



State of New Jersey

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February 7, 2018

Dear Employee,

The Office of Employee Assistance and Organization Development (OEOD) is committed to the health and well-being of employees within the New Jersey State Police. We launched the first phase of our suicide prevention and intervention program on September 6, 2017, Talk Saves Lives, presented by the American Foundation for Suicide Prevention.

We want to continue to share information with employees about the warning signs of suicide and have posted two brochures, "Talk Saves Lives" and "Firearms and Suicide Prevention", courtesy of the American Foundation for Suicide Prevention on our website, www.state.nj.us/njsp/oeod/, viewable under our Publications, News, and Events tab.

Our professionals are licensed, certified mental health specialists available to speak confidentially with employees or family members regarding concerns they may have for someone exhibiting risk factors or warning signs. We can assess the situation, offer guidance in what to say and how to say it, provide the needed services for assistance, coordinate referral to resources, monitor the level of care being received, and follow-up for ongoing comfort and support. We are available twenty-four hours a day, 7 days a week by calling, 800-FOR-NJSP (800-367-6577).

Our volunteer chaplains are nurturing, spiritual caregivers trained to provide care for emotional stress, emergency, or crisis situations. Their contact information is listed on our website. If you need immediate assistance, call 911 or the National Suicide Prevention Lifeline at 800-273-TALK (800-273-8255).

In the coming months, we will be offering more information and training in the hope to save a life.

Sincerely,

Karen S. Husband, Director
Office of Employee and Organization Development



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