c) When they are working on higher risk projects
  - d) If they need something extra you brought
26. Job site visitors should be;
- a) Discouraged
  - b) Subject to the same pre-entry screening as workers
  - c) Required to practice social distancing, hand washing and related protocols
  - d) All of the above
27. At Lunch Break it is recommended practice to
- a) All eat together in a circle
  - b) Eat in job trailer in superintendent office
  - c) Not congregate and wipe all common areas with disinfectant
  - d) Go home for lunch
28. Where can I go to find a resource to properly disinfect my Head & Eye Protection?
- a) New York Post
  - b) CNN/CBC
  - c) MSA Cleaning Guide
  - d) Dept of Education websites
29. What is a some common step employers can take to reduce workers risk of exposure to SAR-CoV-2?
- a) Deflect problems
  - b) Prepare and Implement Basic Infection Prevention Measures
  - c) Follow the lead of a sub-contractor
  - d) Arrange a carpool to get workers to and from the project
30. How could a COVID-19 outbreak affect the workplace?
- a) Absenteeism
  - b) Change in patterns of commerce
  - c) Interrupted supply/delivery
  - d) All of the above