# **Summary of Benefits and Coverage:** What this Plan Covers & What You Pay For Covered Services New Jersey School Employees' Health Benefits Program: Aetna Value HD4000 Coverage

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, [insert contact information]. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call 1-609-292-7524 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	<b>\$4000</b> Single/ <b>\$8000</b> Member & Spouse/Partner, Parent & Child(ren) or Family. Does not apply to preventive care.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> . If you have other family members on the policy, the overall family deductible must be met before the plan begins to pay.
Are there services covered before you meet your <u>deductible?</u>	Yes. Preventive care.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other <u>deductibles</u> for specific services?	No	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
What is the <u>out-of-pocket</u> limit for this <u>plan</u> ?	Yes. For in-network providers <b>\$5,000</b> Single/ <b>\$10,000</b> Family. For out-of-network providers <b>\$6,000</b> Single/ <b>\$12,000</b> Family.	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses. If you have other family members in this plan, the overall family out-of-pocket limit must be met.
What is not included in the out-of-pocket limit?	Premiums, balance billed charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.aetna.com/docfind or call 1-877-STATENJ for a list of <u>network p</u> roviders.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u> <u>network</u> . You will pay the most if you use an <u>out-of-network</u> provider, and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (balance <u>b</u> illing). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>r</u> eferral.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	20% coinsurance after deductible	40% coinsurance after deductible	none	
	<u>Specialist</u> visit	20% coinsurance after deductible	40% coinsurance after deductible	Chiropractic care is limited to 30 visits combined per calendar year.	
	Preventive care/screening/ immunization	No Charge	Not Covered	One routine physical per calendar year.	
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance after deductible	40% coinsurance after deductible	none	
	Imaging (CT/PET scans, MRIs)	20% coinsurance after deductible	40% coinsurance after deductible	Requires pre-approval	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.[insert].com	Generic drugs	20% coinsurance after deductible	40% coinsurance after deductible	Utilization management programs may apply. Specialty drugs are only available through mail order.	
	Preferred brand drugs	20% coinsurance after deductible	40% coinsurance after deductible		
	Non-preferred brand drugs	20% coinsurance after deductible	40% coinsurance after deductible		
	Specialty drugs	20% coinsurance after deductible	40% coinsurance after deductible		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance after deductible	40% coinsurance after deductible	none	
	Physician/surgeon fees	20% coinsurance after deductible	40% coinsurance after deductible	none	

[\* For more information about limitations and exceptions, see the plan or policy document at www.state.nj.us/treasury/pensions/health-benefits.shtml or by 2 of 6 calling 1-609-292-7524.]

If you need immediate medical attention	Emergency room care	20% coinsurance after deductible	20% coinsurance after deductible	Payment at the in-network level applies only to true Medical Emergencies & Accidental Injuries.	
	Emergency medical transportation	20% coinsurance after deductible	40% coinsurance after deductible	Limited to local emergency transport to the nearest facility equipped to treat the emergency condition.	
	Urgent care	20% coinsurance after deductible	40% coinsurance after deductible	none	
lf you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance after deductible	40% coinsurance after deductible	Requires pre-approval.	
	Physician/surgeon fees	20% coinsurance after deductible	40% coinsurance after deductible	Requires pre-approval.	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	20% coinsurance after deductible	40% coinsurance after deductible	Some specialty outpatient services require pre- approval. Inpatient services require pre-approval.	
	Inpatient services	20% coinsurance after deductible	40% coinsurance after deductible		
If you are pregnant	Office visits	20% coinsurance after deductible	40% coinsurance after deductible	Copayment applies to initial visit only.	
	Childbirth/delivery professional services	20% coinsurance after deductible	40% coinsurance after deductible	Requires pre-approval.	
	Childbirth/delivery facility services	20% coinsurance after deductible	40% coinsurance after deductible		
	Home health care	20% coinsurance after deductible	40% coinsurance after deductible	Requires pre-approval.	
	Rehabilitation services	20% coinsurance after deductible	40% coinsurance after deductible	Requires pre-approval.	
If you need help recovering or have other special health needs	Habilitation services	20% coinsurance after deductible	40% coinsurance after deductible	Requires pre-approval.	
	Skilled nursing care	20% coinsurance after deductible	40% coinsurance after deductible	Requires pre-approval. Limited to 120 days in-network and 60 out-of-network facility days for a combined maximum of 120 days per calendar year.	
	Durable medical equipment	20% coinsurance after deductible	40% coinsurance after deductible	Requires pre-approval for all rentals and some purchases.	

[\* For more information about limitations and exceptions, see the plan or policy document at www.state.nj.us/treasury/pensions/health-benefits.shtml or by **3 of 6** calling **1-609-292-7524**.]

# **Summary of Benefits and Coverage:** What this Plan Covers & What You Pay For Covered Services New Jersey State Health Benefits Program: Aetna Value HD4000 Cover

#### Coverage Period: 01/01/2019 – 12/31/2019 Coverage for: All Coverage Types | Plan Type: HDHP

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		Hospice services	20% coinsurance after deductible	40% coinsurance after deductible	Requires pre-approval.
If your child needs dental or eye care	Children's eye exam	20% coinsurance after deductible	Not covered	Limited to one exam every calendar year.	
	Children's glasses	Not covered	Not covered	none	
	Children's dental check-up	Not covered	Not covered	none	

### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)					
Cosmetic Surgery	Long term care	Routine foot care			
Dental Care (Adult)	Private Duty Nursing (Inpatient)	Weight loss programs			
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)					
Acupuncture (Pain Management Only)	<ul> <li>Hearing aids (Only for members age 15 or younger, maximums apply</li> </ul>	• Routine eye care (Adult)			
Bariatric Surgery (requires pre-approval)	Infertility treatment (requires pre-approval)	<ul> <li>Non- emergency care when traveling outside of the U.S. (subject to deductible/coinsurance and balance billing)</li> </ul>			
Chiropractic Care (limited to 30 visits per calendar y	ear)	-			

#### Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply. For more information on your rights to continue coverage, contact the plan at 1-877-STATENJ (1-877-782-8365). You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

## Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: Aetna at 1-877-782-8365. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebda/healthreform.

# Does this plan provide Minimum Essential Coverage? Yes

If you don't have <u>Minimum Essential Coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

[\* For more information about limitations and exceptions, see the plan or policy document at www.state.nj.us/treasury/pensions/health-benefits.shtml or by 4 of 6 calling 1-609-292-7524.]

Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.--------



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal can hospital delivery)	e and a	Managing Joe's type 2 Diabetes (a year of routine in-network care of a well- controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist</u> coinsurance</li> <li>Hospital (facility) coinsurance</li> <li>Other coinsurance</li> </ul>	\$4000 20% 20% 20%	<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist</u> coinsurance</li> <li>Hospital (facility) coinsurance</li> <li>Other coinsurance</li> </ul>	\$4000 20% 20% 20%	<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist</u> coinsurance</li> <li>Hospital (facility) coinsurance</li> <li>Other coinsurance</li> </ul>	\$4000 20% 20% 20%
This EXAMPLE event includes service: Specialist office visits ( <i>prenatal care</i> ) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests ( <i>ultrasounds and blood v</i> Specialist visit ( <i>anesthesia</i> )		This EXAMPLE event includes services Primary care physician office visits (include disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter	ling	This EXAMPLE event includes serv Emergency room care <i>(including med. supplies)</i> Diagnostic test <i>(x-ray)</i> Durable medical equipment <i>(crutches,</i> Rehabilitation services <i>(physical thera</i> )	ical
Total Example Cost	\$12,731	Total Example Cost	\$7,389	Total Example Cost	\$1,925
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$4,000	Deductibles	\$4,000	Deductibles	\$1,900
Copayments	\$0	Copayments	\$0	Copayments	\$0
Coinsurance	\$1,000	Coinsurance	\$1,000	Coinsurance	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$60	Limits or exclusions	\$0
The total Peg would pay is	\$5,060	The total Joe would pay is	\$5,060	The total Mia would pay is	\$1,900