## RESOURCE GUIDE

FOR
MILITARY, VETERANS & FAMILIES



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Additional copies available on-line http://www.state.nj.us/treasury/gcada/

Book Designed by John Varone Graphic Artist GCADA John.Varone@treas.state.nj.us



## State of New Jersey

GOVERNOR'S COUNCIL ON ALCOHOLISM AND DRUG ABUSE PO Box 345 Trenton NJ 08625-0345

JON S. CORZINE *Governor* 

NEIL VAN ESS Acting Chairman

November 2008

MARY LOU POWNER Executive Director

#### To Our Veterans and Military Families:

The Governor's Council on Alcoholism and Drug Abuse (GCADA) is honored to dedicate this Resource Directory to all the brave men and women of New Jersey who have served in the US Armed Forces in defense of our freedom. The War on Terrorism, since its start in 2001, has relied upon our citizen soldiers, National Guard and Reserve Units, in addition to active service personnel.

The continuing personal and family sacrifices in service to our nation involve long periods of deployment to the war zone leaving many military families isolated and confused. All of these difficulties, as well as the combat experience itself, can cause both visible and invisible wounds for veterans and their families. In the past several years the GCADA saw one of its members, Sgt. Cynthia Carlucci, from the New Jersey National Guard, deployed to Afghanistan. Then there is Danielle Lanik, daughter of GCADA member Maryann Barkus, the designee from Department of Community Affairs, who shared first hand the sacrifices made by her family when her reservist husband was activated for active duty. He has served two tours of duty in Iraq.

Several GCADA members are veterans themselves and keenly aware of the price paid by service personnel and their families. In this current war, the impact we are seeing is different from past experiences in that our citizen soldier families live in our neighborhoods and their kids attend our schools. In an effort to respond to our military members and their families the GCADA formed a Veterans Committee in 2007 to explore ways the Council and the Alliance Prevention Network might assist these families, our neighbors.

This directory would not have been possible without the commitment of all the committee members and the determined work of GCADA staff, in particular Executive Director Mary Lou Powner and Nick Petrozzino, Senior Planner, who is a fellow Vietnam veteran. The Veteran's Committee acknowledges the genuine and long standing support given by Governor Jon Corzine to New Jersey's active, guard, reservist and veteran military service personnel and their families.

I have served on the GCADA for nearly two decades and have always been proud of the leadership it has given to its grassroots prevention network, the Alliance Program, since 1990. However, as a combat wounded Vietnam veteran and a National Inspector for the Military Order of Purple Heart, my pride in the GCADA has grown to a new level knowing that it cares enough to reach out and find a way to help today's heroes, our military service personnel and their families, who are paying the price for our nation's freedom, security and comfort.

Sincerely yours,

Neil Van Ess, Acting Chairman

## GOVERNOR'S COUNCIL ON ALCOHOLISM AND DRUG ABUSE

#### Membership as of July 2008

#### **Gubernatorial Appointments**

Gregg Benson Anthony Bucco, Esq. John Gluck, 2nd Vice-Chair Kay McGrath Harry Morey, Jr.

## **Senate President Appointments**

Neil Van Ess, 1st Vice-Chair

## **Assembly Speaker Appointments**

Gerald Opthof Regan McGrory

## **Ex-Officio State Departments**

## **Administrative Office of the Courts**

Administrative Director Philip Carchman Designee, Carol Venditto/Maurice Hart

#### **Children and Families**

Acting Commissioner Kimberly Ricketts Designee, David Sims

#### **Community Affairs**

Commissioner Joseph V. Doria, Jr. Designee, Mary Ann Barkus

#### **Corrections**

Commissioner George W. Hayman Designee, Myrtle Daniels

#### **Education**

Commissioner Lucille E. Davy Designee, Gary Vermeire

#### **Health and Senior Services**

Commissioner Heather Howard Designee, Laura Hernandez Paine

#### **Human Services**

Commissioner Jennifer Velez Designee, Raquel Mazon-Jeffers

### **Labor and Workforce Development**

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## Law and Public Safety

Attorney General Anne Milgram Designee, Lisa Ellison Barata

## Military and Veteran's Affairs

Adjutant General, Maj. Gen. Glenn K. Reith Designee, Master Sgt. Karin M. Dates

## Personnel

Acting Commissioner Hope L. Cooper Designee, Willa Lloyd

#### **NJ Higher Education Presidents' Council**

Sister Rosemary E. Jeffries

## Governor's Council on Alcoholism and Drug Abuse Military and Veteran Family Committee

Neil Van Ess, Chairman First Vice Chair, GCADA Veteran, Purple Heart Recipient

Mary Ann Barkus New Jersey Department of Community Affairs Division of Housing & Community Resources

Doug Breen Middlesex County Veterans Service Officer Veteran

Angela Conover Partnership for a Drug Free New Jersey

Mst Sgt. Karin Dates New Jersey National Guard Counterdrug Task Force

Charles F. DeVeau Division of Addiction Services New Jersey Department of Human Services Veteran

Dennis E. Donovan Division of Addiction Services New Jersey Department of Human Services Veteran

George Gumpper Ventnor Vet Center Veteran

Paul Kozak Vetworks Veteran Danielle Lanik Veteran Family Member

Harry Morey, Jr. Alliance Chair, GCADA US Navy Retired

Nick Petrozzino Planner, GCADA Veteran

John Rosenthal Lt Colonel USAF, Retired

Bill Siebel New Jersey Department of Labor and Workforce Development Veteran

Mr. Robin Warren New Jersey Department of Labor and Workforce Development Veteran

Ray Zawacki American Legion Veteran

## SUPPORT ASSISTANCE FOR MILITARY AND VETERAN FAMILIES

### **TurboTAP** (Transition Assistance Program):

Turbo Tap is an easy to use, interactive Web portal that provides life-long support to separating military service members (Active Duty, National Guard and Reserve) and their families. It is a single source starting point for accessing key resources available for service members transitioning of out the military at any point in their military career.

Resources include Department of Defense, Department of Labor, Department of Veterans Affairs, Department of Education, Small Business Administration, the National Veterans Corporation and the National Guard Bureau. For information visit <a href="www.TurboTAP.org">www.TurboTAP.org</a> or E-mail: <a href="mailto:TAPHelp@military-inc.com">TAPHelp@military-inc.com</a>

## G.I.GO -Fund: The Transition Center, New Brunswick, NJ

The G.I.GO Fund is a nonprofit charitable organization that assists veterans of Operation Enduring Freedom and Operation Iraqi Freedom, as well as provides support, recognition, and gratitude to all servicemen and women.

Transition Assistance is support during the period that a solider undergoes during the period when they separate from the armed services and they transition to civilian life. The Transition Center helps during this challenging process by creating new and unique programs and supplementing exiting efforts. The program helps veterans with mental wellness issues, VA enrollment, securing employment, education advancement, as well as leisure time activities.

Website: www.gigofoundation.org/transitioncenter.html

Phone: 732-309-6557

E-mail: gigo@gigofund.org

#### **Military OneSource:**

You name it ....Military OneSource can help 24 hours a day, seven days a week. Military One Source, which supplements existing installation services, provides free help and information, by phone

with a professionally trained consultant or online, on wide range of issues that affect Soldiers and their families including budgeting and investing, educational opportunities, entertainment, children programs to relationships and deployment. It is available 24 hours, 365 days a year.

Categories include:

Body Money Career/Employment Moving

Crisis Parenting/Special Programs for

Deployment Children
Education Recreation
Elder Care Relationship
Guard/Reserve Severely Injured
Legal Special Needs
Mind Transition

This site also offers links to programs specific to Army, Marine Corps, and Navy families, as well as Marine Corps Community Services and the Marine Corps Reserve. The site also offers News and Community Podcasts, Webinars, Discussion Boards and Moderated Chats.

www.militaryonesource.com

800-342-9647

#### **Army Information Line:**

The Army Information Line (1-800-833-6622) is designed to help Soldiers and their families, whether they deployed, stationed stateside or overseas, are brand new to the Army or are over 30 Veterans.

In addition to the Army Information Line, the Army's Well-Being's Army Families online Web site <a href="www.ArmyFamiliesOnline.org">www.ArmyFamiliesOnline.org</a> recently welcomed its 2-millionth visitor this year. The Army Information Line also celebrates its 25-year existence of providing information and referral services to those Soldiers and family members.

### **Army Family Team Building (AFTB)**

Parents unfamiliar with the military are often overwhelmed by the lack of information that is available to them. The language is even foreign to them. To find answers the Army Family Team Building program is a way to connect parents to the military way of life one class at a time.

www.myarmylifetoo.com/

Army Family Action Plan (AFAP) is a year-round process that allows soldier and family the opportunity to let the Army know what is on one's mind and why one thinks something is not working. If you have a concern about something that affects your wellbeing, please submit an issue today!

Some examples of AFAP success stories:

- 1. Service member's Group Life Insurance increased
- 2. A Reserve Component family member ID card was established.
- 3. Family Separation Allowance was increased
- 4. Programs like Army Family Team Building (AFTB) and Better.

To submit an issue to the AFAP process, visit <u>www.arfp.org</u> to download an issue submission form or contact your Program Manager

#### **Army Reserve Family Programs (Online)**

The Army Reserve Family Program is designed to improve support for soldiers and their families during military separation. Soldiers have an obligation to ensure their families are prepared to endure an extended separation. Preparation and planning prior to mobilization is the necessary first step that must be taken to ensure family members have the resource to endure the separation. The Army Reserve Family Program has the educational and informational tools necessary to enhance awareness of the changes encountered in an effort to improve family readiness. This is the gateway to army reserve family program information that includes hot topics and groups that offer family support during separation.

www.arfp.org

### **Army Reserve Family Network**

The Army reserve Family Network Programs launched a pilot project to connect Army Reserve families via Email. Separation from your Soldier is difficult enough. The army reserve family can experience another kind of separation, separation from others who understand. Join the Army Reserve Family Network Project and connect with others experiencing separation from their loved ones via email. Learn more at <a href="https://www.arfp.org/famnet">www.arfp.org/famnet</a>

The Army Reserve Child & Youth Services (CYS) mission is to support the readiness and well-being of geographically dispersed families by reducing the conflict between parental responsibilities and mission requirements. CYS staff members provide an accessible and well-rounded program that successfully meets the developmental needs of all Army Reserve youth, supports the parent/care-giver during deployment, and provide peace of mind to the soldiers while they are separated from their loved ones. Families can apply for these programs at the National Association of Child Care Resource and Referral Agencies (NACCRRA) website at www.naccrra.or/militaryprograms

Army reserve Child & Youth Services is involved with summer camps that unite Army Reserve children to provide them with the skills necessary to face the unique challenges they confront as military youth. Enrollment in the camps is completely free. CYS partners with the National Military Family Association to offer the Operation Purple camps – a free camp program open to all branches of the military. Registration begins in the spring at <a href="https://www.operstionpurple.org">www.operstionpurple.org</a>

CYS works with educators to help them understand the unique needs of Army reserve youth. Youth interested in receiving tools to assist in planning for college through virtual and telephonic trainings can register at <a href="https://www.arfp.org/cys/">www.arfp.org/cys/</a>

#### The Deployed Military Spouses Assistance Program

Provides direct assistance and referrals to existing programs for spouses of deployed military personnel (Active Duty, Reserve and National Guard) who face unusual financial and emotional stress as a result of the deployment.

Applicants should call 609-543-6200, ext 235 or E-mail <a href="mailto:wocmilitarygrant@ymca-bc.org">wocmilitarygrant@ymca-bc.org</a> to obtain an application. In addition to the completed application form, applicants will also need to submit the following documentation: LES/pay stub for applicant and spouse; statement of Financial Need (i.e. reason for applying and how the grant will help); bill or pricing of expenditure as well as any other supporting information the applicant feels may be helpful. Additional information can be found at <a href="https://www.state.dca.nj.us/dca/dow/depmilsposeasst.shtml">www.state.dca.nj.us/dca/dow/depmilsposeasst.shtml</a>

#### Soldiers' and Sailors' Civil Relief Act of 1940

If you are a reserve service member called to active duty, you are protected by a law that can save you some legal problems and possible some money. Under the provisions of the Soldiers' and Sailors' Civil Relief Act of 1940 (SSCRA) you may qualify for reduced interest rate on mortgage payments and credit card debt, protection from eviction if your rent is \$1200 or less, and/or delay of all civil court actions such as bankruptcy, foreclosure or divorce proceedings. Although all service members receive some protection under the SSCRA, additional protections are available to reserve components called to active duty. For more information contact you unit or installation legal assistance office.

#### **Army Reserve Financial Readiness Program**

The Financial Readiness Program offers services to assist Soldiers and their families with their financial affairs. It is designated to educate military families of their rights as consumers. Financial planning within the Army Reserve is critical to all Soldiers, especially Troop Program Unit (TPU) Soldiers. Training opportunities are available to military families and can be coordinated by the AFTB/AFAP Program Manager upon request. Some of the topics available are: Budgeting, Financial Emergencies; Saving and Investing, Credit and Collection, Home Buying and Renting, Taxes, and Army Emergency Relief (AER) Loans/Grants.

How to Get Financial Readiness Assistance

**1.** When a Soldier or family member contacts the <u>Army Reserve</u> <u>Family Progams Office</u> for financial counseling or assistance, the AFTB/AFAP Program Manager will assist by completing a request

for financial assistance form for the Soldier or family member.

- **2.** The Program Manager in coordination with their family program director will evaluate the request and determine what resources are available.
- **3.** Upon determination, the program manager will contact the appropriate resource and link the Soldier or family member to that resource for assistance.
- **4.** The program manager will follow-up with the Soldier or family member to ensure appropriate assistance was provided, and closes the request, notifies the director and files the request. <a href="https://www.arfp.org">www.arfp.org</a>

#### MyMoney.gov

This U.S. government website is dedicated to teaching all Americans the basics about financial education. Whether you are planning to buy a home, balancing your checkbook, or investing in your 401k, the resources on MyMoney.gov can help you do it better. Throughout the site, you will find important information from 20 federal agencies government wide: <a href="Budgeting and Taxes">Budgeting and Taxes</a>, <a href="Credit, Paying for Education">Credit</a>, <a href="Paying for Education">Paying for Education</a>, <a href="Responding to a Life Event">Responding to a Life Event</a>. <a href="MyMoney.gov">MyMoney.gov</a>

#### **Care Package and Mail Information**

**United States Postal Service.** No matter which Flat Rate Box you choose the postage is \$8.95 regardless of weight or destination. This is anywhere in the United States and DOES include any APO/FPO mailing address. Call toll free to order free supplies. Boxes come in a couple of different sizes and they have envelopes too. You can also learn more online.

www.shop.usps.com 800-610-8734

#### **Displaced Homemaker Centers**

The Displaced Homemaker Centers provide job counseling and other supportive services including money management for women who have been dependent on income of another household member, but due to the death, disablement, or divorce of their spouses must now support themselves. For referral information on available programs specific to a particular issue or concern contact the Women Referral Central.

For additional information go on line to the Department of Community Affairs, Division of Women website at: <a href="https://www.state.nj.us/dca/dow/dhc.shtml">www.state.nj.us/dca/dow/dhc.shtml</a> 800-322-8092, 24 hours a day/7 days a week.

New Jersey Community Resource Directory. Connect with a caring professional who knows community resources. Free, confidential and ready to help 24 hours a day, 7 days a week for a variety of needs including United Way resources, NJ Homeland Security hotline and the Homeless Hotline among other services. nj211.org or call 211

#### 7 Habits of Highly Successful Military Families:

Facilitated by a team of Army Reserve Family Programs professionals, Army reserve families spend a weekend, discovering the seven habits shared by successful people and learning how to make them a part of everyday life. The workshops are tailored to address the unique challenges that military families face.

During their day-and-a-half together, attendees participated in hands-on activities designed to increase their knowledge and ability to strengthen their own families. From learning how be less reactive and identify family priorities, to learning how to listen before speaking and celebrate the differences in each family member. Participants receive ideas to use on the journey to success within their own families. To learn more about attending a workshop or receiving more program information visit <a href="www.arfp.org/covey">www.arfp.org/covey</a>. Army Reserve Child & Youth Services:

Greencare For Troops Project Evergreen: Lawn and landscape maintenance becomes a definite hardship when a family's major breadwinner is on active duty away from home. GreenCare for troops is designed to show the green industry's concern for this situation, helping affected families maintain their homes' green spaces. <a href="https://www.greencarefortroops.com">www.greencarefortroops.com</a>

**Military Support Group of NJ Inc:** This support group meets every 2nd Thursday evening of every month at the Chews United Methodist Church. 319 Black Horse Pike, Glendora, NJ 08029. Care packages are sent out every week to deployed troops. Clothing

and other amenities are sent to wounded warriors in Germany, Baghdad and the USA. For additional information contact: Karen Jennings, Marine Mom 856-783-1953 kjcardinal@aol.com

## **US Department of Veteran Affairs: East Orange and Lyons Campuses**

The East Orange and Lyons VA campuses have opened Transitional Units for returning veterans from the Iraq and Afghanistan theaters of combat. These units will be a place for "One Stop Shopping" to help with a seamless transition and continuity of care provided by our O E F/O I F team. An array of services will be available including Traumatic Brain Injury Social Work, Social Work Ca r e Management, Vet Center services, Regional Office Services, War Related Services, Mental Health Services, Out Reach & Eligibility Services, and referrals to community resources. In addition, the O E F/O I F team will be scheduling programs and events designed for veterans. For further information contact:

OEF/OIF Program Manager 973-676-1000 ex.1727

## U.S. Department of Veterans Affairs New Jersey Vet Centers

## **Newark Vet Center**

2 Broad St. Suite 703 Bloomfield, NJ 07003 Phone: (973)-748-0980

Fax: (973)-743-0380

#### **Trenton Vet Center**

934 Parkway Ave. 2nd Fl. Ewing, NJ 08618

Phone: (609)-882-5744 Fax: (609)-882-5743

#### **Ventnor Vet Center**

6601 Ventnor Ave. Suite 105, Ventnor Bldg.

Ventnor, NJ 08406 Phone: (609)-487-8387 Fax: (609)-487-8910

#### **Secaucus Vet Center**

110 Meadowlands Pkwy. 1st Floor Secaucus, NJ 07094

Phone: (201)- 223-7787 Fax: (201)-223-7707

## New Jersey Department of Military and Veterans Affairs Veterans Service Offices

**ASBURY PARK** 07712-6904 630 Bangs Avenue, Suite 320 732-775-7009 or -7005

**ATLANTIC CITY** 08401-6901 1008 Absecon Boulevard 609-441-3060 or -3061

**BRICK** 08724-3550 970 Route 70 (in the James J. Howard VA Clinic) 732-840-3033 or -3034

**ELIZABETH** 07201-1053 1196 Chestnut Street 908-820-3133 or -3134

**HACKENSACK** 07601-5427 125 State Street, Suite 109 201-996-8050 or -8051

**JERSEY CITY** 07306-3158 678 Montgomery St. 201-536-3401 or 3402 or 3403

**MT. HOLLY** 08060 555 High Street Suite 6A (609) 518-2273 -or- 2274

**NEWARK** 07102-3174 (Liaison Office) 20 Washington Place 973-297-3230 **NEW BRUNSWICK** 08901-2102 711 Jersey Avenue 732-937-6347 or -6348 or -6349

**NEWTON** 07860-5000 Armory, 5 South Park Dr. (off U.S. Highway 206) 973-383-4949 or -1363 Dover (Wednesday) 973-366-8347

**PATERSON** 07505-2101 100 Hamilton Plaza, 6th Fl 973-977-4050 or -4051 or -4556

**PHILADELPHIA, PA** 19144 (Liaison office) 5000 Wissahicken Avenue 215-381-3054

**PORT MURRAY** 07865-9482 Armory, 550 Route 57 908-689-5840 or -5845

**THOROFARE** 08086 215 Crown Point Road, Suite 300 856-853-4184 or -4185 or -4186

**TRENTON** 08625-0671 28 W. State Street, 3rd Fl, Room 314 609-292-5880 or -5881

#### VINELAND 08360-2895

524 Northwest Boulevard NJ Veterans Memorial Home 856-696-6452 or -6445 or -6451

## **New Jersey County Veterans Service Offices**

#### **ATLANTIC**

Atlantic County office of Veterans Affairs 6601 Ventnor Avenue, Suite 307 Ventnor NJ 08406 609-487-6932

#### **BERGEN**

Division of Veterans Services One Bergen County Plaza, 2nd Floor Hackensack NJ 07601 201-336-6325, 6328, 6329, 6326, 7406

#### **BURLINGTON**

Dept. of Veterans Affairs 795 Woodlane Road Human Services Building Mt. Holly NJ 08060 609-265-5008, 5154

#### **CAMDEN**

Office of Veterans Affairs Lakeland Complex 3 Collier Drive PO Box 1535 Blackwood, NJ 08012 856-374-5801

Fax: 856-374-5302

#### **CAPE MAY**

Veterans Bureau 4005 Rte 9 South Rio Grande NJ 08242 609-886-2762

#### **CUMBERLAND**

Cumberland Veterans Affairs Office 122 E. Main Street, Suite 100 Millville NJ 08332 856-293-0437

#### **ESSEX**

Veterans Bureau 50 South Clinton Street, Suite 3200 East Orange NJ 07018 973-395-8394

#### **GLOUCESTER**

Office of Veterans Affairs 211 County House Rd. Washington Twp Sewell NJ 08080 856-401-7660

#### **HUDSON**

Veterans Services County of Hudson Dept. of Health & Human Services 595 Newark Avenue, Room 104 Jersey City NJ 07306 201-795-5610

#### HUNTERDON

Interment Officer 24 Stryker Street Lambertville NJ 08530 609-397-8190

#### **MERCER**

Department of Veterans Affairs 2280 Hamilton Avenue Hamilton NJ 08619 609-989-6120

#### **MIDDLESEX**

Dept. of Human Services Middlesex County Admin. Building John F. Kennedy Square, 5th Floor New Brunswick NJ 08901 732-745-4051

#### **MONMOUTH**

Interment Office PO Box 3000, Kozloski Road Freehold NJ 07728 732-308-2988

#### **MORRIS**

County Dept. of Human Services Veterans Services 340 W. Hanover Avenue Morris Township NJ 07960-2777 973-285-6868

#### **OCEAN**

Veterans Service Bureau 1027 Hooper Avenue, Building 2 PO Box 2191 Toms River NJ 08754-2191 732-929-2096

#### **PASSAIC**

Veterans Service Office Administration Building 309 Pennsylvania Avenue Paterson NJ 07505 973-881-4173

#### **SALEM**

Veterans Service Office 92 Market Street Salem NJ 08079 856-339-8603

#### **SOMERSET**

Department of Veterans Services 92 E. Main Street Somerville NJ 08876 908-704-6329

#### **SUSSEX**

Interment Officer P.O. Box 844 Stanhope NJ 07874 973-347-8333

#### UNION

Office of Veterans Affairs Union County Administration Building 3rd Floor 10 Elizabethtown Plaza Elizabeth NJ 07207 908-659-7407 or 866-640-7115 908-558-2566 Fax

#### WARREN

Interment Officer 8 Hughes Lane Belvidere NJ 07823 908-475-2413 Assistant Supervisor 6 Hemlock Lane Belvidere NJ 07823 908-475-5098

## Military Base Family Assistance: Army Community Covenant

The Army Community Covenant is designed to develop and foster effective state and community partnerships with the Army in improving the quality of life for Soldiers and their Families, both at their current duty stations and as they transfer from state to state.

The Army Community Covenant is tailored at the local level, with leaders at local and state levels recognizing the strength of Army Soldiers and their Families and the support of their local community.

To learn more about the Army Community Covenant Program call the following numbers or visit the websites

Picatinny Arsenal: 973-724-4157 or 973-724-4939

https://www.pica.army.mil/mwr/ACS/Army%20Family%20Covenant%20Intro.htm

Fort Monmouth: 732-532-9604

https://cecom100.monmouth.army.mil/usagfmima/sites/local/

Ft. Dix: 609-562-2741 **http://www.dix.army.mil/** 

## **New Jersey National Guard Family Assistance Centers**

888-859-0352: Reaches all Centers

#### **Individual Centers:**

Teaneck Armory -201-833-0632/8356

Jersey City Armory- 201-915-3589/3591

Lawrenceville Armory- 609-671-6681

Somerset Armory -732-937-6290

Toms River Armory- 732-341-9102

Woodbury Armory- 856-251-6893

Morristown Armory- 973-656-3592

McGuire AFB- 609-754-4479

Pomona AFB -Army (Egg Harbor Township) -609-272-6546

Pomona AFB -Air (Egg Harbor Township) - 609-645-6248

#### **NJ Veterans Memorial Homes:**

Paramus: 201-634-8200 Edison: 732-452-4100 Vineland: 856-405-4200

## Veterans Service Organizations; Non-Government

The following organizations assist veterans through the VA system and advocate for veterans' rights. They are not affiliated with the government

AMVETS www.amvets.org 877-7-AMVETS 973-297-3376

Disabled American Veterans www.dav.org 800-827-1000 ext. 3157

Jewish War Veterans www.jwv-nj.org 973-297-3388

Vietnam Veterans of America www.vva.org/ 973-297-3227

Vetwork, A Program of Vetgroup, Inc.: 103 N. Main Street Forked River, New Jersey 08731 Telephone: 877-971-7613 Fax: 609-971-7451

USO: United Service Organization <a href="https://www.uso.org">www.uso.org</a> 212-695-5590

Military Order Of The Purple Heart <a href="https://www.purpleheart.org">www.purpleheart.org</a>
973-297-3389

American Legion www.legion.org 609-695-5418

www.vetwork.org

Veterans of Foreign Wars www.vfw.org 800-VFW-1899 839-1899

United Spinal Association www.unitedspinal.org/973-297-3387

#### **HOUSING INFORMATION**

# Low Income Home Energy Assistance Program (LIHEAP) And Universal Service Fund (USF)

#### Fact Sheet

The Low Income Home Energy Assistance Program (LIHEAP) is designed to help low-income families and individuals meet home heating and medically necessary cooling costs. The application period is November 1st to April 30th. To apply for LIHEAP, contact the authorized local community action agency or community based organization in your area. A list of these agencies is enclosed. For persons age 60 or over, or who are disabled, applications may be received and returned by mail. Other households may apply by mail at the discretion of the local agency.

To be eligible for LIHEAP benefits, the applicant household must be responsible for home heating or cooling costs, either directly or included in the rent; and have gross income at or below 225% of the federal poverty level. Persons who live in public housing and/or receive rental assistance are not eligible unless they pay for their own heating/cooling costs directly to the fuel supplier. The amount of the LIHEAP heating benefit is determined by income, household size, fuel type, and heating region. This year, the medically necessary cooling assistance benefit is set at \$200.

The LIHEAP application is also an application for the Universal Service Fund (USF) Program. Therefore, you apply for two energy assistance programs at the same time. USF is a program created by the New Jersey Board of Public Utilities to help make natural gas and electric bills more affordable for low-income households. If you are eligible, USF can lower the amount you pay for gas and electricity. To be eligible, a household must meet the same income guidelines as LIHEAP and pay more than 3% of its annual gross income for electric, or more than 3% for natural gas. If a household has electric heat, it must spend more than 6% of its annual gross income on electricity to be eligible. Income eligibility for USF is at or below 175% of poverty. For more information about USF, call: 1-866-240-1347.

For further information on LIHEAP or to locate the nearest application agency, call 1-800-510-3102. Additional information about LIHEAP and USF, including an application, is also available at <a href="https://www.energyassistance.nj.gov">www.energyassistance.nj.gov</a>.

## New Jersey Low Income Home Energy Assistance Program (LIHEAP) and

## **Application Agencies By County**

**Universal Service Fund (USF)** 

	by county	
County	Application Agency	Phone Number Fax Number and Hours of Operation
Atlantic	Atlantic Human Resources 1 S. New York Ave., Ste. 610 Atlantic City, NJ 08401	(609) 348-3901 Fax(609) 348-5117 Monday - Friday 8:30 AM - 4:30 PM
Atlantic	Atlantic Human Resources Martin Luther King Center Martin Luther King Blvd. Atlantic City, NJ 08401	(609) 343-7380 Ext. 4646 Fax(609) 348-3904 Monday - Friday 8:30 AM - 4:30 PM
Atlantic	Atlantic Human Resources Pleasantville Center 119 Bellevue Ave. Pleasantville, NJ 08232	(609) 641-5111 Ext. 22, 23 Fax(609) 641-2666 Monday - Friday 8:30 AM - 4:30 PM
Bergen	Bergen County CAP 241 Moore St. Hackensack, NJ 07601	(201) 968-0200 Ext. 7036 (201) 968-0200 Ext. 7049 Fax(201) 342-7452 Monday - Friday 9:00AM - 5:00PM
Burlington	Burlington County CAP 1 Van Sciver Parkway Willingboro, NJ 08046	(609) 835-4329 (609) 835-2464 Fax(609) 835-9647 Monday - Friday 9:00AM - 5:00PM

Camden	Camden County Council on Economic Opportunity The Point Plaza 5247 Malrton Pike Pennsauken, NJ 08109	(856) 910-1180 Fax(856) 910-1186 Monday -Friday 9:00AM -5:00PM
Camden	Camden County Council on Economic Opportunity 538 Broadway Ave. Camden, NJ 08103	(856) 964-6887 Fax(856) 365-2784 Monday -Friday 9:00AM -5:00PM
Cape May	Cape Human Resources Inc. 100 East Main Street PO Box 667 Whitesboro, NJ 08252	(609) 889-2699 (609) 465-4531 Fax(609) 465-8133 Monday - Friday 8:30 AM - 4:30 PM
Cumberland	Tri-County CAP 110 Cohansey St. Bridgeton, NJ 08302	(856) 451-2966, Ext. 290 Fax(856) 455-7288 Monday -Friday 8:00AM -4:30PM
Essex	La Casa De Don Pedro 317 Roseville Ave. Newark, NJ 07107	(973) 485-9984 (973) 485-0795 & 0796 Fax(973) 485-9984
This agency services all Essex County		

**PSE&G Newark:** Mon-Fri 9am – 4:30pm (minimum of 50 clients

per day; first come, first serve basis)

PSE&G West Orange: every Friday 9am – 4pm. (Hours are subject to change.)

	Newark, NJ 07107 <b>This agency services only N</b>	9:00AM -4:00PM
	525 Orange St.	Monday -Friday
	Community Center	Fax(973) 482-3364
Essex	First Hopewell Multi-Purpose	(973) 497-9506

Gloucester	Tri-County CAP 10 E. Madison St. Paulsboro, NJ 08066	(856) 423-0040 Fax(856) 423-3876 Monday-Friday 9:00AM - 5:00PM
Hudson	Bayonne Economic Opportunity	

Foundation
555 Kennedy Blvd.
Bayonne, NJ 07002
his agency some Fax(201) 437-2810 Monday -Friday 8:30AM - 4:30PM

This agency services only the city of Bayonne.

**Hudson** Puertorriquenos Asociados (201) 217-0581

for Community Organization (201) 217-0583

 180 4th St.
 Fax(201) 217-9850

 Jersey City, NJ 07302
 Monday -Friday

9:00AM -4:00PM

## This agency services all Hudson County excluding the city of Bayonne

**Hunterdon** NORWESCAP (908) 782-0612

63 Main St. Fax(908) 454-1800 Flemington, NJ 08822 Monday -Friday **Mailing Address:** 8:00AM -4:00PM

350 Marshall St. Phillipsburg, NJ 08865

Mercer County of Mercer (609) 989-6739

Mercer County Administration (609) 989-6959 640 Broad St., Room 429 (609) 989-6065 Trenton, NJ 08650 (609) 989-6544

Fax(609) 278-2758 Monday -Friday 8:30AM -4:30PM

**Middlesex** Puerto Rican Action Board (732) 828-4541

90 Jersey Ave. Fax(732) 828-4546 PO Box 240 Monday -Friday New Brunswick, NJ 08903-0240 8:30AM -4:30PM

**Monmouth** Check-Mate, Inc. (732) 774-3100 Ext. 104

910 4th Ave. or 105

P.O. Box 1288 Fax(732) 774-3340 Asbury Park, NJ 07712 Monday -Friday 9:00AM -4:30PM

**Morris** Morris County (973) 366-1131

Organization for Hispanic (973) 366-4770 Ext. 109 & 103

Affairs, Inc. (973) 644-5627 97 Basset Hwy. (973) 644-5632 Dover, NJ 07801 Fax(973) 361-7878 45 Clyde Potts Court Monday -Friday Morristown, NJ 07960 9:00AM - 5:00PM Fax(973) 644-4878

Monday - Friday 9:00AM - 4:00PM The Morristown office will only take care of the following zip codes: 07005, 07926, 07405, 07927, 07928, 07936, 07932, 07970, 07976, 07963, 07034, 07035, 07933, 07940, 07945, 07045, 07950, 07960, 07982, 07054, 07440, 07058, 07444, 07457, 07980, 07982 and 07981

Ocean	Ocean, Inc. Central Office 22 Hyers St., PO Box 1029 Toms River, NJ 08754	(732) 244-9041 Ext. 10, 11 and 16 Fax(732) 244-3962 Monday - Friday 9:00AM - 4:30PM
Passaic	Paterson Task Force 9 Colt St., 4th Floor Paterson, NJ 07505	(973) 279-2333 Fax(973) 279-2334 Monday - Friday 8:30AM - 4:30PM

This agency services all Passaic County excluding the towns of Passaic and the municipalities covered by Passaic County Weatherization Program.

<b>Passaic</b>	United Passaic Organization	(973) 472-2478
	41 Myrtle Ave.	Fax(973) 472-5474
	Passaic, NJ 07055	Monday - Friday
		9:00AM - 4:00PM

This agency only serves the city of Passaic.

<b>Passaic</b>	Passaic County Weatherization	(973) 569-4032
	930 Riverview Drive Suite 250	Fax(973) 812-3160
	Totowa, NJ 07512	Monday - Friday
		$9.00\Delta M - 4.00PM$

This agency only serves the towns of West Milford, Hewitt, Bloomingdale, Haskell, Wanaque and Pompton Lakes.

Salem Somerset	Tri-County 14 New Market St. Salem, NJ 08079  NORWESCAP, Inc.	(856) 935-0944 Fax(856) 935-0920 Monday - Friday 8:30AM - 4:30PM (908) 685-3033
	120 Finderne Ave. Bridgewater, NJ 08807  Mailing Address: 350 Marshall St. Phillipsburg, NJ 08865	Fax(908) 454-1800 Monday - Friday 8:00AM - 4:00PM
Sussex	NORWESCAP, Inc. 15 Cork Hill Franklin, NJ 07416 <b>Mailing Address:</b> 350 Marshall St. Phillipsburg, NJ 08865	(973) 209-7549 Fax(908) 454-1800 Monday - Friday 8:30AM - 3:00PM
Union	PROCEED 1126 Dickinson St. Elizabeth, NJ 07201 For Walk-in applicants: 120 E. 7th St. Plainfield, NJ 07060 Mailing Address: 1126 Dickinson St. Elizabeth, NJ 07201	(908) 351-7727 Fax(908) 353-5185 Monday - Friday 9:00AM - 4:00PM Fax(908) 353-5185 Monday - Friday 8:30AM - 4:30PM
Warren	NORWESCAP, Inc. 350 Marshall St. Phillipsburg, NJ 08865	(908) 454-7000 (888) 454-4778 Fax(908) 454-1800 Monday - Friday 8:00AM - 4:00PM

## **Homelessness Prevention Program**

## The Homelessness Prevention toll free number is: 866-889-6270

Provides limited financial assistance to low- and moderate-income tenants and homeowners in imminent danger of eviction or foreclosure due to temporary financial problems beyond their control. Funds are used to disburse payments in the forms of loans and grants to landlords and mortgage companies on behalf of eligible households in danger of homelessness.

**Vetwork,** A Program of Vetgroup, Inc.: Homeless Veteran Services include but are not limited to emergency shelter and food, transportation to the appropriate VA facility for medical and inpatient treatment programs, screening and admittance into a VA DOM (work study program), readjustment counseling for combat/war veterans and substance abuse referral and admittance to detox/rehab facility.

103 N. Main Street Forked River, New Jersey 08731

Telephone: 877-971-7613

Fax: 609-971-7451

## **Housing Discrimination**

## For Information on, or To File a Housing Discrimination Complaint in New Jersey Contact:

New Jersey Department of Law and Public Safety's Division on Civil Rights. The **Division on Civil Rights** maintains the following five regional offices:

Trenton Regional Office: 140 East Front Street, PO Box 090 Trenton, NJ 08625-0090 Telephone: 609-292-4605

Fax: 609-984-3812 TDD: 609-292-1785 Camden Regional Office: 2 Riverside Drive, Suite 402 Camden, NJ 08103

Telephone: 856-614-2550

Fax: 856-614-2568 TDD: 609-757-2958

Newark Regional Office: 31 Clinton Street, PO Box 46001 Newark, NJ 07102

Telephone: 973-648-2700

Fax: 973-648-4405 TDD: 973-648-4678

Paterson Regional Office: 100 Hamilton Plaza Paterson, NJ 07501 Telephone: 973-977-4500

Fax: 973-977-4511 TDD: 973-977-1955

Fair Housing Information Hotline: 1-800-390-4845

## To File a Housing Discrimination Complaint with the Federal Government:

New Jersey residents may contact: Fair Housing Enforcement Center U.S. Department of Housing and Urban Development 26 Federal Plaza, Room 3532 New York, NY 10278-0068 (212) 542-7519 or 1-800-496-4294 TTY (212) 264-0927

You can file an online housing discrimination complaint at the HUD web site:http://www.hud.gov/complaints/index.cfm.

### **Additional New Jersey Resources/ Information:**

The Office of Landlord/ Tenant Information, within the New Jersey Department of Community Affairs' Division of Codes and Standards, publishes a *Truth-in-Renting* booklet that serves as a guide to the rights and responsibilities of residential landlords and tenants in New Jersey. To order a copy of this booklet call (609) 292-4174.

## **Legal Services of New Jersey**

1-888-LSNJ-LAW, publishes a legal handbook for tenants in New Jersey entitled *Tenant's Rights in New Jersey*. This handbook can be read for FREE on their web site at http://www.lsnjlaw.org/english/placeilive/rent/tenantsrights.cfm. Information on how to order a printed copy (103 pages) is available at http://www.lsnj.org/selfhelp.htm#tenants.

Fair Housing Council of Northern New Jersey (201) 489-3552 or e-mail: fhcnnj@bellatlantic.net

Housing Coalition for Central New Jersey, (732) 249-9700

#### **Home Loans**

#### **VA Guaranteed Home Loan**

Veterans can apply for a VA loan with any mortgage lender that participates in the VA home loan program. Veterans are exempt from down payments.

The loan is made by a lender, such as a mortgage company, savings and loan or bank. VA's guarantee on the loan protects the lender against loss if the payments are not made, and is intended to encourage lenders to offer veterans loans with more favorable terms. The amount of guaranty on the loan depends on the loan amount and whether the veteran used some entitlement previously. With the current maximum guarantee, a veteran who hasn't previously used the benefit may be able to obtain a VA loan up to \$240,000 depending on the borrower's income level and the appraised value of the property. The local VA office can provide more details on guaranty and entitlement amounts.

Note: Although the veteran may be approved for a VA home loan guarantee, the veteran still needs to have a good credit rating to obtain a loan from a lending institution, such as a bank or credit union. Contact State Veterans Service Offices listed in appendix A for more information on loans <a href="http://www.homeloans.va.gov">http://www.homeloans.va.gov</a> <a href="https://www.homeloans.va.gov">NCELIGIB@vba.va.gov</a> <a href="https://www.homeloans.va.gov">NCELIGIB@vba.va.gov</a> <a href="https://www.homeloans.va.gov">888-244-6711</a>

## **HUD Certified Fair Housing Counseling Agencies in New Jersey**

The New Jersey Housing and Mortgage Finance Agency provides a variety of programs to assist prospective home buyers. For further information, select from the menu items on the left under Home Buyers. Information on purchasing a home with an HMFA mortgage and brochures on the home buying process can also be requested by calling 1-800-NJ-HOUSE (654-6873).

#### 100% Financing

Provides no down payment, no mortgage insurance, mortgage loans at pre-approved new or rehabilitated single-family housing developments and for certain newly constructed units. Down payment and closing cost assistance may be available under this program. First-time and urban area buyers are eligible for 30-year fixed rate financing at the HMFA's prevailing interest rate. The program is subject to funding and housing availability. Please refer to the One Hundred Percent Project List for available projects in your area.

One Hundred Percent financing is available only when purchasing homes pre-approved by the Agency and listed on the <u>One Hundred Percent Project List</u>

Not-for-profit and for-profit developers can apply for project approval. Please see the latest <u>income and purchase price limits</u>. Further detail is available on our <u>Fact Sheet</u> or call 1-800-NJ-HOUSE.

### NJ Housing and Mortgage Finance Agency (HMFA)

The New Jersey Housing and Mortgage Finance Agency (HMFA) offers low interest rate HMFA mortgages that provide veterans and their families with increased buying power and a savings of thousands of dollars in interest over the life of the loan. HMFA offers residential mortgages to United States veterans through the Veterans Administration (VA) home buyer program. Most HMFA homeownership loans are originated by private lenders that are approved to participate in the programs.

#### **Eligibility** -

New Jersey residents must first be eligible for a federal VA guaranteed home loan. Contact any state Veterans Service Office in Appendix A.

#### **Details** -

Veterans can apply for an HMFA mortgage for any of the following: first time and urban home buyers, police and firefighters, purchase and rehabilitation mortgages, and reverse mortgages for seniors. More than 55 participating lenders with hundreds of locations throughout the state offer HMFA mortgage products, and can help determine the right mortgage for you.

VA home buyer loans often require no down payment and HMFA offers a below-market, fixed interest rate. Closing costs may not be included in the loan, however the seller is allowed to pay most costs, which makes it possible for a veteran to buy with virtually no cash down. Closing costs generally include VA appraisal, credit report, escrow, title evidence, recording fees, a 1% loan origination fee and discount points.

A reverse mortgage loans allow seniors (62 and over) to access the equity in their home without a monthly repayment schedule for as long as they live in the home. Loan proceeds can be taken in a lump sum, monthly payments, line of credit or some combination of these options. Loan amount is determined by property value and borrower age. Counseling is required. No restriction on value of property. No income requirements or verification.

#### Contact -

For information on HMFA consumer mortgage programs, call 1-800-NJ-HOUSE. Speech or hearing impaired individuals may call the TTY hotline at 1-877-325-6524. New Jersey Housing and Mortgage Finance Agency, 637 South Clinton Avenue, PO Box 18550, Trenton, NJ 08650-2085

# First Time and Urban Target Area

#### Home plus program

A fixed interest rate home mortgage to qualified first-time and urban area home buyers with immediate home improvement needs. Homeowners are allowed to finance up to \$15,000 toward home repairs and improvements as part of the first mortgage. Improvements allowed include replacing a roof, painting, installing improved heating or air conditioning systems, renovating a kitchen or bath, renovating plumbing or electrical systems and enlarging rooms. Energy conservation and solar energy improvements are also eligible. Handicap accessibility improvements are also eligible repairs. Please see the latest income and purchase price limits. Further detail is available on our Fact Sheet or call 1-800-NJ-HOUSE.

#### LWYW homebuyer program (Live Where You Work)

The LWYW program is a home mortgage incentive program that provides low-interest mortgage loans to homebuyers purchasing homes in towns where they are employed. The goal of LWYW is to build stronger communities by promoting homeownership and encouraging people to live closer to their jobs. This, in turn, will reduce the need for cars and increase the use of alternative transportation such as walking, biking and public transit.

If you would like to buy a house in the town where you currently work, then LWYW might be right for you. Employees benefit from attractive mortgage rates, more flexible loan application review and underwriting criteria, and reduced commuting times to work. Municipalities benefit from having a committed workforce living nearby, and the activity and economic vibrancy that comes with people living near where they work.

## What are the eligibility requirements

#### **Eligible Properties Must:**

- 1. Be located in a municipality that is currently participating in the LWYW program.
- 2. Municipalities Currently Participating in the LWYW Program include:

City of Trenton

Jersey City

3. Be located in the same town as the buyer's employer

#### Purchase Refinance

Qualified first-time home buyers and urban target area buyers can receive below-market interest rate financing for the purchase and rehabilitation of a home, or the rehabilitation of a presently owned home. Seventy-five percent of the home's existing external walls and interior structural framework must remain in place as part of the rehabilitation. Must meet FHA 203(K) requirements. Please see the latest income and purchase price limits. Further detail is available on our Fact Sheet or call 1-800-NJ-HOUSE. Speech or hearing impaired individuals may call the TTY hotline at 1-877-325-6524

#### **Smart Start Fact Sheet**

Accumulating the funds for down payment and closing costs is a common barrier to potential homeowners. The Smart Start Program is available to participants in the Agency's first mortgage homebuyers program who are purchasing homes in Smart Growth areas and who earn less than 80% of HMFA's Home Buyer county income limits.

The program helps these families by offering a second mortgage for down payment and/or closing costs up to 4% of the first mortgage.

## **New Jersey Property Tax Benefits**

The New Jersey Property Tax **Exemption** and **Deduction** require veterans to serve during a specific war time period. See the <u>New Jersey War Dates on page 32</u>.

**NOTE:** For New Jersey Property Tax Exemption and Deduction, Haiti service is not included as a war time period.

The dwelling house is the veteran's primary legal residence.

The veteran or surviving spouse must own and occupy the house.

If the house is a multiple family building, the exemption is only granted for the portion actually occupied by the veteran or surviving spouse.

The definition of resident is the same for the property tax exemption and deduction. It is the legal domicile within the state. Seasonal or temporary residence in the state is not considered being a resident of New Jersey. Absence from the state for a period of 12 months shall be sufficient evidence of abandonment of domicile. The burden of establishing legal domicile in the state is the claimant's burden.

## **New Jersey Property Tax Exemption**

Eligibility for Veterans who meet all of the following criteria:

- 1. Served during a specified wartime period.
- 2. Received an honorable discharge or under honorable conditions.
- 3. Rated 100 percent permanent service-connected by the VA. The 100 percent rating cannot be temporary or as a result of hospitalization, surgery or recuperation.

Eligibility for spouses who meet the following criteria:

#### 1. Not remarried.

Even if the marriage is terminated by death/divorce, the spouse is no longer entitled. However, if the marriage is annulled, the surviving spouse regains eligibility.

- 2. Veteran previously received exemption prior to death.
- 3. Veteran would have been found eligible if an application had been filed prior to death.

### And one of the following criteria:

- 1. The veteran had to be rated 100 percent permanent VA service-connected prior to death. A spouse is not eligible if the veteran was rated less than 100 percent permanent service-connected, but died of that service- connected disability.
- 2. The veteran died in active service during wartime in any branch of the United States Armed Forces. Application Process The application at the municipal property tax assessor's office is signed and filed with the following documentation:
  - A. property deed
  - B. discharge (DD214)
- C. VA Property Tax Exemption Letter. The letter must be requested by contacting the VA at 1-800-827- 1000. Do NOT submit the VA Award Letter indicating the monetary award. That may delay the effective date of the exemption.

## New Jersey Property Tax Deduction

There is an annual property tax deduction of two hundred and fifty dollars.

#### Veterans' eligibility

- 1. A citizen of the United States
- 2. Resident of New Jersey
- 3. Honorably discharged or released under honorable conditions from active service in a war-time period, in any branch of the U.S. Armed Services.

# Surviving spouse's eligibility

- 1. The surviving wife or husband of a veteran who was a citizen of the United States and resident of New Jersey and one of the following:
- 2. Was receiving the deduction prior to the veteran's death.
- 3. Would have been eligible for the deduction had the veteran filed an application prior to death.
- 4. Has died on active duty in a wartime period.

**The application process -** Filing an application with all required documentation prior to December 31 of the pre-tax year in order to be effective in the next year. Documentation includes the property deed and discharge (DD-214) for the veteran. The widow may need to submit the property deed, marriage certificate, death certificate and discharge (DD-214).

Continuance of Deduction - The tax assessor MAY at any time require the filing of a new application or request documentation to determine continuance of the deduction. However, the tax assessor cannot require a new application from every veteran or spouse every year.

Deduction for Cooperatives - For cooperatives, the procedure is different. The manager or superintendent must complete forms indicating the names and locations of the veterans or spouses within the co-op to the tax assessor. The deduction is then granted to the co-op, the co-op is responsible to either reduce the rent by deduction amount or present a check to the veteran or spouse.

Refunds for Deductions - NO RETROACTIVE payment for the deduction for any previous year(s) when an application was not filed with all supporting documentation.

# **New Jersey War Era Services Dates**

World War I April 6, 1917 - November 11, 1918
World War II September 16, 1940 - December 31, 1946
Korea June 23, 1950 - January 31, 1955
Vietnam December 31, 1960 - May 7, 1975
Lebanon Crisis July 1, 1958 - November 1, 1958\*
Lebanon September 26, 1982 - December 1, 1987\*
Grenada October 23, 1983 - November 21, 1983\*
Panama December 20, 1989 - January 31, 1990\*
Persian Gulf August 2, 1990 - February 28, 1991\*
Somalia December 5, 1992 - March 31, 1994\*
Bosnia and Herzegovina November 20, 1995 - June 20, 1998\*
Operations Joint Endeavor / Joint Guard)
Haiti September 19, 1994 - March 31, 1995\*
Operation Enduring Freedom On or after September 11, 2001\*
Operation Iraqi Freedom March 19, 2003 - Present\*

<sup>\*</sup>Must have served at least 14 days (one day if deployment results in injury) in a combat zone. Combat zone qualification is most frequently indicated by an Armed Forces Expeditionary Medal.

# LICENSING BENEFITS FOR MILITARY PERSONNEL AND VETERANS

## **Professional or Occupational Licenses:**

Signed into law by Gov Jon Corzine on August 12, 2008

Any license issued by a professional or occupational board designated in section 2 of P.L.1978, c.73 (C.45:1-15) and any registration issued under the "New Jersey Controlled Dangerous Substances Act," P.L.1970, c.226 (C.24:21-1 et seq.), will not expire while the licensee or registrant is an active member of the Armed Forces of the United States and will be extended for up to 120 days after the licensee's or registrant's return from active service. If the license or registration is renewed during the 120-day period after the licensee's or registrant's return from active service, and the licensee or registrant submits documentation verifying his or her active military service, the licensee or registrant will only be responsible for normal fees and activities relating to renewal of the license or registration and will not be charged any additional costs, such as, but not limited to, late fees or delinquency fees.

As defined in this bill, "active member" means an individual or member of an organized unit ordered into active service in the Armed Forces of the United States by reason of membership in a reserve component of the Armed Forces of the United States or any branch of the Armed Forces of the United States. The reserve component of the Armed Forces of the United States includes the New Jersey National Guard and naval militia.

The bill also makes a technical amendment to section 18 of "The State Plumbing Law of 1968," P.L.1968, c.362 (C.45:14C-18), to remove a provision of that law that would conflict with the new provisions of the bill, which have general application to all professions and occupations regulated by Title 45 of the Revised Statutes.

#### 45:1-2.1 Applicability of act.

1. The provisions of this act shall apply to the following boards and commissions: the New Jersey State Board of Accountancy, the New Jersey State Board of Architects, the New Jersey State Board of Cosmetology and Hairstyling, the Board of Examiners of Electrical

Contractors, the New Jersey State Board of Dentistry, the State Board of Mortuary Science of New Jersey, the State Board of Professional Engineers and Land Surveyors, the State Board of Marriage and Family Therapy Examiners, the State Board of Medical Examiners, the New Jersey Board of Nursing, the New Jersey State Board of Optometrists, the State Board of Examiners of Ophthalmic Dispensers and Ophthalmic Technicians, the Board of Pharmacy, the State Board of Professional Planners, the State Board of Psychological Examiners, the State Board of Examiners of Master Plumbers, the New Jersey Real Estate Commission, the State Board of Court Reporting, the State Board of Veterinary Medical Examiners, the Radiologic Technology Board of Examiners, the Acupuncture Examining Board, the State Board of Chiropractic Examiners, the State Board of Respiratory Care, the State Real Estate Appraiser Board, the State Board of Social Work Examiners, the State Board of Examiners of Heating, Ventilating, Air Conditioning and Refrigeration Contractors, the State Board of Physical Therapy Examiners, the Orthotics and Prosthetics Board of Examiners, the New Jersey Cemetery Board, the State Board of Polysomnography, the New Jersey Board of Massage and Bodywork Therapy and any other entity hereafter created under Title 45 to license or otherwise regulate a profession or occupation.

**License To Vend:** Honorably discharged veterans may obtain a no –fee license to vend any goods, wares, or merchandise, or solicit trade within the state. Licenses are procured from the county clerks office and regulated by municipalities. Contact your county clerk for an application.

Vendors must also register with the N.J. Division of Taxation, and collect and remit sales tax on required items.

Contact the Division of Taxation for more information. Food vendors must also comply with state and local health licensing requirements.

Licenses For Real Estate Brokers, Agents And Solicitors: These licenses are available at no charge to a veteran who has serves during a war period and a service connected disability certified by VA. The veteran is required to take any prescribed qualifying courses and necessary state examinations.

# New Jersey Driver's Licenses, Registrations are extended for Deployed Troops:

New Jersey residents who are active duty, including the National Guard and the Reserves, serving in the Global War on Terrorism, are eligible for automatic extensions of a valid driver license, registration or inspection expiration dates. For more information visit <a href="https://www.nj.gov/mvc/">www.nj.gov/mvc/</a>

**Automobile Registration:** Veterans who are 100 percent disabled my also be eligible for automobile financial assistance from the U.S. Department of Veterans Affairs. Application for plates and registrations are processed by Motor Vehicle Services. Applications are available at local Motor Vehicle Agencies. For more information, call 888-486-3339.

#### No Fee Automobile Registration For Medal Of Honor Recipients:

Medal of Honor recipients are eligible for a no fee registration and will receive special license plates noting their award. For more information contact 888-486-3339.

License to Vend -Honorably discharged veterans may obtain a nofee license to vend any goods, wares or merchandise, or solicit trade within the state (NJSA 45:24-9). Licenses are procured from the county clerks office (NJSA 45:24-10) and regulated by municipalities. Contact your county clerk for an application.

#### **Fishing and Hunting Licenses:**

The NJ Division of Fish & Wildlife will annually issue license Free to each qualified disabled veteran. To be eligible, the veteran must be a resident of New Jersey that has been honorably discharged and declared by the U.S. Department of Veterans Affairs to have a service connected disability of any degree.

#### **Eligibility:**

New Jersey residents who are eligible must be:

- 1.. A resident of New Jersey that has been honorably discharged, or released under honorable circumstances, from active service in any branch of the Armed Forces of the United States
- 2. Declared by the U.S. Department of Veterans Affairs to have a service-connected disability of any degree.

#### **Verification -**

- 1. Verification of discharge and service connected disability. This may be completed by presenting the following credentials:
- 2. Proof of disability by producing a letter of certification from the Department of Veterans Affairs, a wallet sized card from the VA indicating status or a photocopy of your monthly disability check indicating your status.
- 3. Proof of residency by showing a driver's license, or resident hunting/fishing license.

**Note** \*\* Also free to current members of the Army/Air National Guard.

## For further information you may contact:

## NJ Division of Fish & Wildlife

501 East State Street, 3rd floor, PO Box 400 Trenton, NJ 08625-0400

Attn: Disabled Veteran Licensing

The Southern Region Office

220 Blue Anchor Road Sicklerville

Gloucester County 856-629-0555

#### **The Northern Region Office**

26 Route 173 W. Hampton Hunterdon County 908-735-7040

## The Central Region Office

386 Robbinsville/Clarksburg Road Robbinsville Monmouth County 609-259-2132

#### **Nacote Creek**

Rt. 9, Mile Marker 51 Port Republic Atlantic County 609-748-2020

#### **The Pequest Trout Hatchery**

605 Pequest Road Oxford Warren County 908-637-4125

## **ENTERTAINMENT & RECREATION**

Free downloadable CD available for military: 13 major recording artists have created a musical "Thank you" for the troops. "CD for the Troops" is available for anyone with a valid military ID card to download at no cost from the Army and Air Force Exchange service Web site, www.aafes.com.

**Here's To The Heroes:** Here's to the Heroes program provides a single day's free admission to any one SeaWorld or Busch Gardens park, Sesame Place, Adventure Island or Water Country USA for the service member and as many as three of his or her direct dependents. Any active duty, active Reserve, ready Reserve service member or National Guardsman is entitled to free admission under the program, <a href="https://www.herosalute.com">www.herosalute.com</a>.

Free Admission To New Jersey State Parks For Members Of The New Jersey National Guard: The New Jersey Division of State Parks and Forestry does not charge an admission fee for entrance into a State Park or forest by any resident of the State who is an active member of the New Jersey National Guard. This does not cover federal or local parks that are located within the state of New Jersey. It only covers those run by the New Jersey Division of State Parks and Forestry. For further information you may contact: New Jersey Department of Environmental Protection, Division of Parks and Forestry, 501 East State Park, PO Box 404, Trenton, NJ 08625 or call 609-984-0370.

## WOMEN ASSISTANCE PROGRAMS

#### **Health Care for Women:**

Many VA hospitals have VA Women Veterans Health Centers who services include gynecology, sexual trauma counseling, mammography screening and transition assistance programs for women separating from the armed forces www.va.gov/womenvet

Center for Women Veterans 202-273-6193 or DAV at 800-827-1000

Women Health Issues 973-676-1000 ext. 1695

VA Mammography Hotline 888-492-7844

Note\*\*\*\* Combat Veterans Healthcare eligibility has been extended to 5 years by the National Defense Act of 2008 for veterans who served in a theater of combat operations after November 11, 1998.

#### **Women's Referral Central**

Provides information and referrals to women in New Jersey through a statewide toll-free telephone line. The Hotline provides referrals and basic information in areas such as discrimination, housing, displaced homemakers, divorce, violence, and other areas of concern. The hotline is accessible 24-hours a day, seven days a week. Women's Referral Central Hotline: 1-800-322-8092

#### **Deployed Military Spouses' Assistance Program**

Provides assistance to spouses of deployed military personnel (Active duty, Reserve, and National Guard) through direct financial assistance payments and/or referrals to existing program services. This program is an emergency measure to alleviate financial and emotional stress to spouses due to the deployment. For additional information about this program, contact:

# Women's Opportunity Center/Burlington County YMCA

59 Centerton Road Mount Laurel, NJ 08054

Attn: Fawn Mutschler Phone: 609-543-6200 Ext. 325

Fax: 856-234-6560

E-mail: wocmilitarygrant@ymca-bc.org

#### **Displaced Homemaker Centers**

Provides job counseling and other supportive services for women who have been dependent on the income of another household member; but due to the death, disablement, or divorce of their spouses, must now support themselves. The program aims to develop and offer technical assistance to expand existing programs to include:

- 1. Job counseling services specifically designed for displaced homemakers
- 2. Job training and placement sources
- 3. Job development services with identification of community needs
- 4. Financial management services and educational need

The programs also provide life skills training; computer literacy; entrepreneurial training; counseling and support groups, self-help programs, and information and referral services.

#### **Displaced Homemaker Centers by County**

## **Atlantic County**

Atlantic County Women's Center Home To Work Program 1201 New Road Cornerstone Commerce Center Linwood, NJ 08221 Displaced Homemakers Services

Displaced Homemakers Services Phone: (609) 601-9925

Fax: (609) 601-2975 Web: www.acwc.org

**Unified Child Care Services** 

Child Care Network

PO Box 311 Northfield, NJ 08225

Office: (609) 646-1180 Fax: (609) 645-8877 Web: www.acwc.org

## **Bergen County**

Career & Life Counseling Centers The Bergen One Stop Career Center 60 State Street, 2nd Floor Hackensack, NJ 07601 Office: (201) 329-9600 x5552

Fax: (201) 440-8647

Women's Rights Information Center Women's Center Building 108 W. Palisades Avenue Englewood, NJ 07631 Office: (201) 568-1166

Fax: (201) 568-0762

# **Burlington County**

Women's Opportunity Center YMCA of Burlington County 59 Centerton Road Mt. Laurel, NJ 08054

Office: (856) 234-6200 x224

Fax: (856) 234-6560 Web: <u>www.woc-bc.org</u>

#### **Camden County**

There is no **Displaced Homemaker Center (DHC)** program in Camden County; please contact the DHC program in Gloucester County and/or Burlington County.

Hispanic Family Center of Southern NJ, Inc. (HISPANIC)

2700 Westfield Avenue Camden, NJ 08105

Office: (856) 365-7393 Fax: (856) 365-1862

Urban Women's Center (URBAN)
Camden County Council on Economic Opportunity
900 Broadway
Camden, NJ 08103

Office: (856) 365-8989 Fax: (856) 365-8009

## **Cape May County**

There is no **Support, Employment, Education, & Training (SET)** program in Cape May County; please contact the SET program in a neighboring county.

#### **Cumberland County**

There is no **Support, Employment, Education, & Training (SET)** program in Cumberland County; please contact the SET program in a neighboring county.

#### **Essex County**

The Linda & Rudy Slucker NCJW Center for Women 513 W. Mt. Pleasant Avenue, Suite 325 Livingston, NJ 07039

Office: (973) 994-4994 Fax: (973) 994-7412

Email: <a href="mailto:centerforwomen@ncjwessex.org">centerforwomen@ncjwessex.org</a>
Web: <a href="mailto:www.CENTERFORWOMENnj.org">www.CENTERFORWOMENnj.org</a>

La Casa de Don Pedro, North Jersey Hispanic Women's Resource

Center (HISPANIC) 39 Broadway

Newark, NJ 07104 Office: (973) 481-4713 Fax: (973) 481-2448

W.I.S.E. Women's Center (URBAN)

Essex County College 303 University Avenue Newark, NJ 07102 Office: (973) 877-3395

Office: (973) 877-3395 Fax: (973) 877-3555

Web: http://www.essex.edu/continuinged/wise/

## **Gloucester County**

The Center for People in Transition Gloucester County College 1400 Tanyard Road Sewell, NJ 08080

Office: (856) 415-2222 or 2256

Fax: (856) 468-7381

Email: peopleintransition@gccnj.edu

Web: <a href="http://www.gccnj.edu/general\_information/People\_In\_Transitio">http://www.gccnj.edu/general\_information/People\_In\_Transitio</a>

n/index.cfm

## **Hudson County**

Hispanic Women's Resource Center Catholic Charities 2201 Bergen Lane Ave, 3rd Floor Union City, NJ 07087-2501 Office: (201) 325-4806

Office: (201) 325-4806 Fax: (201) 601-0492

## **Hunterdon County**

Career & Life Planning Center NORWESCAP 84 Park Avenue Empire Building E-103

Flemington, NJ 08822 Office: (908) 788-1453

# **Mercer County**

Ujima Urban Women's Center (URBAN)

1001 Pennington Avenue

Ewing, NJ 08618 Phone: (609) 882-0788

Fax: (609) 882-6545

Web: www.ujimaministries.org/urbanwomenscenter/index.htm

## **Middlesex County**

Women In Transition at JFVS 200 Metroplex, Suite 200

Edison, NJ 08817

Office: (732) 777-1940 Web: <u>http://www.jfvs.org/</u>

## **Monmouth County**

**Brookdale Community College** 

The Displaced Homemaker Program

Northern Monmouth Higher Education Center - Main Site

1 Crown Plaza

Hazlet, NJ 07730

Office: (732) 495-4496 Fax: (732) 739-8541

**Brookdale Community College** 

The Displaced Homemaker Program

Eastern Monmouth Higher Education Center

60 Neptune Boulevard

Neptune, NJ 07753

Office: (732) 774-3363 (ext. 232)

Fax: (732) 988-3543

**Brookdale Community College** 

The Displaced Homemaker Program

Long Branch Higher Education Center

213 Broadway

Long Branch, NJ 07740

Office: (732) 229-8675 ext. 1

Fax: (732) 571-2474

The Displaced Homemaker Program Western Monmouth Campus at Freehold 3680 Route 9 South Freehold, NJ 07728

Office: (732) 625-7053 Fax: (732) 625-0425

Hispanic Women's Center of Central NJ (HISPANIC) Hispanic Affairs & Resource Centers of Monmouth County, Inc. 913 Sewell Avenue Asbury Park, NJ 07712

Office: (732) 774-3282 Fax: (732) 502-8955

## **Morris County**

The Women's Center at County College of Morris 214 Center Grove Road Randolph, NJ 07869

Office: (973) 328-5025 Fax: (973) 328-5146

E-mail: <a href="mailto:womenscenter@ccm.edu">womenscenter@ccm.edu</a>
Web: <a href="mailto:www.ccm.edu/womenscenter/">www.ccm.edu/womenscenter/</a>

#### **Ocean County**

There is no **Support, Employment, Education, & Training (SET)** program in Ocean County; please contact the SET program in a neighboring county.

#### **Passaic County**

Women in Transition
Wayne Counseling & Family Services
1022 Hamburg Turnpike
Wayne, NJ 07470

Office: (973) 694-9215 Fax: (973) 633-0992

Web: www.waynecounselingcenter.org

**Salem County** 

There is no **Support, Employment, Education, & Training (SET)** program in Salem County; please contact the SET program in a neighboring county.

## **Somerset County**

There is no **Support, Employment, Education, & Training (SET)** program in Somerset County; please contact the SET program in a neighboring county.

## **Sussex County**

Displaced Homemaker Program Project Self-Sufficiency P.O. Box 322 Sparta, NJ 07871

Office: (973) 383-5129 Fax: (973) 383-0937 Email: pss@garden.net

## **Union County**

There is no **Support, Employment, Education, & Training (SET)** program in Union County; please contact the SET program in a neighboring county.

## Warren County

Northwest NJ Community Action Program, Inc. (NORWESCAP) Transition Center for Women 108 East Washington Avenue Washington, NJ 07882

Office: (908) 835-2624 Fax: (908) 835-8104

# New Jersey Women's Micro-Business Credit Program

The New Jersey Women's Micro-Business Credit Program is a collaborative economic development program implemented by DCA's Division on Women and New Jersey Redevelopment Authority (NJRA), a DCA affiliate. The program helps women with minimal business experience become successful entrepreneurs. Participants learn how to start, market or expand their small business, as well as increase their business skills through training and mentoring opportunities.

For more information on the New Jersey Women's Micro-Business Credit Program, please contact any of the following agencies or call the New Jersey Division on Women at (609) 292-8840:

#### **Statewide - Contact Information**

**New Jersey Association of Women Business Owners (NJAWBO)** 

NJAWBO's Women's Business Center at Peapack-Gladstone Bank 311 Main Street, 2nd Floor Chatham, NJ 07928

Phone: 973-507-9700 Web: www.njawbo.org/

Bergen County Community Action Partnership, Inc.

241 Moore Street

Hackensack, NJ 07601

Phone: 201-968-0200 x 7014 Web: <u>www.bergencap.org/</u>

Isles, Inc.

10 Wood Street

Trenton, NJ 08618 Phone: 609-341-4731 Web: <u>www.isles.org/</u>

Northwest New Jersey Community

Action Program, Inc.

108 East Washington Avenue

Washington, NJ 07882

Phone: 908-835-2622

Web: www.norwescap.org/

# The Statewide Domestic Violence Hotline 1-800-572-SAFE (7233)

# **Domestic Violence Shelters and Rape Crisis Centers**

Provides a statewide 24-hour, seven day a week domestic violence hotline to serve domestic violence victims and others seeking information about domestic violence. The Hotline provides bilingual service and is accessible to the hearing impaired.

# **Atlantic County**

Atlantic County Women's Center Violence Intervention Program (VIP) PO Box 311 Northfield, NJ 08225 Emergency Shelter

24 Hr. Toll free Hotline: 1-800-286-4184

Phone: (609) 646-6767 TTY: (609) 645-2909 Office: (609) 646-4376 Fax: (609) 645-8877 Web: www.acwc.org

Outreach

Phone: (609) 646-6768

## **Bergen County**

Shelter our Sisters PO Box 217 Hackensack, NJ 07602 Emergency Shelter

24 Hr. Hotline: (201) 944-9600

TTY: (201) 836-3071 Shelter: (201) 836-1075 Fax/Shelter: (201) 836-7029 Administrative Offices:

405 State Street

Hackensack, NJ 07601

Office:(201) 498-9247

Fax/Office: (201) 498-9256

Email: <a href="mailto:sos@shelteroursisters.org">sos@shelteroursisters.org</a>
Web: <a href="mailto:www.shelteroursisters.org">www.shelteroursisters.org</a>

Alternatives To Domestic Violence

County of Bergen Department of Human Services

One Bergen County Plaza, 2nd Floor

Hackensack, NJ 07601

Non-Residential Services/Outreach/Clinical Counseling/Crisis

Intervention/Legal Advocacy Services

24 Hr. Hotline: (201) 336-7575

TTY: (201) 336-7525 Fax:(201) 336-7555

Email: adv@co.bergen.nj.us Web: www.co.bergen.nj.us/adv/

YWCA of Bergen County 2 University Plaza, Suite 208

Hackensack, NJ 07601

24 Hr. Hotline: (201) 487-2227

Toll free: 1-800-221-5168 TTY: (201) 487-0916

Office: (201) 881-1700 (ext. 5)

Email: bcrcc@aol.com

Web www.bergencountyrapecrisis.org

## **Burlington County**

Providence House/Willingboro Shelter

PO Box 496

Willingboro, NJ 08046

**Emergency Shelter** 

24 Hr. Hotline: (609) 871-7551

Toll free: 1-877-871-7551

TTY: (609) 871-7551 or 1-877-871-7551

Office: (856) 824-0599 Fax/Office: (856) 824-9340 Fax/Shelter: (609) 871-0360 Web: <u>www.catholiccharities.org</u> Outreach

950A Chester Avenue

Delran, NJ 08075

Phone: (856) 824-0599 Fax: (856) 824-9340 856

**CONTACT** of Burlington County

PO Box 333

Moorestown, NJ 08057

Dial "211" - In Burlington County

24 Hr. Hotline: (856) 234-8888 or 856- Services Empowering the

Rights of Victims - Family Web: www.contactburlco.org

# **Camden County**

Camden County Women's Center

PO Box 1459

Blackwood, NJ 08021

**Emergency Shelter** 

24 Hr. Hotline: (856) 227-1234

TTY: (856) 227-9264 Office: (856) 227-1800 Fax: (856) 227-1261

Outreach Center:

PO Box 1459, Attn: Outreach

Blackwood, NJ 08021 Phone: (856) 963-5668

**Counseling Services** 

584 Benson Street

Camden, NJ 08103

24 Hr. Hotline: 1-866-295-SERV [7378]

TTY: 1-800-852-7897

Office: (856) 964-1990 x232

Fax: (856) 964-4150

Web: <a href="http://www.centerffs.org/">http://www.centerffs.org/</a> 34-3451

TTY: 1-800-852-7899 Fax: (856) 778-3880

Email: contact333@contactburlco.org

## **Cape May County**

CARA, Inc. (Coalition Against Rape & Abuse, Inc.)

PO Box 774

Cape May Court House, NJ 08210

**Emergency Shelter** 

24 Hr. Hotline: (609) 522-6489 Toll free: 1-877-294-CARA [2272]

TTY: (609) 463-0818 Office: (609) 522-6489 Fax: (609) 463-0967

Email: carasafe1@verizon.net

## **Cumberland County**

Cumberland County Women's Center

PO Box 921

Vineland, NJ 08362

**Emergency Shelter** 

24 Hr. Hotline: (856) 691-3713 24 Hr. Toll free: 1-800-286-4353

TTY: (856) 691-6024 Office: (856) 691-3713 Fax: (856) 691-9774

**Cumberland County Guidance Center** 

Sexual Assault Program 2038 Carmel Road

Millville, NJ 08332

24 Hr. Hotline: (856) 455-5555 Office: (856) 825-6810 x209

Fax: (856) 327-4281

Computer: (856) 327-6784

## **Essex County**

Babyland Family Violence Program 755 South Orange Avenue Newark, NJ 07106

**Emergency Shelter** 

24 Hr. Hotline: (973) 484-4446

TTY: 973-497-5510 Office:(973) 484-1704 Fax: (973) 484-7682

Outreach

Family Violence Outreach 755 South Orange Avenue

Newark, NJ 07106 Phone: (973) 484-1704

The Safe House PO Box 1887 Bloomfield, NJ 07003 Emergency Shelter 24 Hr. Hotline: (973) 759-2154

Office: (973) 759-2378 Fax: (973) 844-4950

The Rachel Coalition c/o Jewish Family Service 570 W. Mt. Pleasant Ave, Suite 203 Livingston, NJ 07039 Emergency Safehouse

24 Hr. Emergency Paging Service: (973) 740-1233

Outreach

Office: (973) 740-1233 Fax: (973) 740-1590

Web: www.rachelcoalition.org

Linda & Rudy Slucker National Council of Jewish Women (NCJW)

Center For Women

513 W. Mt. Pleasant Ave., Suite 325

Livingston, NJ 07039

Outreach/Non-Residential Services

Office: (973) 994-4994 Fax: (973) 994-7412

Email: <a href="mailto:centerforwomen@ncjwessex.org">centerforwomen@ncjwessex.org</a>
Web: <a href="mailto:www.CENTERFORWOMENnj.org">www.CENTERFORWOMENnj.org</a>

Essex County Rape Care Program Family Service League, Inc. 204 Claremont Avenue Montclair, NJ 07042

24 Hr. Hotline: 1-877-733-CARE [2273]

Office: (973) 746-0800 Fax: (973) 746-2822

Email: <u>uliebowitz@familyserviceleague.org</u>

## **Gloucester County**

Center for Family Services - Services Empowering the Rights of Victims (SERV)

PO Box 566

Glassboro, NJ 08028 Emergency Shelter

24 Hr. Hotline: (856) 881-3335 Toll free: 1-866-295-7378

TTY: 856-881-9329 Office: 856-881-4034 Fax: 856-881-9326

Email: <a href="mailto:serv@centerffs.org">serv@centerffs.org</a>
Web: <a href="mailto:swww.centerffs.org">www.centerffs.org</a>

Services Empowering the Rights of Victims 584 Benson Street
Camden, NJ 08103

24 Hr. Hotline: 1-866-295-SERV [7378]

TTY: (856) 428-8373 Fax: (856) 964-4150 Email: serv@centerffs.org

#### **Hudson County**

Womenrising, Inc. (formally the YWCA)
Battered Women's Program
270 Fairmount Avenue
Jersey City, NJ 07306
Emergency Shelter

24 Hr. Hotline: (201) 333-5700

TTY: (201) 333-0547

Office: (201) 333-5700 ext. 511

Fax: (201) 333-9305

Email: womenrising@aol.com

Outreach

270 Fairmount Avenue Jersey City, NJ 07306 Phone: (201) 333-5700

Hudson County Rape Crisis Center Christ Hospital Counseling and

Resource Center

179 Palisades Avenue Jersey City, NJ 07306

24 Hr. Hotline: (201) 795-5757

Office: (201) 795-8741 or (201) 795-5816 Fax: (201) 795-8761 or (201) 418-7017

Education & Outreach: (201) 795-8375 ext. 5269

## **Hunterdon County**

SAFE in Hunterdon

47 E. Main Street

Flemington, NJ 08822

**Emergency Shelter** 

24 Hr. Toll free Hotline: 1-888-988-4033

TTY: 1-866-954-0100 Office: (908) 806-8605 Fax: (908) 788-7263 Email: wcrisis@aol.com

Web: www.womenscrisisservices.org

Outreach

Phone: (908) 788-7666 TTY: (908) 788-7666

Fax: (908) 806-4725 or (908) 788-2799

# **Mercer County**

Womanspace, Inc.

1212 Stuyvesant Avenue

Trenton, NJ 08618 Emergency Shelter

24-Hr. Hotline: (609) 394-9000

State Hotline: 1-800-572-SAFE [7233]

TTY: (609) 394-9000 or 1-888-252-SAFE [7233]

Office: (609) 394-0136 Fax: (609) 396-1093

Email: <a href="mailto:pmh@womanspace.org">pmh@womanspace.org</a>
Web: <a href="mailto:www.womanspace.org">www.womanspace.org</a>

#### Outreach

1860 Brunswick Avenue Lawrenceville, NJ, 08648 Phone: (609) 394-2532 Fax: (609) 394-5417

## **Middlesex County**

Women Aware, Inc.

PO Box 312

New Brunswick, NJ 08903

**Emergency Shelter** 

24-Hr. Hotline: (732) 249-4504

TTY: (732) 249-0600 Office: (732) 249-4900 Fax: (732) 249-0010

Shelter Fax: (732) 249-0010 Email: womenaware@aol.com

#### Outreach

96 Paterson Street

New Brunswick, NJ, 08901 Phone: (732) 937-9525 Fax: (732) 249-6942

Web: www.womenaware.net

Rape Crisis Intervention Center

29 Oakwood Ave. Edison, NJ 08837

24 Hour Hotline: 1-877-665-7273

Fax: (732) 549-4060

Manavi, Inc.\* PO Box 3103

New Brunswick, NJ 08903-3103

Office: 732-435-1414 Fax: 732-435-1411

Email: manavi@manavi.org
Website: www.manavi.org

\* A non-profit organization for women who trace their cultural her-

itage to Bangladesh, India, Nepal, Pakistan, and Sri Lanka

#### Monmouth

180 Turning Lives Around

One Bethany Road, Building 3, Suite 42

Hazlet, NJ 07730 Emergency Shelter

24-Hr. Hotline: (732) 264-4111

Toll free: 1-888-THE-WCMC [843-9262]

TTY: (732) 264-3089 Office: (732) 264-4360 Fax: (732) 264-8655 Email: <u>info@180nj.org</u> Web: www.180nj.org

## **Morris County**

Jersey Battered Women's Services, Inc. (JBWS)

PO Box 1437

Morristown, NJ 07962 Emergency Shelter

24 Hr. Hotline: (973) 267-4763

TTY: (973) 285-9095 Office: (973) 267-7520 Fax: (973) 605-5898 Email: <u>info@jbws.org</u> Web: www.jbws.org Morris County Sexual Assault Center

95 Mt. Kemble Avenue

ABH Box #52

Morristown, NJ 07962

24 Hr. Hotline: (973) 829-0587

Office: (973) 971-4715 Fax: (973) 290-7614

#### **Ocean County**

Providence House - Ocean

PO Box 4344

Brick, NJ 08723

**Emergency Shelter** 

24 Hr. Hotline: (732) 244-8259

Toll free: 1-800-246-8910 (from the "609" area code only)

TTY: (732) 244-8259 or 1-800-246-8910 (from the "609" area code

only)

Office :(732) 262-3143 Fax: (732) 262-1787

Shelter Fax: (732) 244-3064 Web: www.catholiccharities.org

#### Outreach

35 Beaverson Blvd., Bldg #6

Brick, NJ 07823

Phone: (732) 262-3143 Rape Crisis Services

Long Beach Island Community Center

4700 Long Beach Boulevard

Long Beach Township, NJ 08008-3926

24 Hr. Hotline: (609) 494-1090 [Southern Ocean County] 24 Hr. Hotline: (732) 370-4010 [Northern Ocean County]

TTY: (609) 494-0441 Office: (609) 494-1554 Fax: (609) 361-9653

Web: www.stfranciscenterlbi.com

# **Passaic County**

Passaic County Women's Center - Domestic Violence Program

PO Box 244

Paterson, NJ 07513 Emergency Shelter

24-Hr. Hotline: (973) 881-1450

TTY: (973) 278-8630 Office: (973) 881-1450 Fax: (973) 881-0617

Passaic County Women's Center

Rape Crisis Program 1027 Madison Avenue Paterson, NJ 07513

24 Hr. Hotline: (973) 881-1450

TTY: 973-993-0183 or 973-993-0186

Phone: (973) 881-0725 Fax: (973) 881-0938

#### Outreach

1027 Madison Avenue Paterson, NJ 07513 Phone: (973) 881-0725 Fax:(973) 881-0938

Project S.A.R.A.H. 199 Scoles Avenue Clifton, NJ 07012

Helpline: 1-888-883-2323 Phone: (973) 777-7638 Fax: (973) 777-9311

Web: www.projectsarah.org

Strengthen Our Sisters

P.O. Box U

Hewitt, NJ 07421 Emergency Shelter

24-Hr. Hotline: 1-800-SOS [767]-9470 or (973) 728-0007

Shelter: 973-728-0059 Office: (973) 657-0567 Fax: 973-728-1430

Email: <u>info@strengthenoursistes.org</u>
Web: <u>www.strenghthoursisters.org</u>

## **Salem County**

Salem County Women's Services Sexual Assault/Rape Crisis PO Box 125

Salem, NJ 08079-0125

24 Hr. Hotline: (856) 935-6655 Toll free: 1-888-632-9511 TTY: (856) 935-7118

Fax: (856) 935-6165

## **Somerset County**

Resource Center For Women and Their Families 427 Homestead Road Hillsborough, NJ 08844 Emergency Shelter

24-Hr. Hotline: (908) 685-1122 24 Hr. Toll free: 1-866-685-1122

TTY: (908) 359-8604 Email: <u>info@rcwtf.org</u> Web: <u>www.rcwtf.org</u>

Outreach

Office: (908) 359-0003 Fax: (908) 359-8881

# **Sussex County**

Domestic Abuse and Sexual Assault Intervention

Sexual Trauma Resource Center

PO Box 805

Newton, NJ 07860

24 Hr. Hotline: (973) 875-1211

TTY: (973) 875-6369 Office: (973) 300-5609 Fax: (973) 579-3277 Email: dasi@nac.net Web: www.dasi.org

Outreach

Phone: (973) 579-2386 TTY: (973) 579-6593 Fax: (973) 579-3277

## **Union County**

Project: Protect

c/o YWCA of Eastern Union County

1131 East Jersey Street Elizabeth, NJ 07201 Emergency Shelter

24-Hr. Hotline: (908) 355-HELP [4357]

TTY: (908) 355-1023 Office: (908) 355-1500 Fax: (908) 355-0534

Email: <a href="mailto:info@ywcamail.com">info@ywcamail.com</a>
Web: <a href="mailto:www.ywca-euc.org">www.ywca-euc.org</a>

Outreach

Phone: (908) 355-1500

Union County Rape Crisis Center 300 North Avenue East Westfield, NJ 07090-1499

24 Hr. Hotline & Office: (908) 233-RAPE [7273]

TTY: (908) 518-0183 Fax: (908) 654-0260

Email: rcc@unioncountynj.org

Web: www.ucnj.org

## **Warren County**

Domestic Abuse & Rape Crisis Center (DARCC)

PO Box 423

Belvidere, NJ 07823

**Emergency Shelter** 

24-Hr. Hotline: (908) 475-8408

Toll free: 1-866-6BE-SAFE [623-7233]

TTY: (908) 453-2553 Office: (908) 453-4121 Fax: (908) 453-3706 Email: darcc@goes.com Web: www.darccwc.org

Outreach Services 78 South Main St Phillipsburg, NJ 08865

Phone: (908) 475-8408 or (908) 475-8581

## **LEGAL ASSISTANCE**

# **Military Legal Assistance Program**

## **New Jersey Bar Association:**

The New Jersey State Bar Association (NJSBA) through its Military Law and Veterans' Affairs Committee, in conjunction with McCarter & English, LLP has established the Military Legal Assistance Program, a pro-bono - i.e., free - program to provide assistance to New Jersey residents who have served overseas as active duties members of reserve components of the armed forces after September 11, 2001.

Many returning veterans have been adversely affected by reason of their status, change of status, or long deployment. It is anticipated there is a need for legal assistance for these military personnel in civil matters. The program can offer assistance in Family Law, Employment Law and Debtor-Creditor Law. The program will refer members of the military who contact the NJSBA to volunteers qualified to assist with their specific need. Volunteers who accept the case must agree to handle such case from inception to resolution without compensation or reimbursement for expenses.

#### Contact:

D. Todd Sidor, Esq.
Director of Judicial Administration
New Jersey State Bar Association
One Constitution Square
New Brunswick, NJ 08901
732-249-2815 (fax)
732-937-7544 (phone)
tsidor@njsba.com

Website: <a href="www.njsba.com/">www.njsba.com/</a>

732-249-5000

#### Soldiers' and Sailors' Civil Relief Act of 1940

If you are a reserve service member called to active duty, you are protected by a law that can save you some legal problems and possible some money. Under the provisions of the Soldiers' and Sailors' Civil Relief Act of 1940 (SSCRA) you may qualify for reduced interest rate on mortgage payments and credit card debt, protection from eviction if your rent is \$1200 or less, and/or delay of all civil

court actions such as bankruptcy, foreclosure or divorce proceedings. Although all service members receive some protection under the SSCRA, additional protections are available to reserve components called to active duty. For more information contact you unit or installation legal assistance office.

# U.S Armed Forces Legal Assistance: Five Offices in New Jersey

1. McGuire Airforce Base: 305 Air Mobility Wing/JA

(Air Force) 2901 Falcon Lane, Bldg 2901

McGuire AFB NJ

Wrightstown, NJ 08641

609-754-4601 DSN 650-2010

www.mcguire.af.mil/

2. Fort Dix: 5418 Delaware Ave.(Army) Wrightstown, NJ 08640

609-562-3043

www.dix.army.mil/PAO/post03/post032103/SJA.htm

3. Fort Monmouth: Monmouth, NJ 7703

(Army) 732-532-4371

4. NWS Earle NLSO NC Branch Office Earle

(Navy) 201 Highway 34 South

Colt, NJ 07722

732-866-2066 449-2066

www.jag.navy.mil/html/NLSONCMainIntro.htm

5. TRACEN USCG Training Center

Cape May Legal Office 01 Munro Ave.

Cape May, NJ 08204

609-898-6902

www.uscg.mil/mlclant/LDiv/LA%20MAIN.htm

#### EMPLOYMENT AND TRAINING SERVICES

# **Uniformed Services Employment and Reemployment Rights Act** (USERRA)

USERRA replaced the Veterans' Reemployment Rights (VRR.) USERRA guarantees reemployed persons pension plan benefits that accrued during military service, regardless of whether the plan is a defined benefit plan or a defined contribution plan.

USERRA provides health benefits continuation for service members and their families during military service for up to 18 months.

USERRA is enforced by Department of Labor's Veterans' Employment and Training Service (VETS).

**Eligibility** - The Act applies to persons who perform duty, voluntarily or involuntary, in the Army, Navy, Marine Corps, Air Force, Coast Guard, and Public Health Service commissioned corps, as well as the reserves of each. Federal training or service in the Army National Guard and Air National Guard is also included. Uniformed service includes active duty, active duty for training, inactive duty training (such as drills), and initial active duty training. USERRA covers all employees except those serving in positions where there is "no reasonable expectation that employment will continue indefinitely or for a significant period" i.e. seasonal work.

**Basic Provisions/Requirements -** Service members returning from a period of service in the uniformed services must meet five eligibility criteria to be covered by USERRA:

- 1. The person must have held a civilian job;
- 2. The person must have given notice to the employer that he or she was leaving the job for service in the uniformed services;
- 3. The period of service must not have exceeded five years;
- 4. The person must have been released from service under honorable conditions; and
- 5. The person must have reported back to the civilian job in a timely manner or have submitted a timely application for reemployment. USERRA establishes a 5-year cumulative total on military service with a single employer, with certain exceptions allowed for call-ups

during emergencies, for reserve drills and annually scheduled active duty for training, etc. USERRA also allows an employee to complete an initial period of active duty that exceeds 5 years, not including reenlistments. Under USERRA, restoration rights are based on the duration of military service rather than the type of military duty performed, e.g., active duty for training, inactive duty, etc.

Time limits for returning to work under USERRA, with the exception of fitness-for-service examinations, depend upon the duration of a person's military service. The applicable time limits are as follows:

Less than 31 days service: By the beginning of the first regularly scheduled work period after the end of the calendar day of duty plus time required to return home safely. If this is impossible or unreasonable, then as soon as possible.

31 to 180 days: Application for reemployment must be submitted no later than 14 days after completion of a person's service. If this is impossible or unreasonable through no fault of the person, then as soon as possible.

181 days or more: Application for reemployment must be submitted no later than 90 days after completion of a person's military service.

Service-connected injury or illness: Reporting or application deadlines are extended for up to two years for persons who are hospitalized or convalescing.

#### Contact -

Information regarding USERRA may be obtained by calling the US Department of Labor at 1-866-487-2365 or going online to: <a href="https://www.dol.gov">www.dol.gov</a>

#### **Veterans' Employment and Training Service (VETS)**

The mission of the Veterans' Employment and Training Service (VETS) is to provide veterans and transitioning service members with the resources and services to succeed in the 21st century workforce by maximizing their employment opportunities, protecting

their employment rights, and by meeting labor-market demands with qualified veterans. Additionally, there are supportive services provided to help make the veteran employable.

#### **Employment Services for Veterans**

The U.S. Department of Labor, Veterans' Employment and Training Service (VETS) offers employment and training services to eligible veterans through a non-competitive Jobs for Veterans State Grants Programs Under this grant program, funds are allocated to State Workforce Agencies in direct proportion to the number of veterans seeking employment within their state. The grants support two principal staff positions:

Disabled Veterans' Outreach Program Specialists (DVOP) Local Veterans' Employment Representatives (LVER)

This grant provides funds to exclusively serve veterans, other eligible persons, transitioning service members, their spouses and, indirectly employers. The grant also gives the State the flexibility to determine the most effective and efficient distribution of their staff resources based upon the distinct roles and responsibilities of the two positions.

DVOP and LVER staff provide services to all veterans that Title 38 indicates are eligible for their services, their efforts are concentrated according to their respective roles and responsibilities, on outreach and the provision and facilitation of direct client services to those who have been identified as most in need of intensive employment and training assistance. The DVOP and LVER staff, through outreach with employers, develop increased hiring opportunities within the local work force by raising the awareness of employers of the availability and the benefit of hiring veterans.

#### **Disabled Veterans' Outreach Program Specialists**

Disabled Veterans Outreach Program (DVOP) specialists provide intensive services to meet the employment needs of disabled veterans and other eligible veterans. The maximum emphasis is directed toward serving those who are economically or educationally disadvantaged, including homeless veterans and veterans with barriers to employment.

DVOP specialists are actively involved in outreach efforts to increase program participation among those with the greatest barriers to employment, which may include but should not be limited to: outplacement in Department of Veterans Affairs (VA) Vocational Rehabilitation and Employment Program\*offices; VA Medical Centers; routine site visits to Veterans' Service Organization meetings; Native American Trust Territories; Military installations; and other areas of known concentrations of veterans or transitioning service members.

The case management approach, taught by the National Veterans' Training Institute, is generally accepted as the method to use when providing vocational guidance or related services to eligible veterans identified as needing intensive services.

#### **Local Veterans' Employment Representatives**

Local Veterans' Employment Representatives (LVER) conduct outreach to employers and engage in advocacy efforts with hiring executives to increase employment opportunities for veterans to encourage the hiring of disabled veterans, and generally assist veterans to gain and retain employment. LVER & staff conduct seminars for employers and job search workshops for veterans seeking employment, and facilitate priority of service in regard to employment, training, and placement services furnished to veterans by all staff of the employment service delivery system.

To meet the specific needs of veterans, particularly veterans with barriers to employment, the DVOP and LVER staff are thoroughly familiar with the full range of job development services and training programs available at the State Workforce Agency One-Stop Career Centers, Department of Veterans Affairs Vocational Rehabilitation and Employment Program locations.

#### **Eligible Applicants**

Applications for funds under the Jobs for Veterans Stale Grants Program will be accepted only from the designated administrative entity that operates the employment service delivery system within the State. For more information regarding Employment Services for Veterans and VETS' other programs and services, visit our website at: <a href="https://www.dol.gov/vets">www.dol.gov/vets</a>.

#### **Veterans Civil Service Benefit**

The New Jersey Department of Military and Veterans Affairs is the agency that determines veteran preference for hiring in New Jersey civil service and veterans status for New Jersey civil service pension plans. War period veterans who pass the civil service examinations are given absolute preference over non-veterans when applying for state, county or municipal employment. Absolute preference is not extended to promotions, but if a veteran ranks highest on a promotional certification, a non-veteran cannot be offered the appointment before the veteran. Veterans with service connected disabilities (at least 10 percent) who pass the civil service examinations are given preference over other veterans and non-veterans. Eligibility requirements apply, e.g., specific time periods of active duty, discharge status etc. Spouses, widows and parents of deceased or disabled veterans are eligible under certain circumstances. For information call Veterans Benefits Bureau at 609-530-6954.

There are additional retirement and pension benefits offered to veterans who are members of the Public Employees' Retirement System (PERS). For more information call the New Jersey Division of Pension and Benefits at 609-292-7524

#### **Helmets to Hardhats**

The New Jersey State Building and Construction Trades Council program (NJ H2H) is designed to help transitioning military personnel find careers in the building and construction industry. The program seeks to help military members find a career in one of 15 affiliated trades, such as carpenters, electricians, painters etc. Unions have been proactive in placing Veterans in good paying, skilled positions through their Helmets to Hardhats and recently rolled out Hire a Hero programs. For registration and information visit online at www.njbctc.org/h2h or call 732-499-7295

#### **Vet Career Connect**

Vet Career Connect has been organized to connect veterans, members of the New Jersey National Guard, Reservists and their spous-

es, with a career that would allow them to reach their highest potential. Vet Career Connect is designed to match specific abilities, drives and interests with a job/career requiring those specific abilities. Vet Career Connect is free service to all Veterans, Veteran spouses, and Parents and children of veterans. It is an opportunity to complete a personality profile that has been completed by over 2.5 Million people throughout the world, and to receive private feedback (Individual Development Guide) on the results as to how to develop towards a job or career. With the Veteran's permission, the test results will be placed on a database, along with military records, school history, resume, etc., to be viewed by hundreds or potentially thousands of potential employers. Employers are looking for basic potential – basic ability – not experience – they are willing to train the right person. For additional information log on to <a href="https://www.vetcareerconnect.org">www.vetcareerconnect.org</a> or call 609-524-1200.

For additional information contact: Caliper Corp 506 Carnegie Center, Suite 300 Princeton, NJ 08543 609-524-1200 www.caliperonline.com

# Small Business Administration Vet Loan Program Patriot Express Loan Program

The Patriot Express initiative builds on more than \$1 billion in loans SBA guarantees annually for veteran-owned businesses, and offers counseling assistance and procurement support for military service members, veterans, service-disabled veterans and Reserve members and there spouses.

Loans go the Military Services Members, Veterans and Spouses <a href="https://www.sba.gov/patriotexpress">www.sba.gov/patriotexpress</a>

#### **EDUCATION AND GRANTS**

# US Department of Veterans Affairs education benefits. For program information contact the

Department of Military & Veterans Affairs education benefits www.gibill.va.gov/ or call 888-442-4551

**POW and MIA Tuition Benefits:** Free undergraduate college tuition is available to any child born or adopted before, during or after the period of time his or her parent was officially declared a prisoner of war (POW) or person missing in action (MIA) after Jan. 1, 1960. The POW-MIA must have been a New Jersey resident at the time he or she entered the service or whose official residence is in New Jersey. The child must attend either a public or private institution in New Jersey. A copy of DD- 1300 must be furnished with the application.

**Spouses To Teachers Program:** The Spouses to Teachers Program is designed to provide support to eligible spouses in their pursuit of Kindergarten -12th Grade teaching positions. This program is for spouses of active duty personnel, Selected Reserve and National Guard, and Individual Ready Reserve currently serving on active duty. Limited funding will be provided to eligible spouses to reimburse costs of tests required for state teacher licensure/certification. Maximum financial assistance is \$600.00 per person. For further information, see: <a href="https://www.spousestoteachers.com">www.spousestoteachers.com</a>.

**Major General James Ursano Scholarship Fund:** The Major General James Ursano scholarship fund is available for Dependent Children of Army Soldiers. Please visit <a href="www.aerhq.org">www.aerhq.org</a> for further information

#### The Military Spouse Career Advancement Initative (MSCAI):

The MSCAI helps Military Spouses with the assistance is helping overcome educational and credentialing barriers by offering up to \$6000.00 in assistance. Military Spouses may apply at One-Stop Career Centers on or near Voluntary Education Centers at participating installations. To see more, visit www.MilSpouse.org.

## **Operation Recognition: High School Diplomas For Veterans:**

The New Jersey and Department of Veterans Affairs (DMAVA) and the Department of Education jointly launched a program to honor WW11 era veterans who left school to join the military and never received a high school diploma. The program will award a state endorsed high school diploma to any New Jersey veteran who left a New Jersey high school to enter a military service during WW11 and Korean & Vietnam conflicts. All branches of service including Merchant Marine and Coast Guard are eligible.

Veterans who have since earned a GED are still eligible. Diplomas may also be issued posthumously. Surviving family members of eligible veterans are encouraged to apply. Send your request to: Operation Recognition, New Jersey Department of Military & Veterans Affairs, Post Office Box 340, Trenton, NJ 08625-0340. This office also approves and supervises programs for the G.I. Bill for use in colleges, non-college degree programs, apprenticeship, on-the-job training, flight, and correspondence schools.

**Contact -** For programs or specific information on the approval of a specific program, contact the Veterans Assistance office at the College you are interested in attending, or call **609-530-6849**. For more information call **609-530-6876**.

War Orphans Tuition Assistance: Children of those service personnel who died while in the military or due to service connected disabilities, or who are officially listed as missing in action by the U.S. Dept. of Defense may claim \$500 per year for four years of college or equivalent training. To qualify, the child must be a resident of New Jersey for at least one year immediately preceding the filing of the application and between the ages of 16 and 21 at the time of application. The veteran must have been a state resident upon enlistment.

**Vietnam Veterans Tuition Credit Program:** The Veterans Tuition Credit Program provides additional education benefits to veterans eligible for federally funded education programs and who served on active duty from December 31, 1960 to May 7, 1975 and who were legal residents of New Jersey at the time of induction into the Armed Forces or at the time of discharge from active service or for a period not less than one year prior to making application. The

amount of the award is \$400 annually or \$200 per semester for full time attendance and \$100 per semester for part-time. For further information contact your school official in charge of veteran's affairs or by calling New Jersey Department of Military and Veterans Affairs at 609-530-6876. Deadlines for applying are October 1 and March 1 each year.

New Jersey National Guard Tuition (Waiver) Program: A member of the New Jersey National Guard shall be permitted to attend regularly scheduled courses at any of the thirty one public institutions of higher education in this state, and receive up to 15 credit hours per semester of free tuition. Contact the Financial Aid Office prior to registration for the college's policies and procedures in administering NJNGTP. This is a tuition waiver program, institutions are not reimbursed. All other costs are the responsibility of the student. For information on these programs, contact the NJARNJ Education Center at 3650 Saylors Pond Road, Ft. Dix, NJ 08640

609-562-0654.

www.state.nj.us/military/education.

#### **Education Benefits For Current New Jersey Guardsmen:**

Tuition Assistance: This program pays up to \$250 per credit hour to a maximum of \$4,500 per fiscal year for tuition costs at any accredited school, other than a state school. The tuition assistance cannot be used together with any other federal program such as the GI Bill.

# HEALTH CARE INFORMATION

#### **Medical Assistance**

For eligibility and additional information call tool free 877-222-8387

or

#### www.va.gov/healtheligibility

#### **VA Medical Centers**

East Orange James J Howard Community Clinic

385 Tremont Brick, NJ 973-676-1000 732-206-8900

Trenton Community Clinic Newark Community Clinic

171 Jersey Street, Bldg 36 973-645-1441

609-989-2355

Lyons Campus Paterson Community Clinic

151 Knollcroft Rd 973-247-1666

908-647-0180

Morristown Community Clinic Cape May VA Outpatient Clinic

340 West Hanover Ave 609-898-8700

973-539-9791

Hackensack Community Clinic VA Clinic Vineland

385 Prospect Ave 1051 W. Sherman Ave Bldg. 3

201-487-1390 Unit B

856-692-1588

New Brunswick Community Clinic VA Outpatient Clinic

317 George St Ft. Dix

732-729-0646 609-562-2999

Fort Monmouth Clinic Veterans Health Clinic

Paterson Army Clinic, Bldg 1075 Ventnor

732-532-4500 609-823-3122

Elizabeth Community Clinic Veterans Health Clinic

654 East Jersey St., Suite 2A Gloucester 908-994-0120 856-401-7665

#### **Health Care for Women:**

Many VA hospitals have VA Women Veterans Health Centers who services include gynecology, sexual trauma counseling, mammography screening and transition assistance programs for women separating from the armed forces www.va.gov/womenvet

Center for Women Veterans 202-273-6193 or DAV at 800-827-1000

Women Health Issues 973-676-1000 ext. 1695

VA Mammography Hotline 888-492-7844

#### **Military Sexual Trauma (MST)**

The VA NJ Healthcare System provides services for anyone who is experiencing the after effects of sexual harassment or assault that occurred while they were in the military. MST offers individual or group psychotherapy at both the East Orange and Lyons facilities, as well as through some of the Vet Centers. The MST program also offers a short term residential treatment program at the Lyons facility. Treatment is provided at no cost to the veteran. For additional information contact the clinical director:

Women's Trauma Unit/Military Sexual Coordinator 908-647-0180 ext 5896

Note\*\*\*\* Combat Veterans Healthcare eligibility has been extended to 5 years by the National Defense Act of 2008 for veterans who served in a theater of combat operations after November 11, 1998.

#### Treatment Resources

## **Veterans Administration (VA)**

#### **Newark Regional Office**

20 Washington Place Newark, NJ 07102 Phone: 1-800-827-1000

The Newark VA Regional Office is one of fifty-seven offices located throughout the Nation that provide services and benefits to honorably discharged veterans of the U. S. Military and their dependents.

#### PTSD (Post Traumatic Stress Disorder) WHAT IS IT?

After a trauma or life threatening event it is common to have upsetting memories of what happened, to have trouble sleeping, to feel jumpy, or to lose interest in things you used to enjoy. For some people these reactions do not go away on their own, or may even get worse over time. These people may have **Posttraumatic Stress Disorder (PTSD)**.

#### What can I do if I think I have PTSD?

If you think you have PTSD, it's important to get treatment. Treatment can work, and early treatment may help reduce long-term symptoms.

If you think you have PTSD: Contact your local Vet Center

Reference: www.ncptsd.va.gov

#### **Vet Centers**

#### In Need Of Treatment? A Vet's First Stop!!

Vet Centers serve veterans and their families by providing a continuum of quality care that adds value for veterans, families and communities. Care includes professional readjustment counseling, community education, outreach to special populations, the brokering of services with community agencies, and provides a key access link between the veteran and other services in the U.S. Department of

#### Veterans Affairs.

Normal working hours are 8:00am to 4:30pm Monday through Friday. In an effort to better serve the veteran and family members, upon request Vet Centers will provide services after normal work hours and/or on weekends

Newark Vet Center 2 Broad St. Suite 703 Bloomfield, NJ 07003 Phone: (973)-748-0980 Fax: (973)-743-0380

Trenton Vet Center 934 Parkway Ave. 2nd Fl. Ewing, NJ 08618 Phone: (609)-882-5744

Fax: (609)-882-5743

Ventnor Vet Center 6601 Ventnor Ave. Suite 105, Ventnor Bldg. Ventnor, NJ 08406 Phone: (609)-487-8387 Fax: (609)-487-8910

Secaucus Vet Center 110 Meadowlands Pkwy Secaucus, NJ 07094 Phone: 201-223-7787

Fax: 201-223-7707

# Community Based Outpatient Clinics (CBOC)-Primary Medical Facilities

James J. Howard CBOC 970 Rt. 70 Brick, NJ 08724 Phone: 732-206-8900

Cape May VA Outpatient Clinic 1 Monroe Avenue Cape May, NJ 08204 Phone: (609) 898-8700

Elizabeth CBOC 654 East Jersey Street, Suite 2A Elizabeth, NJ 07206 Phone: 908-994-0120

Ft. Monmouth Community Clinic Paterson Army Health Clinic, Building 1075, Stephenson Ave Fort Monmouth, NJ 07703 Phone: 732-532-4500

Fort Dix, NJ Outpatient Clinic 8th & Alabama Ft. Dix, NJ 08640 Phone: 609-562-2999

Hackensack CBOC 385 Prospect Avenue Hackensack, NJ 07601 Phone: (201) 487-1390

Jersey City CBOC 115 Christopher Columbus Drive Jersey, NJ 07302 Phone: 201-435-3055/3305 Morristown CBOC 340 West Hanover Ave Morristown, NJ 07960 Phone: 973-539-9791/9794

New Brunswick CBOC 317 George Street New Brunswick, NJ 08901

Phone: 732-729-0646/9555 732-247-0497

Fax: 732-729-0683

Newark CBOC 20 Washington Place Newark, NJ 07102 Phone: 973-645-1441

Paterson CBOC 275 Getty Avenue, St. Joseph's Hospital & Medical Center Paterson, NJ 07503 Phone: 973-247-1666

Veterans Health Clinic at Gloucester County 211 County House Road Sewell, NJ 08080-2525 Phone: 856-401-7665

Trenton CBOC 171 Jersey Street, Bldg. 36 Trenton, NJ 08611-2425 Phone: 609-989-2355

Ventnor VA Health Clinic 6601 Ventnor Avenue, Suite 406 Ventnor, NJ 08406 Phone: (609) 823-3122

VA Clinic NJ Veterans Memorial Home Northwest Boulevard Vineland, NJ 08360 Phone: (856) 692-1588 Vineland Clinic 1051 West Sherman Avenue Vineland, NJ 08360 Phone: 856-692-2881

NJ Veterans Helpline Program 1-866-838-7654 151 Centennial Ave. Piscataway, NJ 08854

NJ Veterans Helpline Program serves as a contractor for the VA to refer veterans for mental health counseling to 10 separate locations throughout New Jersey.

#### Additional Treatment/Rehabilitation Resources

#### **Rocking Horse Rehab**

Rocking Horse Rehab is a private rehabilitation and family wellness center. It is the only center in the US to offer a unique combination of services which includes Equine Assisted Therapies, traditional speech, physical and occupational therapy, and other alternative therapeutic programs. One program in particular Equine Facilitated Psychotherapy works with individuals dealing with emotional and behavioral problems and those struggling with social skills and attention issues. How one cares for a horse mirrors one's own self care. Working with a free horse can enhance self awareness and personal growth, as well as providing calming relief and can reduce high blood pressure.

The program offers both riding and ground work with horses in its relationship building approach. Individual and group sessions are available.

West Orange, NJ 973-731-8588 www.rockinghorserehab.com

#### **Atlantic Riding Center for The Handicapped**

The Atlantic Riding Center for the Handicapped is dedicated to improving the quality of life of those with disabilities through therapeutic horseback riding. This non-profit

501C-3 charitable organization offer therapeutic programs for chil-

dren and adults. The Atlantic Riding Center is proud to be a part of the North America Riding for the Handicapped Association for the Heroes program that is specifically designed for the special needs of veterans of all ages. .

Egg Harbor Township, NJ 609-926-2233 www.arch206.org email: arch206@aol.com

Additional Military and Veteran contact information for medical services can be found in the quick reference on line and quick reference toll hot line numbers sections of this directory

# Massage Therapy/Holistic Health Counseling by Carol Crystal Carol Crystal is an Integrated Health Specialist. She is AMTA and AADA certified, and a Health Columnist with The Courier Times. Her approach to wellness offers pain management and movement recovery, bodywork for survivors of trauma and PTSD, as well as

Her approach to wellness offers pain management and movement recovery, bodywork for survivors of trauma and PTSD, as well as massage for geriatric, survivors of cancer and life threatening illnesses.

Free postural and health assessment.
51 Newark Street, Hoboken, NJ
275 Grove Street, Jersey City, NJ
New Jersey City University- Wellness Center
201-913-2864
CeeCrystal@aol.com
www.linkedin.com/in/ceecrystal

NEW JERSEY TREATMENT RESOURCES
Treatment of Alcohol and Other Drugs of Addiction as well as
Mental Health issues for <u>ALL VETERANS</u> regardless the
nature of their discharge from the service.

#### COUNTY ALCOHOL AND DRUG ABUSE OFFICES

#### **ATLANTIC**

Atlantic Co. Department of Human Services Division of Public Health 201 South Shore Road Northfield, NJ 08225

Phone: (609) 645-5932 Fax: (609) 645-5890

#### **BERGEN**

Bergen County Dept. of Health Services 327 E. Ridgewood Ave. Paramus, NJ 07652-4895

Phone: (201) 634-2693 Fax: (201) 634-3002

#### **BURLINGTON**

County of Burlington, Office of Human Services 795 Woodlane Road P.O. Box 6000 Westampton, N.J. 08060-0600

Phone: (609) 265-5530/5536

Fax: (609) 702-7070

#### **CAMDEN**

Camden County Alcohol and Drug Abuse Services 2600 Mt. Ephraim Avenue Suite #405

Camden, N.J. 08104 Phone: (856) 225-5072 Fax: (856) 225-5166

#### **CAPE MAY**

Cape May County Dept of Human Services 4 Moore Road, DN907 Cape May Court House, NJ 08210-1654

Phone: (609) 465-1055 Fax: (609) 465-4639

#### **CUMBERLAND**

Cumberland Co. Alcohol/Drug Abuse Services County of Cumberland Dept. of Human Services 72 N. Pearl St.

Bridgeton, NJ 08302 Phone: (856) 451-3727 Fax: (856) 455-9706

#### **ESSEX**

Essex Cty Div. of Community Health Services Office of Alcoholism & Drug Abuse 50 South Clinton Avenue, Suite 4301 East Orange, N.J. 07018

Phone: (973) 395-8455 Fax: (973) 395-8437

#### **GLOUCESTER**

Gloucester County Health & Senior Services County Addiction Services PO Box 337 Woodbury, NJ 08096

Phone: (856) 384-6886 Fax: (856) 384-0207

#### **HUDSON**

Hudson Cty. Dept. of Health/Human Services 595 County Avenue, Bldg. #2 Secaucus, N.J. 07094

Phone: (201) 271-4310 Fax: (201) 271-4365

#### **HUNTERDON**

County of Hunterdon Department of Human Services PO Box 2900

Flemington, NJ 08822-2900 Phone: (908) 788-1372

Fax: (908) 806-4204

#### WARREN

Warren Cty. Dept. of Human Services Cummins Building 202 Mansfield St. Belvidere, N.J. 07823 Phone: (908) 475-6080

Fax: (908) 475-6206

#### **MERCER**

Mercer Dept. of Human Services 640 South Broad St, PO Box 8068 Trenton, NJ 08650-0068

Phone: (609) 989-6897 Fax: (609) 989-6032

#### **MIDDLESEX**

Middlesex County. Dept. of Human Services Division of Addiction Services Administration Bldg. JFK Square-5th floor New Brunswick, NJ 08901-3502

Phone: (732) 246-5562 Main Line: (732) 745-4420

Fax: (732) 296-7971

#### **MONMOUTH**

Monmouth County Division of Mental Health & Addiction Services P.O. Box 3000 Kozloski Road Freehold, N.J. 07728-1255

Phone: (732) 431-6453 Fax: (732) 866-3595

#### **MORRIS**

Morris County, Dept of Human Services Div of Behavioral Health & Youth Svs PO Box 900 Morristown, NJ 07963-0900

Phone: (973) 285-6867 Fax: (973) 285-6713

#### **OCEAN**

Ocean County Health Department 175 Sunset Avenue, PO Box 2191 Toms River, NJ 08754-2191

Phone: (732) 341-9700 ext. 7536

Fax: (732) 678-0034

#### **PASSAIC**

Passaic County Addiction Services 401 Grand Street Administration Bldg. Suite 417

Paterson, N.J. 07505 Phone: (973) 225-5412 Fax: (973) 881-2733

#### **SALEM**

Alcohol & Drug Abuse Services Salem County Department of Health 94 Market St. Salem, NJ 08079

Phone: (856) 935-7510 ext. 8460

Fax: (856) 935-2501

#### **SOMERSET**

Somerset Co. Alcoholism & Drug Abuse Services Dept. of Human Services/County of Somerset PO Box 3000 Somerville, NJ 08876-1262

Phone: (908) 704-6309 Fax: (908) 704-1629

#### **SUSSEX**

Sussex County Division of Community & Youth Services 135 Morris Turnpike Newton, NJ 07860

Phone: (973) 948-6000 ext. 225

Fax: (973) 948-6664

#### **UNION**

County of Union Department of Human Services
10 Elizabethtown Plaza
Administration Bldg. #4
Elizabeth, N.J. 07207
Phone: (908) 558, 2290

Phone: (908) 558-2290 Fax: (908) 558-2562

# Division of Addiction Services Licensed Outpatient Treatment Providers by County

## **Atlantic County**

AtlantiCare Behavioral Health Egg Harbor Township 609-646-5142

Family Addiction Treatment Center Somers Point 609-601-8611

Lighthouse at Atlantic County Ventnor City 609-822-1600

AtlantiCare Behavioral Health-Oasis@A.C.I.T. Mays Landing 609-272-0909

Park Bench Group Counseling Northfield 609-916-7345

Lighthouse at Mays Landing Mays Landing 609-625-4900

AtlantiCare Behavioral Health Galloway Township 609-596-8080

AtlantiCare Behavioral Health Atlantic City 609-348-1161

AtlantiCare Behavioral Health Hammonton 609-561-7911 Family Service Association Absecon 609-652-1600, 609-569-1731

#### **Bergen County**

Care Plus NJ Paramus 201-265-8200

Integrative Recovery Group Hackensack 201-678-1999

Team Management 2000 Englewood 201-567-1311

High Focus Centers Paramus 201-291-0055 Redirections Maywood 201-845-3600

Van Ost Institute for Family Living Englewood 201-569-6667

Monsignor Wall Social Service Center I Paramus 201-967-9020 Addiction Recovery Program Hackensack 201-646-3336

West Bergen Mental Healthcare Ridgewood 201-444-3550

Adolescent Substance Abuse Program

Hackensack 201-336-7350

Evergreen Treatment Center Paramus 201-967-4303

Comprehensive Behavioral Healthcare Lynhurst 201-935-3322

The Opiate Detoxification Institute Westwood 201-594-0090

# **Burlington County**

The Lester A. Drenk Behavioral Health Center Mount Holly 609-267-1377

Elm Lifelines Medford 609-654-4044

SODAT of New Jersey Mount Holly 609-265-7884

Burlington Comprehensive Counseling Mount Holly 609-267-3610

Genesis Counseling, Mt. Laurel Mt. Laurel 856-234-2121

## **Camden County**

Kennedy Memorial Hospitals-UMC Cherry Hill Division Cherry Hill 856-488-6701 Princeton House Behavioral Health Cherry Hill 856-779-8455

Message of Hope Program Somerdale 856-435-1023

Urban Treatment Associates Camden 856-338-1811

Genesis Counseling Center Collingswood 856-858-9314

Cooper House Pennsauken 856-662-0221

Camden County, Division of Alcohol and Substance Abuse Blackwood 856-227-5254

Center for Family Services Camden 856-963-0200

Delaware Valley Medical Blackwood 856-665-5100

My Father's House Gloucester City 856-742-0900

PACE Program Camden 856-541-1700 x2053 SODAT of New Jersey Camden 856-964-5000

Rehab After Work Turnersville 856-810-1012

Hispanic Family Center of Southern New Jersey Camden 856-365-7393

Genesis Counseling Center Camden 856-858-9314

Rehab Management Marlton 800-238-4357

Women of Hope Resource Center Pine Hill 856-435-7000

Sikora Center Camden 856-963-1312

Parkside Recovery Camden 856-757-9190

Delaware Valley Medical Pennsauken 856-665-5100

Center for Family Services Voorhees 856-428-5688

# **Cape May County**

ARS of Rio Grande Cape May Court House 609-889-3611

Cape Counseling Services Cape May Court House 609-465-4100

# **Cumberland County**

Seabrook House Seabrook 856-455-7575

First Step Counseling Vineland 856-691-2767

SODAT of New Jersey Bridgeton 856-453-5713

Rehab After Work Vineland 856-810-1012

First Step Clinic Bridgeton 856-451-3727

CURA Vineland 973-622-3570

Maryville Vineland 856-690-1000 South Jersey Drug Treat. Center Bridgeton 856-455-5441

## **Essex County**

Integrity Newark 973-623-0600

American Habicare & Counseling Newark 973-799-0508

Family Service Bureau of Newark Newark 973-412-2056

The Bridge Caldwell 973-228-3000

Family Connections Orange 973-675-3817

Bloomfield Health Pavilion Newark 973-230-3631

The Bridge Irvington 973-372-2624

The Lennard Clinic Newark 973-596-2850

East Orange Substance Abuse Treatment Program East Orange 973-266-5200

COPE Center Montclair 973-783-6655

Newark Renaissance House Newark 973-623-3386

Youth Consultation Services East Orange 973-854-3652

Real House Montclair 973-746-2400

Integrity House Academy Newark 201-583-7125, 973-623-0600

East Orange General Hospital: Behavioral Health Services East Orange 973-414-6828

North Jersey AIDS Alliance Newark 973-483-3444, 845-596-1802

Saint Michael's Medical Center, Behavioral Health Services Newark 973-877-5000

Sussex House Newark 973-483-2882

Living New / Real Families Newark 973-509-7600 Kintock Day Reporting Center Newark 973-622-1400

New Street Treatment Associates Irvington 973-373-2010

Family Connections, Reunity House South Orange 973-675-3817

American Counseling Center Bloomfield 845-596-1802

New Directions Behavioral Health Center Newark 973-242-6599

New Hope Behavioral Health Center Irvington 973-373-5100

Johnson and Associates Counseling and Consultation East Orange 973-677-7053

CURA Newark 973-622-3570

Renaissance Challenge Conqueror Training Center Newark 973-481-3431

Real House Montclair 973-746-2400

#### **Gloucester County**

SODAT of New Jersey Woodbury 856-845-6363

Center for Family Services Glassboro 856-881-5403

Strategies for Families Turnersville 856-979-3086

Maryville Westville 856-456-0660

Center for Family Services Williamstown 856-728-0404

Kennedy Memorial Hospitals-UMC Washington Twp. Division Turnersville 866-582-1419

Rowan University Center for Addiction Studies Clinic Glassboro 856-863-2175

The Wounded Healer Pitman 856-582-0001

## **Hudson County**

New Pathway Counseling Bayonne 201-436-1022

Health Path-Camino de Salud, Consulting Services Union City 201-866-2934 Community Solutions Jersey City 201-521-1300

Endeavor House North Kearney 732-264-3824 x103

Spectrum Health Care Jersey City 201-860-6100

Inter County Council on Drug and Alcohol Abuse Kearny 201-998-7422

Community Psychotherapy Associates Bayonne 201-339-0142

Hoboken University Medical Center, Giant Steps Hoboken 201-792-8290

Integrity Secaucus 201-583-7100

Bayonne CMHC-Addiction Treatment Services Bayonne 201-339-9200

Christ Hospital, Counseling and Resource Center Jersey City 201-795-8376

North Hudson Community Action Health Center West New York 201-866-9320 Urban Renewal Kearny 973-483-2882

Jersey City Medical Center Jersey City 201-915-2861

Khaleidoscope Health Care Jersey City 201-451-5425

# **Hunterdon County**

Hunterdon Drug Awareness Flemington 908-788-1900

Hunterdon Medical Center Flemington 908-788-6100

Project Home Jersey City 201-339-9200

Hunterdon Prevention Flemington 908-782-3909

Daytop-Hunterdon Flemington 908-806-5195

#### **Mercer County**

Rescue Mission of Trenton Trenton 609-396-2183

New Horizon Treatment Trenton 609-394-8988 Princeton House Behavioral Health Princeton 609-497-3343

Catholic Charities Alcoholism/Addictions Program Trenton 609-394-9398

Corner House Princeton 609-924-8018

Partners in Recovery / Catholic Charities Trenton 609-396-4557

South Broad Street Counseling Trenton 609-394-8000

Family Guidance Center Hamilton 609-587-7044

Signs of Sobriety Ewing Township 609-882-7677

Family Guidance Center Trenton 609-393-1626

Princeton House Behavioral Health Hamilton 609-586-4788

Trenton Treatment Center Trenton 609-392-2822

New Choices Trenton 609-396-4557 x111

#### **Middlesex County**

The Open Door New Brunswick 732-246-4800

Catholic Charities, Diocese of Metuchen East Brunswick 732-257-6100

Raritan Bay Medical Center, Addiction Treatment Services Perth Amboy 732-442-7030

New Brunswick Counseling Center New Brunswick 732-246-4025

JFK Center for Behavioral Health Edison 732-321-7189

Raritan Management Methadone Program Perth Amboy 732-442-7030

Princeton House Behavioral Health North Brunswick 732-729-3600

Comprehensive Care Services Edison 732-287-4044

Strathmore Clinic South Amboy 732-727-2555 University Behavioral Healthcare New Brunswick 732-235-5900

#### **Monmouth County**

JSAS Healthcare Asbury Park 732-988-8877

Catholic Charities-Project Free Asbury Park 732-897-7701

New Life Counseling Keyport 732-264-3824

Riverview Medical Center, Addiction Recovery Services Shrewsbury 732-345-3400

New Hope Outpatient Services Freehold 732-308-0113

Endeavor House Keyport 732-264-3824

Recovery Innovations Tinton Falls 732-576-8581

Jersey Shore Univ. Medical Ctr, Addiction Recovery Services Neptune 732-643-4400

Community YMCA Family Services Matawan 732-290-9040 Freehold Community Counseling Service Freehold 732-409-6260

180, Turning Lives Around Hazlet 732-264-4111

Discovery Institute for Addictive Disorders Marlboro 732-946-9444

Addiction Recovery Services Aberdeen 732-290-7010

Wall Youth Center and Community Services Wall 732-681-1375

CPC Behavioral Healthcare Red Bank 732-842-2000

Twp of Ocean Human Services Oakhurst 732-531-2600

Crossroads at Croydon Hall Leonardo 732-615-2269

Preferred Behavioral Health Howell 732-938-3747

#### **Morris County**

The Willow Tree Center Morris Plains 973-682-8733 Daytop Outpatient
Parsippany
973-539-5624
Choices for Change of Sunrise House Foundation
Florham Park
973-443-0222

New Bridge Services Montville 973-839-2520

Saint Clare's Hospital Boonton 973-316-1899

Morristown Memorial Hospital-Chemical Dependency Svc. Morristown 973-971-5000

People Helping People in Need Morristown 973-656-3110

Treatment Dynamics Outpatient Florham Park 973-593-0090

Hope House Dover 973-361-5555

Morris County Aftercare Center Randolph 973-927-6641

High Focus Centers Parsippany 973-299-9919

#### **Ocean County**

Substance Abuse Program of St. Francis Counseling Services Brant Beach 609-494-1554

Ocean Mental Health Services Bayville 732-349-5550

Preferred Behavioral Health Lakewood 732-367-4700 x123

Counseling & Referral of Ocean Brick 732-920-2700

Ocean Medical Services Toms River 732-288-9322

ADACO Counseling Center West Creek 609-597-9601, 732-367-5515

Preferred Behavioral Health Barnegat 609-660-0197

Project Free of Catholic Charities Whiting 732-262-3414

Advanced Behavioral Care Services Lakewood 732-961-9666 Lighthouse at Ocean County Manahawkin 609-489-0787 AGAPE Counseling Services Forked River 609-693-1333

Life Excel Brick 732-920-7933

Saint Barnabas Behavioral Health Toms River 732-914-1688

#### **Passaic County**

Paterson Counseling Center Paterson 973-523-8316

New Bridge Services Pompton Lakes 973-839-2520

Straight and Narrow Paterson 973-345-6000

Options Counseling Center Paterson 973-345-1883

Challenge Programs of NJ Paterson 973-345-9100

Eva's Kitchen & Sheltering Paterson 973-523-6220 Northeast Life Skills Associates Passaic 973-777-2962 Passaic Alliance Passaic 973-365-5740

Pilgrimage Outreach Paterson 973-389-2165

Wayne Counseling & Family Services Wayne 973-694-1234

New Life Recovery Center West Milford 973-728-7788

Barnert Hospital, Dept. of Behavioral Health Services. Paterson 973-977-6704

Damon House Paterson 973-279-5563

#### **Salem County**

Healthcare Commons Carney's Point 856-299-3200

Maryville Salem 856-935-9305

SODAT of NJ Salem 856-935-0441

#### **Somerset County**

Richard Hall Community Health Center Bridgewater

908-725-2800

Somerset Treatment Services

Somerville 908-722-1232

Warren Hospital, Counseling and

**Addiction Services** 

Phillipsburg 908-859-6700

Carrier Clinic Belle Mead 908-281-1000

Family & Community Services of Somerset County Bound Brook 732-356-1082

Catholic Charities, Diocese of Metuchen, Comm. Mental Health Bridgewater 908-722-1881

The Center for Great Expectations Somerville 908-218-0210

The Institute for Family & Adolescent Services Raritan 908-526-7809

Guided Life Structures Somerville 908-704-0011

#### **Sussex County**

Capitol Care Inc. Stanhope 973-426-1440

Center for Prevention & Counseling Newton 973-383-4787 Sunrise House Foundation Lafayette 973-383-6300

#### **Union County**

Bridgeway Rehabilitation Elizabeth 908-355-7200

The Lennard Clinic Elizabeth 908-352-0850

Oasis Clinical Services Elizabeth 908-372-3000

Organization for Recovery Plainfield 908-769-4700

Intervention Specialists Elizabeth 908-289-0700

Elizabeth OP Treatment Center Elizabeth 908-282-1001

Muhlenberg Regional Medical Center, Steps Recovery Plainfield 908-668-2095

UCPC Behavioral Healthcare Plainfield 908-756-6870

Addiction Services at Overlook Hospital Summit 908-522-4882

Puerto Rican Org. for Community Education & Economic Development Elizabeth 908-351-7727

High Focus Centers Cranford 908-272-2474

Trinitas Hospital Elizabeth 908-994-7438

Suburban Treatment Union 908-687-7188

#### **Warren County**

Hackettstown Reg. Med Center Hackettstown 908-850-6810

Family Guidance Center Phillipsburg 908-454-4470

Family Guidance Center Washington 908-689-1000

Family Guidance Center Hackettstown 908-852-0333

Warren Medical Services Phillipsburg 908-387-0003

Catholic Charities, Diocese of Metuchen Phillipsburg 908-454-2074

## **County Mental Health Administrators**

Atlantic	Address 101 South Shore Road Northfield, NJ 08225	<b>Phone/Fax</b> (609) 645-7700, x4307 (609) 645-5809 (Fax)
Bergen	Co. Administration Bldg. 327 E. Ridgewood Avenue Paramus, NJ 07652-4895	(201) 634-2751 (201) 634-3004 (Fax)
Burlington	795 Woodlane Road P.O. Box 6000 Mt. Holly, NJ 08060	(609) 265-5545 (609) 265-5382 (Fax)
Camden	CPAC/HSC (856) 663-3998 6981 No. Park Drive E. (856) 663-7182 (F Suite 309-310 Pennsauken, NJ 08109-4212	
Cape May	Cape May Courthouse #4 Moore Road DN 907 Cape May Court House, NJ 08210	(609) 465-1055 (609) 465-4639 (Fax)
Cumberland	County Admin. Bldg. Department of Health 590 Shiloh Pike Bridgeton, NJ 08302	(856) 453-7804 (856) 455-8842 (Fax)
Essex	Essex Co. Dept. of Health 204 Grove Avenue Cedar Grove, NJ 07009	(973) 571-2821 (973) 571-2820 (Fax)
Gloucester	Budd Blvd. Complex Route 45 & Budd Blvd. P.O. Box 337 Woodbury, NJ 08096	(856) 384-6870 (856) 384-0207 (Fax)
Hudson	Dept. of Human Servs. c/o Meadowview Hospital 595 County Avenue	(201) 271-4344 (201) 271-4365 (Fax)

**Hunterdon** Dept. of Human Servs. (908) 788-1253 8 Gauntt Place (908) 806-4204 (Fax) PO Box 2900 Flemington, NJ 08822-2900 Mercer Mercer Co. Division of (609) 989-6574/6575 Mental Health (609) 989-6032 (Fax) 640 South Broad Street P.O. Box 8068 Trenton, NJ 08650 **Middlesex** Dept. of Human Servs. (732) 745-4518 JFK Square, 5th Floor (732) 246-5644 (Fax) New Brunswick, NJ 08901 Monmouth DHS Building (732) 431-7200 Kozloski Road (732) 308-3700 (Fax) P.O. Box 3000 Freehold, NJ 07728-1255 Morris Dept. of Human Servs. (973) 285-6852 30 Schuyler Place (973) 285-6713 (Fax) CN 900 Morristown, NJ 07960-0900 Ocean Dept. of Human Servs. (732) 506-5374 1027 Hooper Ave. (732) 341-4539 (Fax) Bldg. 2 P.O. Box 2191 Toms River, NJ 08754-2191 **Passaic** Mental Health Dept. (973) 881-4278 401 Grand Street (973) 881-2733 (Fax) 5th Floor Paterson, NJ 07503 Salem Salem Co. Mental Health (856) 339-8618 Board (856) 935-1234 (Fax) 94 Market Street Salem, NJ 08079

**Somerset** Somerset County DHS (908) 704-6302 P.O. Box 3000 (908) 704-1629 (Fax) Somerville, NJ 08876-1262 Sussex Co. Administrative (973) 948-6000 Complex (973) 948-6664 (Fax) 1 Spring Street Newton, NJ 07860 Union Union Co. Admin. Bldg. (908) 527-4846 (908) 558-2562 (Fax) Elizabethtown Plaza Elizabeth, NJ 07207 Warren Warren County DHS (908) 475-6092 **Cummins Building** (908) 475-6085 (Fax) 202 Mansfield Street Belvidere, NJ 07823

## QUICK REFERENCE ONLINE RESOURCES

#### **Finance**

**Army Emergency Relief (AER)** 

www.aerhq.org

**Community Empower** 

www.communityempower.com/learnmore/military.aspx

**Consumer Credit Counseling Services** 

www.cccsintl.org

**Defense Finance and Accounting Service** 

www.dod.mil/dfas

Military Money Magazine

A quarterly magazine about managing money www.militarymoney.com

**Military One Source** 

www.militaryonesource.com

**National Military Family Association** 

www.nmfa.org

**USAA** 

www.usaa.com

**VFW Military Assistance (MAP)** 

www.map@vfw.org

#### **Legal Assistance**

#### **Military Legal Assistance Program**

The New Jersey State Bar Association (NJSBA) through its Military Law and Veterans' Affairs Committee, in conjunction with McCarter & English, LLP has established the Military Legal Assistance Program, a pro-bono - i.e., free - program to provide assistance to New Jersey residents who have served overseas as active duties members of reserve components of the armed forces after September 11, 2001.

Contact:

D. Todd Sidor, Esq.
Director of Judicial Administration
New Jersey State Bar Association
732-937-7544 (phone)
tsidor@njsba.com

Website: <a href="www.njsba.com/">www.njsba.com/</a>

#### U.S Armed Forces Legal Assistance: Five Offices in New Jersey

McGuire Airforce Base 305 Air Mobility Wing/JA; Air Force 2901 Falcon Lane, Bldg 2901 McGuire AFB NJ Wrightstown, NJ 08641 609-754-4601 DSN 650-2010 www.mcguire.af.mil/

Fort Dix; Army
5418 Delaware Ave.
Wrightstown, NJ 08640
609-562-3043
www.dix.army.mil/PAO/post03/post032103/SJA.htm

NWS Earle, Navy NLSO NC Branch Office Earle 201 Highway 34 South Colt, NJ 07722 732-866-2066 449-2066 www.jag.navy.mil/html/NLSONCMainIntro.htm

TRACEN; Coast Guard USCG Training Center Cape May Legal Office Munro Ave. Cape May, NJ 08204 609-898-6902

#### www.uscg.mil/mlclant/LDiv/LA%20MAIN.htm

#### **Quality of Life**

Army Community Covenant is designed to develop and foster effective state and community partnerships with the Army in improving the quality of life for Soldiers and their Families

Picatinny Arsenal:

https://www.pica.army.mil/mwr/ACS/Army%20Family%20Covenant%20Intro.htm

Fort Monmouth:

https://cecom100.monmouth.army.mil/usagfmima/sites/local/

Ft. Dix:

http://www.dix.army.mil/

#### **Air Force Crossroads**

Information and resources for Air Force families, including a spouse network.

www.afcrossroads.com

#### **Army Reserve Family Programs (Online)**

The Army Reserve Family Program is designed to improve support for soldiers and their families during military separation. <a href="https://www.arfp.org">www.arfp.org</a>

#### **Army Reserve Family Network**

The Army reserve Family Network Programs launched a pilot project to connect Army Reserve families via Email. Separation from your Soldier is difficult enough. The army reserve family can experience another kind of separation, separation from others who understand.

www.arfp.org/famnet

#### **Atlantic Riding Center for The Handicapped**

The Atlantic Riding Center for the Handicapped is dedicated to improving the quality of life of those with disabilities through therapeutic horseback riding www.arch206.org

#### **Care Package and Mail Information**

**United States Postal Service.** No matter which Flat Rate Box you choose the postage is \$8.95 regardless of weight or destination. This is anywhere in the United States and DOES include any APO/FPO mailing address. Call toll free to order free supplies. Boxes come in a couple of different sizes and they have envelopes too. You can also learn more online.

www.shop.usps.com 800-610-8734

#### "Homefront" News Column

Navy wife Jacey Eckhart explores, recognizes, and celebrates the often overlooked details of military life.

www.jaceyeckhart.tripod.com/

#### Military Spouse Magazine

A bimonthly magazine by, for and about military spouses with articles about married life, deployment etc.

www.militryspousemagazine.com

#### **Marine Corp Community Services**

Information on a wide range of family and spouse issues, including New Parent Support, spouse education and support for Marine families.

www.usmc-mccs.org

#### **Military Home Front**

The official Department of Defense (DoD) site for a wide range of quality-of-life information.

www.militaryhomefront.dod.mil

#### **Military OneSource:**

You name it ....Military OneSource can help 24 hours a day, seven days a week. Military One Source, which supplements existing installation services, provides free help and information, by phone with a professionally trained consultant or online, on wide range of issues that affect Soldiers and their families including budgeting and investing, educational opportunities, entertainment, children programs to relationships and deployment. It is available 24 hours, 365

days a year.

Categories include:

Body Money Career/Employment Moving

Crisis Parenting/Special Programs for Children

Deployment Recreation
Education Relationship
Elder Care Severely Injured
Guard/Reserve Special Needs
Legal Transition

Mind

This site also offers links to programs specific to Army, Marine Corps, and Navy families, as well as Marine Corps Community Services and the Marine Corps Reserve. In addition, the site offers News and Community Podcasts, Webinars, Discussion Boards and Moderated Chats.

www.militaryonesource.com

800-342-9647

#### **Military Spouse Career Center and related sites**

A DoD site providing information about employment for military spouses. The site also offers additional information and links specific to military spouses

www.military.com

www.mscn.org

www.militaryspousehelp.com

www.milspouse.org

#### My Army Life Too

A portal to the wide range of Army family-support resources including information about schooling, support services for families, finances and financial readiness, deployment issues etc. www.myarmylifetoo.com

#### National Domestic Abuse Help for Men & Women

www.noexcuse4abuse.org

#### **National Military Family Association (NMFA)**

Information for military spouses and family including education,

employment, family support etc.

www.nmfa.org

#### **Navy Fleet and Family Support Programs**

News, employment assistance, New Parent Support and a wide range of links and resources for Navy personnel and their families. <a href="https://www.ffsp.navy.mil">www.ffsp.navy.mil</a>

**New Jersey Community Resource Directory.** Connect with a caring professional who knows community resources. Free, confidential and ready to help 24 hours a day, 7 days a week for a variety of needs including United Way resources, NJ Homeland Security hotline and the Homeless Hotline among other services. nj211.org

#### **Rocking Horse Rehab**

Rocking Horse Rehab is a private rehabilitation and family wellness center. Equine Assisted Therapies <a href="https://www.rockinghorserehab.com">www.rockinghorserehab.com</a>

#### "Shore Duty"

Navy wife Sarah Smiley in a syndicated column that appears in a number of magazine that explores military life. Go to her website to get a list of newspapers that carry the column. www.sarahsmiley.com

#### **Transition Support Resources**

#### **Army Family Team Building (AFTB)**

Parents unfamiliar with the military are often overwhelmed by the lack of information that is available to them. The language is even foreign to them. To find answers the Army Family Team Building program is a way to connect parents to the military way of life one class at a time.

www.myarmylifetoo.com/

#### **Displaced Homemaker Centers**

The Displaced Homemaker Centers provide job counseling and other supportive services including money management for women who have been dependent on income of another household member, but due to the death, disablement, or divorce of their spouses must now support themselves. For referral information on available programs specific to a particular issue or concern contact the Women Referral Central.

For additional information go on line to the Department of Community Affairs, Division of Women website at: <a href="https://www.state.nj.us/dca/dow/dhc.shtml">www.state.nj.us/dca/dow/dhc.shtml</a> 800-322-8092, 24 hours a day/7 days a week.

#### G.I.GO -Fund: The Transition Center, New Brunswick, NJ

The G.I.GO Fund is a nonprofit charitable organization that assists veterans of Operation Enduring Freedom and Operation Iraqi Freedom, as well as provides support, recognition, and gratitude to all servicemen and women.

Transition Assistance is support during the period that a solider undergoes during the period when they separate from the armed services and they transition to civilian life. The Transition Center helps during this challenging process by creating new and unique programs and supplementing exiting efforts. The program helps veterans with mental wellness issues, VA enrollment, securing employment, education advancement, as well as leisure time activities.

Website: www.gigofoundation.org/transitioncenter.html

Phone: 732-309-6557

#### **Additional Military/Veterans Resources**

#### **Department of Defense**

www.defenselink.mil/

#### **Federal Veterans' Preference**

www.opm.gov/veterans/html/vetguide.asp

#### **Military Funeral Honors**

www.militaryfuneralhonors.osd.mil/

#### **Military Officers Association of America**

www.moaa.org/

#### **Military Records**

#### www.archives.gov/research\_room/vetrecs/

#### **National Archives**

www.archives.gov/index.html

#### New Jersey Military and Veterans Benefits Guide

www.nj.gov/military/veterans/njguide

#### New Jersey Department of Military Affairs – General

Information www.state.nj.us/military/ 888-8NJ-VETS -865-8387

## Small Business Administration Vet Loan Program Patriot Express Loan Program

The Patriot Express initiative builds on more than \$1 billion in loans SBA guarantees annually for veteran-owned businesses, and offers counseling assistance and procurement support for military service members, veterans, service-disabled veterans and Reserve members and there spouses.

Loans go the Military Services Members, Veterans and Spouses www.sba.gov/patriotexpress

#### **Small and Disadvantaged Business**

www.va.gov/OSDBU/

#### **U.S. Veterans Affairs Home Page**

The **VA Federal Benefits Booklet** and other VA information is available on the VA website <a href="https://www.va.gov">www.va.gov</a> 800-827-1000

#### **VA Benefits Application**

www.vabenefits.vba.va.gov/vonapp

#### **VA Benefits Outside the United States**

www.vba.va.gov/bln/21/foreign/

#### VA Board of Veterans' Appeals

#### www.va.gov/vbs/bva

#### VA Burial and Memorial Benefits

www.cem.va.gov/ 800-697-6947

#### **VA Compensation and Pension**

www.vba.va.gov./bln/21/

#### **VA Consumer Affairs**

www.va.gov/customer/conaff.asp

#### **VA Education Benefits**

www.gibill.va.gov/ 888-442-4551

#### **VA Forms**

www.va.gov/forms/

#### **VA Health Benefits and Services**

<u>www.va.gov/vbs/health/</u> 877-222-8387

#### **TRICARE**

www.tricare.osd.mil/

#### **CHAMPAVA**

www.va.gov/hac/ 800-749-8387

#### **VA Health Care Centers for Women Veterans**

Many VA hospitals have VA Women Veterans Health Centers who services include gynecology, sexual trauma counseling, mammography screening and transition assistance programs for women separating from the armed forces <a href="https://www.va.gov/womenvet">www.va.gov/womenvet</a>

#### VA Health/Medical Assistance Eligibility

#### www.va.gov/healtheligibility

#### **VA Home Loan Program**

www.homeloans.va.gov

#### Veterans Service Organizations; Non-Government

The following organizations assist veterans through the VA system and advocate for veterans' rights. They are not affiliated with the government

American Legion AMVETS

<u>www.legion.org</u> <u>www.amvets.org/</u> 609-695-5418 973-297-3376

 $\begin{array}{ll} \text{Veterans of Foreign Wars} & \text{United Spinal Association} \\ \underline{\text{www.vfw.org}} & \underline{\text{www.unitedspinal.org}} / \end{array}$ 

800-VFW-1899 973-297-3387 839 -1899

Disabled American Veterans www.dav.org 800-827-1000 ext. 3157

Jewish War Veterans www.jwv-nj.org 973-297-3388

Military Order Of The Purple Heart www.purpleheart.org 973-297-3389

USO: United Service Organization www.uso.org 212-695-5590

Vetwork <u>www.vetwork.org</u> 877-971-7613

Vietnam Veterans of America

www.vva.org/

973-297-3227

# QUICK REFERENCE HOTLINES AND TOLL FREE NUMBERS

#### **General Resources**

**Addictions Hotline of New Jersey** 

800-238-2333

American's with Disabilities Act Hotline

800-514-0301

**Child Abuse/Neglect Hotline** 

877-652-2873

**Community Living for People with Disabilities** 

877-347-5463

**Displaced Homemaker Centers** 

800-322-8092, 24 hours a day/7 days a week.

**Domestic Violence** 

800-572-7233

**Domestic Violence (National) Hotline** 

800-799-7233

**Family Help Line (for stressed parents)** 

800-843-5437

Hope House for Women and Children

\*\*\*\*201-420-1070: not toll free\*\*\*\*

**Housing Discrimination** 

800-669-9777

**Medicaid Medical Assistance** 

800-356-1561

National Center for Missing/Exploited Children

800-843-5678

National Domestic Abuse Helpline for Men & Women 877-643-1120

**New Jersey Community Resource Directory** 

Dial: 211

**New Jersey Department of Children and Families** 800-331-3937

**New Jersey Division of Deaf & Hard of Hearing** 800-792-8339

**New Jersey Division of Developmental Disabilities** 800-832-9173

**New Jersey Division of Disability Services** 888-285-3036

**New Jersey Division of Family Development** 800-792-9773

**New Jersey Division of Mental Health Services** 800-382-6717

New Jersey Family Care & KidCare Health Insurance 800-701-0710

New Jersey Homeless Prevention Program \*\*\*609-633-6150: not toll free\*\*\*

**Police of Medical Emergency** 911

**Safe Haven for Infants** 877-839-2339

Women's Referral Central Hotline 800-322-8092

#### Military/Veteran Resources

#### **Army Wounded Soldier and Family Hotline**

800-984-8523

#### **CHAMPVA**

800-749-8387

#### **Gulf War and Agent Orange Helpline**

800-749-8387

#### **National Coalition of Homeless Veterans**

Call to find a local shelter 800-838-4357

#### **New Jersey National Guard Family Assistance Centers**

888-859-0352: Reaches all Centers

**Individual Centers:** 

#### \*\*\*\*these are not toll free numbers\*\*\*\*

Teaneck Armory -201-833-0632/8356

Jersey City Armory- 201-915-3589/3591

Lawrenceville Armory- 609-671-6681

Somerset Armory -732-937-6290

Toms River Armory- 732-341-9102

Woodbury Armory- 856-251-6893

Morristown Armory- 973-656-3592

McGuire AFB- 609-754-4479

Pomona AFB -Army (Egg Harbor Township) -609-272-6546

Pomona AFB –Air (Egg Harbor Township) – 609-645-6248

#### **New Jersey Veterans Benefits**

888-865-8387

Telecommunication Device for the Deaf (TDD)

800-829-4833

#### **New Jersey Veterans Property Tax Benefits**

\*\*\*\*609-530-7052: not toll free\*\*\*\*

#### **Stand Down**

Assistance for homeless veterans to "combat" life on the streets includes food, clothing, medical, legal, mental health issues and others needs:

888-865-8387

#### **Transition Housing Program: Veterans Haven**

Winslow, New Jersey

\*\*\*\*609-561-0269: not toll free\*\*\*\*

#### Veterans Administration (VA) Benefits

800-827-1000

#### **VA Debt Management Services**

800-827-0648

#### **VA Education Benefits**

888-442-4551

#### **VA Health Benefits**

877-222-8387

#### **VA Health Eligibility Center**

Atlantic, GA. 800-929-8387

#### **VA Headstone and Markers Information**

800-697-6947

### **VA Home Loan Program**

888-244-6711

#### **VA Life Insurance Information**

800-669-8477

#### **VA Mammography Hotline**

888-492-7844

## **VA Medical Assistance** 877-222-8387

VA Suicide Prevention Hotline

800-273-8255

#### **VetWorks Treatment and Rehabilitation Screening** 888-725-3000

#### **VA Women Veterans Health Care Centers**

\*\*\*\*202-273-6193: not toll free\*\*\*\*

or

**DAV** at 800-827-1000

**Vetwork** 877-971-7613

Note\*\*\*\* Combat Veterans Healthcare eligibility has been extended to 5 years by the National Defense Act of 2008 for veterans who served in a theater of combat operations after November 11, 1998.

#### **Self Help Groups**

#### **New Jersey Self-Help Group Clearinghouse**

For contact information for any of the groups listed below, as well as additional national and online support groups call the NJ Self-Help Group Clearinghouse at

800-367-6274

800-FOR-MASH (Mutual Aid Self Help)

#### **Alcohol & Drug Abuse Issues:**

**Addictions Victorious,** 5 Christian 12-step groups in New Jersey for any addiction.

Spanish speaking group is Victoria Sobre Addicciones in Camden County

#### **Adult Children of Alcoholics (ACOA)**

**Al-Anon**, for families and friends of alcoholics. Some Spanish speaking groups available.

Alateen groups for young persons whose lives have been affected by someone else's drinking.

**Alcoholics Anonymous,** statewide to include Spanish speaking groups

BASA (Brother And Sisters of Addicts) Essex County

Cocaine Anonymous, Monmouth, Middlesex and Bergen counties **Double Jeopardy**, for those who are HIV positive and in recovery from drug abuse. Bergen and Essex counties

**Double Trouble in Recovery, Dual Recovery Anonymous,** for any recovering alcohol/drug addict who is on psychiatric medication. Various groups in most New Jersey counties.

Families of Addiction, Union County

**Families Anonymous** for parents and families of those with alcohol, drug, and/or behavior problems.

**GRASP** (Grief Recovery After Substance Passing) bereavement group for parents who have lost a child to drugs overdose/use. Burlington, Gloucester and Morris counties.

**JACS** (Jewish Alcoholics, Chemically dependent persons and Significant others. Bergen County

Marijuana Anonymous, one group in Bergen County

**Nar-Anon** and **Narateen** groups for families and friends of drug abusers

Narcotics Anonymous, statewide

**Overcomers Outreach,** Christian 12-step for any addiction. In 3 counties

Parent Support Group-NJ, groups in 8 NJ counties

Parent to Parent, Camden County

Rap Room Parent to Parent Coalition, Burlington County Reformers Anonymous, Christian non-12-step faith based group. Essex County

**S-Anon,** for families and loved ones of those suffering with sexually destructive thinking or behavior.

**Seniors Count** for any substance abuse. Bergen County

**Signs of Sobriety,** interpreted 12 step groups for those who are deaf or hearing impaired

**SMART Recovery,** self management and recovery training-professionally facilitated non-12 step groups for any addiction, meetings in Middlesex and Morris counties

**Toughlove** and related groups for parents who children are "out-of-control," often with alcohol/drug abuse problems. Varied meetings statewide

Women for Sobriety, for alcoholism only. Bergen and Ocean coun-

ties

**Clutteres Anonymous,** to solve common problems with clutter, and help others recover

**Debtors Anonymous,** for recovery from compulsive indebtness

**Gam-Anon,** for family and friends of compulsive gamblers. Gamblers Anonymous, statewide

**GreySheeters,** for recovery from overeating in Essex and Union counties

Overeaters Anonymous, statewide

International Pharmacists Anonymous, statewide

Lawyers Concerned for Lawyers, statewide

Nicotine Anonymous in 9 New Jersey counties

Nurse Recovery Group, statewide

**Sexaholics Anonymous,** for those with sexually self-destructive thinking/behavior. Statewide

\*\*\*\*Note: This hotline can also direct the caller in finding, or help starting, any type of self-help groups to include those for any one of the hundreds of other stressful life problems e.g. bereavement, illness, divorce, disability, abuse etc, that frequently drive people to substance abuse.

### **New Jersey War Era Services Dates**

**World War I** April 6, 1917 - November 11, 1918

World War II September 16, 1940 - December 31, 1946

 Korea
 June 23, 1950 - January 31, 1955

 Vietnam
 December 31, 1960 - May 7, 1975

 Lebanon Crisis
 July 1, 1958 - November 1, 1958\*

Lebanon September 26, 1982 - December 1, 1987\* Grenada October 23, 1983 - November 21, 1983\* December 20, 1989 - January 31, 1990\* **Panama Persian Gulf** August 2, 1990 - February 28, 1991\* Somalia December 5, 1992 - March 31, 1994\* Bosnia and November 20, 1995 - June 20, 1998\* Herzegovina Operations Joint Endeavor / Joint Guard) Haiti September 19, 1994 - March 31, 1995\*

**Operation Enduring** On or after September 11, 2001\*

Freedom

Operation Iraqi March 19, 2003 - Present\*

Freedom

<sup>\*</sup>Must have served at least 14 days (one day if deployment results in injury) in a combat zone. Combat zone qualification is most frequently indicated by an Armed Forces Expeditionary Medal.

"A Veteran-whether active duty, retired, national guard or reserve-is someone who, at one point in his or her life, wrote a blank check made payable to The United States of America for an amount of up to and including their life"