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# A Guide To Post Adoption Resources



**New Jersey Department of Children and Families**  
Office of Adoption Operations – Adoption Subsidy Program

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## Post Permanency Services

**The New Jersey Adoption Subsidy Program** provides support and assistance to families after their adoption is finalized. Although a caseworker is no longer assigned to your child, your family now has an assigned Subsidy Specialist to assist you with concerns or questions, and obtaining community resources. Your Subsidy Specialist can help with Medicaid, subsidy payments, address changes, and other issues important to your family.

### New Jersey Adoption Resource Clearing House (NJ ARCH)

Information and Resource – Statewide Directory – Adoption Support Groups  
Parent Training – Conferences and Events – Newsletters and More

[www.njarch.org](http://www.njarch.org)

1- 877-4ARCHNJ (427-2465)

### Support and Advocacy for Foster and Adoptive Families

#### Foster and Adoptive Family Services (FAFS)

Advocacy/Support Services – Liaison/Mediation Services – Information Resources – Referral Services  
Education/Training – Public Awareness/Recruitment – Recreational Fund – Scholarship Fund  
Community Based Support

[www.embrella.org](http://www.embrella.org)

1-800-222-0047

1-877-NJ-FOSTER (653-6783)

1-800-99-ADOPT (992-3678)

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# Post Permanency Financial Resources

## Direct Deposit/Debit Cards

For questions about your direct deposit account, call 1-844-830-6178 or visit  
[www.njdcfpaymentcenter.com](http://www.njdcfpaymentcenter.com)

For questions about your debit card, call 1-866-461-4094 or visit  
[www.EPPICard.com](http://www.EPPICard.com)

## Financial Assistance Resources

### Children's Catastrophic Illness Relief Fund

Financial help for families overwhelmed by a child's medical bills  
1-800-335-FUND (1-800-335-3863)

### Food Stamps

Federal benefit program which helps eligible working and non-working low income individuals and families pay for food.

<https://oneapp.dhs.state.nj.us>

### General Financial Assistance

Contact your County Board of Social Services.

The link below will provide you with the County Welfare Agencies phone numbers and addresses.

[www.state.nj.us/humanservices/dfd/programs/njsnap/cwa/](http://www.state.nj.us/humanservices/dfd/programs/njsnap/cwa/)  
Division of Family Development (Main Number) 1-800-792-9773

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## **NJ Helps**

Find services and programs for children, families and individuals.  
You can also get prescreened for eligibility for Food Stamps, Medicaid and other programs.

[www.njhelps.org](http://www.njhelps.org)

## **NJ Housing Resource Center**

For accessible and affordable housing

[www.njhousing.gov](http://www.njhousing.gov)  
1-877-428-8844

## **WIC Program**

Nutrition program providing nutritious foods to supplement the diets of pregnant, breast feeding, or post-partum women, as well as children up to the age of five.

[www.state.nj.us/health/fhs/wic](http://www.state.nj.us/health/fhs/wic)  
1-866-44-NJWIC (446-5942)

## **Utility Bill Assistance**

### **Low Income Home Energy Assistance (LIHEAP)**

1-800-510-3102

### **NJ Shares**

1-866-657-4273

### **Universal Service Fund (USF)**

1-866-240-1347 or 1-800-510-3102

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## Medical Insurance: Medicaid and Healthcare Marketplace

Medicaid Hotline: 1-800-356-1561

Health Benefits Identification Card (Replacement Card): 1-877-414-9251

Health Maintenance Organization (HMO): 1-800-701-0710 (ask for a CP&P representative)

### Healthcare Marketplace

Healthcare Marketplace provides health insurance for anyone who does not have health or dental insurance, or who may have insufficient insurance

[www.healthcare.gov](http://www.healthcare.gov)

1-800-318-2596

## Other Support Services

### Adolescent Services and Resources

Provides information and resources for employment and career planning, educational resources, healthcare, LGBTQI resources, pregnant and parenting youth, and statewide youth resources and supports.

[www.nj.gov/dcf/adolescent/](http://www.nj.gov/dcf/adolescent/)

609-888-7100

### NJ Youth Resource Spot

[www.njyrs.org](http://www.njyrs.org)

## Educational Resources

### New Jersey Department of Children and Families Scholarship Programs

Tuition and scholarship programs provide funds for eligible applicants to attend public institution of higher learning or county vocational schools.

[www.embrella.org](http://www.embrella.org)

1-800-222-0047 or 609-520-1500

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## **Casey Family Programs and Foster Care to Success**

Since 2000, The Casey Family Programs and Foster Care to Success Scholarships have helped thousands of foster youth and former foster youth attend and graduate from college and post-secondary training programs.

Undergraduate scholarships range from \$1500 to \$6000 annually and are renewable for up to five years. Applicants must have been adopted from care after their 16th birthday, or have been in care for the consecutive 12 months prior to their 18th birthday. Scholarship recipients are eligible to participate in the Foster Care to Success Academic Success, Senior Year Coaching and Aim Higher Fellows programs, and to receive care packages.

For more information on the Casey Family Scholarship Program and Foster Care to Success, visit

[www.fc2success.org](http://www.fc2success.org)  
800-950-4673

## **Federal Student Aid (FAFSA)**

Application for all federally funded student aid

[fafsa.ed.gov](http://fafsa.ed.gov)  
1-800-4-FED-AID (433-3243)  
TTY at 1-800-730-8913

## **Division of Mental Health Services for Adults**

[www.state.nj.us/humanservices/dmhs/home](http://www.state.nj.us/humanservices/dmhs/home)  
1-800-382-6717

## **One Simple Wish**

One Simple Wish grants wishes for foster child, children who have aged out of foster care and vulnerable children and families throughout the United States.

[www.onesimplewish.org](http://www.onesimplewish.org)

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## **Help Line NJ 2-1-1**

### **Basic Human Needs Resource**

Food banks, clothing closets, shelters, rental assistance, utility assistance

### **Support for Seniors and Persons with Disabilities**

Adult day care, congregate meals, Meals on Wheels, respite care,  
home health care, transportation, homemaker services

### **Support for Children, Youth and Families**

Childcare, after school programs, Kids Care (health insurance programs), family resource centers,  
summer camps and recreation programs, mentoring, tutoring, protective services

### **Physical and Mental Health Resources**

Health insurance programs, Medicaid and Medicare, maternal health, Children's Health  
Insurance Program, medical information lines, crisis intervention services,  
support groups, counseling, drug and alcohol intervention and rehabilitation

### **Employment Supports**

Financial assistance, job training, transportation assistance, education programs

### **Family Helpline**

Parents feeling stressed can call and work through their frustrations 24 hours a day 7 days a week .

The staff is made up of trained volunteers of Parents Anonymous.

1-800-THE-KIDS (843-5437)

**\*Dial 2-1-1 from any phone or visit [www.nj211.org](http://www.nj211.org) for more information**

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## **Child Behavioral, Emotional, and/or Disability Challenges**

### **Behavioral Health Services for Children and Youth**

#### **Division of Children's System of Care (CSOC) - Perform Care**

Staff is available 24 hours a day, 7 days a week to help families get in-home counseling, behavioral health, and developmental disabilities services for children.

Mobile response assistance is available 24 hours a day during a mental health crisis.

[www.performcarenj.org](http://www.performcarenj.org)

1-877-652-7624

### **NJ Department of Children and Families Youth Hotline**

This youth hotline serves all youth and young adults in New Jersey.

Youth get help with their daily challenges from professional staff and trained volunteers.

Anonymity and confidentiality are assured except in life threatening situations.

[www.2ndfloor.org](http://www.2ndfloor.org)

24 hours a day – 7 days a week

1-888-222-2228

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## Adoption Factsheet Series for Parents

Child Welfare Information Gateway has publications about parenting adopted children.

- **Parenting Your Adopted Preschooler**

provides practical strategies to promote a warm and loving parent-child relationship based on honesty and trust. It offers information on development, talking about adoption, and appropriate discipline.

- **Parenting Your Adopted School-Age Child**

offers simple, practical approaches for building attachment, talking honestly about adoption, acknowledging your child's adoptive history, and enhancing the school experience of children ages 6–12.

- **Parenting Your Adopted Teenager**

is designed to help adoptive parents understand their adopted teenager's experiences and needs so parents can respond with practical strategies that foster healthy development. These strategies include approaches that acknowledge trauma and loss, support effective communication, promote a teen's independence, and address behavioral and mental health concerns.

Find more fact sheets at  
[www.childwelfare.gov/catalog](http://www.childwelfare.gov/catalog)



**Child Welfare Information Gateway**

PROTECTING CHILDREN ■ STRENGTHENING FAMILIES

### **The National Foster Care and Adoption Directory (NFCAD) Mobile App**

Locating and connecting to foster care and adoption contacts and services just got easier! Child Welfare Information Gateway launched the NFCAD mobile app for smartphones and tablets.

NFCAD provides contact and location information for organizations, groups, agencies, and experts across the child welfare field. The mobile app is a user-friendly way to find, filter, and save information on direct service providers, support groups, and related foster care and adoption organizations.

The NFCAD mobile app is free and available for IOS devices at the App Store and for Android at GooglePlay.

# Directory of Post Adoption/Kinship Legal Guardian Counseling Service Agencies

Agency	Services	Counties Served
<p><b>Catholic Charities - Diocese of Newark Family Resource Center</b>            249 Virginia Ave.            Jersey City, NJ 07304            (201) 798-9900</p>	<p>Pre and Post Counseling            Parent Education            Life Book Work            Educational Support            Advocacy</p>	<p>Hudson</p>
<p><b>Children's Aid &amp; Family Services (CAFS)</b>            76 South Orange Ave., Suite 209            South Orange, NJ 07079            (201) 740-7124</p>	<p>Pre and Post Counseling            Parent Education            Life Book Work            Educational Support            Advocacy</p>	<p>Bergen            Essex            Passaic</p>
<p><b>Children's Home Society of New Jersey</b>            635 South Clinton Ave.            Trenton, NJ 08611            (609) 695-6274</p>	<p>Pre and Post Counseling            Parent Education            Life Book Work            Educational Support            Advocacy</p>	<p>Hunterdon            Mercer            Middlesex            Monmouth            Ocean            Somerset</p>
<p><b>Family &amp; Children's Services</b>            40 North Ave.            Elizabeth, NJ 07208            (908) 352-7474</p>	<p>Pre and Post Counseling            Parent Education            Life Book Work            Educational Support            Advocacy</p>	<p>Middlesex            Suburban Essex            Union</p>
<p><b>Family Guidance of Warren County</b>            492 Route 57 West            Washington, NJ 07882            (908) 689-1000</p>	<p>Pre and Post Counseling            Parent Education            Life Book Work            Educational Support            Advocacy</p>	<p>Warren</p>
<p><b>Family Intervention Services</b>            655 Broadway            Paterson, NJ 07514            (973) 523-0089</p>	<p>Pre and Post Counseling            Parent Education            Life Book Work            Educational Support            Advocacy</p>	<p>Passaic</p>

Respite only for families currently receiving counseling services

Agency	Services	Counties Served
<p><b>Family Intervention Services (FIS)</b>            20 Vanderhoof Ave.            Rockaway, NJ 07866            (973) 586-5243</p>	<p>Pre and Post Counseling            Parent Education            Life Book Work            Educational Support            Advocacy</p>	<p>Morris</p>
<p><b>Family Intervention Services (FIS)</b>            376 Lafayette Road, Suite 200            Sparta, NJ 07871            (973) 940-0105</p>	<p>Pre and Post KLG            Therapy            Parent Education            Life Book Work            Educational Support            Advocacy</p>	<p>Sussex</p>
<p><b>Family Intervention Services (FIS)</b>            86 South Harrison St.            East Orange, NJ 07018            (973) 324-7880</p>	<p>Pre and Post Counseling            Parent Education            Life Book Work            Educational Support            Advocacy</p>	<p>Essex</p>
<p><b>Robins' Nest</b>            42 South Delsea Dr.            Glassboro, NJ 08028            (856) 881-8689</p>	<p>Pre and Post Counseling            Parent Education            Life Book Work            Educational Support            Advocacy</p>	<p>Atlantic            Burlington            Camden            Cape May            Cumberland            Gloucester            Salem</p>
<p><b>Oaks Integrated Care</b>            175-12 Route 70            Medford, NJ 08055            (609) 953-5714; Fax: (609) 953-5483</p>	<p>Pre and Post Counseling            Parent Education            Life Book Work            Educational Support            Advocacy</p>	<p>Atlantic            Camden            Gloucester            Salem            Burlington            Cumberland</p>
<p><b>Youth Consultation Services:            Bridge Program (YCS)</b>            60 Evergreen Pl.            East Orange, NJ            (973) 395-0801 x 415; Fax: (973) 482-2870</p>	<p>Adoptive Families Only            Pre and Post Counseling            Parent Education            Life Book Work            Educational Support            Advocacy</p>	<p>Essex</p>



DCF Office of Adoption Operations/Adoption Subsidy Unit  
50 E. State St. P.O. Box 717  
Trenton, NJ 08625-0717  
ph 1-800-847-5027  
fax 1-609-943-4147

[www.state.nj.us/njfofosteradopt/subsidy](http://www.state.nj.us/njfofosteradopt/subsidy)