

## “Resilience for Resource Families (R4R) Peer Support Program”



“Committed2Support”

**1-844-R4R-6407**

**1(844) 747-6407**

The “Resilience for Resource Families (R4R) Peer Support Program is a peer support helpline established to support resource families who are routinely exposed to highly stressful situations and deserve innovative program services to enhance their resilience. We will employ experienced Resource family peers and former NJ DCP&P staff, who are familiar with the challenges of this experience, and train them in RUBHC’s nationally renowned “Reciprocal peer support” model.

***Our focus is always to maintain the confidentiality of all resource families.***

By calling the helpline at 1(844) 747-6407, a resource family member will receive the following services:

- R4R peer support counseling
- R4R Resilience-building events
- offering direct contact and R4R peer support
- R4R Care assessment with a licensed clinical professional
- Referral to an R4R network of statewide resources specific to your needs
- R4R Crisis intervention support

A “Resilience for Resource Families” (R4R) Peer Support Program peer is ready to help you cope with your stress and related concerns. When you call the confidential R4R helpline, you will be heard and supported through peer counseling and receive follow-up calls for as long as it takes for you to regain your resilience. Make the call... 1 (844) 747-6407.

**RUTGERS**  
University Behavioral  
Health Care