Coverage for: All Coverage Types | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, [insert contact information]. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary/">https://www.healthcare.gov/sbc-glossary/</a> or call 1-609-292-7524 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0 – Deductible does not apply	First day, first dollar coverage. You do not have to meet a <u>deductible</u> amount before this plan begins to pay for covered services you use. See the chart starting on page 2 for how much you pay for covered services.
Are there services covered before you meet your deductible?	Yes. All eligible services.	This <u>plan</u> covers items and services that do not require a <u>deductible</u> to be met.
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Yes. For in-network and out-of-network providers \$400 out of pocket maximum. This is a combined annual maximum for in-network and out-of-network services.	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billed charge for a Medicare provider who does not accept Medicare Assignment, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes, but not required as long as the provider accepts Medicare. For a list of in-network providers, see http://www.aetnamedicare.com/group/group_plans_intro.jsp or call 1-866-234-3129.	In and out-of-network benefits do not apply to the Medicare PPO ESA plan. However, members need to use a <u>licensed provider</u> with Medicare.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>r</u> eferral.



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	\$10 copay/visit	\$10 copay/visit	none	
If you visit a health care provider's office or clinic	Specialist visit	\$10 copay/visit	\$10 copay/visit	Unlimited visits for chiropractic services for subluxation of the spine. Other services within the scope of the chiropractor's license, have a 30 visit limit per year.	
	Preventive care/screening/ immunization	No Charge	Not Covered	One routine physical per calendar year.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No Charge	No Charge	none	
If you have a test	Imaging (CT/PET scans, MRIs)	No Charge	No Charge	none	
If you need drugs to treat your illness or	Generic drugs	See separate Prescription Drug Plan SBC	See separate Prescription Drug Plan SBC	none	
condition  More information about	Preferred brand drugs	See separate Prescription Drug Plan SBC	See separate Prescription Drug Plan SBC	none	
prescription drug	Non-preferred brand drugs	See separate Prescription Drug Plan SBC	See separate Prescription Drug Plan SBC	none	
coverage is available at www.[insert].com	Specialty drugs	See separate Prescription Drug Plan SBC	See separate Prescription Drug Plan SBC	none	
	Facility fee (e.g., ambulatory surgery center)	No Charge	No Charge	none	
If you have outpatient surgery	Physician/surgeon fees	No Charge	No Charge	none	
If you need immediate	Emergency room care	\$75 copay/visit	\$75 copay/visit	Payment at the in-network level applies only to true Medical Emergencies &	

<sup>[\*</sup> For more information about limitations and exceptions, see the plan or policy document at <a href="https://www.state.nj.us/treasury/pensions/health-benefits.shtml">www.state.nj.us/treasury/pensions/health-benefits.shtml</a> or by 2 of 5 calling 1-609-292-7524.]

Coverage Period: 01/01/2019 – 12/31/2019 Coverage for: All Coverage Types | Plan Type: PPO

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
medical attention				Accidental Injuries.	
	Emergency medical transportation	No Charge	No Charge	Limited to local emergency transport to the nearest facility equipped to treat the emergency condition.	
	<u>Urgent care</u>	\$10 copay/visit	\$10 copay/visit	none	
If you have a hospital	Facility fee (e.g., hospital room)	No Charge	No Charge	none	
stay	Physician/surgeon fees	No Charge	No Charge	none	
If you need mental health, behavioral	Outpatient services	\$10 copay/visit	\$10 copay/visit	none	
health, or substance abuse services	Inpatient services	No Charge	No Charge		
	Office visits	\$10 copay/visit	\$10 copay/visit	Copayment applies to initial visit only.	
If you are pregnant	Childbirth/delivery professional services	No Charge	No Charge	Requires pre-approval.	
	Childbirth/delivery facility services	No Charge	No Charge		
	Home health care	No Charge	No Charge	Requires pre-approval.	
If you need help	Rehabilitation services	\$10 copay/visit	\$10 copay/visit	Requires pre-approval.	
recovering or have	<u>Habilitation services</u>	\$10 copay/visit	\$10 copay/visit	Requires pre-approval.	
other special health needs	Skilled nursing care	No Charge	No Charge	Requires pre-approval. Limited to 120 days.	
	Durable medical equipment	No Charge	No Charge	Requires pre-approval for all rentals and some purchases.	
	Hospice services	No Charge	No Charge	Requires pre-approval.	

<sup>[\*</sup> For more information about limitations and exceptions, see the plan or policy document at <a href="https://www.state.nj.us/treasury/pensions/health-benefits.shtml">www.state.nj.us/treasury/pensions/health-benefits.shtml</a> or by 3 of 5 calling 1-609-292-7524.]

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### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)			
Cosmetic Surgery	<ul> <li>Long term care</li> </ul>	Routine foot care	
Dental Care (Adult)	<ul> <li>Private Duty Nursing (Inpatient)</li> </ul>	<ul> <li>Weight loss programs</li> </ul>	
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)			
Acupuncture (Pain Management Only)	<ul> <li>Prosthetic devices</li> </ul>	Routine eye care (Adult)	
Bariatric Surgery (requires pre-approval)	Infertility treatment (requires pre-approval)	<ul> <li>Non- emergency care when traveling outside of the U.S. (subject to deductible/coinsurance and balance billing)</li> </ul>	
Chiropractic Care			

## Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply. For more information on your rights to continue coverage, contact the plan at 1-877-STATENJ (1-877-782-8365). You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

## **Your Grievance and Appeals Rights:**

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: Aetna at 1-877-782-8365. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebda/healthreform.

## Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

## Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.-----

<sup>[\*</sup> For more information about limitations and exceptions, see the plan or policy document at <a href="https://www.state.nj.us/treasury/pensions/health-benefits.shtml">www.state.nj.us/treasury/pensions/health-benefits.shtml</a> or by 4 of 5 calling 1-609-292-7524.]

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ <u>Specialist</u> copayment	\$1
Hospital (facility) coinsurance	0%
Other coinsurance	0%

#### This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work*)
Specialist visit (*anesthesia*)

**Total Example Cost** 

In this example, Peg would pay:	
Cost Sharing	
Deductibles	\$0
Copayments	\$60
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$120

# Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$0
■ <u>Specialist</u> copayment	\$10
Hospital (facility) coinsurance	0%
Other coinsurance	0%

#### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
Diagnostic tests (*blood work*)

Prescription drugs

**Total Example Cost** 

0

\$12,731

Durable medical equipment (glucose meter)

In this example, Joe would pay:			
Cost Sharing			
Deductibles	\$0		
Copayments	\$696		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$55		
The total Joe would pay is	\$751		

## Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$0
■ Specialist copayment	\$10
Hospital (facility) coinsurance	0%
Other coinsurance	0%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

\$7,389

Durable medical equipment *(crutches)*Rehabilitation services *(physical therapy)* 

Total Example Cost	\$1,925

### In this example, Mia would pay:

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Cost Sharing		
Deductibles	\$0	
Copayments	\$70	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$70	